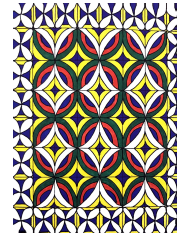
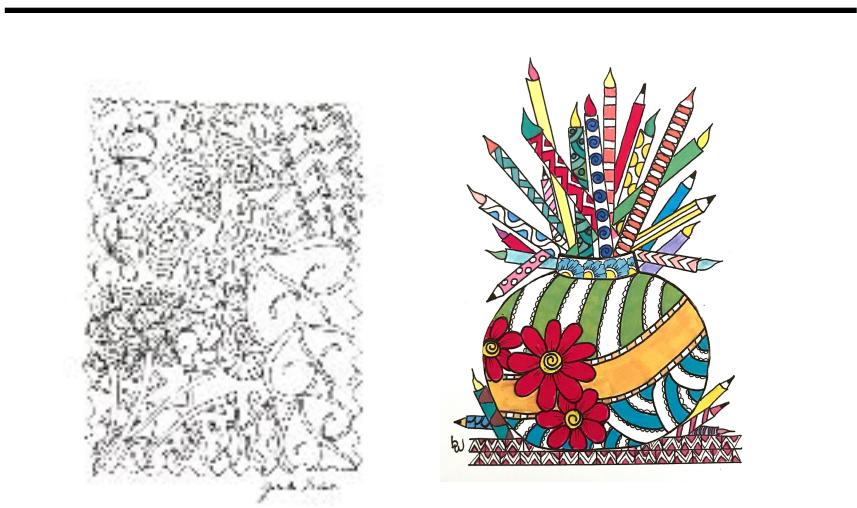
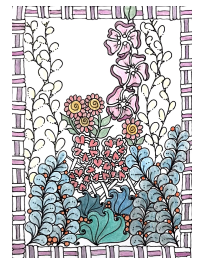
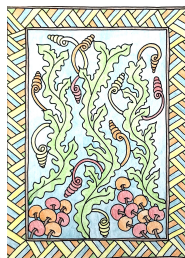
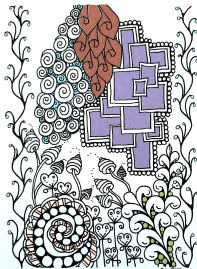
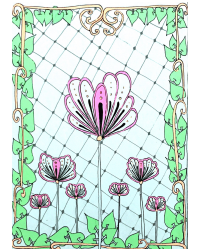


The Villages Coloring Book



*A Coloring Book of
Zentangle® Inspired Patterns*
*Zentangle® is a registered trademark of Zentangle, Inc. and was the inspiration for
creating this book as a fundraiser for the Wildwood Soup Kitchen and local charities.*
*Every page is unique and hand drawn by 20 different artists of
the Zentangle® Inspired Art Clubs at The Villages, FL!*



The Villages Coloring Book

A Coloring Book Filled With Zentangle® Inspired Patterns

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Grocer Publishing Company

*Jacki Rose, CZT - Organizer and Creator of The Villages Coloring Book and founder of Rejuventangle.
Coloring pages were designed by several different Artists in The Villages, FL who are listed in the book.
Visit www.TheVillagesColoringBook.com for more info or to order more books.*

www.TheVillagesColoringBook.com

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Zentangle® Inspired Patterns Coloring Book

Zentangle® is all about letting go of the outcome, focusing on being in the present moment, and appreciating your own unique individuality. There is NO perfection in Zentangle® and that is why you will notice many imperfections on each coloring page. All pages were hand drawn by individual artists using the Zentangle® method so please appreciate all of the imperfections and enjoy coloring them while tapping into your own inner artist and creativity.

Some will use colored pencils, some will use markers and some may even use crayons!

When using markers it is better to use a high quality permanent ink to avoid bleeding through and it is suggested that you put a piece of card stock behind the page you are coloring especially if you are using other types of markers.

If you like to tangle (verb for Zentangle®) you may want to consider tangling in some of the sections, rather than coloring them.

Let's see what you create! *Part of the Zentangle® experience is sharing artwork with each other and to appreciate all the differences we all bring to each piece of work. Post your completed coloring pages on the Facebook page at: www.facebook.com/villagescoloringbook.*

This book was created by several artists at The Villages FL retirement community using the Zentangle® Inspired Art Form. The Zentangle® Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. It was created in Massachusetts by Rick Roberts and Maria Thomas. "Zentangle" is a registered trademark of Zentangle, Inc. Learn more at Zentangle.com.

If you are interested in learning Zentangle® in your area, visit www.Zentangle.com and search for CZTs in your location. CZT stands for Certified Zentangle® Teacher.

Contributing Artists

On the bottom of each coloring page is the signature of the artist who drew that page. After you color a page, we suggest you also sign it any where you like on that page. All artists listed in this book not only hand drew each page and contributed it to the book, but also donated funds to help pay for the printing costs. Thank you contributing artists!

<i>Arlene Cohen.....</i>	103, 111
<i>Barb McManus.....</i>	7
<i>Barbara Wells, CZT.....</i>	9, 21, 29, 37, 59
<i>Brenda Salot, CZT.....</i>	17, 55, 79
<i>C.L. Rake, CZT.....</i>	33, 63, 85, 97, 107
<i>Carrie Anderson.....</i>	27, 57
<i>Chrissy Immordino, CZT.....</i>	31, 61, 81, 95
<i>Deb Murdough.....</i>	39, 65, 113
<i>Diane Jonas, CZT.....</i>	35
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<i>Jacki Rose, CZT.....</i>	41, 69, 87, 99, 105
<i>Joan O'Donnell.....</i>	67, 109
<i>Laura Frucht.....</i>	19
<i>Linda Underdonk, CZT.....</i>	13, 25, 43, 83, 115
<i>Nancy Campbell, CZT.....</i>	45, 71
<i>Pam Vukelic, CZT.....</i>	51
<i>Sandra Philips, CZT.....</i>	11, 15, 75, 91
<i>Sharon Fernandes.....</i>	49, 73, 89
<i>Susan Carr, CZT.....</i>	47
<i>Trish O'Leary, CZT.....</i>	53, 77, 93, 101

Names of Patterns

Patterns used in this book have names and were created by Zentangle® Enthusiasts from all over the world. The names of the patterns used by each artist are listed on the left side opposite the coloring page they were used in. You can search the internet for each pattern to see how they are drawn and who created that pattern. You will also find many different variations of patterns. When you search, put the name of the pattern followed by "Tangle Pattern" after it. For example: "Shattuck Tangle Pattern"

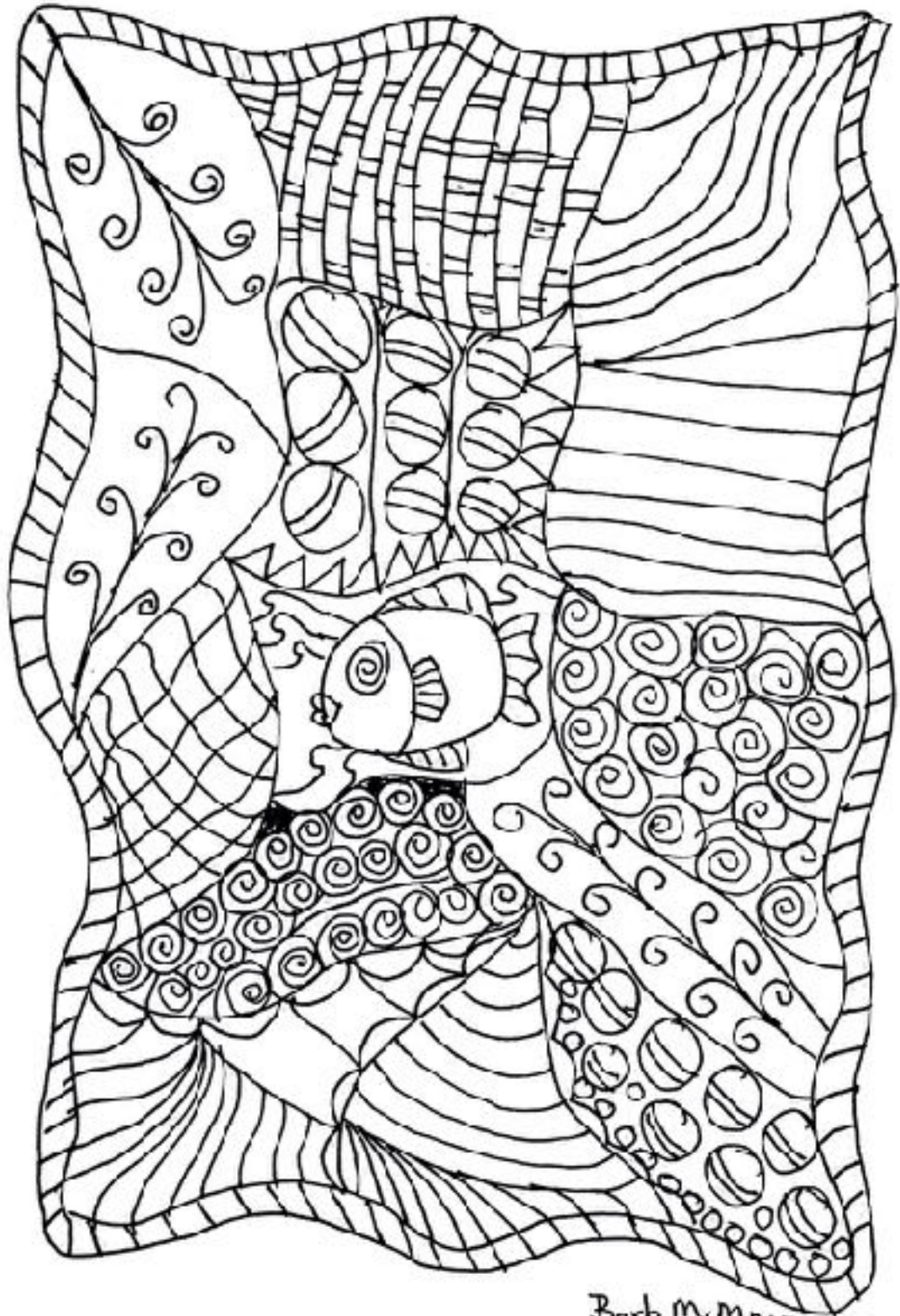
Barbara McManus

President to the board of directors at the Wildwood Soup Kitchen

I have volunteered at the kitchen for 6 years with various assignments. I enjoy working with other volunteers preparing and serving food for the homebound and those coming into the building for a hot meal. We serve about 300 people! Also, we make healthy snack packs for the children in Elementary school for their weekends.

If you are interested in volunteering, go to www.wildwoodsoupkitchen.org and fill out a volunteer application.

- Printemps
 - Jetties
 - Barberpole
 - Knightsbridge
 - Opus
-



Barb McMANUS
PRESIDENT
Wildwood Soup Kitchen

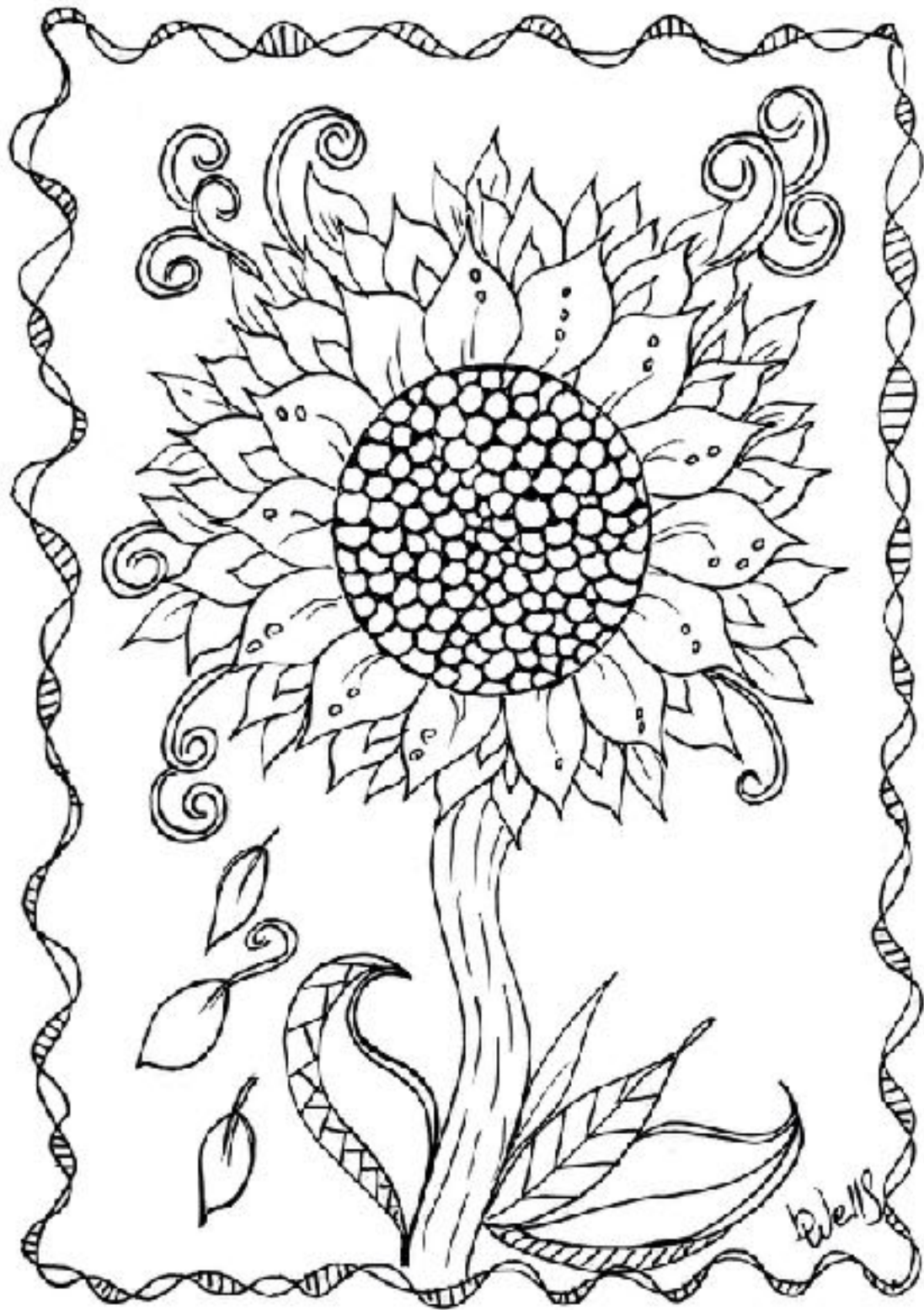
Barbara Wells, CZT

I love Zentangle®!

I learned to do it, teach it, share it, and even call myself an Artist because of it.

It has allowed me to meet and experience the most amazing folks from not only this great place called The Villages but also from many places around our great country. Yes, I love Zentangle®!

- Poke Leaf
 - Zinger
 - Poke Root
 - Shattuck
-



Sandra Philips, CZT

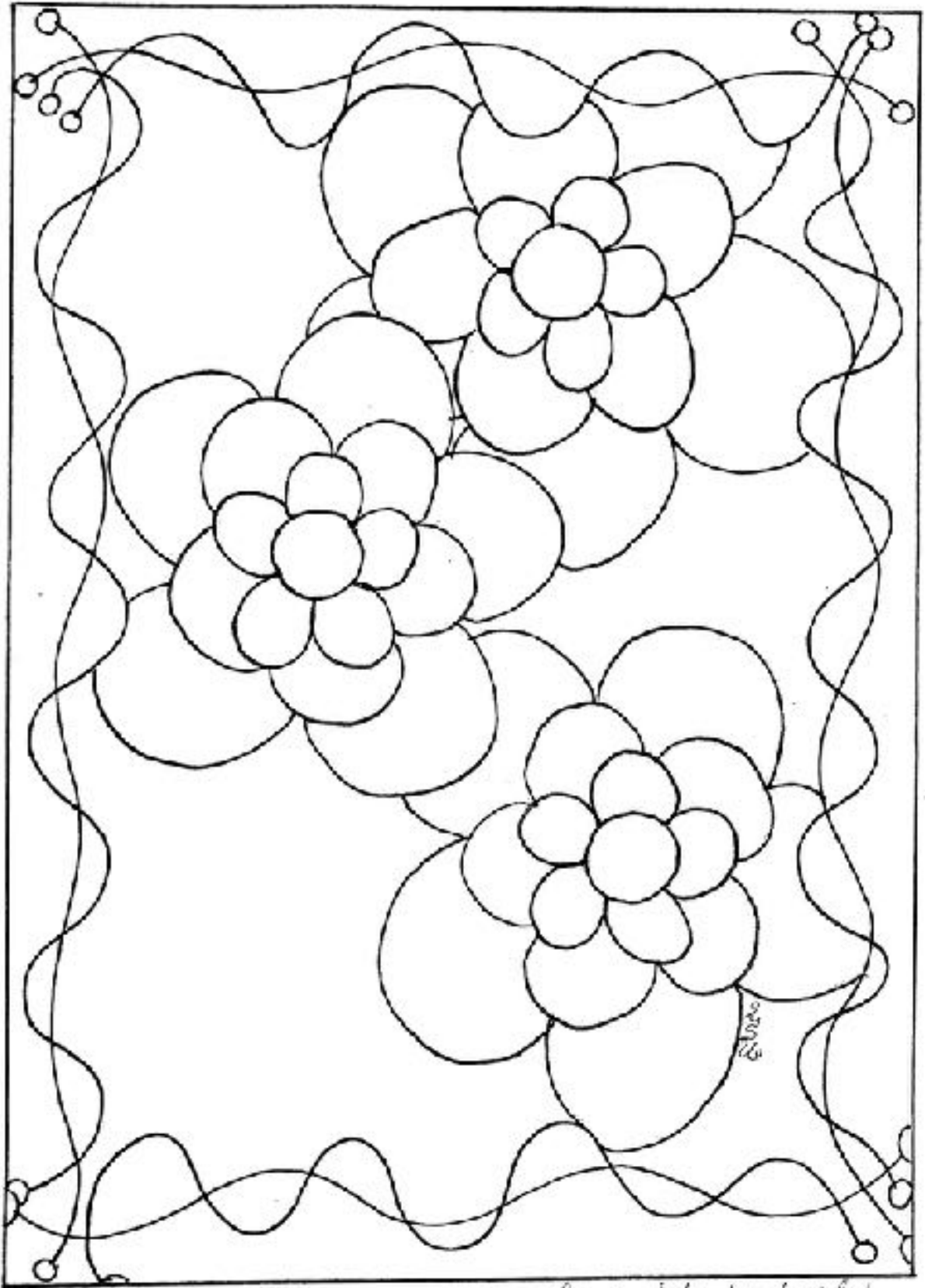
Zentangle changed my artistic life as well as what it meant to be an artist. For me I was excited about the journey in creating a Zentangle piece. No two pieces were the same. But it was in teaching The Zentangle Method, as a CZT, that I saw what it could do for others. I watched my students, who had previously no confidence in their artistic ability, actually cry over the art they created. I shall never tire of watching what Zentangle can do for anyone's self confidence in their creative ability.

- Betweed
 - Cadent
 - Poke Root
 - Poke Leaf
 - Aura's
 - Crescent Moon
 - Aquafleur
 - Jetties
 - Flux
 - Bales
 - Mooka
 - Nzeppel
-



Linda Underdonk, CZT

- Curly Q
 - Arc Flower
 - Ribbon
-



Linda Vanderdonk

Sandra Philips, CZT

- Knightsbridge
 - Zinger
 - Tipple
 - Nzeppel
-



Brenda Salot, CZT

I have always loved art and after retiring from being an elementary school teacher for thirty years, I became a full-time caregiver of my mom in our home. I was looking for an outlet and found Zentangle®. I became a CZT in May of 2021 and absolutely love sharing the Zentangle® Method with everyone that may want to take a fun and relaxing break from their day. You can take a "Tangle Break" with me on Facebook at Facebook.com/TangleBreak and YouTube or contact me at TangleBreak@gmail.com.

Zentangle® has made a difference in my life and I want to help others experience this beautiful art form.

- Shattuck
 - Springkle
 - Icanthis
 - Poke Root
-



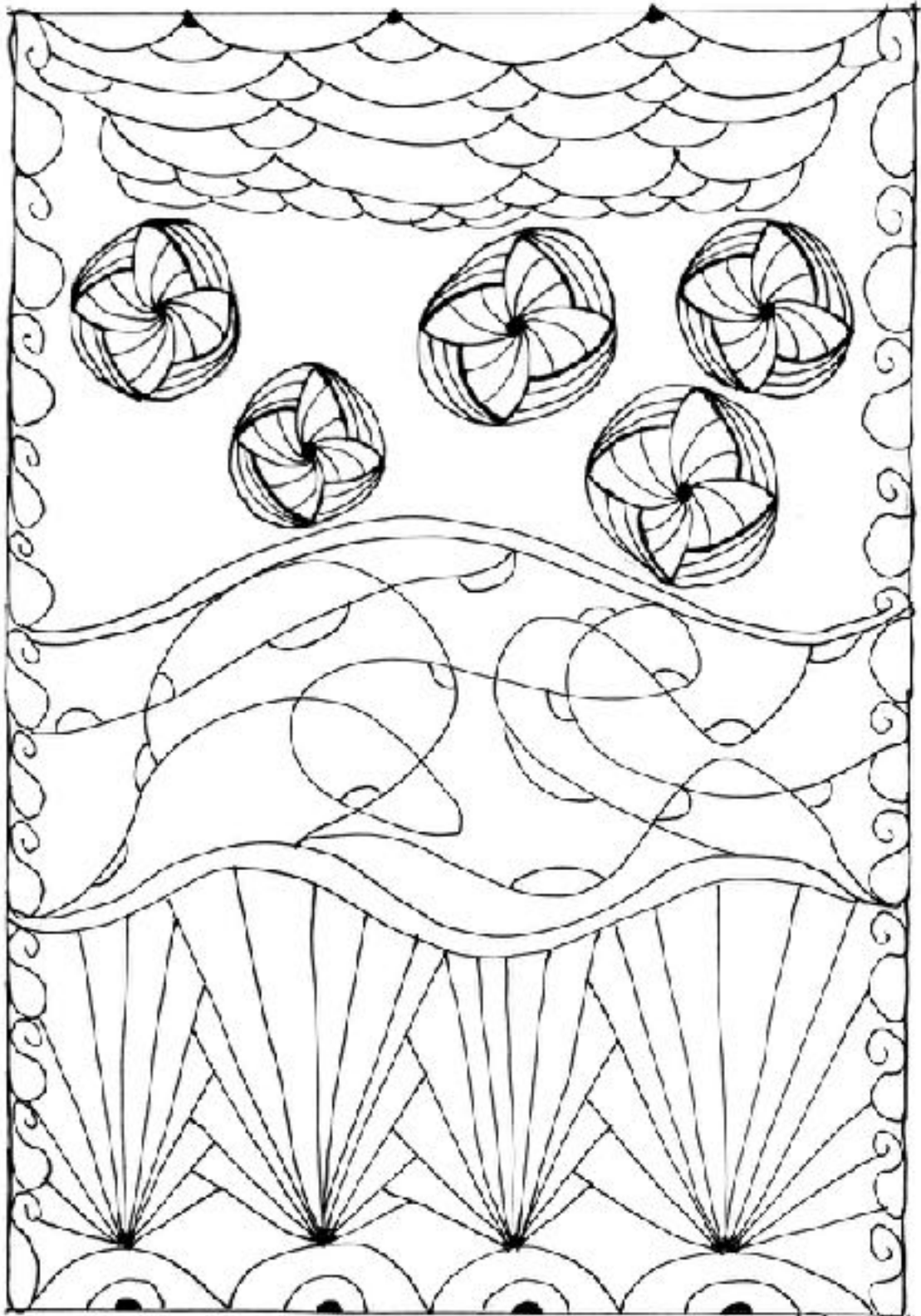
Brenda Salot

Laura Frucht

I have never been very confident in my creativity. My very first Zentangle® class had me struggling with comparing mine to those at my table and finding mine lacking so very much! I critiqued it, and me, constantly! At the end of the class, I received a lot of positive feedback, but I was still doubting myself and didn't really enjoy the class at all. I told myself that I was done with it and never returning.

I realized I hadn't followed the "rules" of Zentangle® and decided to return. My inner critic kept a little quieter this time! I found that I did actually enjoy creating. Fast forward several months and at the end of one class when the mosaic was being created, I took a look at each drawing and admired so many of them. One by one, I would say to myself, "Oh, I like that one!" And, all of a sudden, I said it about one and THEN realized it was MINE! It was, at that point, my inner critic was finally silenced. I am grateful to Jacki Rose for her continued support and affirmations. Zentangle® is now my very favorite activity!

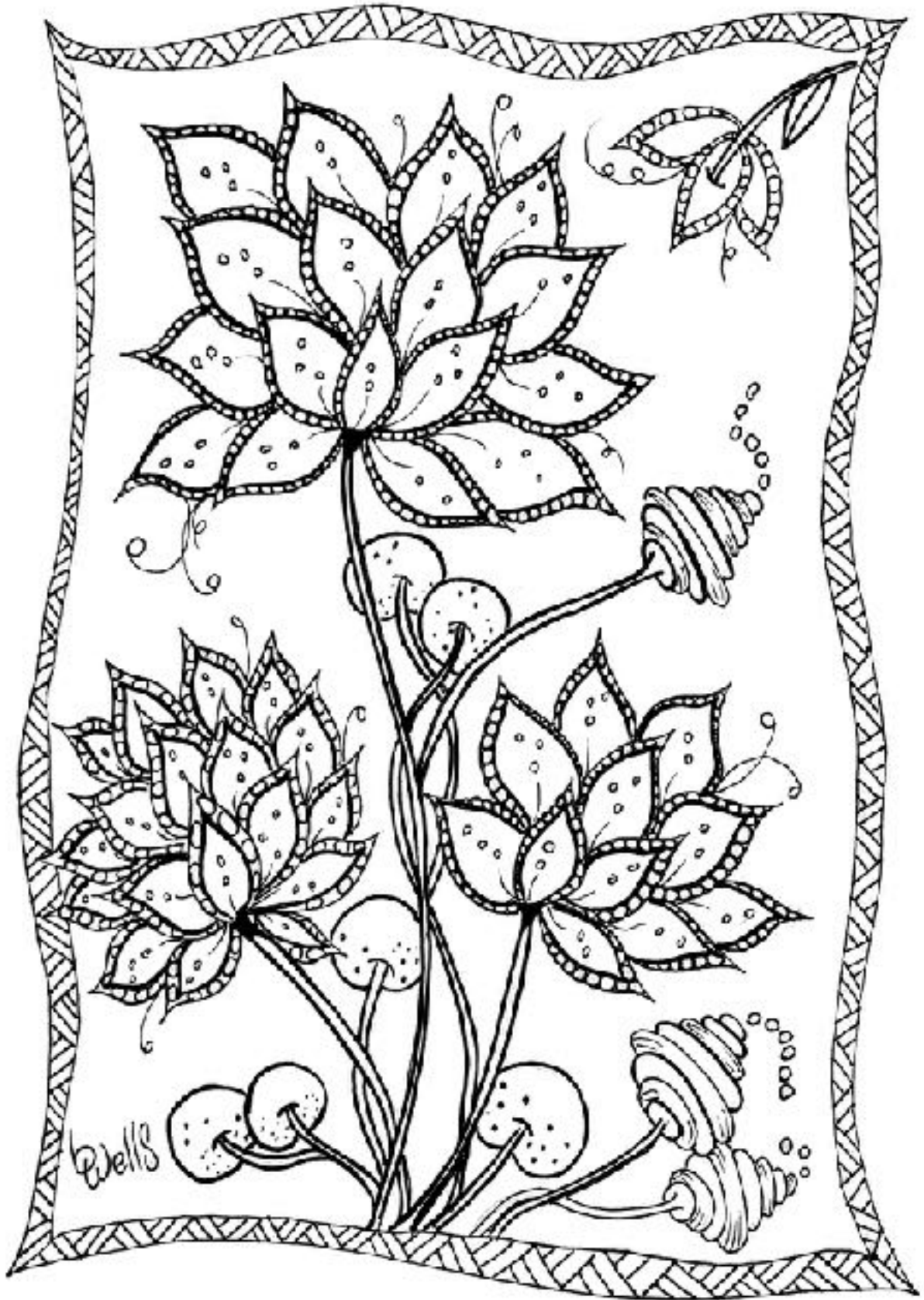
-
- Scallops
 - Whaling
 - Footlites
 - Bysomnus
-



Laura Frucht

Barbara Wells, CZT

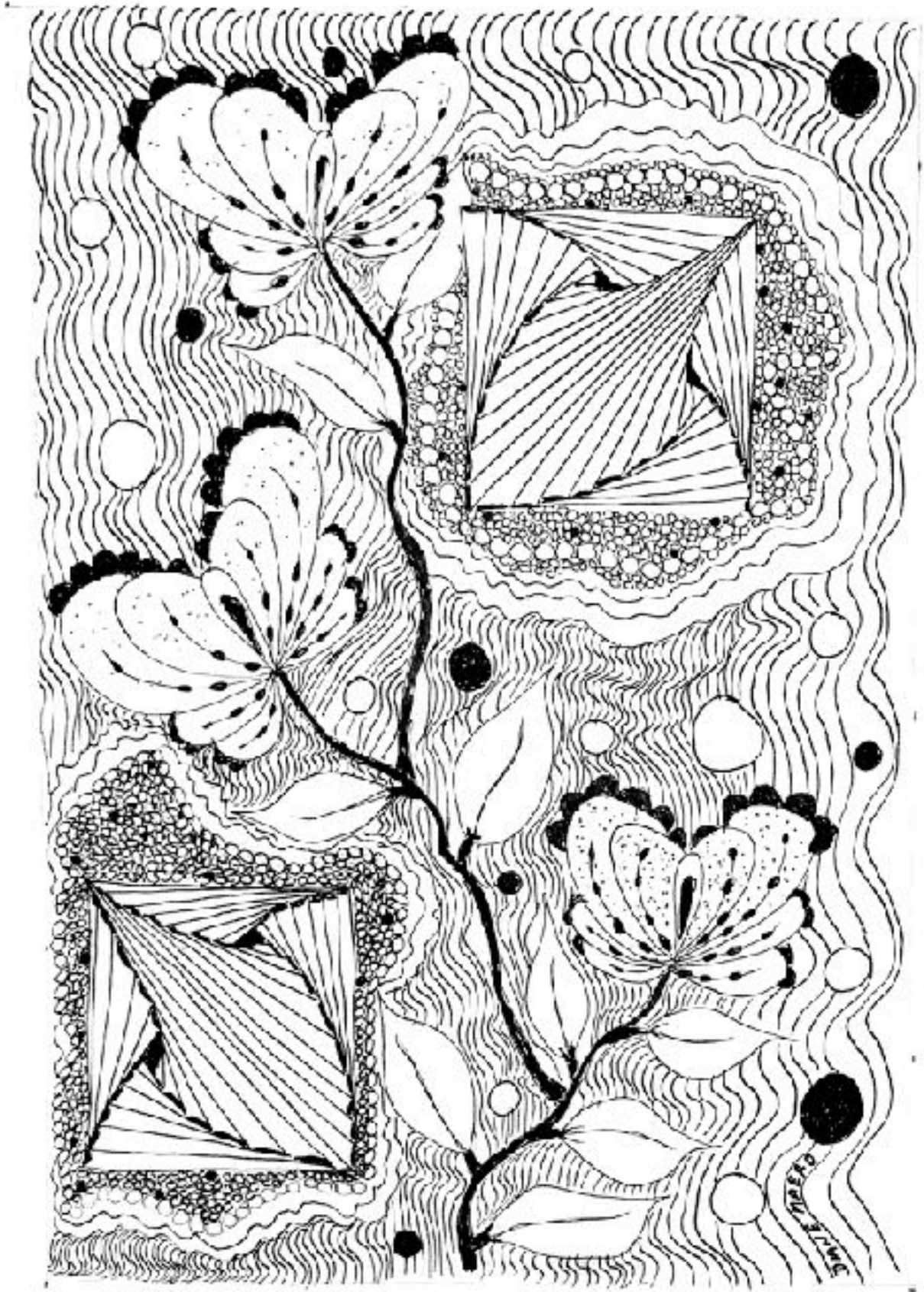
- Poke Leaf
 - Zinger
 - Poke Root
 - Shattuck
-



Diane Maero

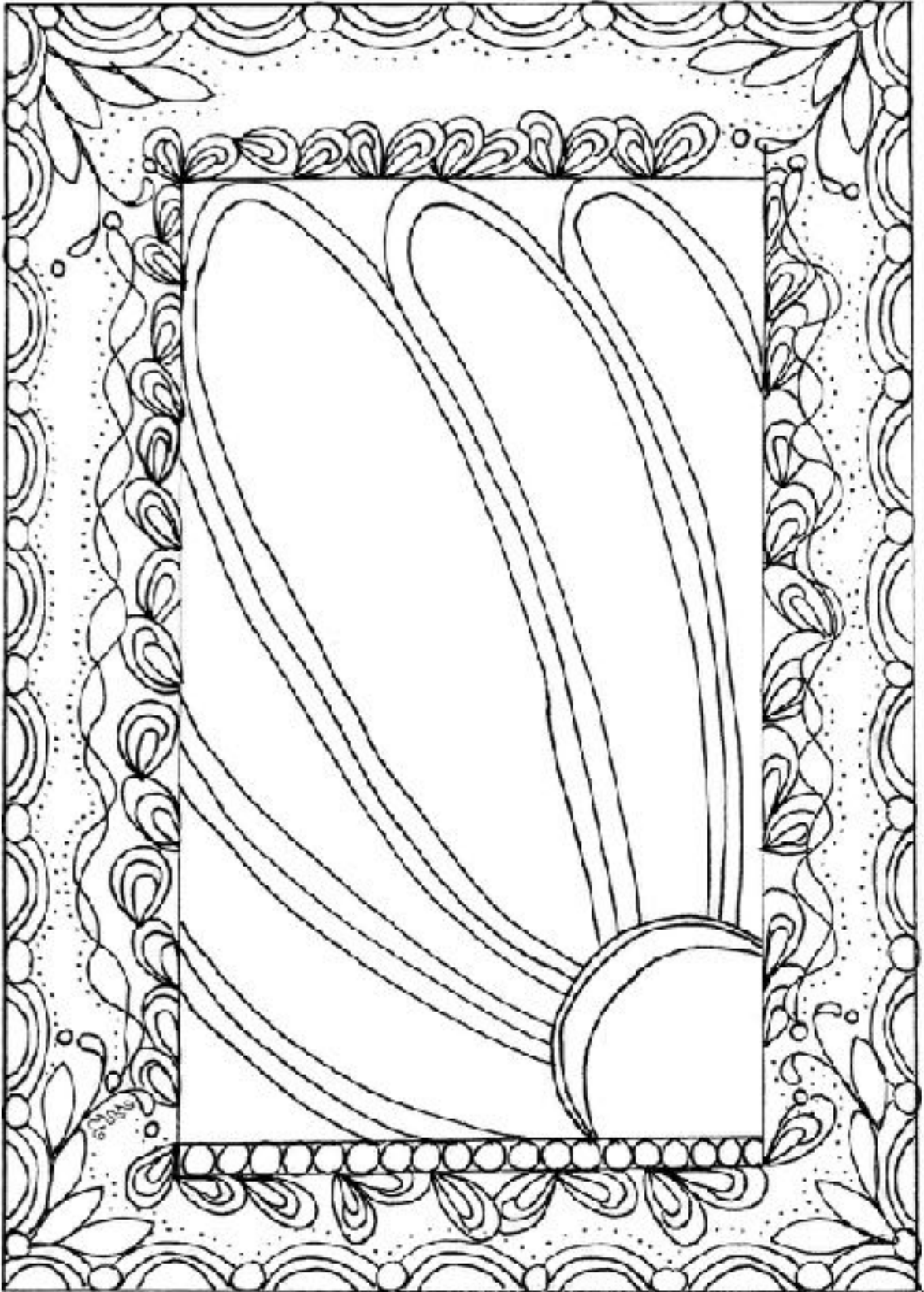
I was excited to discover Zentangle®. My main medium is watercolor and my plan is to combine Zentangle® with watercolor and create some unique beautiful art.

- Nipa
- Wuipple
- Sinko
- Paradox
- Growth
- Tipple



Linda Underdonk, CZT

- Pendrils
 - Curly Q
 - Crescent Moon
 - Flux
-



Sandra Yoder

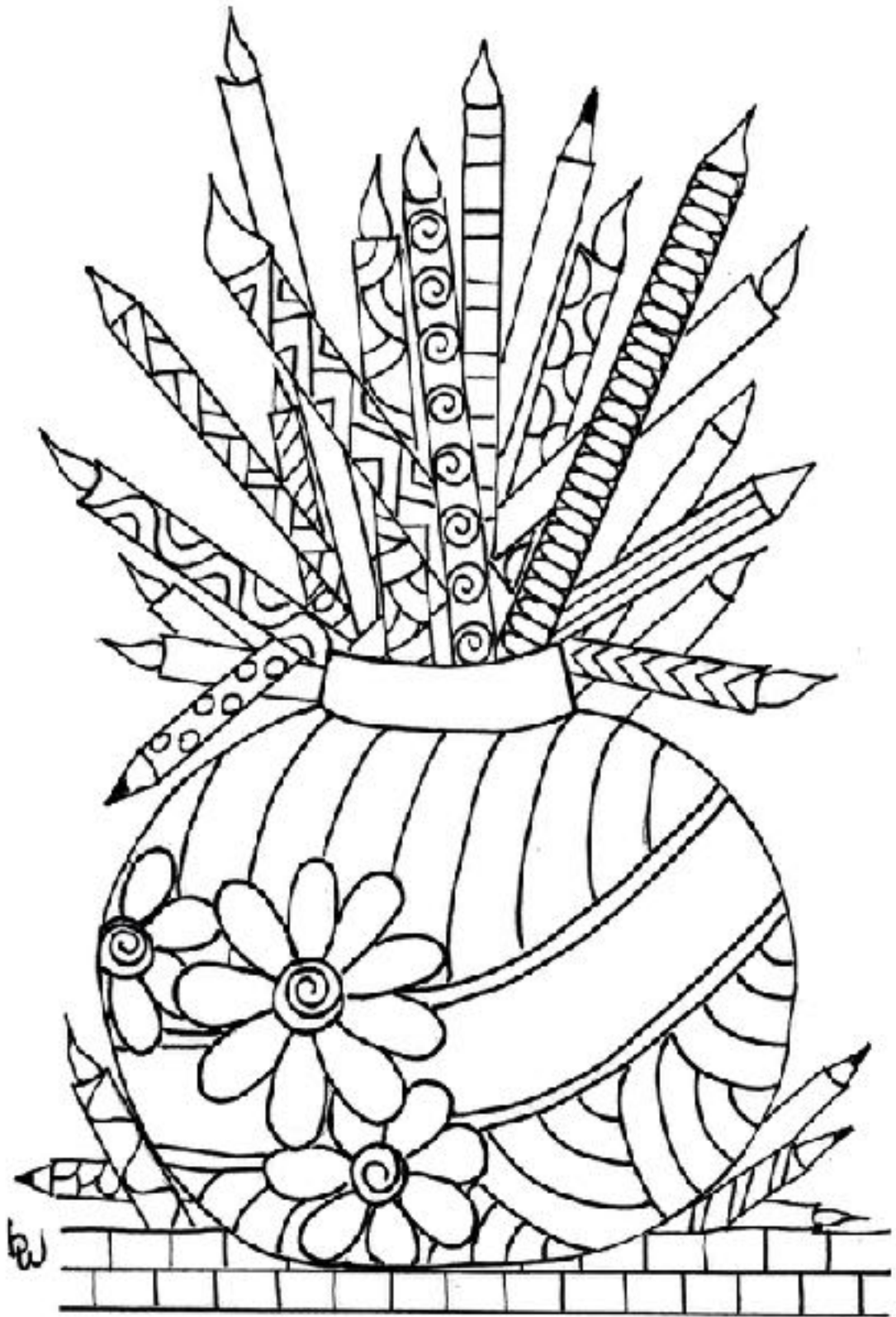
Carrie Anderson

- Cat-Kin
 - Lazy Eights
 - Poke Leaf
 - Abundies
 - Grass Border
 - Cyme
-



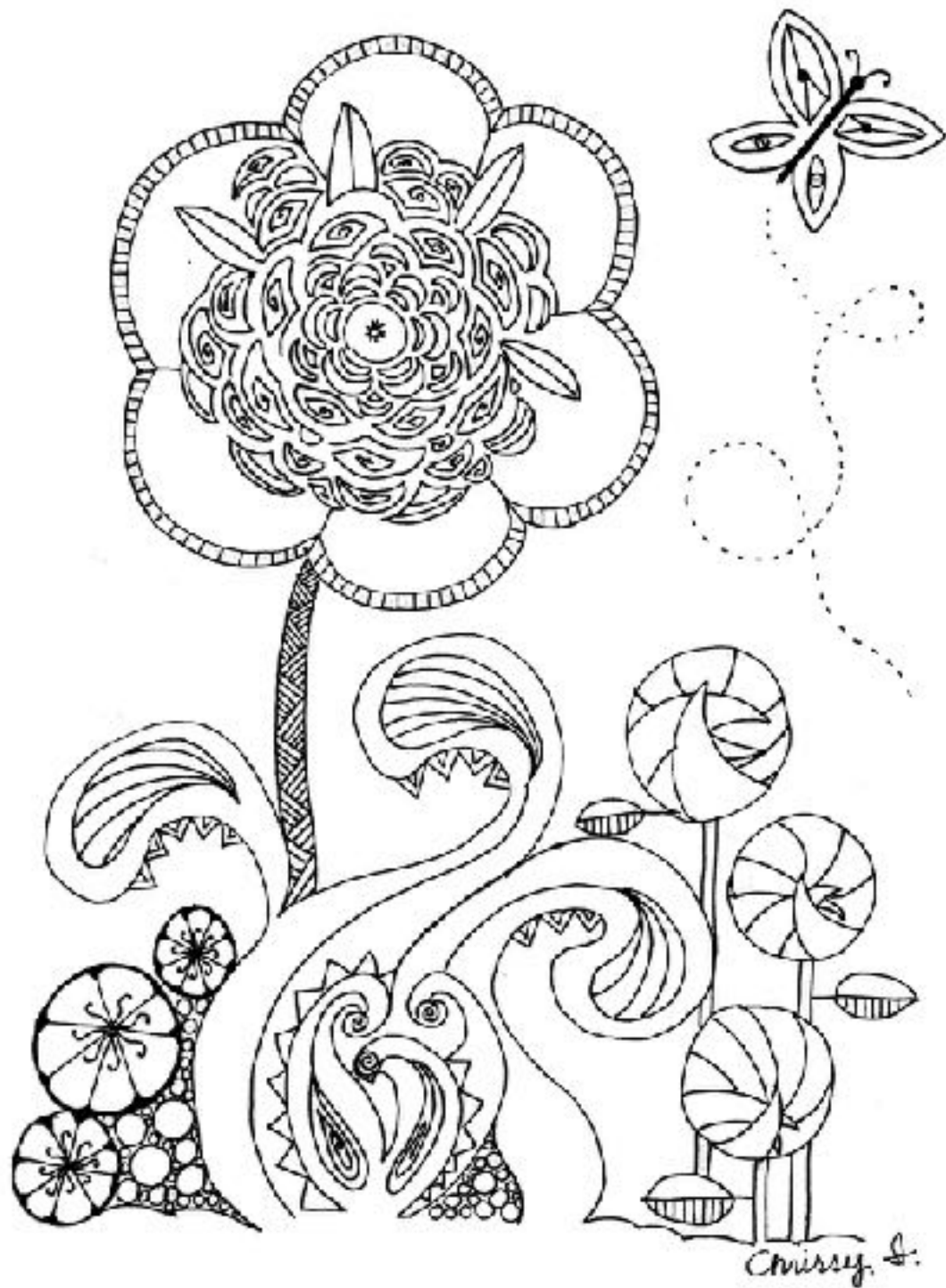
Barbara Wells, CZT

- Shattuck
 - Printemps
 - Boulder Builder
 - Knase
-



Chrissy Immordino, CZT

- Mooka
 - Cirquital
 - Kule/molygon
 - Shattuck
 - Fleurette
 - Printemps
 - Tipple
-



C.L. Rake, CZT

I started tangling in 2014 but it wasn't until I moved to The Villages and attended Jacki Rose's Zentangle® Mindful Drawing group that I found kindred spirits. I became a Certified Zentangle® Teacher in 2020 where I connected with folks from all over the world. What a blessing during the pandemic. Tangling is my form of meditation. I lose track of time and the worries of the day disappear. Zentangle® is simply "one stroke at a time" and there are "no mistakes."

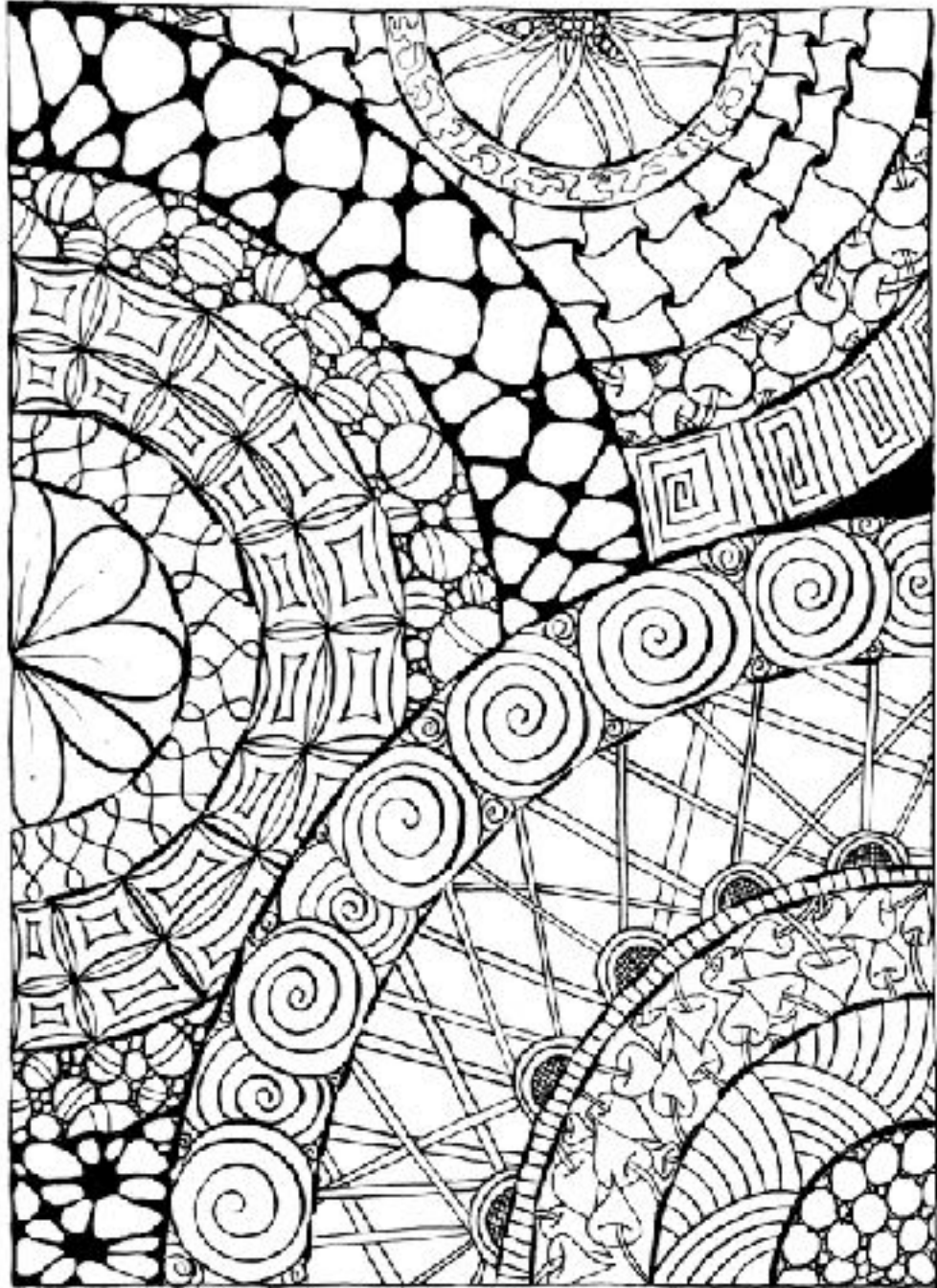
- Keeko
 - Flux
 - Purrlyz
 - Angel Fish
 - Blooming Butter
 - Cat-Kin
 - Herzlbee
 - Hollibaugh
-



Diane Jonas, CZT

I knew as soon as I found the Zentangle® Method that I wanted to become a teacher. That wish came true. I became a Certified Zentangle Teacher in 2017. I love how the Zentangle Method allows you to relax into a state of mindfulness; "one breath, one stroke". This method reminds me so much of my yoga practice. Just like yoga, you move with each breath, relaxing the body, mind and spirit into the present moment. Your thoughts begin to quiet and you are just focused on your practice. This method is for everyone no matter your age. It has helped me in my healing journey and I love sharing this beautiful art form with others.

- Tipple
 - Poke Root
 - Poke Leaf
 - Shattuck
 - Crescent Moon
 - Hollibaugh
 - Printemps
 - Flux
 - Jetties
 - Echoism
 - Ambler
 - NZeppel
 - Squid
 - Bales
 - Amaze
-



gavals

Barbara Wells, CZT

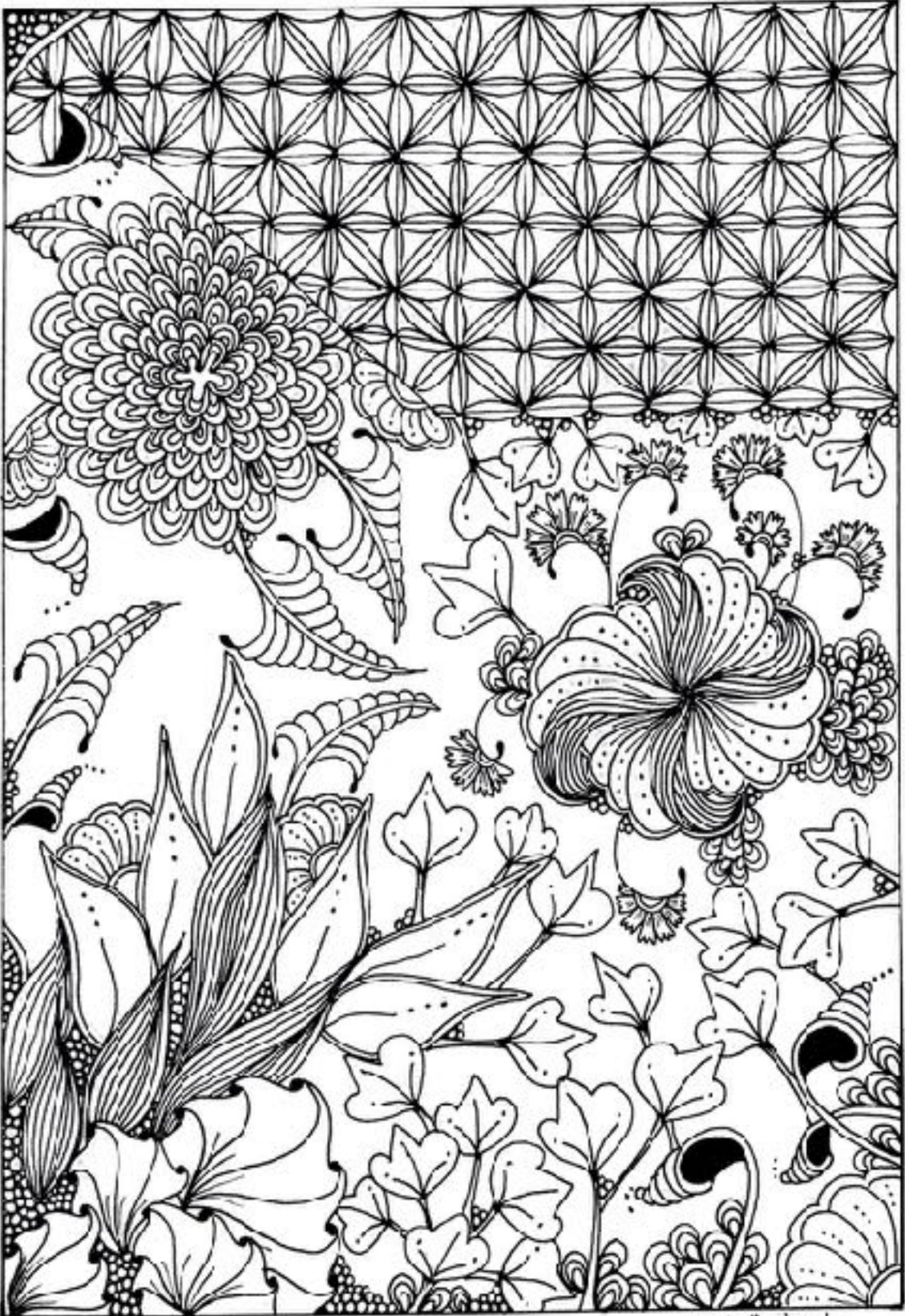
- Cyme
 - Fescu
 - Flux
-



Deb Murdough

I always considered myself a "crafter". Discovering the Zentangle® method has allowed me to call myself an artist. It has become a part of my daily life. I am never far from my pens and tiles.

- Fife
 - Mumsy
 - Zinger
 - Henna Drum
 - Sprinkle
 - 1-2-3
 - Tipple
 - Gelijoy
 - Ayame
 - Angel Fish
 - B-Leaf
 - Ravel
 - Fe-Ba
 - Hatooringkle
-



Deb Murotough

Jacki Rose, CZT

Within the first five minutes of taking a Zentangle® class (2014), I knew I wanted to become a CZT (Certified Zentangle® Teacher). I became addicted immediately and for the first time was able to stop playing video games on my smart phone - LOL! I started presenting Zentangle® Mindful Drawing classes within a week of my certification and have been teaching ever since.

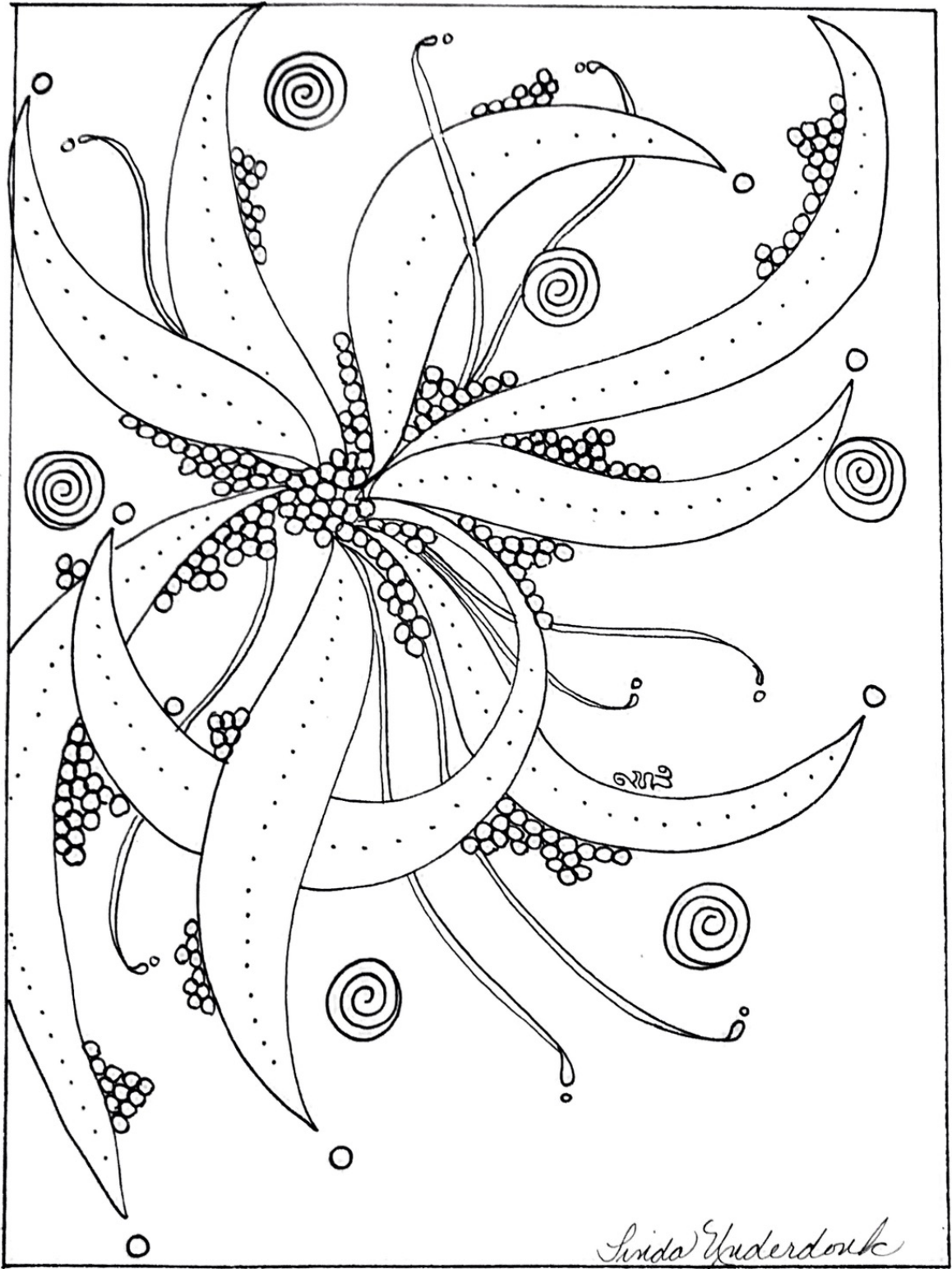
- Toodles
 - Mooka
 - Owline
 - Rain
 - Cadent
 - Fescu
 - Bunzo
-



Jackie Rose

Linda Underdonk, CZT

- Squid
 - Tipple
 - Printemps
 - Fescu
-



Nancy Campbell, CZT

I love the way the "no mistakes" of the Zentangle® concept creates complete perfection. I love teaching to see students have their aha moment. I've taught all ages. Children to assistant living and Alzheimer's patients.

- Nzeppel
 - Knightsbridge
 - Noom Repus
 - Zander
 - Vitruvius
 - Crescent Moon
 - Onamoto
-

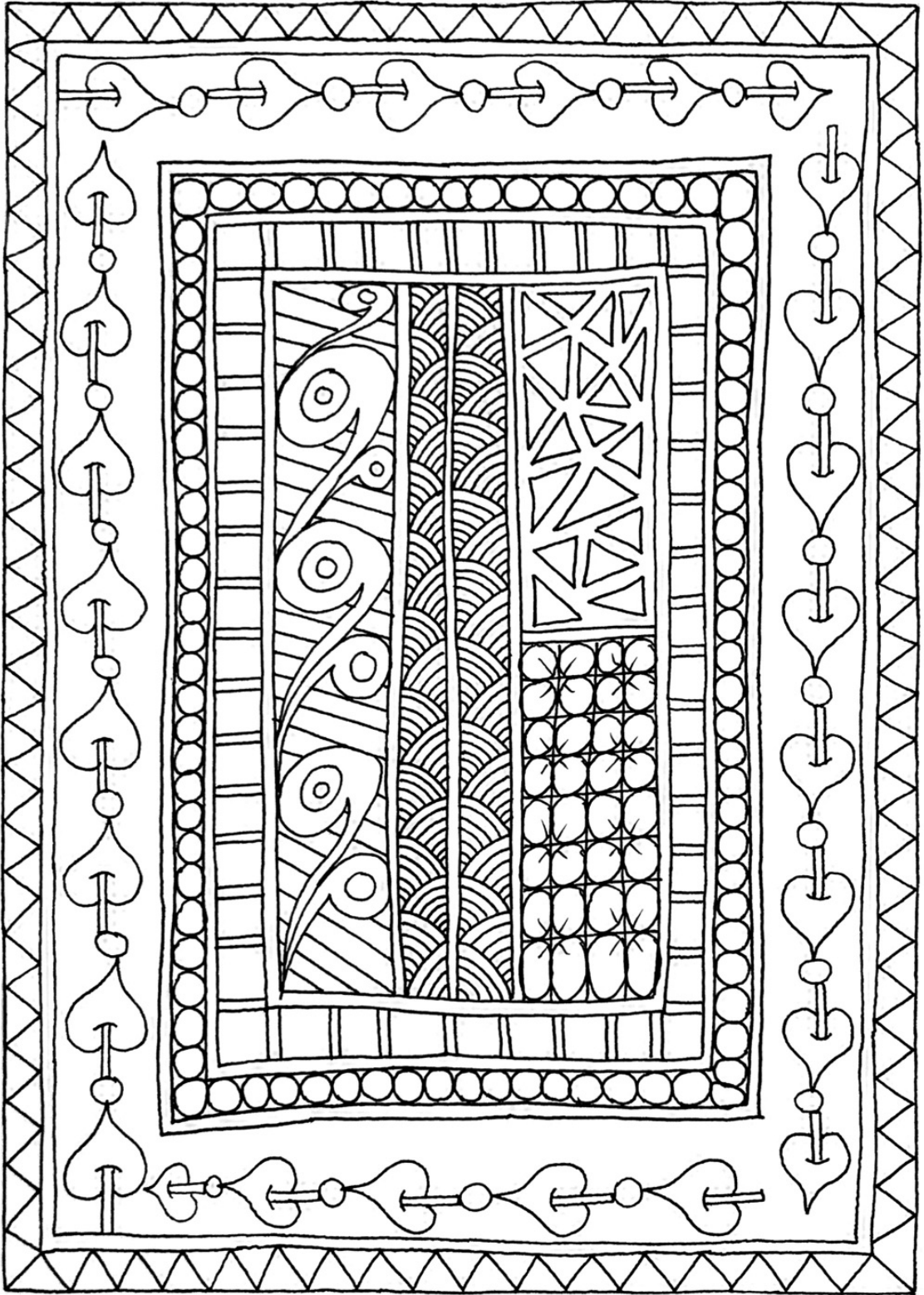


Nancy Campbell

Susan Carr, CZT

When I first moved to The Villages I wanted to try something new and immediately found a class being offered ~ Zentangle®. My first thought was what in the world is Zentangle®. It quickly became my passion! I cannot think of a better way to spend time than tangling.

- Buttercup
 - Poke Leaf
 - Shattuck
 - Orbs
 - Mooka
 - Tripoli
-

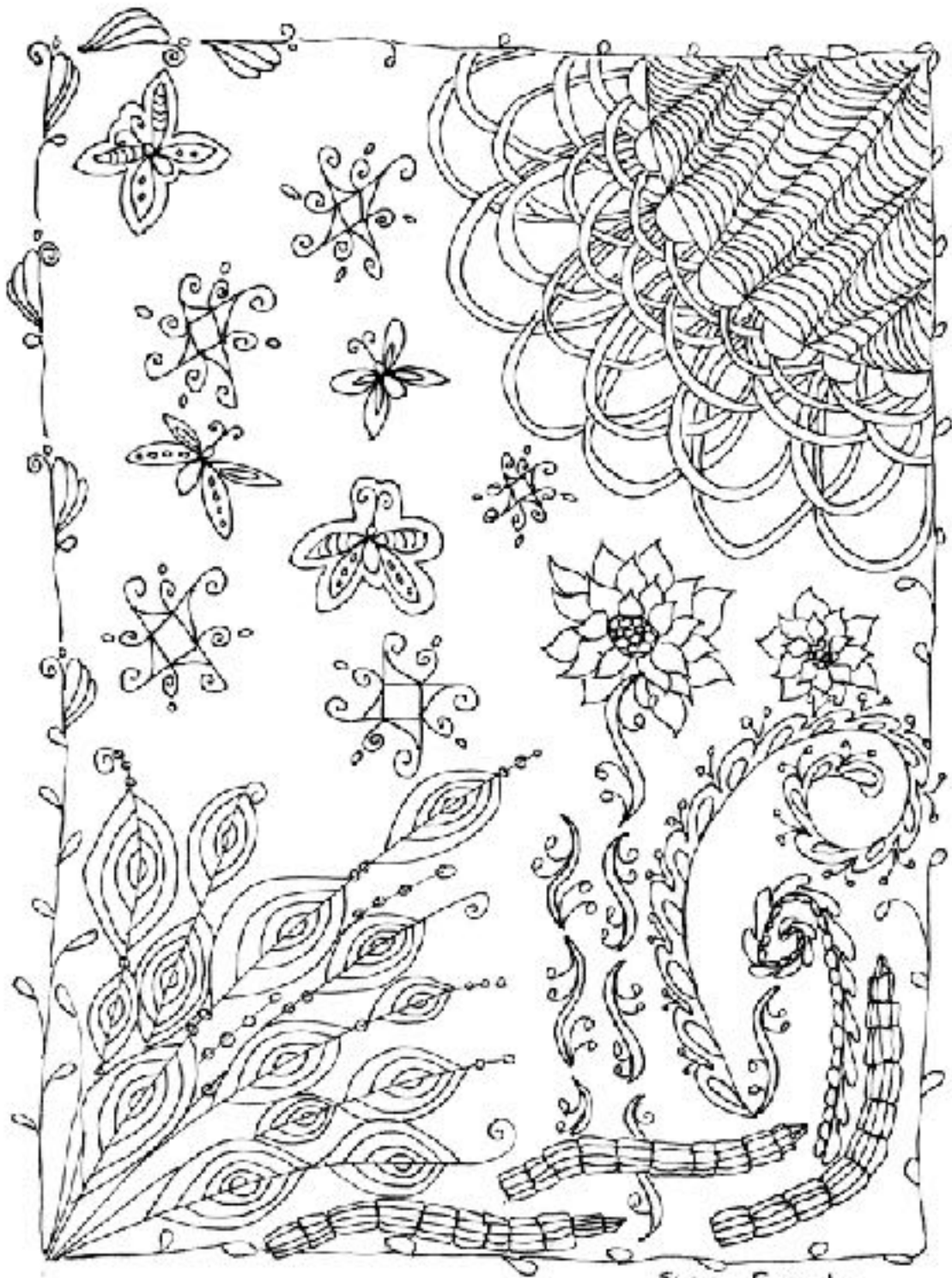


Susan Carr

Sharon Fernandes

In the year 2000, when I turned 50, I taught myself to paint. I love painting in an abstract, free-flowing style. I do NOT know how to draw in any way whatsoever! I paint purely by instinct in the moment. Learning to do Zentangle® has been so much fun for me, because I can create very detailed pictures just by following the step-outs of the patterns. The two ways I create art are totally opposite of each other, yet both completely free me to be mindful in the moment of creation!

- Floatfest
 - Clob
 - Dealys
 - Worms
 - Fricle
 - Wrapped
 - Cyme
 - 3-Loops-6
 - Efilip
 - Flutter Bi
-

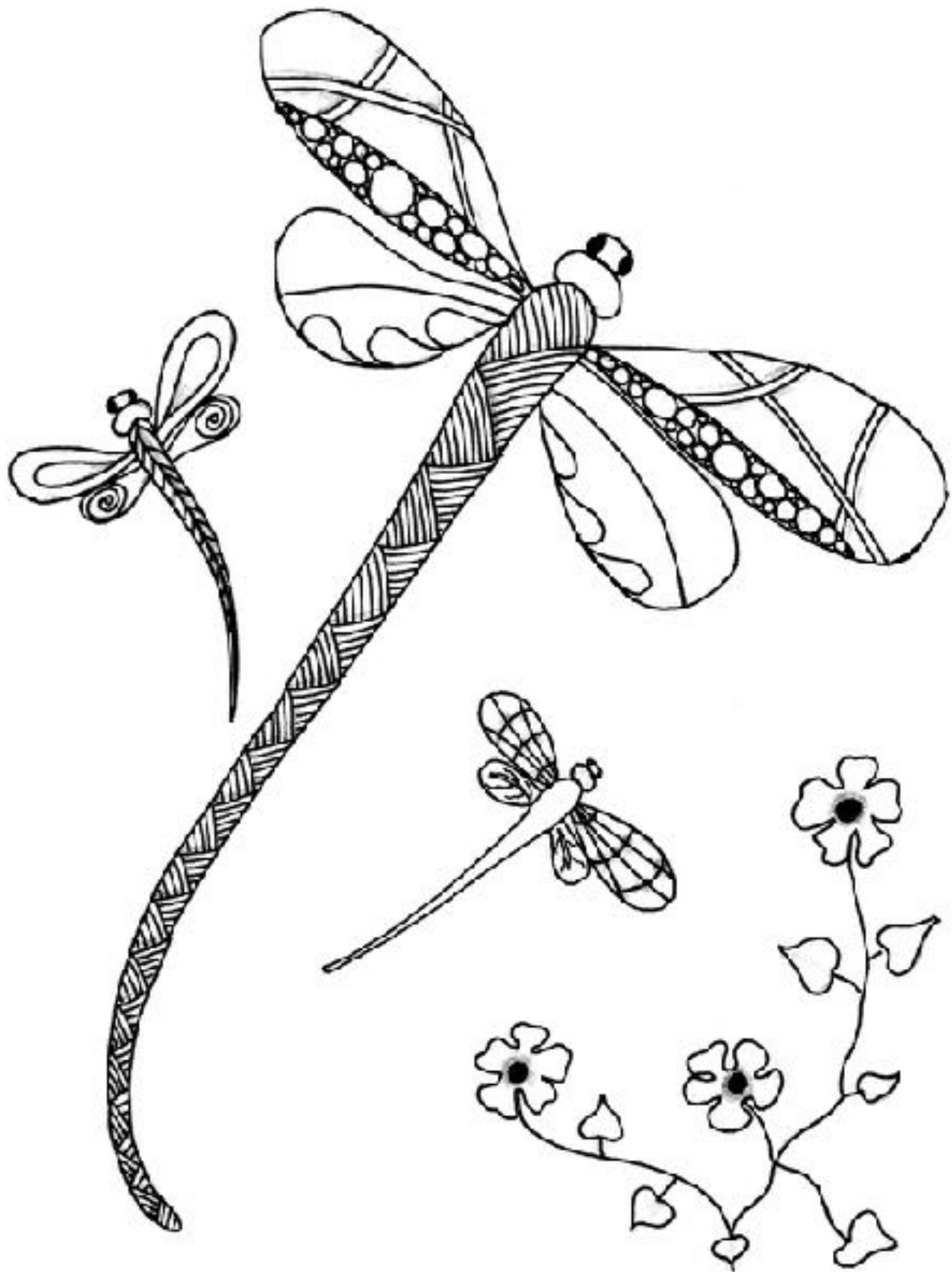


Pam Vukelic, CZT

I knew Zentangle was not for me; I am not an artist. But I went anyway to a class. I am always open to learning something new. Soon I became a CZT. Most of my classes have been for people experiencing life troubles (e.g., students in a correctional facility, residents in a half-way house recently released from prison). It has been rewarding to provide a mindful activity for them. If their home is their car, they can still do Zentangle® with the materials I provide.

A Lakota auntie says a dragonfly represents "a woman's values in life" and "when we see a dragonfly it is our loved one who has passed on coming to see us." Having lost my sister-in-law to cancer this spring, the dragonfly is an important symbol in our family. We use it as a remembrance of her.

- Hollibaugh
 - Tipple
 - Ennies
 - Florz
 - Shattuck
 - Printemps
 - Flux
 - Meer
-

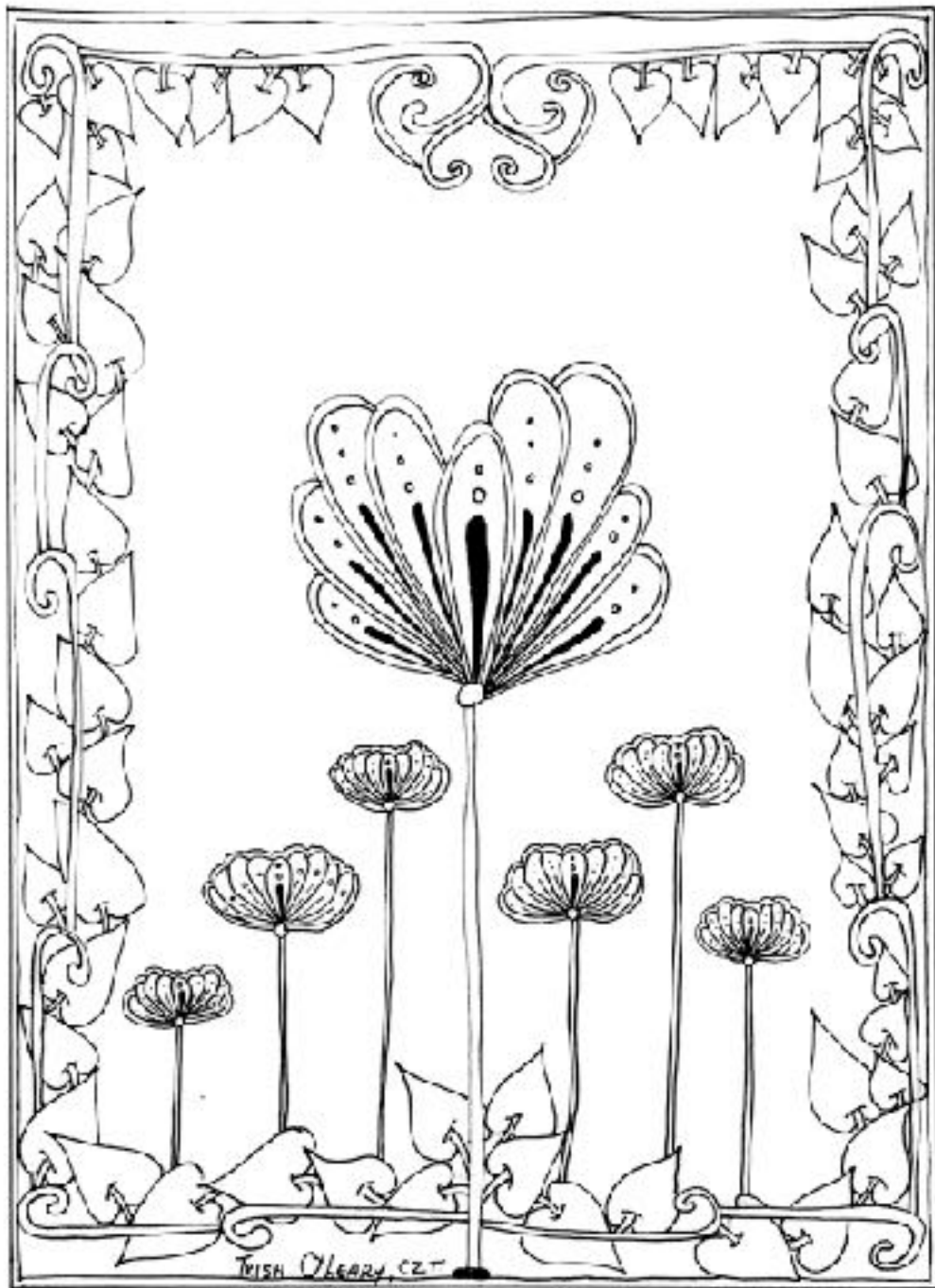


Pam Vuleta

Trish O'Leary, CZT

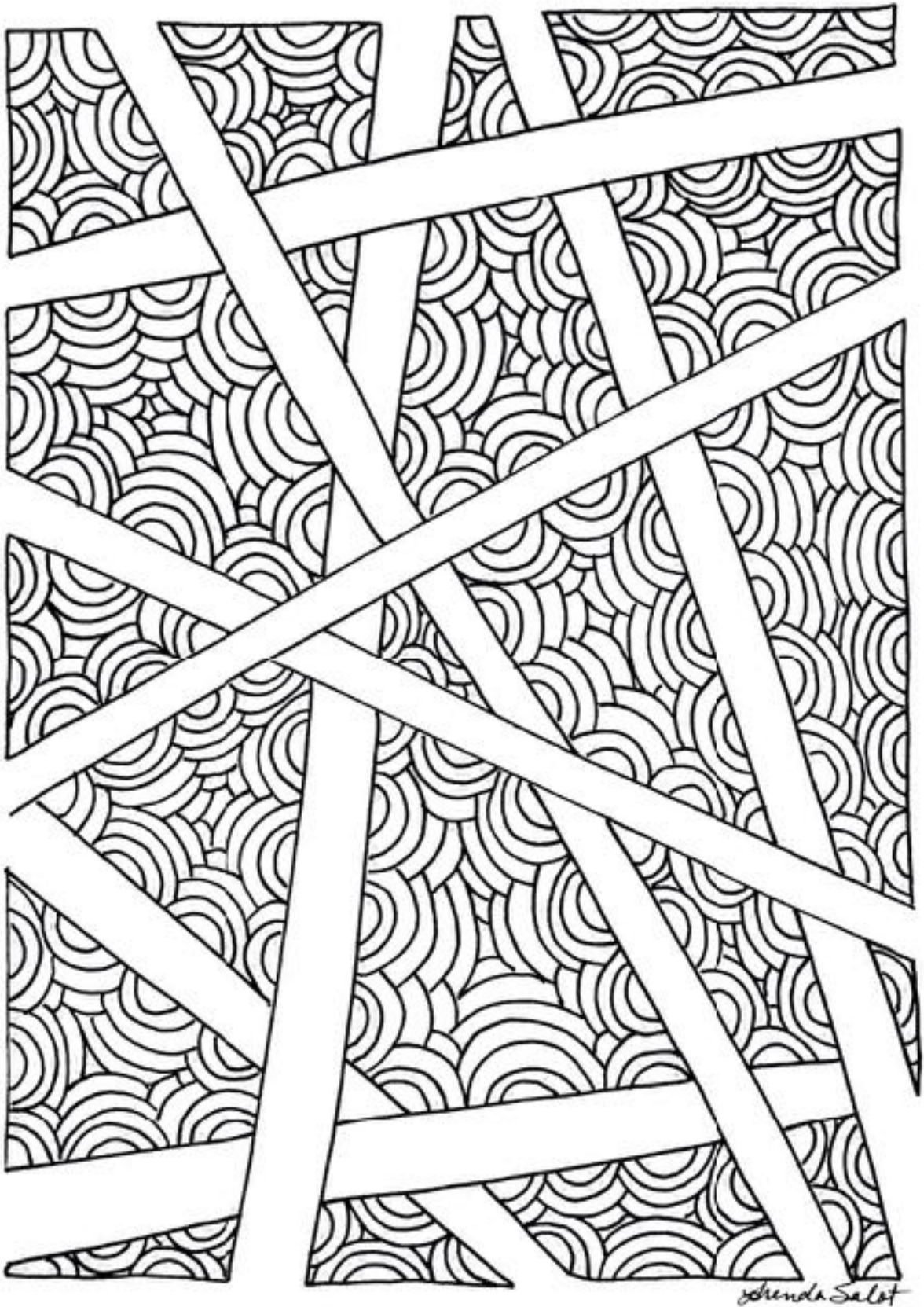
I've always loved and appreciated art. Worked for advertising agencies in NYC back in the 70's and freelanced as graphic artist for some years. I also love meditation and have been practicing for over 40 years now. What I have discovered is Zentangle® combines these two activities in the most wonderful way. Sit quietly, take pen to paper, breathe and create beautiful art! Seems like magic...anything is possible, one stroke at a time.

- Sinko
 - Hollis
 - Poke Leaf
-



Brenda Salot, CZT

- Hollibaugh
 - Crescent Moon
-

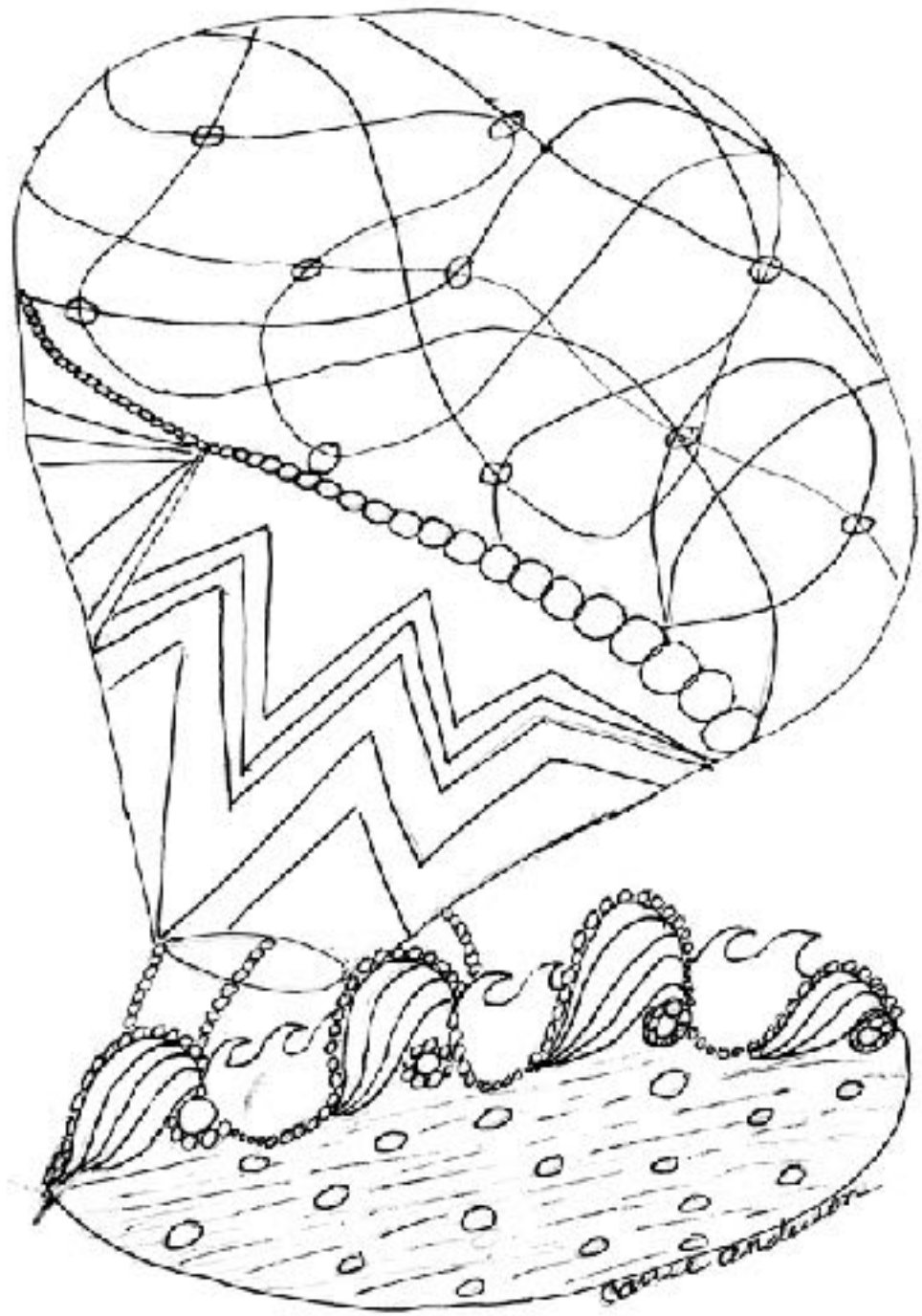


Johanna Salot

Carrie Anderson

I love Zentangle® and try to incorporate it into the other mediums I work in (glass and clay). My passion is to make Art. I love how Zentangle® is so simple yet can mix and transform something as ordinary as paper into art.

- Neurons
 - OyBay
 - Lightening Bolt
 - Pearls
-



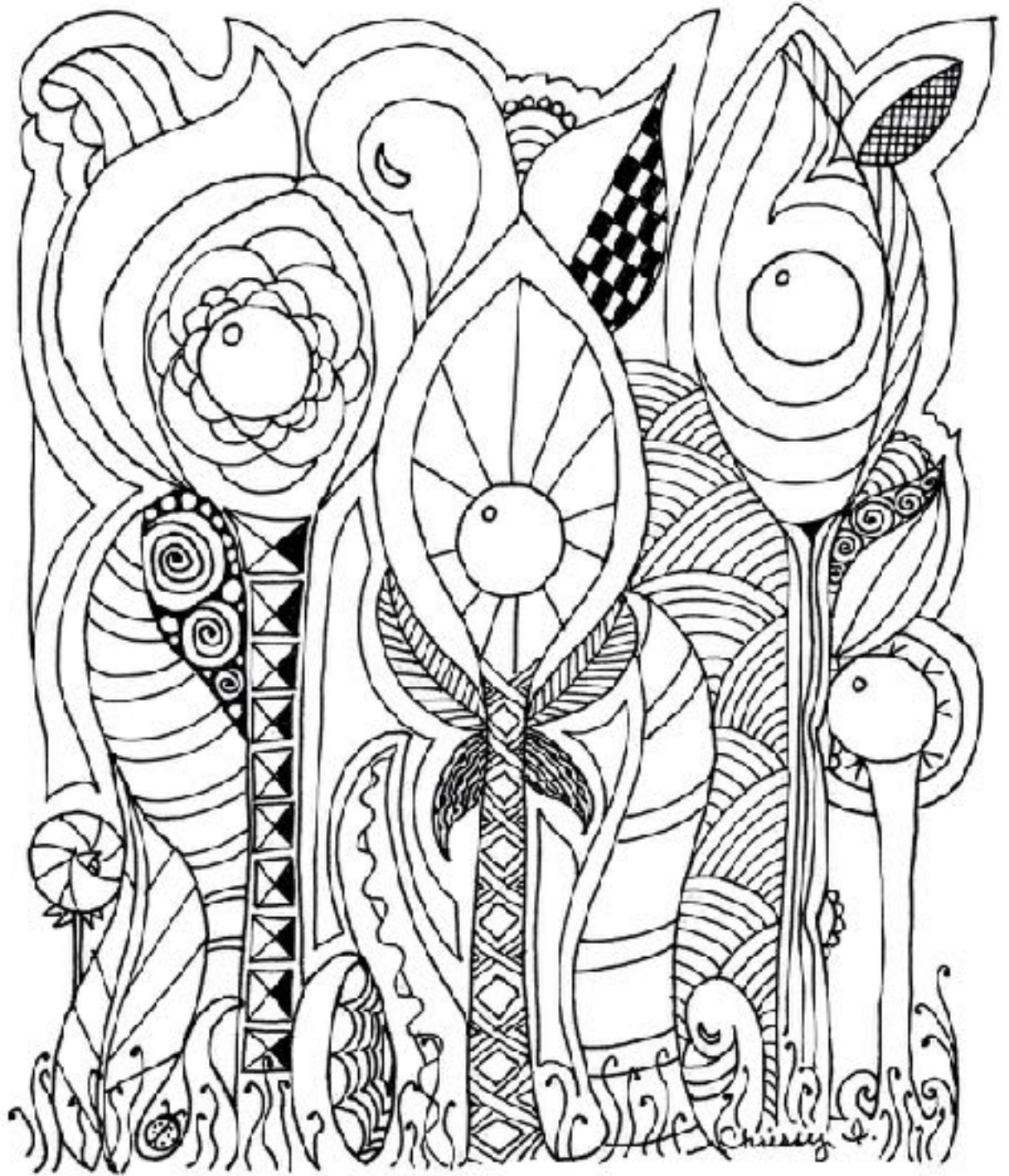
Barbara Wells, CZT

- Flux
 - Shattuck
 - Tagh
 - Poke Leaf
 - Crescent Moon
 - Tipple
-



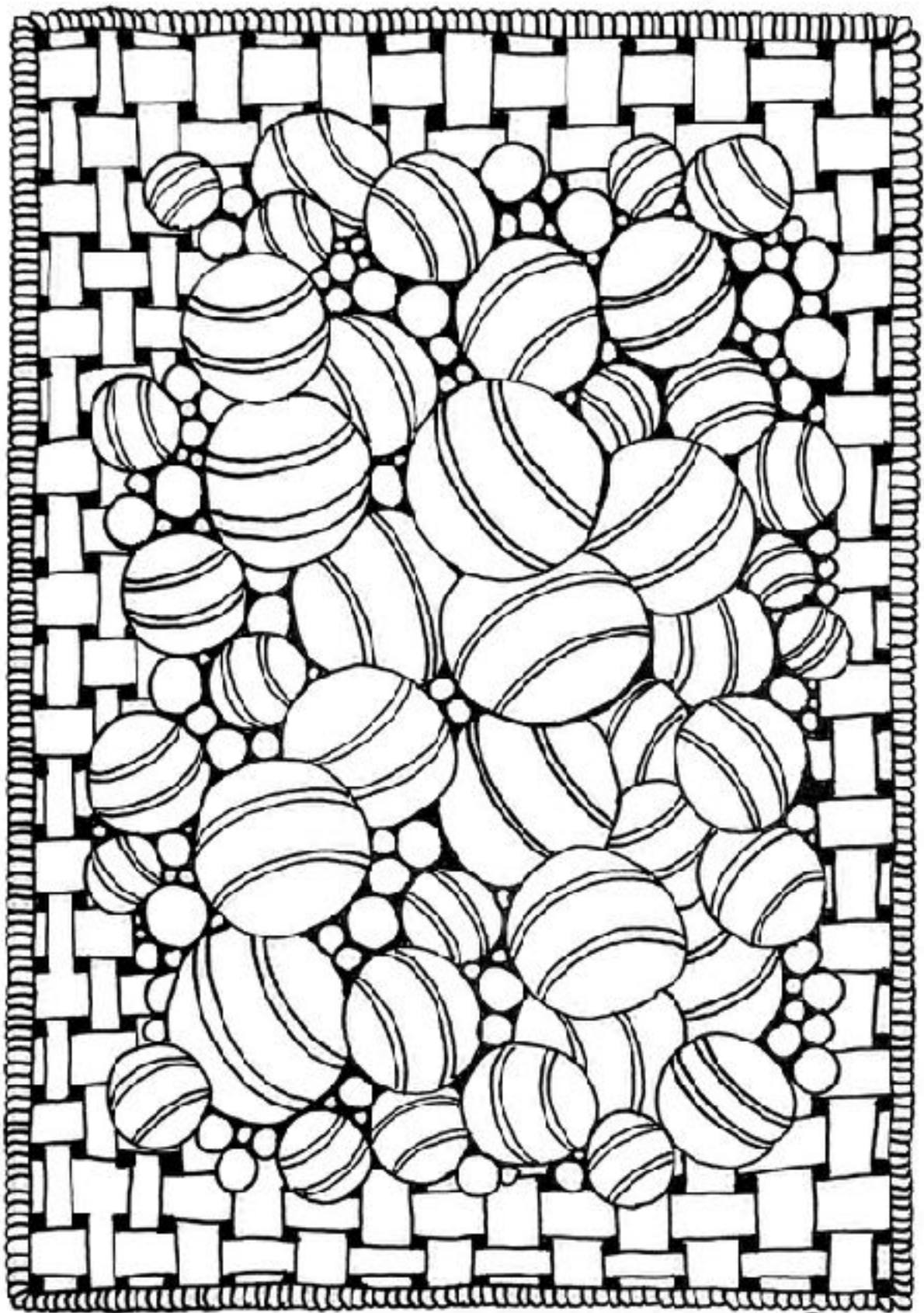
Chrissy Immordino, CZT

- Crescent Moon
 - Diva Dance
 - Knightsbridge
 - Mooka
 - Cirquital
 - Fescu
 - Printemps
 - Tipple
 - Vega
 - Shattuck
 - Pinch
-



C. L. Rake, CZT

- Jetties
 - W2
-



C.H. Faye

Deb Murdough

- Verdigogh
 - Rixty
 - Jetties
 - Doodah
 - Fracas
 - Vega
 - Keeta
 - Veruca
 - Veezy
 - Raindotty
-

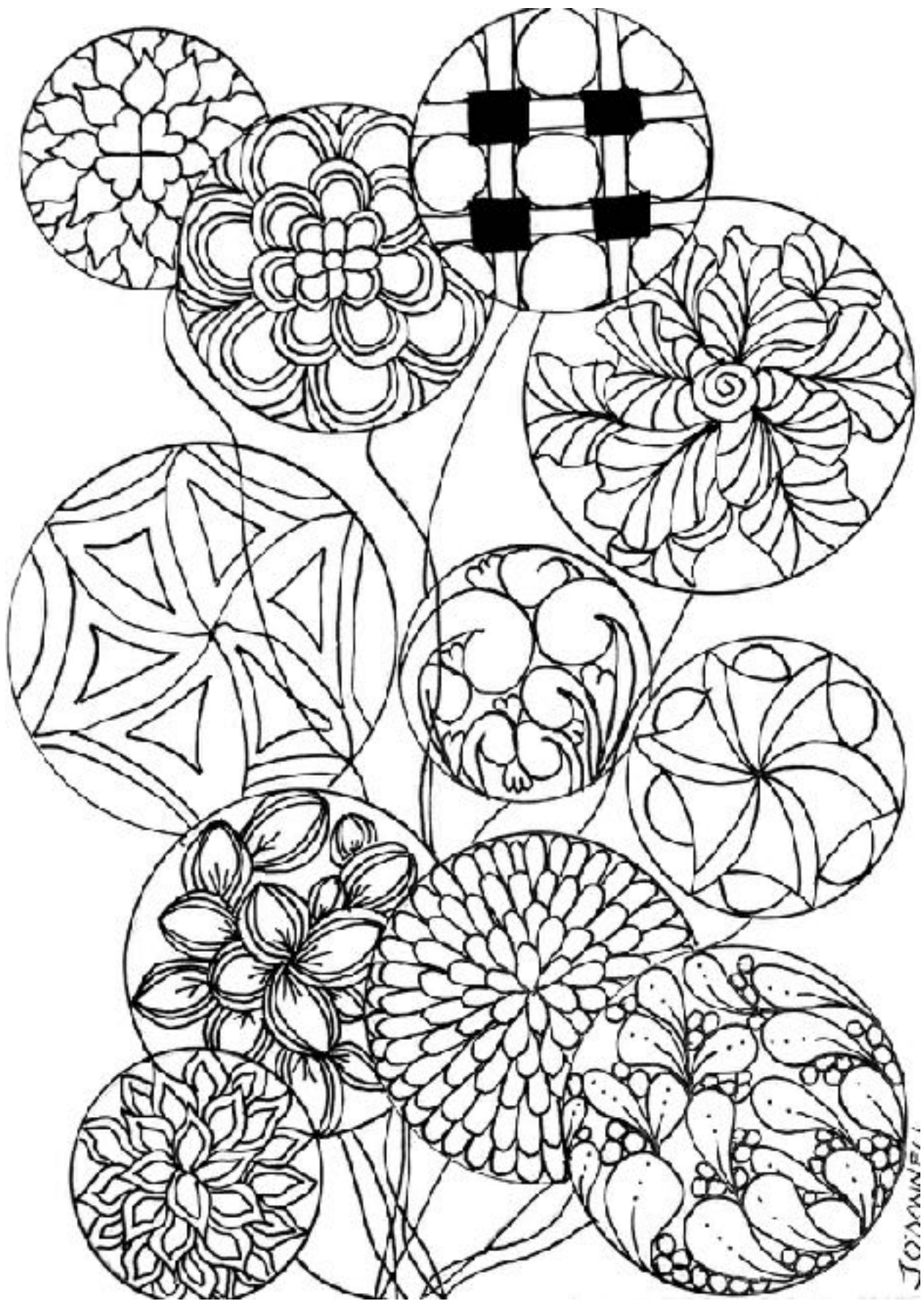


Deb. Mirdoughi

Joan O'Donnell

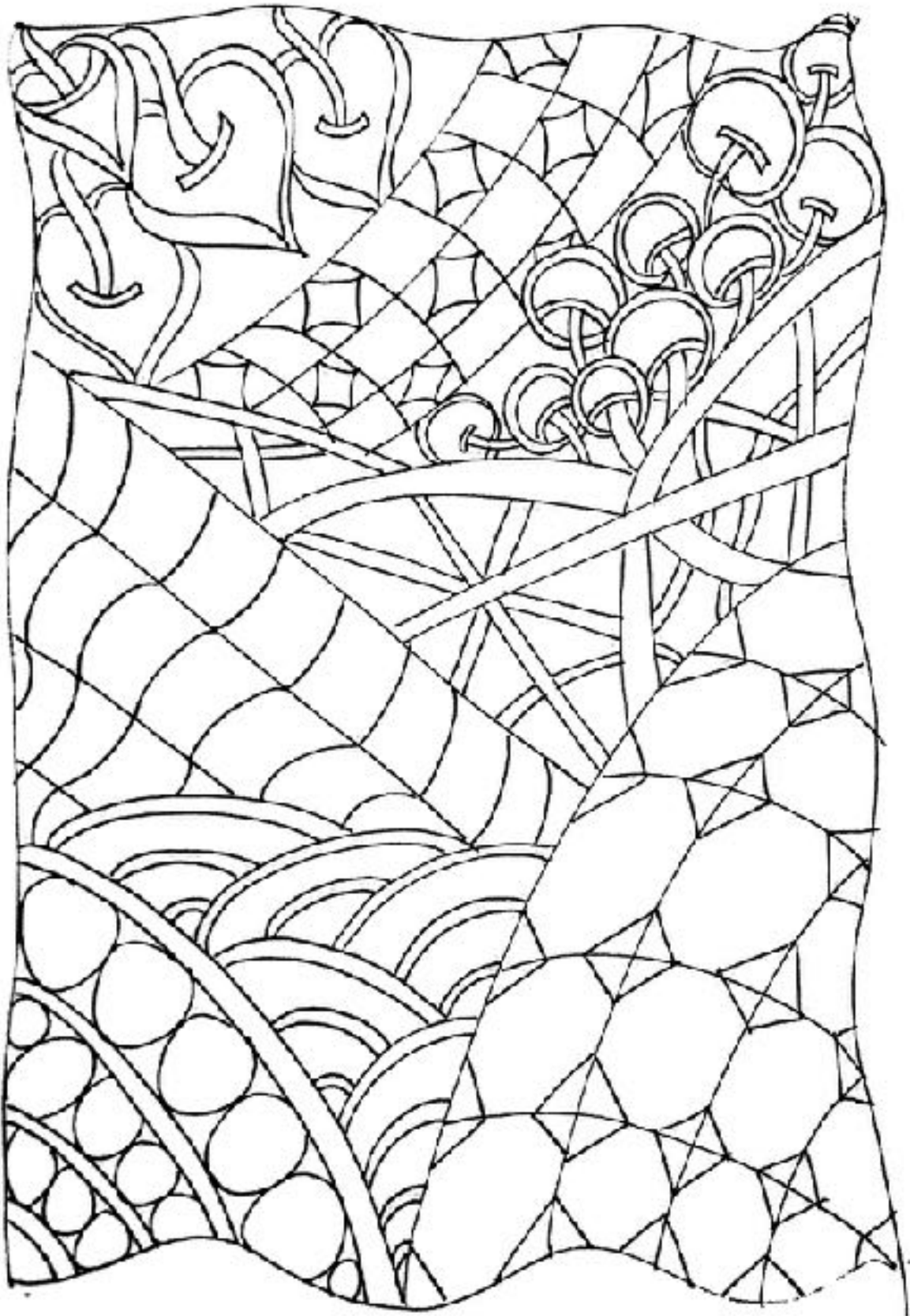
When I retired and moved to The Villages I wanted to take an art class to explore that part of me. My challenge - I can't draw !! I saw the description of Zentangle® in The Enrichment Academy booklet that said that no drawing was needed. I got very excited about that. I was so surprised by what I could create with 5 simple stokes and have been tangling now for about 2 years. I am often surprised by some of the tiles I make, and I still can't draw!! I love it!

- Cross Ur Heart
 - Mumsy
 - Double Floor
 - Flore Meoba Rose
 - Mooka
 - Funky Puf
 - Carpet Daisy
 - Cyme
 - Flux
 - Tipple
-



Jacki Rose, CZT

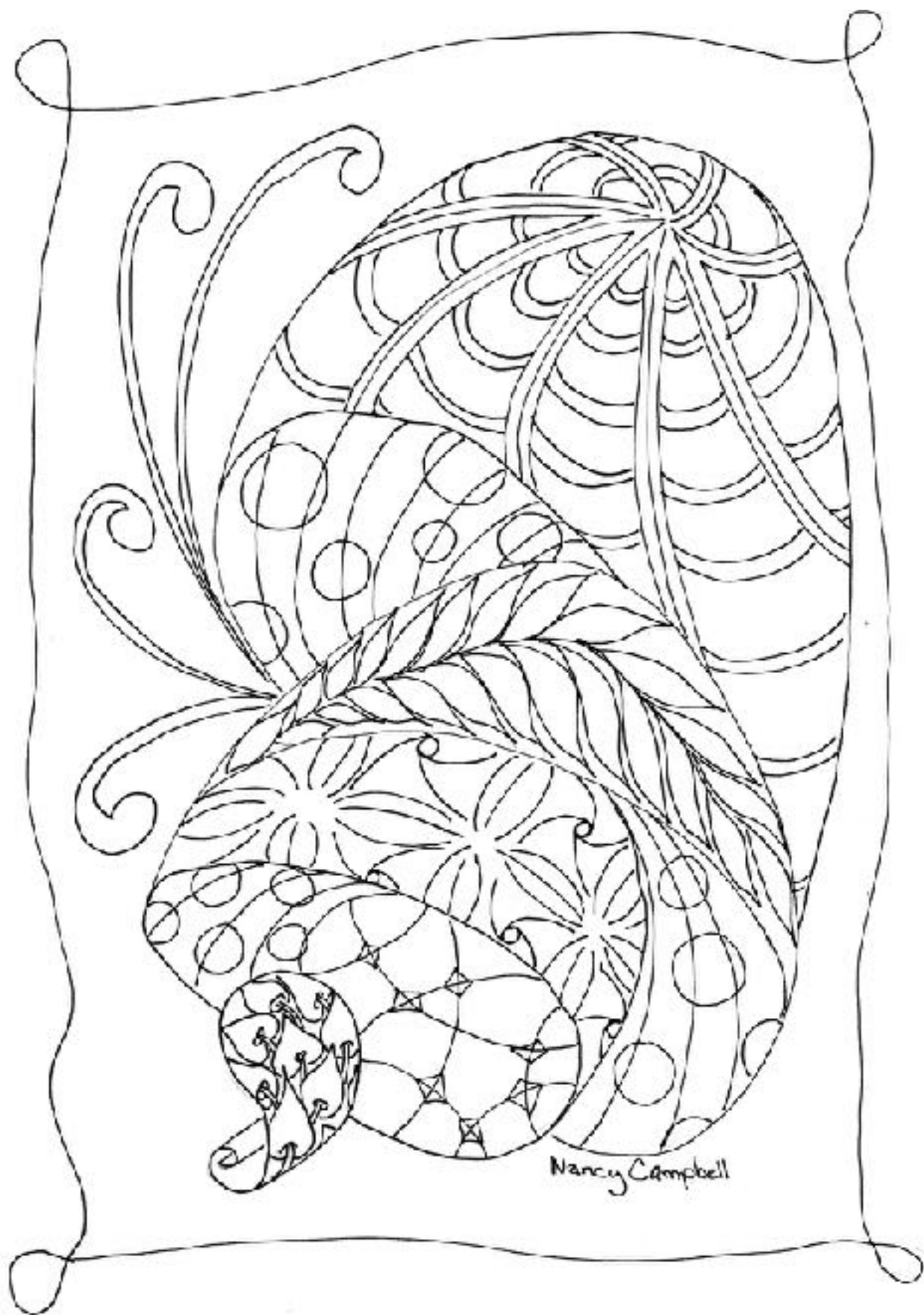
- Hollibaugh
 - Florz
 - Poke Root
 - Poke Leaf
 - Onamoto
 - Shattuck
 - Juke
 - Jonqal
-



Jacki Rose

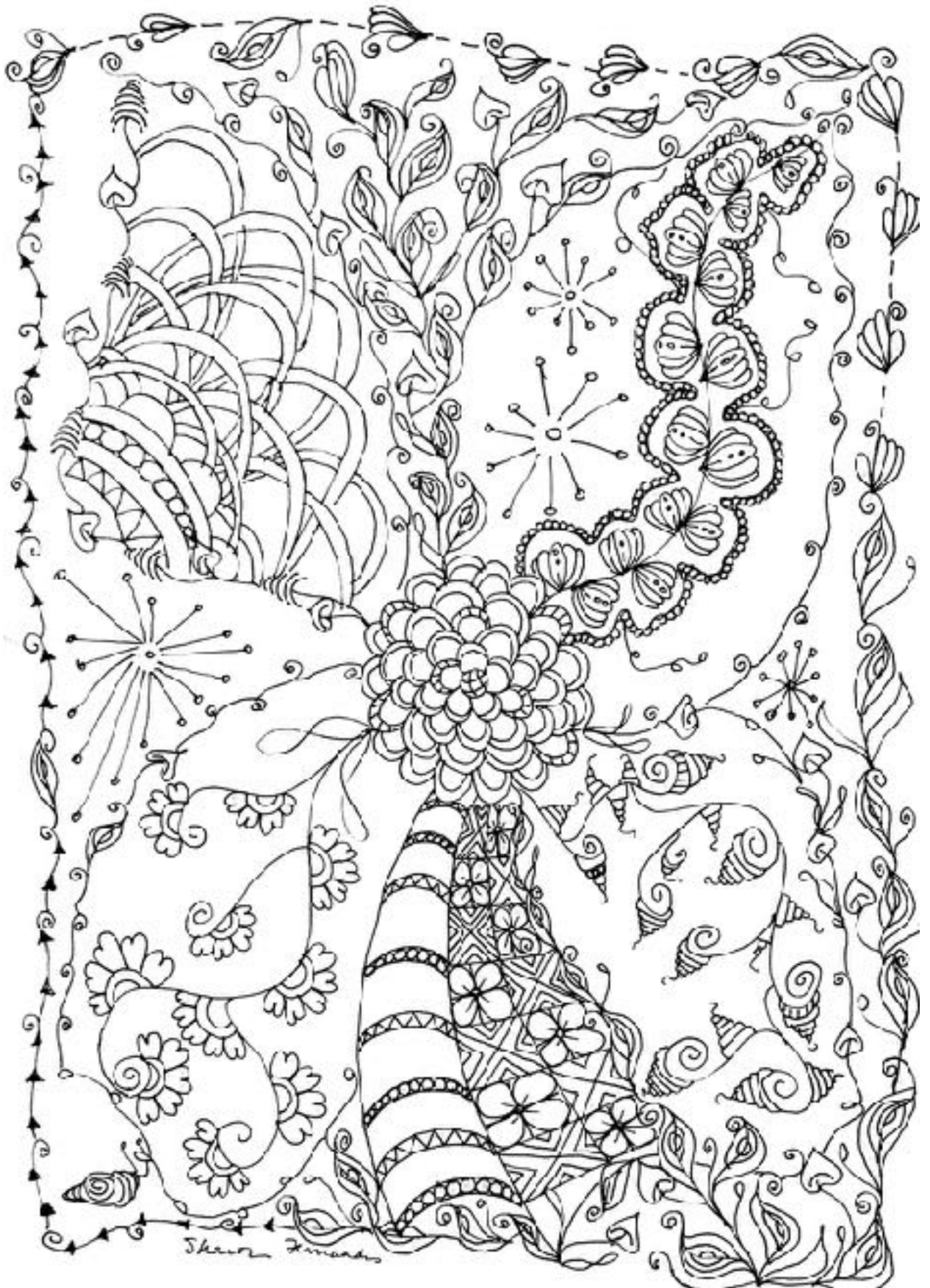
Nancy Campbell, CZT

- Stricles
 - Poke Leaf
 - Drupe
 - Ynix
 - Florz
 - Mooka
-



Sharon Fernandes

- Aura-leah
 - Arc Flower
 - Buttercup
 - Poke Leaf
 - 3-Loops-6
 - Ouline
 - Andromeda
 - Fescu
 - Henna Drum
 - Floatfest
 - Ahh
 - Bijou
 - Knase
-



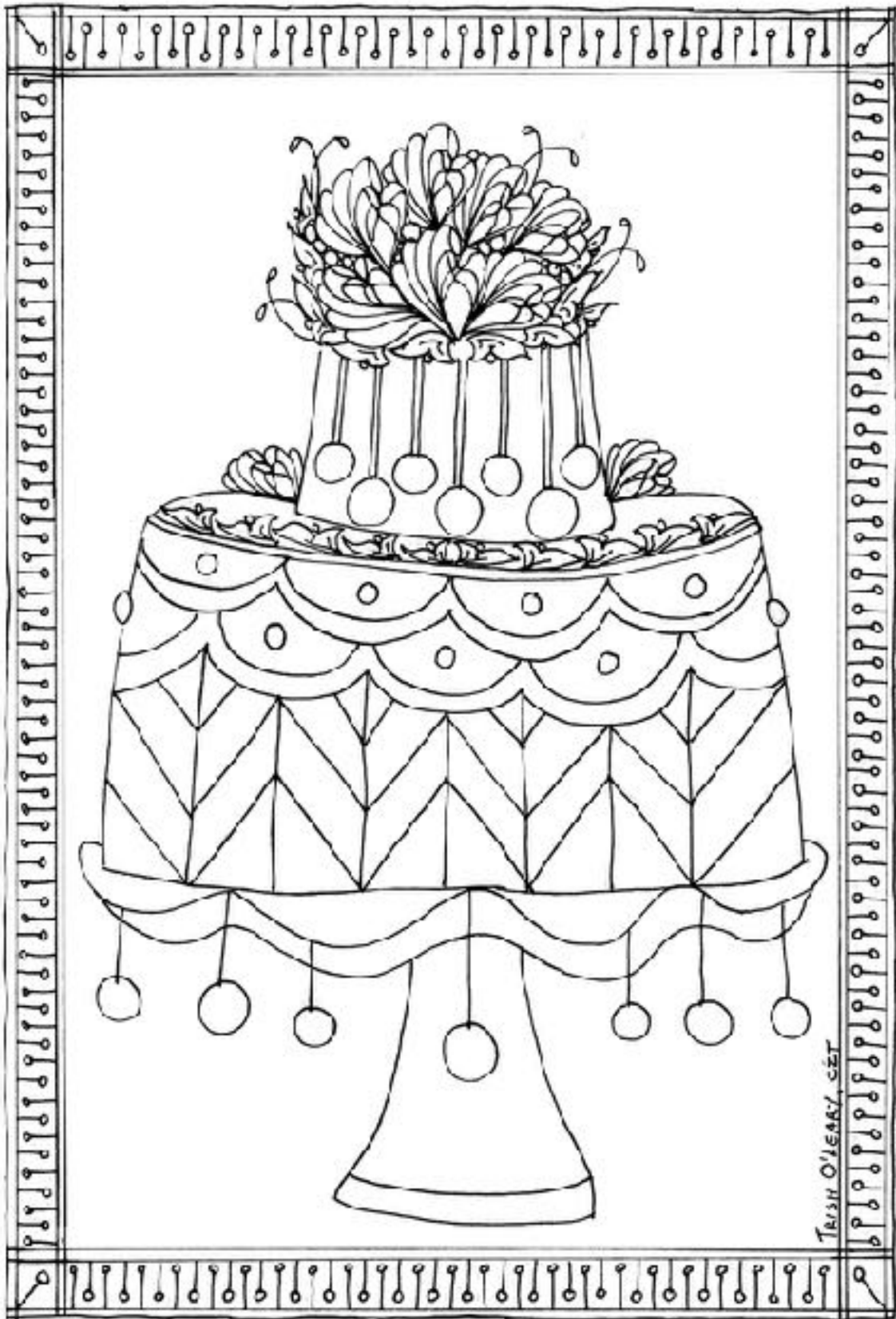
Sandra Philips, CZT

- Bales
 - Cadent
 - MSST
 - Shattuck
 - Tipple
 - Icanthis
 - Flux
 - Knightsbridge
 - Marasu
-



Trish O'Leary, CZT

- Apacore
 - Eze
 - Jonqal
 - Doodah
-

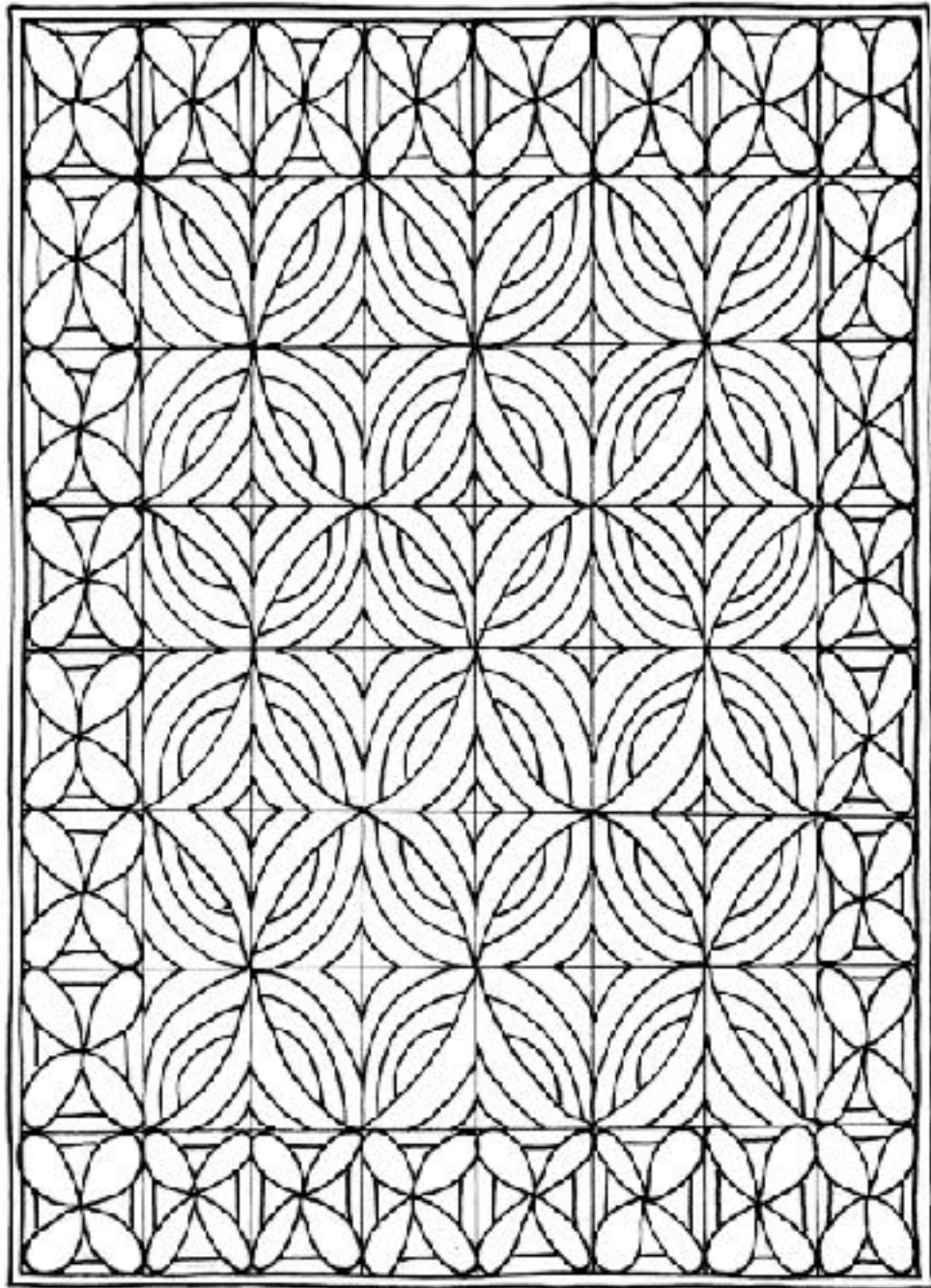


IRISH O'LEARY'S SET

Brenda Salot, CZT

- BrrrSt
- Fragments M-1, T-5

Fragments are parts of patterns that fit into a grid and are listed in the Reticular & Fragments Book by zentangle.com.

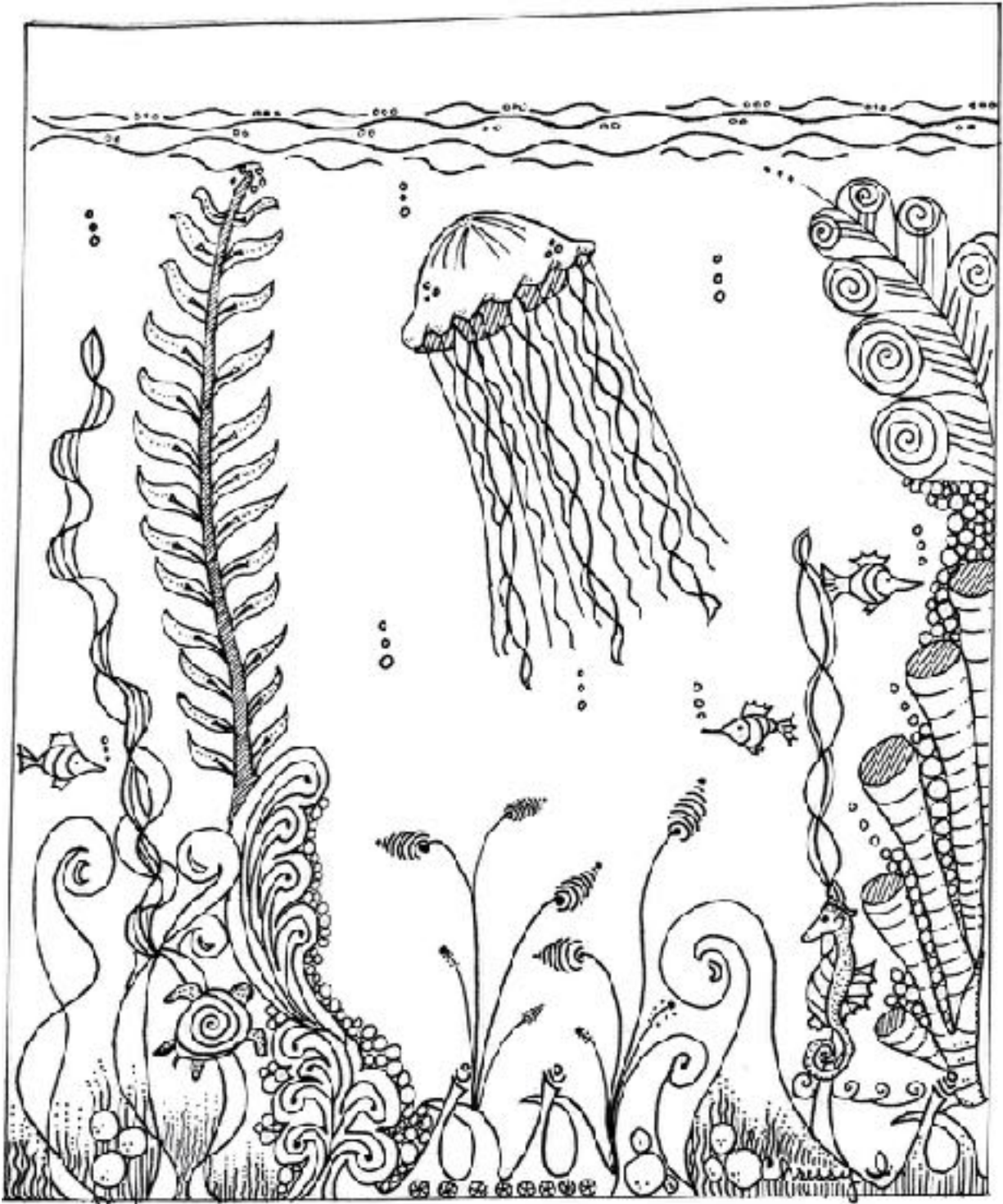


Brinda Selig

Chrissy Immordino, CZT

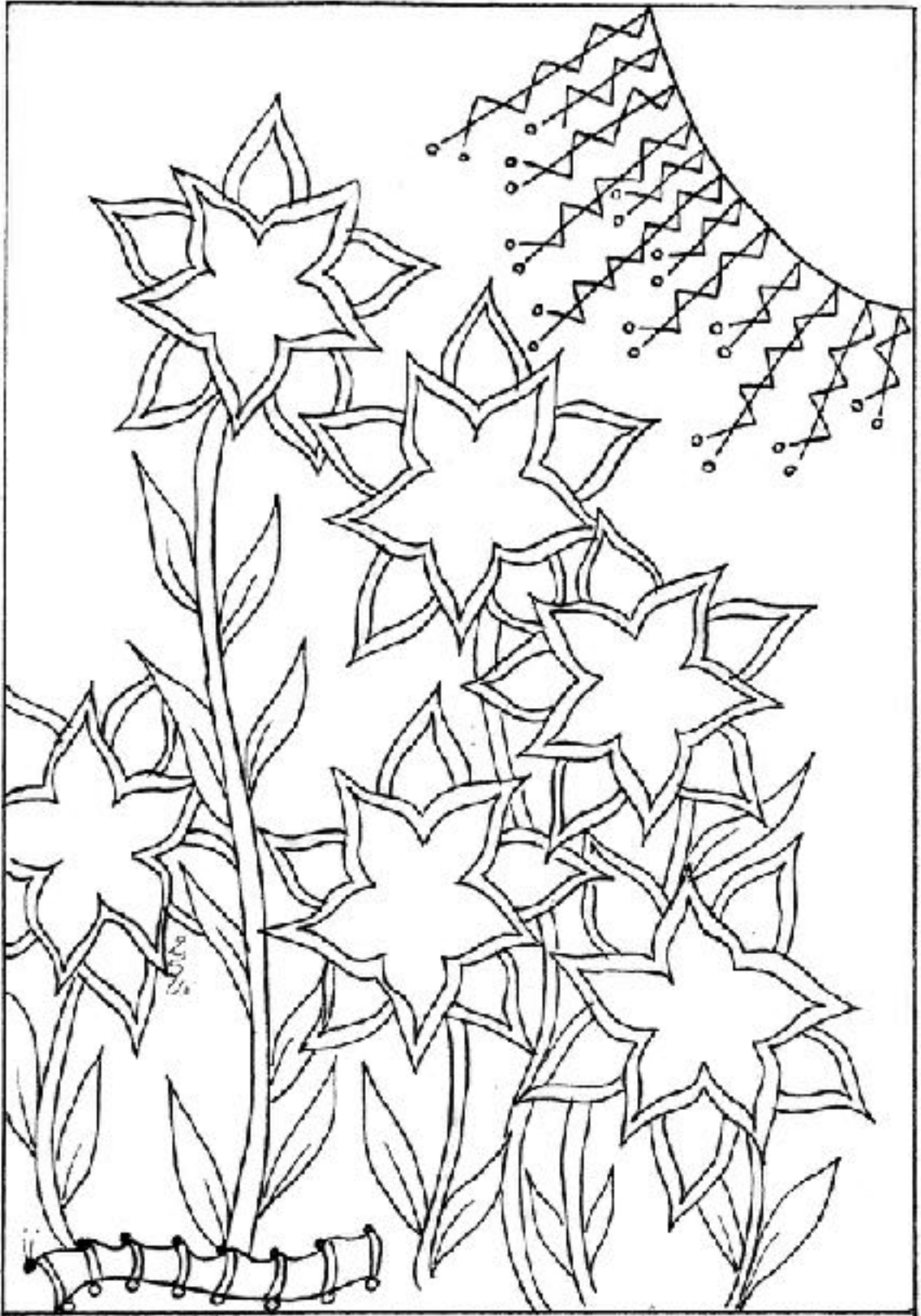
I've always loved to draw, so the Zentangle® art form is a natural for me. The Zentangle® method is relaxing and fun, yet challenging at the same time. It has opened up a new world of creativity for me. I became a Certified Zentangle® Teacher (CZT) in 2020, and I love to see my students' eyes light up when they look at their finished work. Enjoy this coloring book and remember "Anything is possible, one stroke at a time!"

- Evoke
 - Msst
 - Printemps
 - Mooka
 - Bumper
 - Zinger
 - Finery
 - Tipple
 - Festune
-



Linda Underdonk, CZT

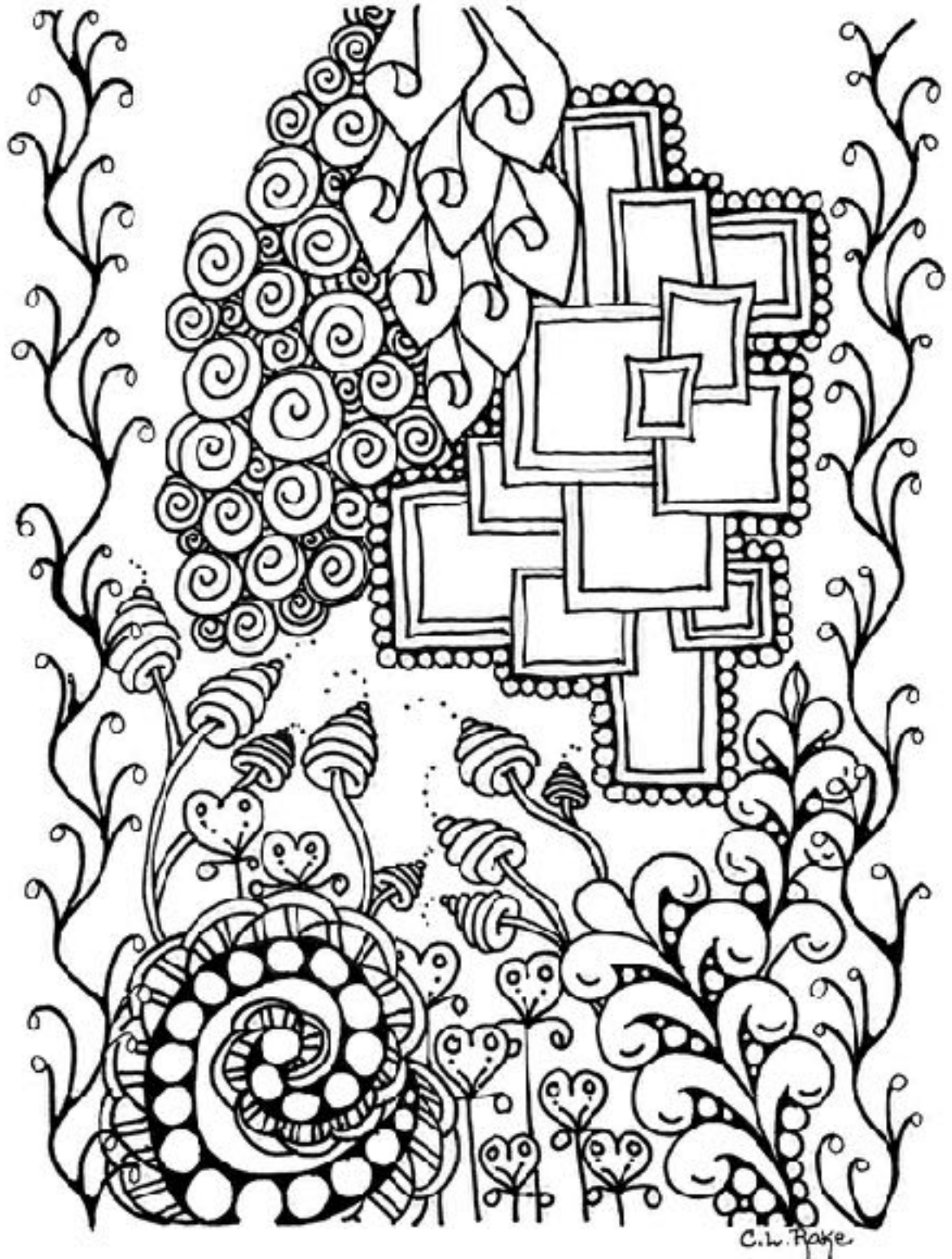
- Dragonair
 - Dingbats
 - Rain
 - Cyme
-



Linda Underdunk

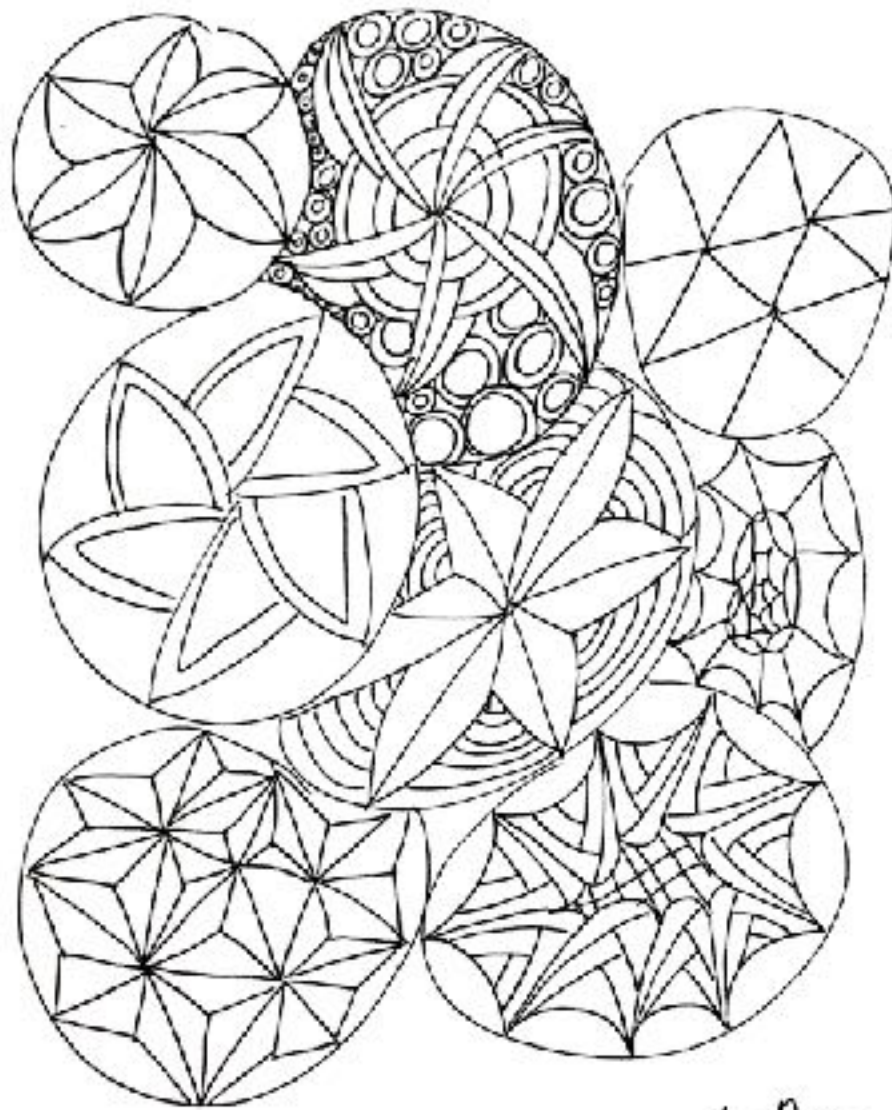
C.L. Rake, CZT

- El Prado
 - Eddyper
 - Framz
 - Fricle
 - Heart Flower
 - Zinger
 - Printemps
 - Flux
-



Jacki Rose, CZT

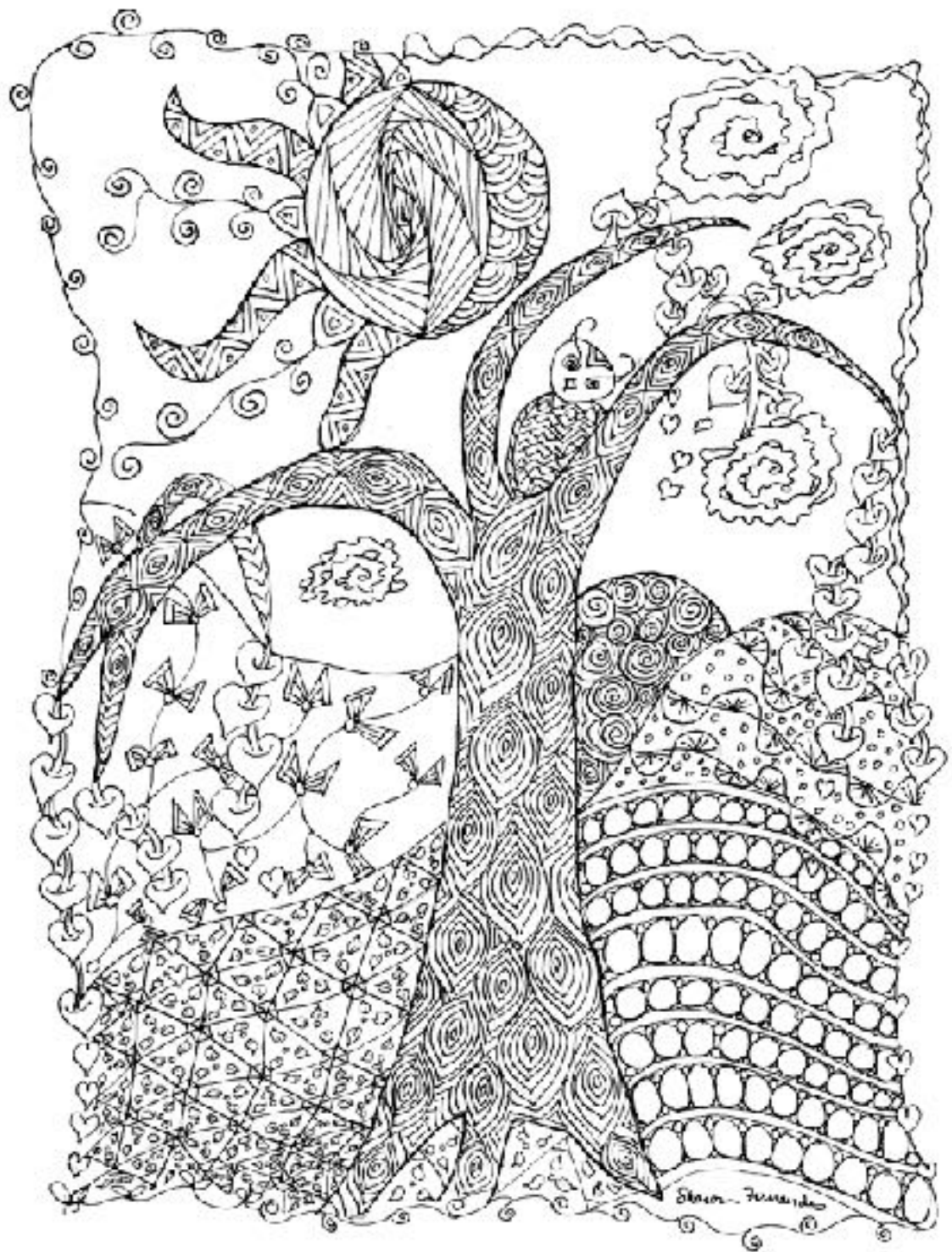
- Gneiss
 - Betweed
 - 3Y Hemp
 - Knightsbridge
 - Starbuck
 - Web
 - Nitro
-



Gadi Rose

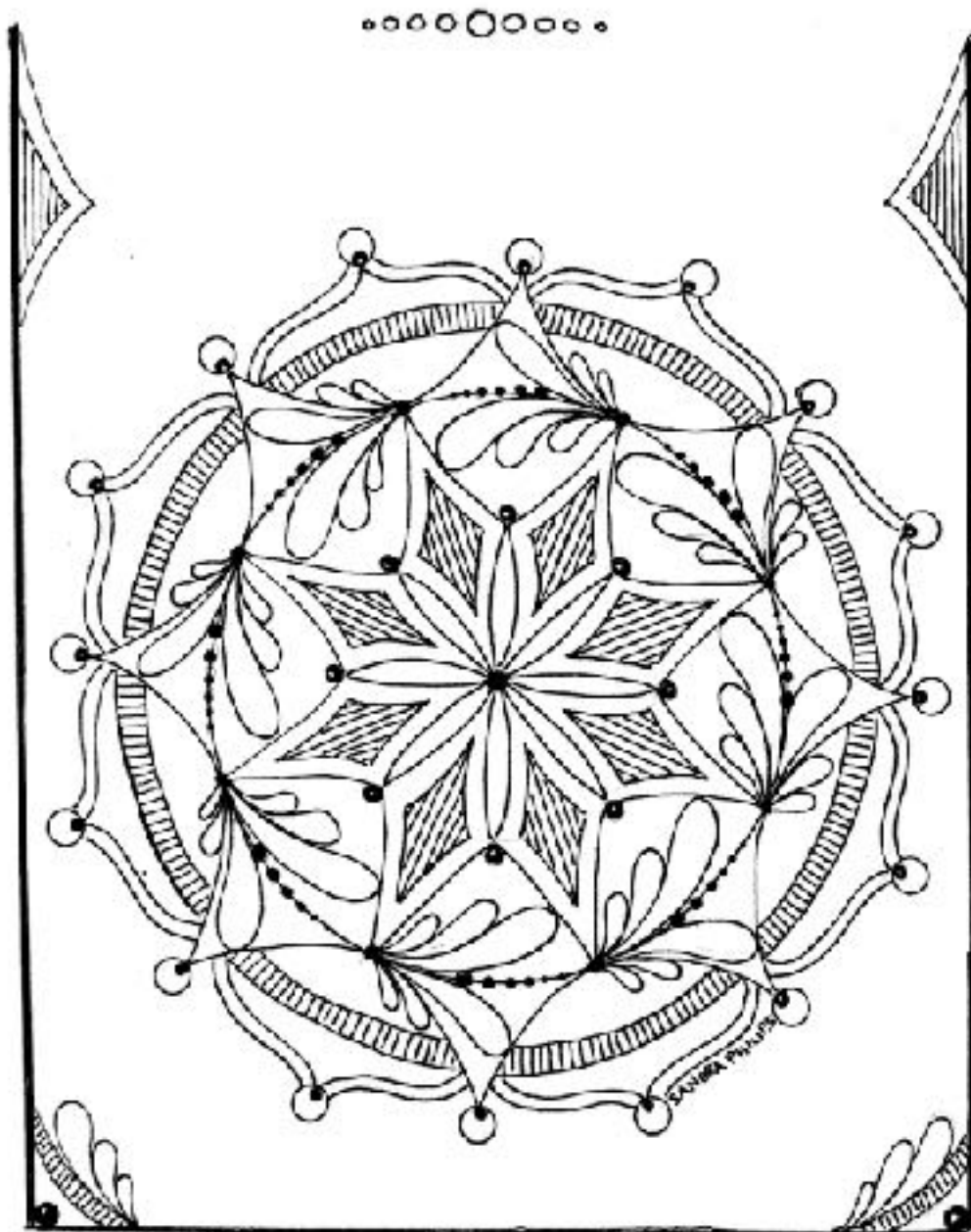
Sharon Fernandes

- Poke Leaf
 - Diva Dance Rock N Roll
 - Paradox
 - Frilee
 - Knase
 - Printemps
 - Saturn
 - Allium
 - Onamoto
-



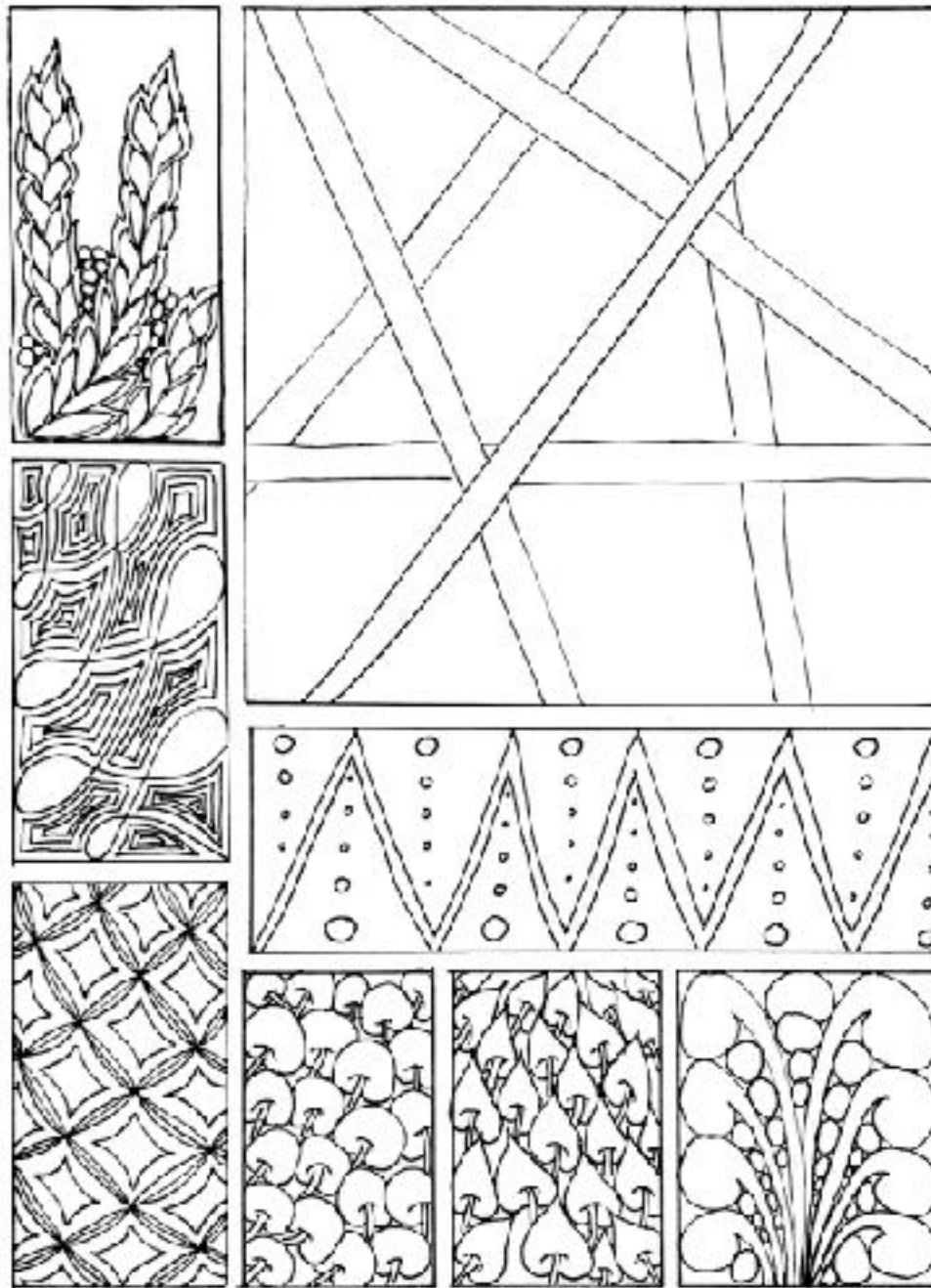
Sandra Philips, CZT

- Cyme
 - Flux
 - Beads
 - Santiago
-



Trish O'Leary, CZT

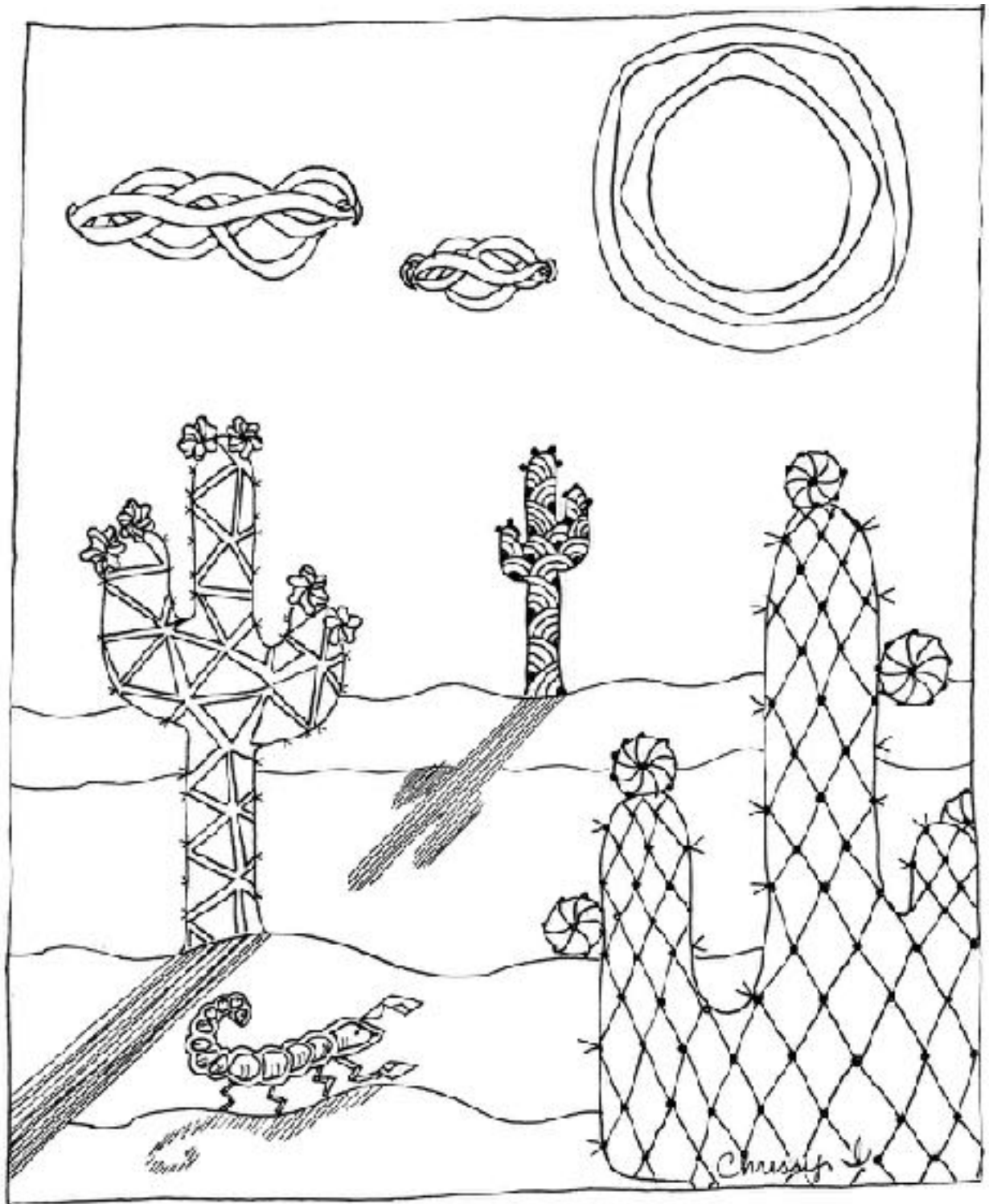
- Ynix
 - Hollibaugh
 - Echoism
 - Chartz
 - Bales
 - Poke Root
 - Poke Leaf
 - Flux
-



TRISH O'LEARY, CRT

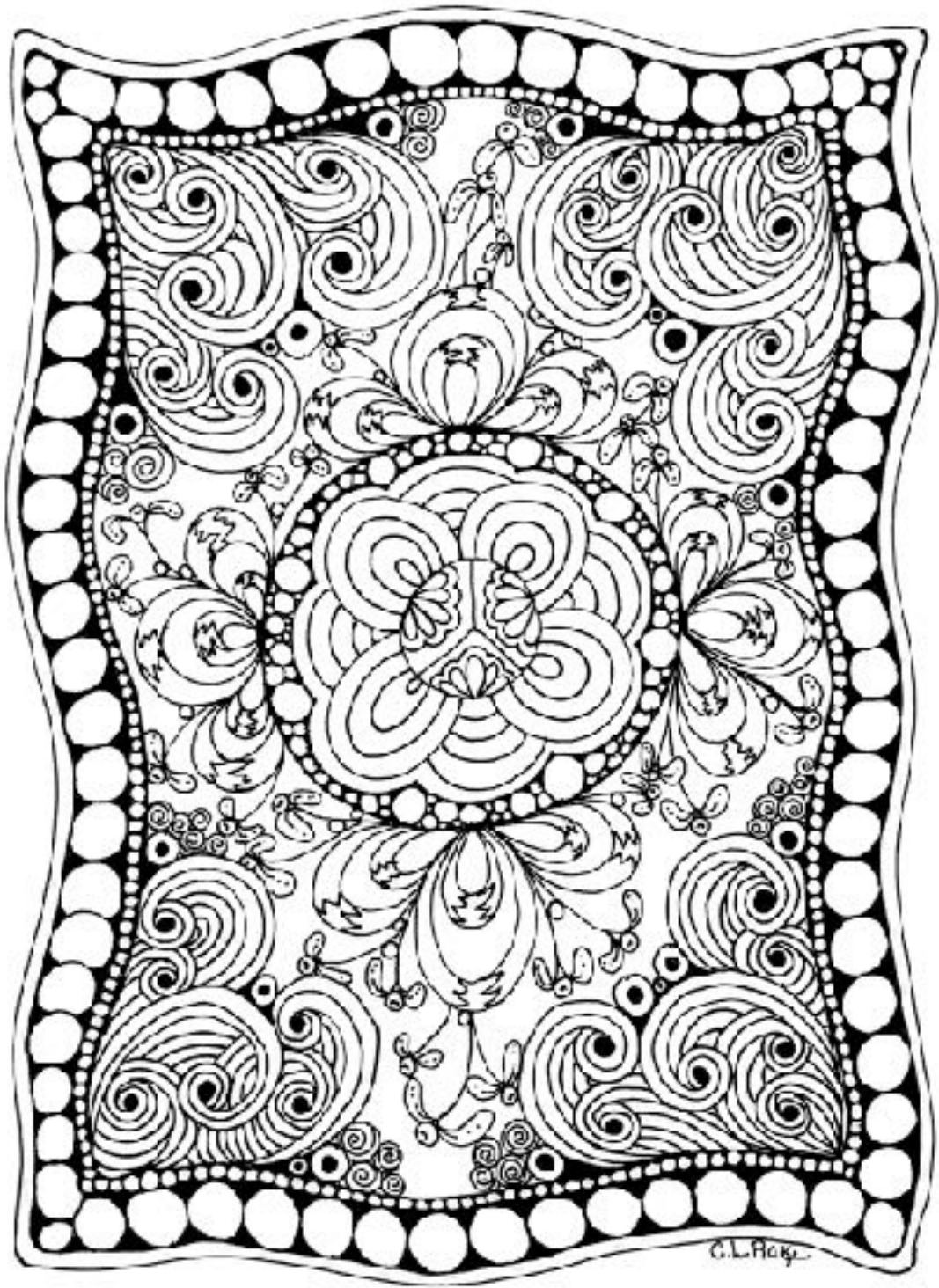
Chrissy Immordino, CZT

- Beeline
 - Quib
 - Shattuck
 - Festune
 - Aquafleur
 - Centipede
-



C.L. Rake, CZT

- Onamoto
 - Printemps
 - Bunzo
 - Luke
 - Tipple
 - Trio
-



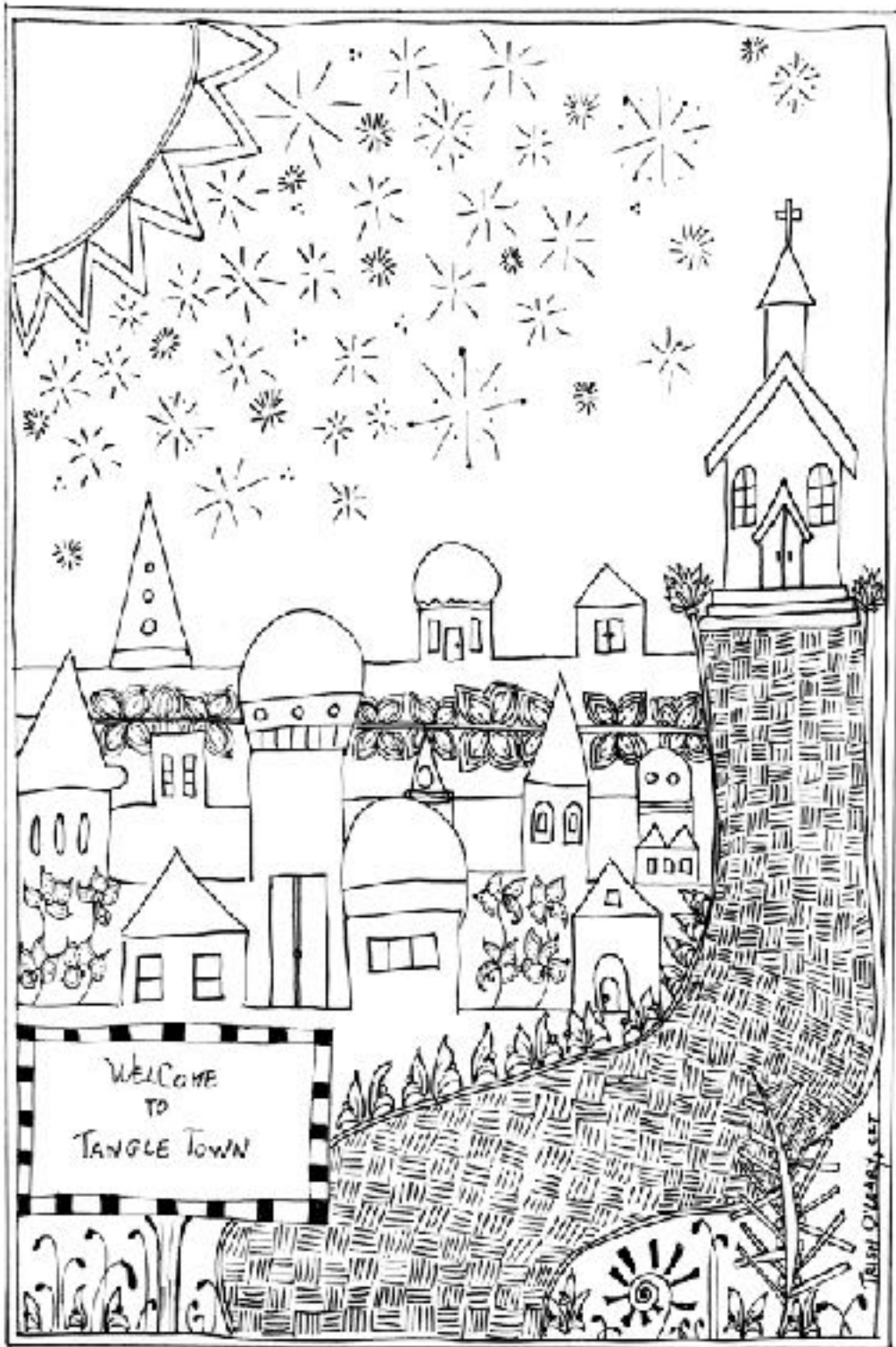
Jacki Rose, CZT

- Shattuck
 - Elegan
 - Enies
 - Betweed
 - Moonpie
 - 7-11
 - Funky Knightsbridge
 - 3Y-Hemp
-



Trish O'Leary, CZT

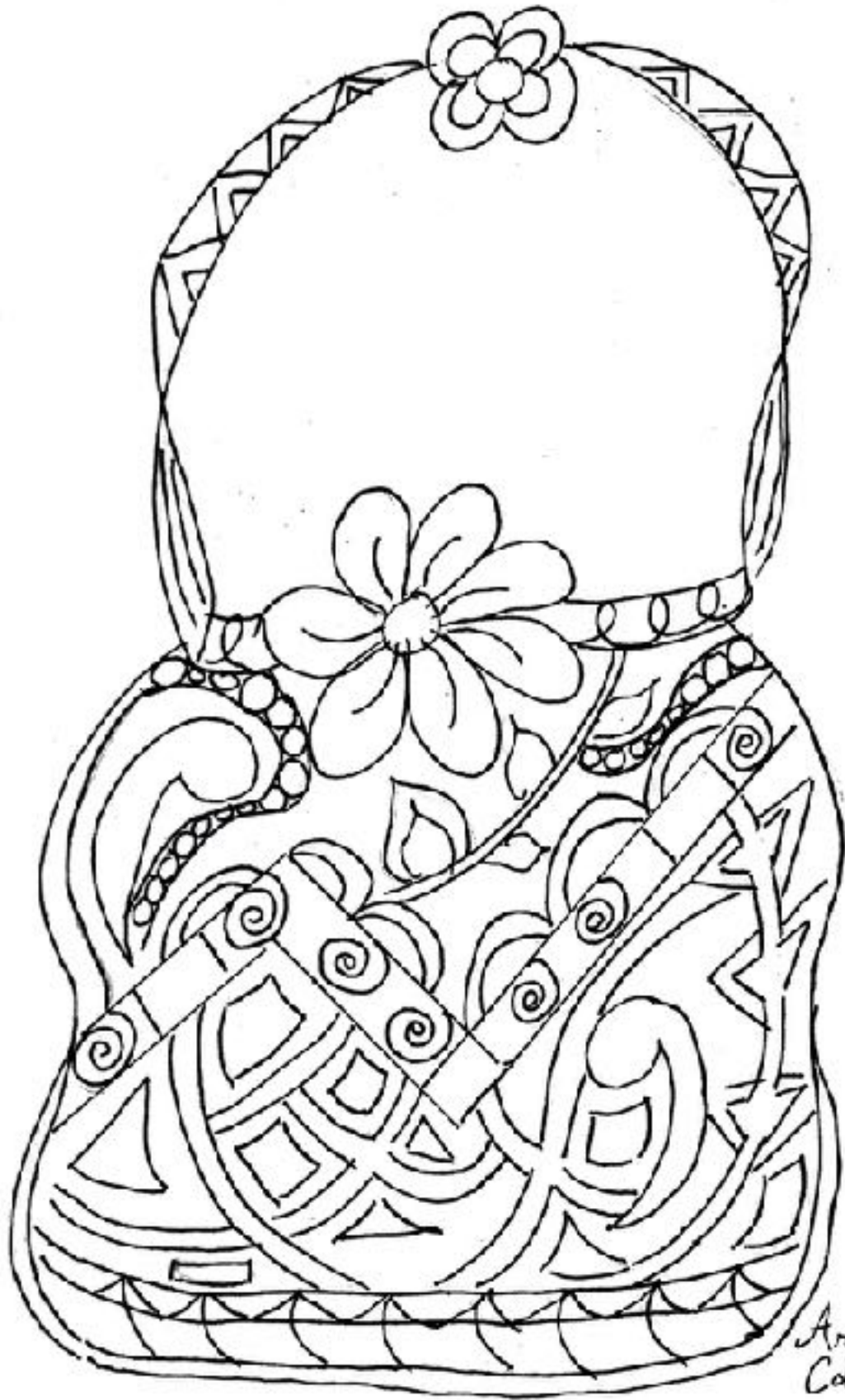
- CUdad
 - Keeko
 - Verdigogh
 - Fescu
 - Jolly
 - Eze
 - Javik
 - Safflower
 - Sprigs
 - Ahh
-



Arlene Cohen

I took my first Zentangle® class in the Villages, right before Covid isolated us. I bought a sketchbook and tangled throughout the year. I'm not an artist, but my book is full of tangled pictures, that makes me look like one. Hours of boredom turned into hours of entertainment.

- Printemps
 - Tipple
 - Eke
 - Mooka
 - Tear Drops
 - Waves
 - Tripoli
 - Growth
 - Crescent Moon
-



Arlene
Cohen

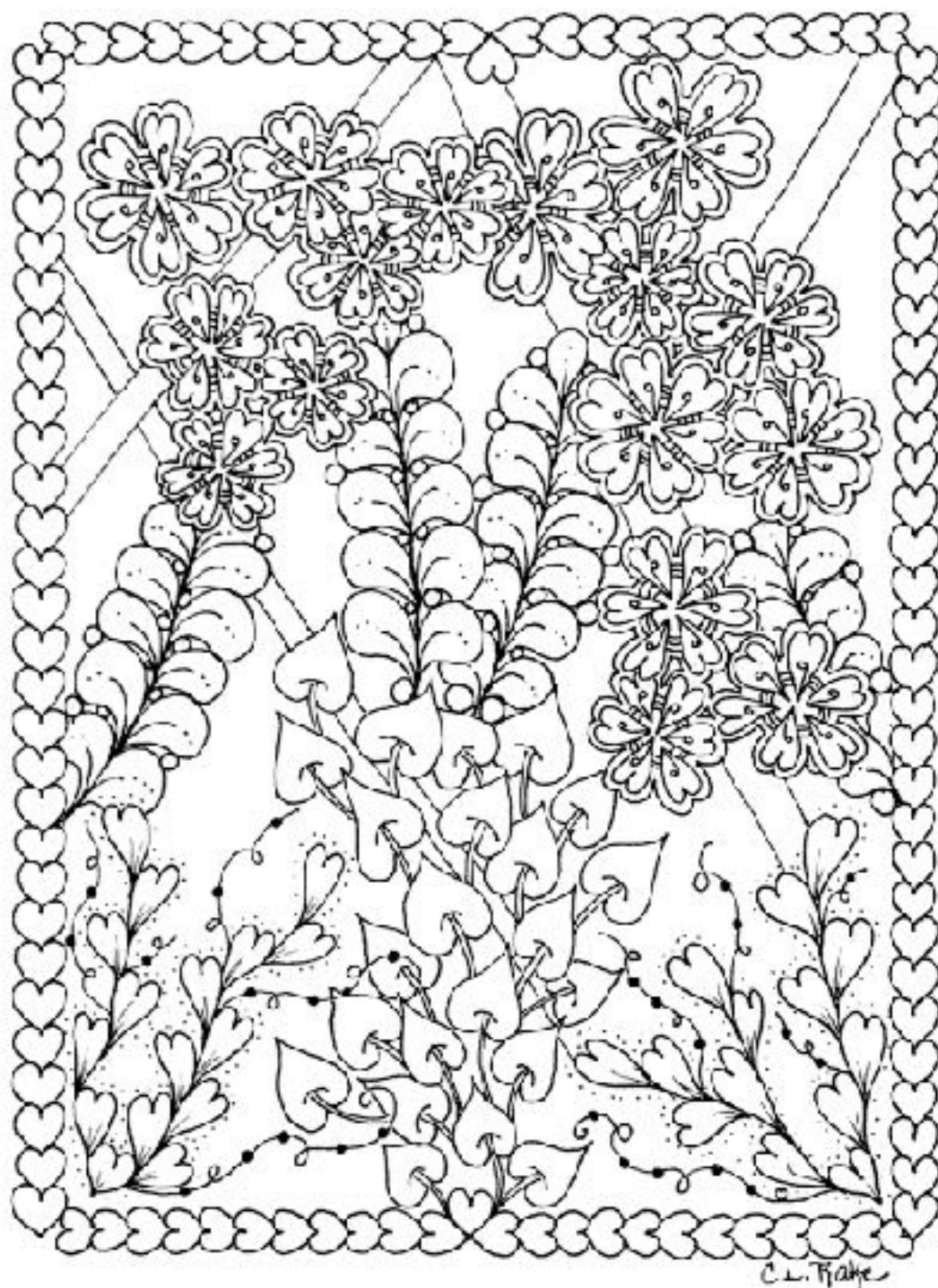
Jacki Rose, CZT

- Ouline
 - Zinger
-



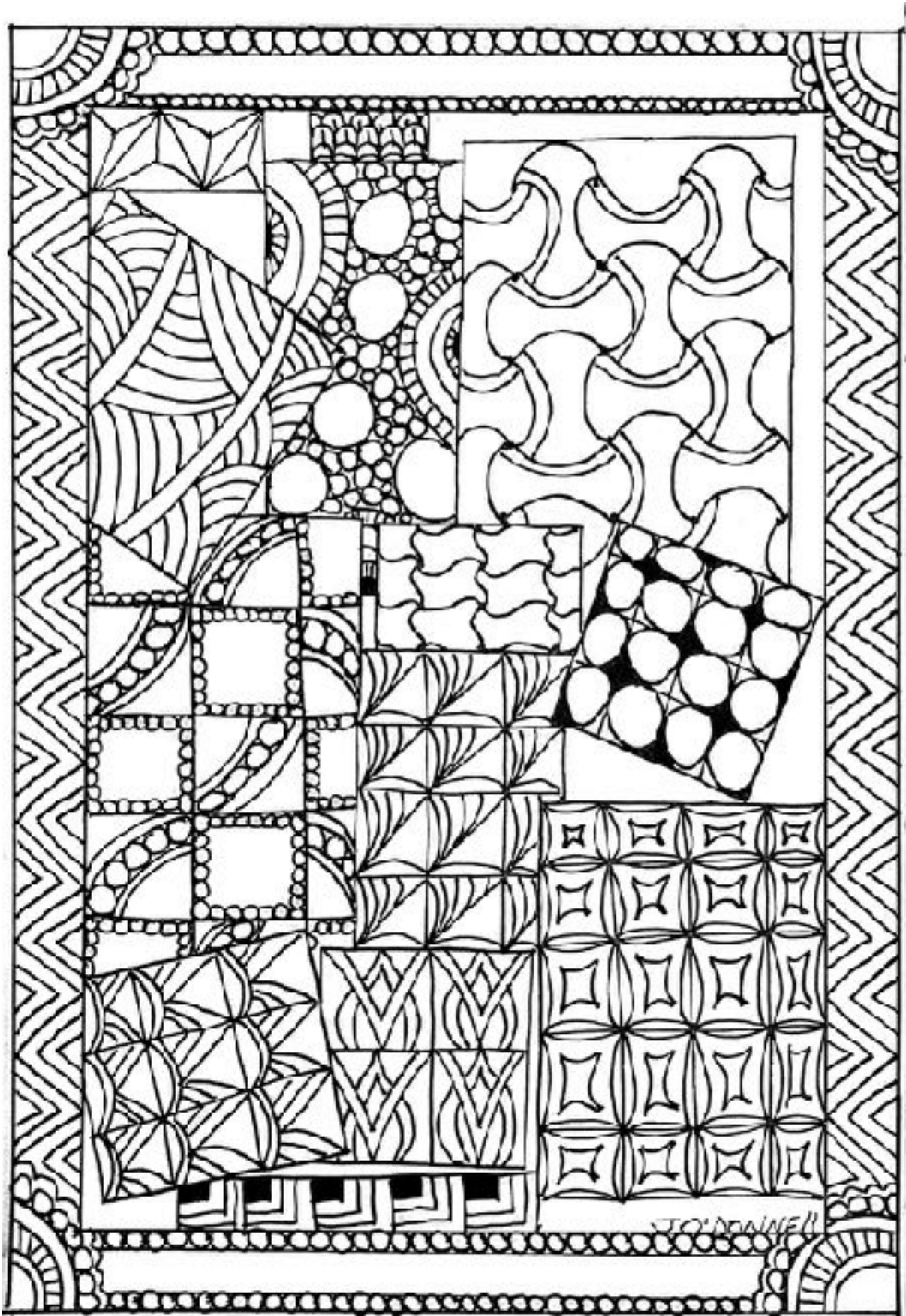
C.L. Rake, CZT

- Luv-A
 - Flux
 - Hollibaugh
 - Poke Leaf
 - Qoo
-



Joan O'Donnell

- Shattuck
 - Log Jam
 - Colony
 - Huggins
 - Grid w/fragments
 - Cadent
 - Nzeppel
 - HiC's
 - DeeKay
 - Abdiel
 - Bales
 - Flukes
-



Arlene Cohen

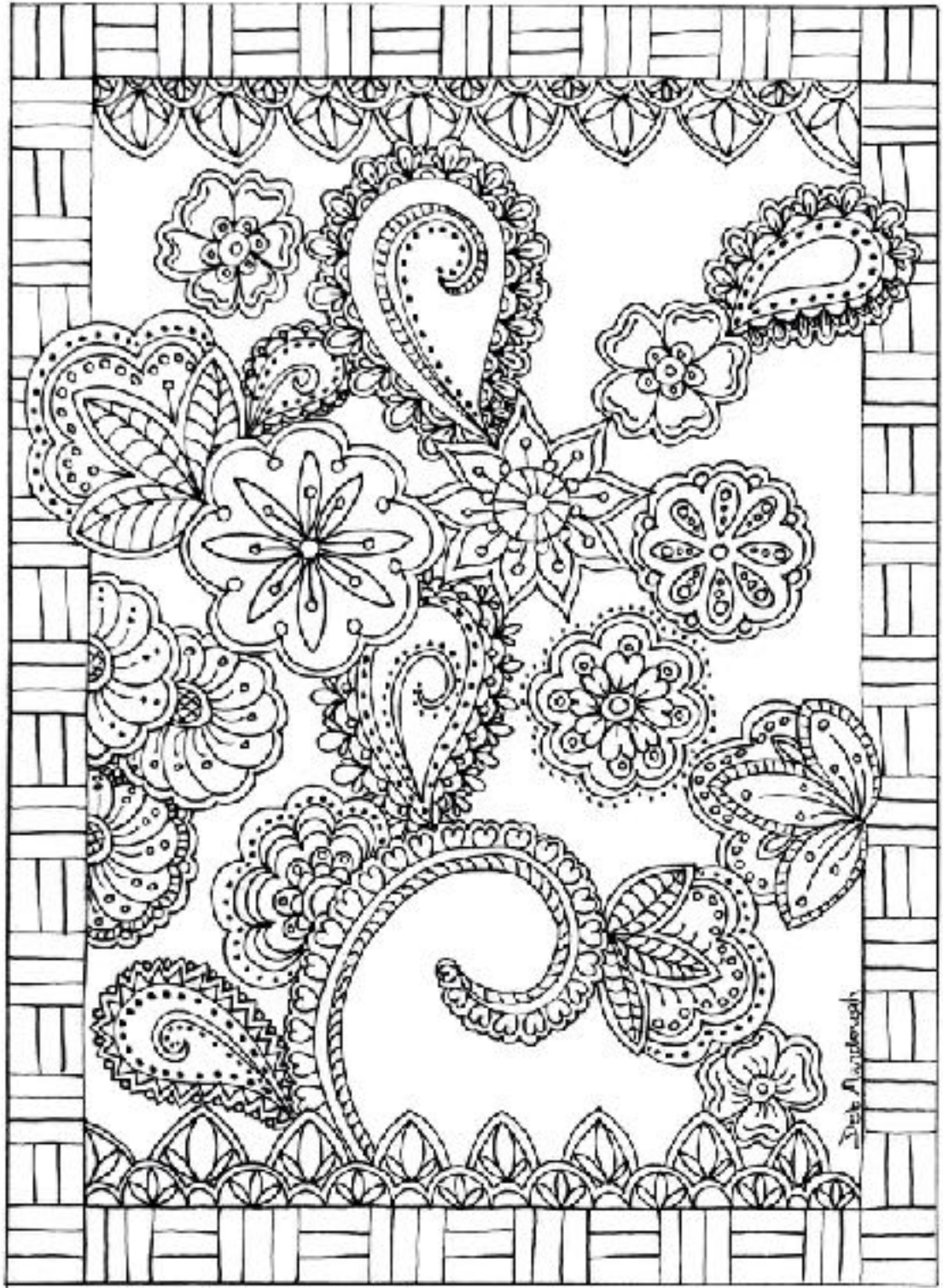
- Tipple
 - Printemps
 - Growth
 - Cadent
 - Tear Drops
 - Waves
 - Mookas
 - Eke
 - Tripoli
 - Crescent Moon
-



Deb Murdough

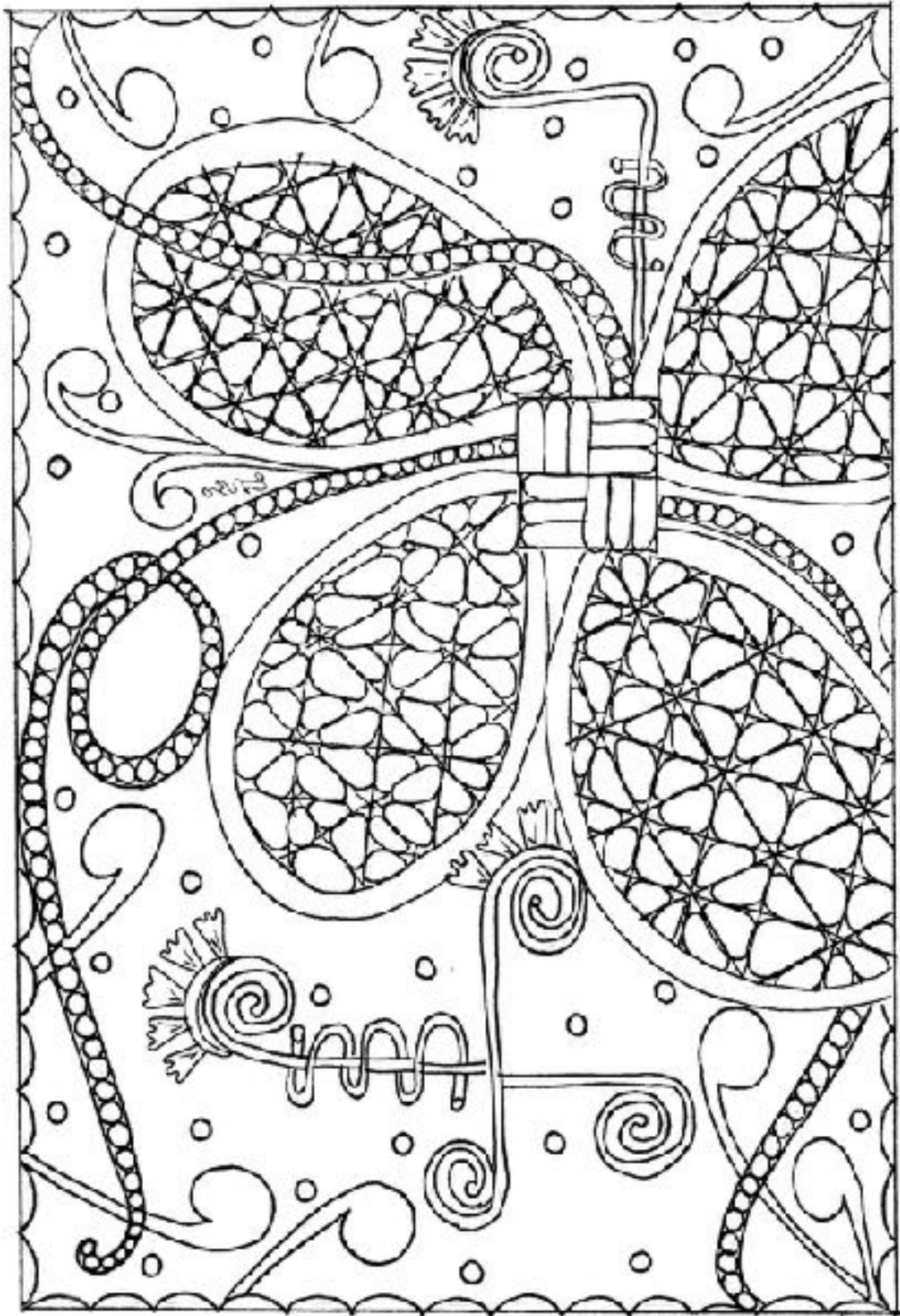
Mehndi...

- Arch
 - Drop
 - Aura Flower
 - Daisy
 - Sunflower
 - Tooth
 - Blossom2
 - Blossom1
 - Sunset
 - Spike
-



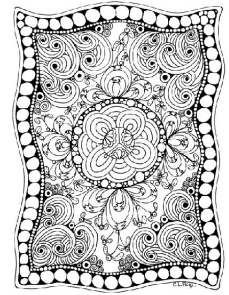
Linda Underdonk, CZT

- Mac-rah-Mee
 - Nzeppel
 - Henna Drum
 - Fescu
 - Crescent Moon
-



Sivida Yndoludonk

The Villages Coloring Book



A Coloring Book Filled With Zentangle® Inspired Patterns

Proceeds of this book goes towards the Wildwood, Florida Soup Kitchen and other local charities.

Relax, let go and have fun coloring over 50 designs hand drawn by 20 artists!

