

TAKING CARE OF THE HELMET AND UNIFORM:

HELMET

CHECK FOR DAMAGE DO NOT: allow your athlete to use a cracked or broken helmet or a helmet that is missing any padding or parts.

DO NOT alter, remove or replace padding or internal parts unless supervised by a trained equipment manager. Check for missing or loose parts and padding before the season and regularly during the season.

CLEANING: Clean the helmet often inside and out with warm water and mild detergent (dish soap). DO NOT soak any part of the helmet, put it close to high heat, or use strong cleaners.

PROTECT DO NOT: let anyone sit, stand or lean on the helmet.

STORAGE: Do not store a football helmet in a car. The helmet should be stored in a room that does not get too hot or too cold and where the helmet is away from direct sunlight.

DECORATION DO NOT: decorate (paint , put stickers or tape) on the helmet **coaches will provide tape for putting names on helmet** at beginning of year and all decals.

Uniforms/Pants:

Machine wash delicate with mild detergent/ hang dry if possible or dry on low setting