

THE SYMPHONY OF  
SERENITY

# Meditation Concert

with KENNEDY ONESELF  
at Mind Your Body, Pocatello, ID



*A symphonic orchestration of acoustic vibration  
that guides you to the inner stillness where lasting peace resides.*

**5-7pm Saturday, July 26, 2025**

---

Participants simply lay down and listen. These sounds will instill in you a remarkable tranquility that lingers long after the last sound.

Learn more and listen at  
[Kennedyoneself.com](http://Kennedyoneself.com)

---

\$25 for pre-registration

\$35 at the door

Located at Mind Your Body Studio

Contact Lori Head at 208-251-2047

Register by Venmo-ing

@Lori-Head-Mind-Your-Body