



# Heard in Fort Worth

---

Hearing Loss Association of America – Fort Worth Chapter  
March 2025

---

March 8 Program:

## The Connection Between Balance & Hearing

Presenter: Amy Gonzalez, PT, DPT, CCVR



The presentation will briefly discuss the ear anatomy and how our balance systems work. It will include information on a few balance disorders that also involve hearing changes and will explain how hearing loss can increase fall risk. Fall risk screening, assessment, and intervention will be discussed, and individuals can participate in examples of fall risk screening if they choose to.

Dr. Gonzalez has worked as a physical therapist in the outpatient setting since graduating with a doctorate in physical therapy from Texas Woman's University in 2013. She has a passion for treating patients with vertigo and dizziness, in addition to working with orthopedic conditions. She has continued her education with several advanced vestibular courses, including a Certificate of Competency in Vestibular Rehabilitation.

Amy provides one-on-one treatments for patients with a variety of peripheral and central vestibular disorders, such as BPPV, neuritis, labyrinthitis, cervicogenic dizziness, visually induced motion sensitivity, and other balance disorders. Using clinical testing and infrared video goggles to view and record eye movements, she can determine the best treatment to manage your dizziness and reduce fall risk so you can again do what you love.

---

## Come Celebrate Our Chapter's 35th Anniversary!

The first meeting of the group that became the Fort Worth Chapter of the Hearing Loss Association of America was held on Saturday, March 10, 1990, at the Goodrich Center for the Deaf and Hard of Hearing. It was convened by Dan White of GCDHH, speech pathologist Judy Oetting, and audiologist Marsha McClean of the Easter Seal Society. Eighteen people attended, and the group voted to meet monthly and to seek affiliation with the national hearing loss organization, then known as Self Help for Hard of Hearing People (SHHH).

Please join us for a joyful celebration of our anniversary with refreshments and fellowship at 9:30, before our 10:00 a.m. meeting and presentation.

---

### **HLAA - Fort Worth meets on the second Saturday of each month**

in the fellowship hall of Central Christian Church, 3205 Hamilton Avenue, Fort Worth, TX 76107.

Snacks and mingle at 9:30 a.m. and meeting at 10:00. Please join us and bring a friend!

*We offer real time captioning and assistive listening systems for communication accessibility.*

*Captioning is provided courtesy of Cauthen & Associates Court Reporting and CART Services.*

---

**Photo Credit:** *The photograph of The Fort Worth Herd on our Heard In Fort Worth banner is used by permission of The Fort Worth Herd and its sponsor, the City of Fort Worth Parks and Community Services Department.*

# Joyce's Jargon

I'm heading to Indianapolis for the HLAA National Convention on June 11-14. It would be great if others could join me. You would be immensely blessed. There is a special rate of \$250 for chapter leaders and a delegate.

Being with others with like-minded challenges and dedication to learning and advocating for hearing loss is so rewarding. The deadline to register for this rate is March 14<sup>th</sup>. Please let me know if you have any interest or questions.

On another note, HLAA was represented at a senior health fair at the Benbrook YMCA. The results: some great discussions and hopefully some visitors for our next meeting. HLAA will be at Saint Francis Village (an independent living village near Crowley with 500 residents) next week for a health fair, and we anticipate sharing the chapter with residents.

If you have a church or neighborhood center that has a health fair where HLAA Fort Worth can set up a vendor table, let us know. It's a great way to advertise our chapter and educate and support people with hearing loss.

One more interesting tidbit. At the February meeting we had 10 different communities in Tarrant and Dallas counties represented. We draw from an enormous area! Who knew?

You'll enjoy our March speaker, Amy Gonzalez, PT, DPT. She was a great help to me.

Joyfully,  
Joyce Parlin  
Chapter President

---

## Program for April 12

### Janet Sandifer of Dementia in Perspective

Janet is a speech language pathologist, certified trainer, and consultant.

#### 2025 Chapter Board of Directors

**President:** Joyce Parlin (kjparlin@hotmail.com)  
**Vice-President:** Sharon Huber (hazelle77@yahoo.com)  
**Secretary:** Ann Marie Flint (ann.flint2@icloud.com)  
**Treasurer:** Patricia Hindman (patricia.hindman16@gmail.com)  
**Newsletter Editor:** Dan White (daniel.white761@gmail.com)  
**Librarian/Historian:** Judy Oetting (judyoetting@earthlink.net)  
**Program Chair:** Melissa Forsyth (melissa.forsythe@att.net)  
**Hospitality:** Janice & Delton Parker (jandelparker@att.net)

#### *Heard In Fort Worth*

This newsletter is published by the  
**Fort Worth Chapter of the  
Hearing Loss Association of America**  
Website: [www.hearinglossfortworth.com](http://www.hearinglossfortworth.com)  
Email: [fortworthHLAA@gmail.com](mailto:fortworthHLAA@gmail.com)  
**Mailing address:** Box 1310, Euless TX 76039  
**Telephone:** 817-966-1947 or 817-228-8041



**The Hearing Loss Association of America (HLAA)**, founded in 1979 by Howard E. "Rocky" Stone, is the nation's leading organization representing consumers with hearing loss. The mission of HLAA is to open the world of communication to people with hearing loss by providing information, education, support, and advocacy.

Hearing Loss Association of America, 6116 Executive Blvd., Suite 320, Rockville, MD 20852. 301-657-2248

---

## Two Hearing Loss Clinical Studies Invite You

### Johns Hopkins Research on Music Enjoyment and Hearing Loss

Are you or someone you know interested in how hearing loss affects the enjoyment of music? A research team at Johns Hopkins University is conducting a study to explore this important topic. Led by Dr. Alexander Chern, the study aims to identify the factors that contribute to music enjoyment for people with hearing loss, with the ultimate goal of improving how music is heard for these individuals.

#### How You Can Participate:

- Survey: A short, 10-15-minute online survey about your hearing and music background.
- Interview: Some participants will be invited to take part in a 40-minute interview to discuss in more detail what music enjoyment means to them.

Your participation can help improve music listening for those with hearing loss and contribute to advancing hearing aid and cochlear implant technology.

#### Interested?

To learn more or to take part in the study, please fill out this form:

<https://mrprcbcw.hosts.jhmi.edu/redcap/surveys/?s=KXPTTTJK8H7FPRNX>

Study Number: IRB004112006/Principal Investigator: Francis X. Creighton

Alexander Chern, MD      Clinical Fellow  
Otology, Neurotology, and Skull Base Surgery  
Johns Hopkins University

### Notre Dame: Healthcare Experiences of Deaf & Hard-of-Hearing Women

The University of Notre Dame is conducting a research study to better understand the healthcare experiences of Deaf women. Your participation will help identify barriers, improve communication access, and advocate for more compassionate care.

**Who Can Participate?** Deaf or Hard-of-Hearing women (18+) who have received healthcare services.

#### Why Participate?

- Your insights will contribute to research aimed at improving healthcare experiences for Deaf women.
- The survey is completely anonymous and will take approximately 10 minutes to complete.

**Survey Link:** [https://nd.qualtrics.com/jfe/form/SV\\_cx9mrYgsVL4Kq3A](https://nd.qualtrics.com/jfe/form/SV_cx9mrYgsVL4Kq3A)

For questions or more information, contact Lena Dougherty by email at [ldoughe2@nd.edu](mailto:ldoughe2@nd.edu).

## Registration for the HLAA 2025 Convention is Now Open



Reserve your spot now and save with Early Bird Registration through Friday, March 14.

#### Learn more and register at

[https://web.cvent.com/event/56dd4daf-34286-995e-](https://web.cvent.com/event/56dd4daf-34286-995e-3eb7adef6253/summary?utm_campaign=webteam&utm_content=%5BHearing%20Life%20e-news%5D20Preparing%20for%20disaster%20with%20hearing%20loss&utm_medium=email&utm_source=getresponse)

[3eb7adef6253/summary?utm\\_campaign=webteam&utm\\_content=%5BHearing%20Life%20e-](https://web.cvent.com/event/56dd4daf-34286-995e-3eb7adef6253/summary?utm_campaign=webteam&utm_content=%5BHearing%20Life%20e-news%5D20Preparing%20for%20disaster%20with%20hearing%20loss&utm_medium=email&utm_source=getresponse)

[news%5D20Preparing%20for%20disaster%20with%20hearing%20loss&utm\\_medium=email&utm\\_source=getresponse](https://web.cvent.com/event/56dd4daf-34286-995e-3eb7adef6253/summary?utm_campaign=webteam&utm_content=%5BHearing%20Life%20e-news%5D20Preparing%20for%20disaster%20with%20hearing%20loss&utm_medium=email&utm_source=getresponse)

## February 8 Program Summary

# Auditory Rehabilitation to Reconnect

Presented by Dr. Cornetta Mosley of UTD

*Summarized by Darlene Liesner from the meeting transcript from Cauthen & Associates*

Cornetta Mosley, Au.D./Ph.D. is a Clinical Assistant Professor at the University of Texas Dallas. She teaches graduate and undergraduate courses and advises budding Doctor of Audiology students. Her research interests include auditory rehabilitation, improving access to hearing healthcare, and speech perception in older adults with hearing loss.

At the February 8 Chapter meeting, Dr. Mosley discussed the ear-brain connection, hearing aids vs. cochlear implants, and her Auditory Rehabilitation to Reconnect - Online Version (ARR-O) program.

Dr. Mosley shared a Power Point presentation of the workings of the ear. The sensors in the cochlea send a signal through the auditory nerve. The nerve sends the information to the brain. The cochlea responds to high pitches on the rim or perimeter and low pitches inside the cochlea.

The entire auditory system is organized by tone or pitch allowing us to pick up different frequencies of sound. The brain must make sense of sound. Pitches are sent to the brain. Information in pitches where we have hearing loss becomes lost/missing. When we go without sound or if the same type of information continues to be missed, the brain decides the sound does not exist and does not process it very well. The actual structure of the brain starts to change. Networks formed by listening and using amplification send signals to the brain best.

Hearing does not equal understanding. Just detecting sound is not enough. The sound must be comprehensible. One's level of hearing loss affects speech understanding. With untreated hearing loss, people have trouble listening in background noise and determining who is speaking and where a sound is coming from. People process things slower. With hearing loss, the brain works harder to put the pieces together causing listening fatigue.

Hearing loss does not cause dementia. It can cause social isolation, withdrawal, and depression which contribute to dementia. Age-related hearing loss is not repairable.

Hearing aids boost the area where the loss is to normal range. Hearing aids amplify all sounds. Cochlear implants clarify speech. The sound from a cochlear implant is different. With lots of auditory training (practice) the brain assimilates and understands what is being said.

Some hearing aids are compatible with a cochlear implant. A ReSound hearing aid is compatible with Cochlear Corporation cochlear implants. A Phonak hearing aid is compatible with Advanced Bionics cochlear implants. Hearing aids process sound differently than cochlear implants. CI's override the damaged parts of the cochlea. Twenty electrodes replace the 20,000 hair cells (sense receptors) in the cochlea. The electrodes pick up sound from the outside and directly stimulate the auditory nerve.

Perceptual training (auditory training) helps form pathways from the ear to the brain. Dr. Mosley created and administers the ARR-O (Auditory Rehabilitation to Reconnect - Online) program. ARR-O is a one-hour individual session for six weeks for older adults with cochlear implants. Each session involves listening drills, hearing loss counseling, and education on hearing technology. ARR-O is for new cochlear implant recipients.

Participants need Internet access, and a microphone-enabled laptop or tablet. ARR-O uses the Microsoft TEAMS conference platform. Currently Dr. Mosley is only accepting cochlear implant patients, but ARR-O is good for new hearing aid users as well. <https://bbs.utdallas.edu/auditory-rehabilitation-to-reconnect/>

Dr. Mosley provided a QR code for people to scan for listening drills, websites, and apps. The resources listed are appropriate for hearing aid or cochlear implant wearers. She recommends the LACE AI Pro auditory training program for new hearing aid users. LACE is available through hearing healthcare providers.

### Free resources for independent practice:

Cochlear Co-Pilot (Cochlear app)  
Cochlear Resources for Adult AR  
WordSuccess (Advanced Bionics app)  
HearingSuccess (AB website)  
Hearoes  
iAngelSounds  
Listen: An Auditory Training Experience  
ReDi (MED-EL)



**NEW**

**Get the Basics for Better Hearing**



HLAA

**NEW** at [www.hearingloss.org](http://www.hearingloss.org), to help people get crucial information all in one place. Check it out and share with family and friends today.

## Support your Fort Worth chapter

We will acknowledge your donations in each issue of the newsletter.

*The list is updated monthly. 2025 Gifts:*

**Platinum** = \$400+; **Gold** = \$200 to \$399; **Silver** = \$100 to \$199;  
**Bronze** = \$50 to \$99; **Friends** = Up to \$49

**Bronze:** Sharon Huber

**The Fort Worth Chapter is a 501 (c) (3) nonprofit organization.  
All contributions are tax-deductible.**

---

Hearing Loss Association of America - Fort Worth Chapter  
**2024 CHAPTER DONATION FORM**

Make checks payable to: **HLAA - Fort Worth Chapter**

Bring donations to the monthly meeting or mail to:

**HLAA - Fort Worth, PO Box 1310, Euless TX 76039.**

**Please take special notice of our mailing address.**

**DO NOT SEND MAIL TO OUR MEETING LOCATION.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Email address: \_\_\_\_\_

Donation to Fort Worth Chapter \$ \_\_\_\_\_

*Also Support our Newsletter Sponsors listed below.*

## NEWSLETTER SPONSORS

We are extremely grateful for the financial support we receive for our newsletter from our sponsors. Mention of goods and services does not imply HLAA endorsement, nor should omission suggest disapproval. Advertising rates are \$175 per year for a business card size ad or \$325 for a 2-card size ad.

Lisa Cauthen



**Cauthen & Associates, Inc.**  
Court Reporting and CART Services  
www.cauthenin.com

Cell: 817.319.1739  
lgccauthen@yahoo.com

Telephone: 817.735.4442  
Fax: 817.615.9100

**Cauthen & Associates, Inc.** is a woman-owned business, founded by Lisa Cauthen in 1998, and incorporated in 1999. Cauthen & Associates has provided the DFW Metroplex with **captioning, communication access real-time translation (CART), and court reporting services** for over 20 years. It provides CART services for our meetings.

**Kevin Brown**

kevin@southernstartechnology.com

214-614-8388

Hearing Loop  
Products and  
Installation for

- \* Homes
- \* Churches
- \* Classrooms
- \* Cars and Buses
- \* Meeting Rooms
- \* Auditoriums
- \* Anywhere people meet



We handle the complete consultation, design, Installation, sales, and service of all our hearing loops. Contact us with your concerns, and we will help you every step of the way.

**Southern Star Technology provides the assistive listening systems for our HLAA chapter meetings.**



**Heather Dean, Au.D., FAAA, CCC-A**  
Doctor of Audiology  
Board Certified in Audiology

121 NW Ellison St. Ste. 101  
Burleson, TX 76028  
PH: 817.764.3077  
FAX: 817.754.1923



Heather.Dean@BurlesonAudiology.com  
www.BurlesonAudiology.com



**MELISSA FORSYTHE**  
REALTOR®

817.994.1788  
817.924.4144

melissa.forsythe@cbcrealty.com  
http://melissaforsythehomes.com/  
5924 Convoir Dr Ste 420  
Fort Worth, TX 76109

**COLDWELL BANKER REALTY**

Owned by a subsidiary of Anywhere Advisors LLC



**Robin Carson, Au.D.**  
Doctor of Audiology

5104 Camp Bowie Blvd.  
Fort Worth, Texas 76107  
Tel: 817-737-4327  
Fax: 817-737-4328

Find us on

**CarsonHearing.com**  
rcarson@carsonhearing.com