

Heard in Fort Worth

Hearing Loss Association of America – Fort Worth Chapter February 2025

February 8 Program: Auditory Rehabilitation to Reconnect

Presenter: Cornetta L. Mosley, Au.D/Ph.D.



Dr. Cornetta L. Mosley is an ASHA-certified clinical assistant professor at the University of Texas at Dallas. She teaches graduate and undergraduate didactic, lab, and clinical courses and advises budding Doctor of Audiology (Au.D.) students in research and clinical endeavors.

Dr. Mosley engages in research, clinical practices, and service activities to promote healthy aging for older adults with hearing loss. Her research interests include auditory rehabilitation, improving access to hearing healthcare, and speech perception in adults who use amplification. She serves as a clinical supervisor in a university setting, where she engages in direct patient care across the lifespan. She founded and leads the Auditory Rehabilitation to Reconnect - Online version (ARR-O) program to provide rehab services to adult cochlear implant recipients all over Texas.

She is a Dallas native, an avid runner, and alumna of Louisiana State University (B.A. in Communication Sciences and Disorders) and the University of Washington (Au.D./Ph.D.).

Future Programs:

March 8 Amy Gonzalez Physical Therapy - Balance and Hearing Loss

Amy Gonzalez has a doctorate in physical therapy from Texas Woman's University. She has a passion for treating patients with vertigo and dizziness, in addition to working with orthopedic conditions. She has continued her education with several advanced vestibular courses, including a Certificate of Competency in Vestibular Rehabilitation.

April 12 Janet Standifer Dementia in Perspective

HLAA - Fort Worth meets on the second Saturday of each month

in the fellowship hall of Central Christian Church, 3205 Hamilton Avenue, Fort Worth, TX 76107. Snacks and mingle at 9:30 a.m. and meeting at 10:00. Please join us and bring a friend! We offer real time captioning and assistive listening systems for communication accessibility. Captioning is provided courtesy of Cauthen & Associates Court Reporting and CART Services

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Joyce's Jargon

First, thank you for understanding about the cancellation of the January meeting. I hope you all received the email about the cancellation and stayed safe and warm through the two cold streaks we had in January. The good news is that the speaker for January, from DFW airport, has agreed to be the speaker for May. We will still get to hear her!



My winter 2025 copy of *Hearing Health* magazine came yesterday. So many interesting articles! I would like to highlight one: "The Wonderful World of Hearing" by Anil K. Lalwani, M.D. He emphasizes four breakthroughs in hearing research from the past year.

Breakthrough #1: Hearing Health and Brain Health. A new study, "ACHIEVE - Aging and Cognitive Health Evaluation in Elders," did a deeper dive into cognition and hearing loss. The study revealed that people at higher risk of dementia did benefit from wearing hearing aids.

Breakthrough #2: AirPods as Hearing Aids. AirPods Pro2 OCT (over the counter) hearing aids would for some, take away the stigma of hearing aids because AirPods in general have become so acceptable.

Breakthrough #3: Fully implantable Cochlear Implants. In five to ten years fully implantable cochlear implants are expected. What an advance in technology that would be!

Breakthrough #4: Gene Therapy for Hearing Loss. The information is complex, but the bottom line is that by replacing a missing protein (otoferlin), which affects hearing, hearing can actually be restored. In 2024 there was a successful gene therapy trial.

See you soon, Joyce Parlin Chapter President



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This newsletter is published by the Fort Worth Chapter of the Hearing Loss Association of America

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The Hearing Loss Association of America (HLAA), founded in 1979 by Howard E. "Rocky" Stone, is the nation's leading organization representing consumers with hearing loss. The mission of HLAA is to open the world of communication to people with hearing loss by providing information, education, support, and advocacy.

Hearing Loss at Work Webinar

Empower Your Workspace: How to Ask for Accommodations

Date: Wednesday, February 19 **Time:** Noon ET

Requesting accommodations and advocating for your needs on the job can feel daunting. This webinar will provide the tools and strategies needed to confidently navigate the process, with expert insights on understanding your rights, best practices for requests, and addressing employer concerns. Led by Teresa Goddard, lead consultant for assistive technology services at the Job Accommodation Network (JAN), along with Jill Herbold and David DeBellis, members of the HLAA Task Force for Accessible, Inclusive Employment.

Learn more and register at:

https://hearingloss.zoom.us/webinar/register/WN_iERTH2MIT3mmpWD7J8GQ9w?utm_source=getrespons e&utm_medium=email&utm_campaign=webteam&utm_content=%5BHearing%20Life%20e-news%5D%20Preparing%20for%20a%20disaster%20with%20hearing%20loss#/registration



Registration for the HLAA 2025 Convention is Now Open

Start your engine and join us at HLAA's 40th annual convention, June 11-14, 2025, in Indianapolis, host of the famous Indy 500 automobile race. Our annual event brings together hundreds of people with hearing loss from around the U.S. to learn, discover, and connect. Check out the latest technology and hear from health and industry experts during a series of empowering events designed to help you live your best life with hearing loss.

Whether you have hearing loss, a child or family member with hearing loss, or are a hearing care provider, the HLAA Convention is a great opportunity to learn about the latest hearing health information, technology and research, and connect with others who share similar experiences.

With dozens of workshop sessions and networking opportunities, you're sure to learn, make new friends, and be inspired. It's happening at the **JW Marriott Indianapolis**, centrally located across the street from beautiful White River State Park and close to downtown restaurants and shops.

Reserve your spot now and save with Early Bird Registration through Friday, March 14.

Learn more and register at https://web.cvent.com/event/56dd4daf-3a79-4286-995e-3eb7adef6253/summary?utm_campaign=webteam&utm_content=%5BHearing%20Life%20e-news%5D%20Preparing%20for%20a%20disaster%20with%20hearing%20loss&utm_medium=email&utm_source=getresponse

The Fort Worth Chapter assists members who are first-timers going to the convention. Contact Chapter President Joyce Parlin for details.

Southern California Fires Highlight Disaster Preparedness

People with hearing loss face additional challenges

[EDITOR: This is relevant to us because spring may bring tornado challenges to North Texas. Be prepared for an emergency.]

Our hearts and prayers are with the residents and firefighters in southern California who continue to be affected by the raging wildfires there. While we believe that all of our HLAA Los Angeles Chapter members and HLAA Board members who live in the area are safe, some have reportedly lost their homes or been evacuated.

Although emergencies like this one, Hurricane Helene and other recent natural disasters can be tough for anyone, people with hearing loss or other disabilities are especially at risk.



Here are some tips to prepare for a potential evacuation and stay safe:

- 1. Stay current with technology—download **smartphone apps** such as the **FEMA App** for disasters, **Watch Duty** for wildfires and your local city or county emergency alerts.
- 2. **Heed any official warnings and evacuations immediately.** Most alerts are now transmitted in text format, whether via cellphone or on the television screen, and there is even **American Sign Language (ASL) interpretation** available in some areas.
- 3. **Prepare a "go bag"** that includes backup devices, extra batteries, chargers and accessories, in addition to **standard recommended evacuation items**.

Facts about hearing loss

Hearing loss is a growing problem affecting millions of people across the world. The truth is, we're ALL at risk. The World Health Organization (WHO) expects the number of people with hearing loss to double by 2050, and one billion young people are now at risk of noise-induced hearing loss. Hearing is an often overlooked part of overall health and well-being.

- Hearing loss can be linked with many other serious conditions including increased risk of falls, depression and isolation.
- Hearing loss should be treated as soon as possible to avoid other complications.
- Many people wait 5-7 years before addressing their hearing loss.
- Only one in five people who could benefit from hearing aids, gets them.



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We will acknowledge your donations in each issue of the newsletter.

The list is updated monthly. 2024 Gifts:

Platinum = \$400+; Gold = \$200 to \$399; Silver = \$100 to \$199; Bronze = \$50 to \$99; Friends = Up to \$49

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Bronze: Grace Cromwell, Mariam Gore, Janice and Delton Parker **Friends:** Jane Cull, Joan Curran, Kris Dorasami, Darlene Liesner, Judy Oetting, Fred & Laneta Teryn

GIFTS IN MEMORY OF WILLIAM HETREED, Husband of Dr. Shirley Molenich, Given by Dr. Marie Kelly

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All contributions are tax-deductible.

Hearing Loss Association of America - Fort Worth Chapter
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Make checks payable to: HLAA - Fort Worth Chapter Bring donations to the monthly meeting or mail to: HLAA - Fort Worth, PO Box 1310, Euless TX 76039.

Please take special notice of our mailing address.

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Lisa Cauthen



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We handle the complete consultation, design, Installation, sales, and service of all our hearing loops. Contact us with your concerns, and we will help you every step of the way.

Southern Star Technology provides the assistive listening systems for our HLAA chapter meetings.









Robin Carson, Au.D.
Doctor of Audiology



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