

Louisiana Indoor Classic

February 24, 2024

LOCATION: Carl Maddox Field House, LSU

REGISTRATION: Drop youth kids off at South end of Outdoor track. They will be left with one of the US Express coaches. They will escort the athletes into the field house when required.

**** MAKE SURE ATHLETE EAT 2 HOURS PRIOR TO THEIR SCHEDULED WARM-UP TIME ****

NO COOLERS AND FOOD ARE ALLOWED IN THE STADIUM.... YOU CAN HAVE SNACKS AND OTHERS LEFT IF VEHICLE FOR THE ATHLETES.

RESULTS AND STREAMING:

results.adkinstrak.com or Usexpresstrackclub.org for live results and to see videos on demand.

THURSDAY:

4:30 -7:00 pm Conduct facility setup at LSU (Practice will still be from 6 – 7pm)

FRIDAY

2 – 5 pm Complete facility setup at LSU

2 – 8 pm Masters and Open Meet

5:00 PM Need volunteer to go to Walk-Ons to pickup meals.

4:00 – 8 pm You can bring your athletes with spikes to stadium to get them check oth

SATURDAY

6:00 am Packet pickup and gate personnel to report

6:30 am Packet pickup and ticket sales to begin

6:30 am All other volunteers and coaches to report to report|

7:00 am All athletes that are in field events and Runners 13 and Older to report

10:00 am Athletes 12 and Under to report (Only if you are not in a field event)

Coach Assignments:

Coach Alvin	Long Jump/200m
Coach Shawnica	60m/60m Hurdles
Coach Kamilla	Distance/400m

MEET SCHEDULE – See Attached

We still have tremendous need for volunteers

Areas we still are needing help!

Awards	All shifts
Marshalls	All shifts
Hospitality:	10 – 2pm
Tablet/Video	Operators

NOTE: In some cases, coaches of a specific area will also be officiating in same area. COACHES OFFICIATING MUST WEAR WHITE SHIRTS W/ KHAKI PANTS AND NOT TEAM UNIFORM.

Team Area:

Our team area will be determined the morning of competition. All athletes must report to the Southwest side of the stadium directly next to the outdoor stadium. This is where you will get your bands and get your spikes checked. Coach Kamilla Fair (225-288-8949) and Coach Andolyn Prejean (225-773-8179) will be your Point of contacts.

Uniforms

Coaches	<u>Blue Coaches Shirts with small logo on front or Regular Red Team Tshirt</u>
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Athletes with Uniform	Track Uniform w/ Cover shirt
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Athletes without Uniform	Red Shirt or US Express t-shirt with navy blue, red or white shorts (just be comfortable. If you do not own any of what is noted above... just dress comfortably).
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SHOES: If wearing spikes (you can purchase from Academy Sport or Red Stick Sport if you hadn't ordered online) they must have 1/4" pyramid spikes only!!!!

Admission:

Free for Volunteers/\$15.00 per adult/kids under 3.

Other items

- Bring adequate fluids and snacks for the day
- Athletes will not be located with you so please be prepared.
- Prior to leaving track with your athlete, make sure you check with one of the coaches so we can maintain accountability.

2025 Louisiana Indoor Classic – 03/1/2025

MEET SCHEDULE

Running Event Finals (8 am Start)

4 x 200m	Age 13 – 18
1600m	Age 13 – 18
400m	Age 13 – 18
60m Hurdles	Age 11 – 18
60m	Age 13 – 18
800m	Age 13 – 18
200m	Age 13 - 18
4 x 400m Relay	Age 13 - 18
4 x 200m Relay	Age 5 – 12
800m	Age 7 – 12
60m Dash	Age 5 – 12
400m	Age 9 – 12
200m	Age 5 – 8
1600m	Age 9 – 12
4 x 400m Relays	Age 7 – 12



Field Event

8:00 am Long Jump
Pit A Flight 1: Age 6U and 7-8 Girls
Flight 2: 9-10 Girls
Flight 3: 11-12 Girls
Flight 4: 13-14 Girls
Flight 5: 15-16 Girls and 17-18 Women

Pit B Flight 1: Age 6U and 7-8 Boys
Flight 2: 9-10 Boys
Flight 3: 11-12 Boys and
Flight 4: 13-14 Boys
Flight 5: 15-16 Boys and 17-18 Men

After Long Jump Triple Jump
Flight 1: All Age Groups

9:00 am Shot Put
Flight 1: 12lb - Age 15-16 Boys and 17-18 Men
Flight 2: 4kg - Age 13-14 Boys, 15-16 Girls and 17-18 Women
Flight 3: 6lb - Age 13 -14 Girls and 11-12 Girls
Flight 4: 6lb - Age 11-12 Boys, 9-10 Girls and 9-10 Boys
Flight 5: 4kg - Age 7-8 Boys and Girls

11:00 am High Jump
Flight 1: All Age Groups

Live results: results.adkinstrak.com

2025 Louisiana Youth Indoor Classic - 2/24/2025**Carl Maddox Field House, LSU****Entries - All Events**

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- | | |
|---|---------|
| 1. Andrews, Enoch - Comp#: 2488 - Male - Age: 8 - US Express T - ID#: 2050250891 - Ind/Rel: 1 / 0 | |
| #89 800 Meter Run 7-8 Division Boys | NT 1/5 |
| 2. Brown, Bria - Comp#: 2489 - Female - Age: 7 - US Express T - ID#: 2050292971 - Ind/Rel: 3 / 0 | |
| #13 60 Meter Dash 7-8 Division Girls | NT 2/2 |
| #105 200 Meter Dash 7-8 Division Girls | NT 3/2 |
| #167 Long Jump 7-8 Division Girls | ND 1/4 |
| 3. Cain, Stella - Comp#: 2490 - Female - Age: 13 - US Express T - ID#: 2050297231 - Ind/Rel: 2 / 0 | |
| #60 1600 Meter Run 13-14 Division Girls | NT 1/4 |
| #94 800 Meter Run 13-14 Division Girls | NT 1/8 |
| 4. Celestine, Michael - Comp#: 2491 - Male - Age: 9 - US Express T - ID#: 2050301629 - Ind/Rel: 1 / 0 | |
| #16 60 Meter Dash 9-10 Division Boys | NT 3/3 |
| 5. Delmore, Ryleigh - Comp#: 2509 - Female - Age: 13 - US Express T - Ind/Rel: 2 / 0 | |
| #3 60 Meter Hurdles 13-14 Division Girls | NT 1/7 |
| #173 Long Jump 13-14 Division Girls | ND 1/4 |
| 6. Hughes, Kimora - Comp#: 2492 - Female - Age: 18 - US Express T - ID#: 2050053907 - Ind/Rel: 2 / 0 | |
| #115 200 Meter Dash 17-18 Division Women | NT 2/5 |
| #177 Long Jump 17-18 Division Women | ND 1/1 |
| 7. Hutcherson, Cherish - Comp#: 2493 - Female - Age: 12 - US Express T - ID#: 2050301623 - Ind/Rel: 2 / 0 | |
| #17 60 Meter Dash 11-12 Division Girls | NT 3/1 |
| #171 Long Jump 11-12 Division Girls | ND 1/10 |
| 8. Hutcherson, Jemel - Comp#: 2494 - Male - Age: 9 - US Express T - ID#: 2050301626 - Ind/Rel: 1 / 0 | |
| #16 60 Meter Dash 9-10 Division Boys | NT 6/7 |
| 9. Jones, Jayden - Comp#: 2495 - Male - Age: 15 - US Express T - ID#: 2050257956 - Ind/Rel: 3 / 0 | |
| #6 60 Meter Hurdles 15-16 Division Boys | NT 1/8 |
| #22 60 Meter Dash 15-16 Division Boys | NT 2/3 |
| #114 200 Meter Dash 15-16 Division Boys | NT 3/3 |
| 10. Leonard, Briley - Comp#: 2496 - Female - Age: 14 - US Express T - ID#: 2050301619 - Ind/Rel: 2 / 0 | |
| #19 60 Meter Dash 13-14 Division Girls | NT 4/5 |
| #111 200 Meter Dash 13-14 Division Girls | NT 3/2 |
| 11. Lollis, Leigha - Comp#: 2497 - Female - Age: 10 - US Express T - ID#: 2050301627 - Ind/Rel: 2 / 0 | |
| #15 60 Meter Dash 9-10 Division Girls | NT 3/7 |
| #169 Long Jump 9-10 Division Girls | ND 1/4 |
| 12. McKnight, Amira - Comp#: 2498 - Female - Age: 11 - US Express T - ID#: 2050062395 - Ind/Rel: 1 / 0 | |
| #17 60 Meter Dash 11-12 Division Girls | NT 3/3 |
| 13. Mcknight, Gary - Comp#: 2499 - Male - Age: 9 - US Express T - ID#: 2050297229 - Ind/Rel: 1 / 0 | |
| #16 60 Meter Dash 9-10 Division Boys | NT 3/4 |
| 14. Patton, Bryce - Comp#: 2500 - Male - Age: 9 - US Express T - ID#: 2050297227 - Ind/Rel: 2 / 0 | |
| #16 60 Meter Dash 9-10 Division Boys | NT 6/5 |
| #170 Long Jump 9-10 Division Boys | ND 2/4 |
| 15. Patton, Brynnan - Comp#: 2501 - Female - Age: 7 - US Express T - ID#: 2050297228 - Ind/Rel: 2 / 0 | |
| #13 60 Meter Dash 7-8 Division Girls | NT 2/6 |
| #167 Long Jump 7-8 Division Girls | ND 1/3 |
| 16. Poydras, Camilla - Comp#: 2502 - Female - Age: 9 - US Express T - ID#: 2050301621 - Ind/Rel: 1 / 0 | |
| #15 60 Meter Dash 9-10 Division Girls | NT 2/3 |
| 17. Rush, Jax - Comp#: 2503 - Male - Age: 15 - US Express T - ID#: 2050049455 - Ind/Rel: 1 / 0 | |
| #159 Shot Put 15-16 Division Boys | ND 1/2 |
| 18. Sanchez, Noah - Comp#: 2504 - Male - Age: 14 - US Express T - ID#: 2050301635 - Ind/Rel: 2 / 0 | |
| #45 400 Meter Dash 13-14 Division Boys | NT 5/5 |
| #112 200 Meter Dash 13-14 Division Boys | NT 4/2 |
| 19. Snow, Cullen - Comp#: 2505 - Male - Age: 8 - US Express T - ID#: 2050296929 - Ind/Rel: 1 / 0 | |
| #89 800 Meter Run 7-8 Division Boys | NT 1/3 |

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20.	Stewart, Alexandria - Comp#: 2506 - Female - Age: 19 - US Express T - ID#: 2050012593 - Ind/Rel: 1 / 0		
	#23 60 Meter Dash 17-18 Division Women	7.80	1/6
21.	Temple, Eden - Comp#: 2507 - Female - Age: 12 - US Express T - Ind/Rel: 2 / 0		
	#58 1600 Meter Run 11-12 Division Girls	NT	1/11
	#92 800 Meter Run 11-12 Division Girls	NT	1/7
22.	Temple IV, Collis - Comp#: 2508 - Male - Age: 10 - US Express T - ID#: 2050064027 - Ind/Rel: 3 / 0		
	#41 400 Meter Dash 9-10 Division Boys	NT	2/2
	#57 1600 Meter Run 9-10 Division Boys	NT	1/3
	#91 800 Meter Run 9-10 Division Boys	NT	1/2

Total Athletes: 22