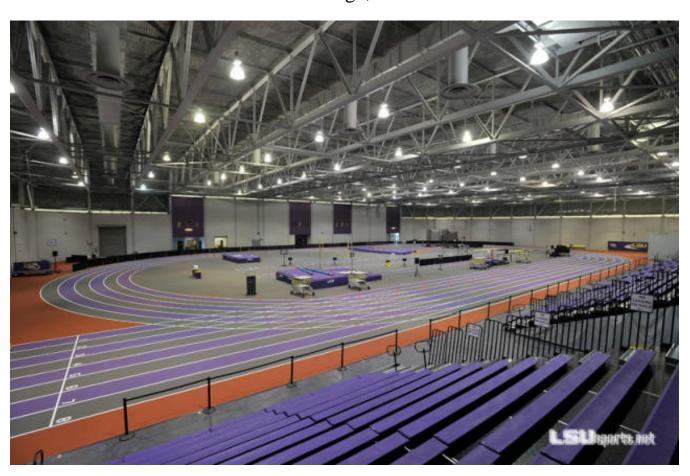
# MEET INFORMATION



# Louisiana Youth Indoor Track and Field Classic

February 24, 2018
Carl Maddox Field House, LSU
Baton Rouge, LA



Meet Directors: Byron Turner Ph: 225-892-3489

Email: byronturner@usexpresstrackclub.org

#### ENTRY INFORMATON AND INSTRUCTION

#### **AGE DIVISIONS**

YEARS BORN	Age (As of December 31, 2018)
2012 – LATER	6 and under
2010 – 2011	7 – 8 yrs old
2008 – 2009	9 – 10 yrs old
2006 – 2007	11 – 12 yrs old
2004 – 2005	13 – 14 yrs old
2002 – 2003	15 – 16 yrs old
2000 - 2001  * athletes born in 1999 are also eligible if they do not turn 19 on or before 8/5	17 – 19* yrs old

#### **Entry Procedure**

- 1. All entries will be done electronically through **www.athletic.net**
- Entry Deadline is <u>February 22<sup>th</sup> at 8 pm CST</u>. Entries may be made as early as <u>Thursday</u>, <u>December 29<sup>th</sup></u>. You may make changes online as often as you wish until the entry deadline.
- No entries will be accepted after the deadline AND NO ON SITE REGISTRATION ALLOWED.

# **Entry Fees**

- 1. Entry fee per athlete is **\$15.00** which includes cost for relays.
- 2. Payment will be made online ONLY through athletic.net.
- 3. Per event limit is restricted to only 7 athletes per event per team per age group and 2 relays per team per age groups. Total entry cap at the first 750 paid entries.
- 4. Coaches' bands will be provided at a rate of 1 coach's band for every 8 athletes. More can be purchased at ticket booth for \$15.00.

#### **PACKET PICKUP**

Coaches can pick up their team's meet packet at check in area identified in Southwest Portal (athletes and coaches entrance) of the Field house at least 1 ½ hour prior to the start of the first event. Unattached athletes should collect their packets from same area during same time. Team packets will include heat sheets, time schedule, and wristbands for athletes, and a coach's band for access to the purple bleachers. Wristbands serve as entry into the facility. Athletes, coaches, and support staff will be charged \$15 to replace a lost wristband.

#### **AWARDS**

Medals will be awarded to the top 3 finishers in every age group. T-shirts may be provided to all participants. Complements of the Louisiana Office of Physical Fitness.

#### **SANCTION**

Event is being Sanction apart of the Louisiana Governor's Games

#### MEET ADMISSION

General Public Admission cost is \$10.00, (\$5.00 for Senior Citizens and kids under 6). 3yrs and under are free

#### ATHLETE CHECK-IN

Running Events: Athletes must check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal).

Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge of that event at the event site.

Relay Events: Relay teams should check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal). Relay teams should pick up a relay card in the Clerking area, fill it out, and turn it in to the clerk of course.

#### **WARMUPS**

Running Events: Warm ups for all running events will be outside on the grass field outside the Northwest Portal of the Fieldhouse.

Field Events: Athletes will have access to field event venues for warm ups approximately 45 minutes prior to the scheduled start of competition. Warm ups for field events will be terminated ten minutes prior to the scheduled start of the event. In the high jump, measuring tapes may not be used within 30 minutes of starting time.

#### **Facility**

Carl Maddox Fieldhouse on the campus of LSU is a 1,500-seat facility that was renovated in 2014. It is a flat 200-meter Mondo track surface with six 42" wide lanes on the oval and eight lanes on the straightaway. The facility contains two wooden horizontal jumps runways. The throwing circles are plywood.

# **Parking**

Parking is available at the Bernie Moore Lot (lot 104) off Nicholson Drive. Buses may drop off and pick up along Chimes Street North of the Fieldhouse in the designated area. Buses may not stage along Chimes Street, please call your bus driver when your team is ready to be picked up. Bus parking will be in the Soccer Complex (lot 406) due to university construction; see separate "Visitors Guide" on the meet information page for bus traffic flow. Any illegally parked vehicles may be subject to ticketing and towing.

#### Food & Drink

No outside food or drink will be permitted in Carl Maddox Fieldhouse. All team food and drink Must be kept in team area that you may establish in open field across from Fieldhouse. Only water is permitted on the rubber surface at both the indoor and outdoor track.

#### **BLOCKS USAGE**

Blocks will be available for usage, however ages 14 and under, blocks will not be used.

#### Bags

All bags will be searched and checked at each entrance. Spectators & teams/athletes have different bag policies, new for the 2017 season.

#### **Teams/Athletes**

Only shoe bags & drawstring bags are permitted inside Carl Maddox Fieldhouse through the team entrance. No bags of excessive size (backpacks, duffel bags, suitcases, coolers) are permitted inside the Fieldhouse. Please only bring minimal items necessary to competition; necessary team supplies may be brought into Bernie Moore Stadium through Gate 1.

### **Spectators**

LSU has implemented the Geaux Clear bag policy for all athletic venues. For the safety and security of everyone in attendance, all patrons entering the Maddox Fieldhouse must abide by the clear bag

#### **Meet Schedule**

## <u>Running Event Finals (9am Start – Rolling schedule)</u>

4x200m Relay	Age 7 - 18
16000m Run	Age 13 - 18
60m Hurdles	Age 11 - 18
800m	Age 7 – 18
60m Dash	Age 5 - 18
1600m Race Walk	Age 7 - 18
400m	Age 7 - 18
1600m	Age 7 - 12
200m	Age 5 - 18
4x400m Relay	Age 7 - 14

All events will follow age group order with all female age groups competing prior to male. In Youth events: 60m, 200m & 400m limited to only 7 entries per team per age group unless approved by meet management. Relays are limited to only two teams per age group. If limited participants in respective age groups, meet management reserve the right to combine heats, however awards and scoring will be done based on age groups.

All running events will be finals with heats against times.

# **Field Event**

8:30 am	Long Jump	Pit A Pit B	Age 13-14, 15-16, 17-18 Girls Age 13-14, 15-16, 17-18 Boys
9:00 am	Shot Put	Age 15-16 (B-12lb; G-4kg)/ Age 17-18 (B-12lb; G-4kg), Age 13-14 (B-4kg; G-6lb)	
	Pole Vault	Age 15-18	
10:30 am	Triple Jump Long Jump (after TJ) Long Jump	Pit A	Age 13-14, 15-16, 17-18 Boys and Girls 7-8 Boys and Girls Age 6 and Under
11:30 am	High Jump	Age 9-18	
1:00 pm	Long Jump	Pit A Pit B	Age 9-10 Girls, 11-12 Girls Age 9-10 Boys, 11-12 Boys
1:00 pm	Shot Put	Age 1 (2kg)	1-12 (6lb)/Age 9-10 (6lb), Age 7-8

There will be a break during field events from 12:00 – 12:45 pm to allow officials an opportunity for lunch.

All events will follow age group order with all women age groups competing prior to men, beginning with the oldest participant's age group down to open.

Field Events will have ONLY 3 attempts except in high jumps and pole vaults. There competition rules apply.