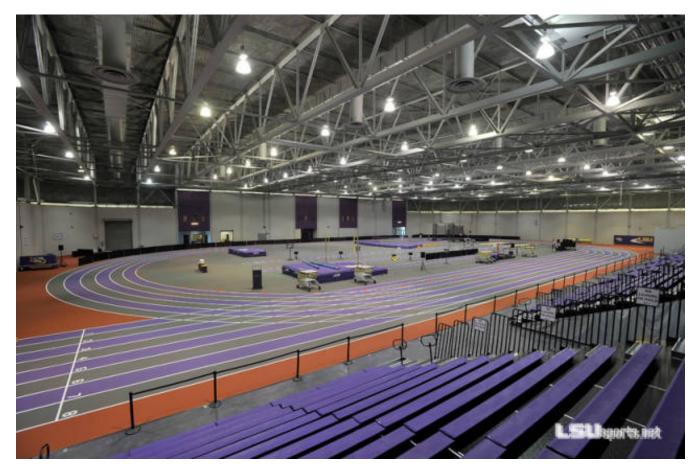
MEET INFORMATION



Louisiana Youth Indoor Track and Field Classic February 24, 2018 Carl Maddox Field House, LSU Baton Rouge, LA



Meet Directors: Byron Turner

Ph: 225-892-3489 Email: <u>byronturner@usexpresstrackclub.org</u>

Visit Baton Roug .com

Revised: 2/12/2018

ENTRY INFORMATON AND INSTRUCTION

AGE DIVISIONS

YEARS BORN	Age (As of December 31, 2018)
2012 – LATER	6 and under
2010 – 2011	7 – 8 yrs old
2008 - 2009	9 – 10 yrs old
2006 - 2007	11 – 12 yrs old
2004 – 2005	13 – 14 yrs old
2002 – 2003	15 – 16 yrs old
2000 – 2001	17 – 19* yrs old
* athletes born in 1999 are also eligible if they do not turn 19 on or before 8/5	

Entry Procedure

- 1. All entries will be done electronically through www.athletic.net
- Entry Deadline is <u>February 21th at 7 pm CST</u>. Entries may be made as early as <u>Thursday, December 29th</u>. You may make changes online as often as you wish until the entry deadline.
- 3. No entries will be accepted after the deadline AND NO ON SITE REGISTRATION ALLOWED.

Entry Fees

- 1. Entry fee per athlete is **<u>\$15.00</u>** which includes cost for relays.
- 2. Payment will be made online ONLY through athletic.net.
- 3. Per event limit is restricted to only 7 athletes per event per team per age group and 2 relays per team per age groups. Total entry cap at the first 750 paid entries.
- 4. Coaches' bands will be provided at a rate of 1 coach's band for every 8 athletes. More can be purchased at ticket booth for \$15.00.

PACKET PICKUP

Coaches can pick up their team's meet packet at check in area identified in Southwest Portal (athletes and coaches entrance) of the Field house at least 1 ½ hour prior to the start of the first event. Unattached athletes should collect their packets from same area during same time. Team packets will include heat sheets, time schedule, and wristbands for athletes, and a coach's band for access to the purple bleachers. Wristbands serve as entry into the facility. Athletes, coaches, and support staff will be charged \$15 to replace a lost wristband.

AWARDS

Medals will be awarded to the top 3 finishers in every age group. T-shirts may be provided to all participants. Complements of the Louisiana Office of Physical Fitness.

SANCTION

Event is being Sanction with USATF.

MEET ADMISSION

General Public Admission cost is **\$10.00, (\$5.00 for Senior Citizens and kids under 6). 3yrs** and under are free

ATHLETE CHECK-IN

Running Events: Athletes must check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal).

Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge of that event at the event site.

Relay Events: Relay teams should check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal). Relay teams should pick up a relay card in the Clerking area, fill it out, and turn it in to the clerk of course.

WARMUPS

Running Events: Warm ups for all running events will be outside on the grass field outside the Northwest Portal of the Fieldhouse.

Field Events: Athletes will have access to field event venues for warm ups approximately 45 minutes prior to the scheduled start of competition. Warm ups for field events will be terminated ten minutes prior to the scheduled start of the event. In the high jump, measuring tapes may not be used within 30 minutes of starting time.

Facility

Carl Maddox Fieldhouse on the campus of LSU is a 1,500-seat facility that was renovated in 2014. It is a flat 200-meter Mondo track surface with six 42" wide lanes on the oval and eight lanes on the straightaway. The facility contains two wooden horizontal jumps runways. The throwing circles are plywood.

Parking

Parking is available at the Bernie Moore Lot (lot 104) off Nicholson Drive. Buses may drop off and pick up along Chimes Street North of the Fieldhouse in the designated area. Buses may not stage along Chimes Street, please call your bus driver when your team is ready to be picked up. Bus parking will be in the Soccer Complex (lot 406) due to university construction; see separate "Visitors Guide" on the meet information page for bus traffic flow. Any illegally parked vehicles may be subject to ticketing and towing.

Food & Drink

No outside food or drink will be permitted in Carl Maddox Fieldhouse. All team food and drink Must be kept in team area that you may establish in open field across from Fieldhouse. Only water is permitted on the rubber surface at both the indoor and outdoor track.

BLOCKS USAGE

Blocks will be available for usage, however ages 14 and under, blocks will not be used.

All bags will be searched and checked at each entrance. Spectators & teams/athletes have different bag policies, new for the 2017 season.

TEAMS/ATHLETE

Only shoe bags & drawstring bags are permitted inside Carl Maddox Fieldhouse through the team entrance. No bags of excessive size (backpacks, duffel bags, suitcases, coolers) are permitted inside the Fieldhouse. Please only bring minimal items necessary to competition; necessary team supplies may be brought into Bernie Moore Stadium through Gate 1.

SPECTATORS

LSU has implemented <u>the Geaux Clear bag policy</u> for all athletic venues. For the safety and security of everyone in attendance, all patrons entering the Maddox Fieldhouse must abide by the clear bag

TAPE

Tape for any marking on the track must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk will be disqualified.

TEAM CAMPS

Team camps may be set up in the grass field adjacent to the Fieldhouse. Teams wishing to set up tents may do so on the grass field adjacent to the Fieldhouse. DO NOT LEAVE VALUABLE ITEMS UNATTENDED AT ANY TIME.

TEAM SEATING

All coach and athlete seating will be located in the bleachers outside the perimeter of the indoor track. No athletes will be permitted in the purple bleachers along the homestretch. Only athletes authorized in grand stands will be athletes 7 and under with their respective parents.

MEET SCHEDULE

Running Event Finals (9am Start – Rolling schedule)

4x200m Relay	Age 7 - 18	1600m Race Walk	Age 7 - 18
16000m Run	Age 13 - 18	400m	Age 7 - 18
60m Hurdles	Age 11 - 18	1600m	Age 7 - 12
800m	Age 7 – 18	200m	Age 5 - 18
60m Dash	Age 5 - 18	4x400m Relay	Age 7 - 14

All events will follow age group order with all female age groups competing prior to male. In Youth events: 60m, 200m & 400m limited to only 7 entries per team per age group unless approved by meet management. Relays are limited to only two teams per age group. If limited participants in respective age groups, meet management reserve the right to combine heats, however awards and scoring will be done based on age groups.

All running events will be finals with heats against times.

Field Event

8:30 am	Long Jump	Pit AAge 13-14, 15-16, 17-18 GirlsPit BAge 13-14, 15-16, 17-18 Boys	
9:00 am	Shot Put	Age 15-16 (B-12lb; G-4kg)/ Age 17-18 (B-12lb; G-4kg), Age 13-14 (B-4kg;G-6lb)	
	Pole Vault	Age 15-18	
10:30 am	Triple Jump Long Jump (after TJ) Long Jump	Pit A Age 13-14, 15-16, 17-18 Boys and GirlsPit A 7-8 Boys and GirlsPit B Age 6 and Under	
11:30 am	High Jump	Age 9-18	
1:00 pm	Long Jump	Pit AAge 9-10 Girls, 11-12 GirlsPit BAge 9-10 Boys, 11-12 Boys	
1:00 pm	Shot Put	Age 11-12 (6lb)/Age 9-10 (6lb), Age 7-8 (2kg)	

There will be a break during field events from 12:00 - 12:45 pm to allow officials an opportunity for lunch.

All events will follow age group order with all women age groups competing prior to men, beginning with the oldest participant's age group down to open.

Field Events will have ONLY 3 attempts except in high jumps and pole vaults. There competition rules apply.

Visit Baton Roug C.com

Louisiana Youth Indoor Track and Field Classic February 24, 2018

HOTEL BLOCKS AVAILABLE

Comfort Suites 3045 Valley Creek Road Baton Rouge, LA 70808 225-923-3377 45 Singles Rooms - \$89.00 Deadline: February 21st

Courtyard Marriott 2421 S. Acadian Thruway Baton Rouge, LA 70808 225-924-6400 15 Doubles Rooms - \$107.00 Deadline: February 12nd Embassy Suites 4914 Constitution Avenue Baton Rouge, LA 70808 25 Double Rooms - \$129.00 25 King Rooms - \$119.00 Deadline: February 12, 2018

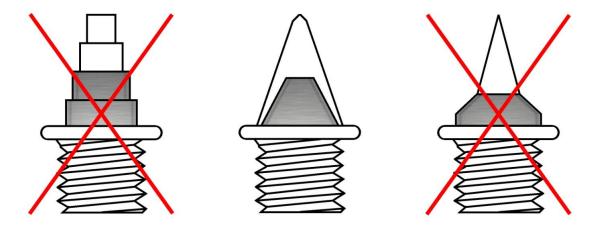
Drury Inn 7939 Essen Park Avenue Baton Rouge, LA 70809 225-766-2022 40 - Double Rooms - \$99.00 Deadline: February 12th



FACILITY REGULATIONS

SPIKES

- All spikes must be <u>checked</u> outside at Gate 13 of Bernie Moore Track. Spikes must be checked prior to accessing Bernie Moore Track or entering Carl Maddox Fieldhouse. <u>Athletes will not be allowed to</u> <u>compete without having their spikes tagged</u>. Any athletes competing with non-tagged spikes will be disqualified.
- Acceptable spikes:
 - o ¼" pyramids



<u>TAPE</u>

 Tape for any marking on the track (relay exchange zones, jumpers'/throwers' markings) must be white athletic tape. <u>NO other tape</u> <u>will be allowed</u>. Chalk is prohibited for any marking. Athletes caught using chalk will be disqualified

HYDRATION

• Water is the only permitted drink allowed on the rubber surface at Bernie Moore Stadium and inside Carl Maddox Fieldhouse

BAGS

 Only shoe bags/backpacks are permitted inside Carl Maddox Fieldhouse. No bags of excessive size (duffel bags, suitcases, coolers) are permitted inside the Fieldhouse.