



# MEET INFORMATION

## 2018 US Express Elite/Track Adiktz All Comer Series

Broadmoor High  
10100 Goodwood Blvd  
Broadmoor High School  
Baton Rouge, LA 70815

March 25<sup>th</sup>  
May 6<sup>th</sup>

Istrouma High School  
3730 Winbourne Ave  
Baton Rouge, LA 70805

April 22<sup>nd</sup>  
June 3<sup>rd</sup>

Field Event Begin: 2:30 pm  
Running Event Begin: 4:00 pm

Meet Director: Byron Turner

Ph: 225-892-3489

Email: [byronturner@usexpresstrackclub.org](mailto:byronturner@usexpresstrackclub.org)

## ENTRY INFORMATION AND INSTRUCTION

### AGE DIVISIONS

	<b>YEARS BORN</b>	
Open	1989 – 1998	
Masters	1988 or earlier	30 yrs and older

### Entry Procedure

1. All entries will be done electronically through [www.athletic.net](http://www.athletic.net)
2. Entry Deadline is for each event:
  - a. Event #1: March 25<sup>th</sup>: Deadline: March 22<sup>nd</sup> at 10pm \$15.00
  - b. Event #2: April 22<sup>nd</sup> Deadline: April 19<sup>th</sup> at 10pm \$15.00
  - c. Event #3: May 6<sup>th</sup> Deadline: May 3<sup>rd</sup> at 10 pm \$15.00
  - d. Event #4: June 3<sup>rd</sup> Deadline: June 1<sup>st</sup> at 10 pm \$15.00
3. Entries may be made as early as **Sunday, March 1<sup>st</sup>**. You may make changes on line as often as you wish until the entry deadline.

### Entry Fees

1. Entry fee
  - a. \$15 per person if paid prior to deadline noted in Entry Procedure #2
  - b. \$25 per person if paid after deadline

### PACKET PICKUP

Packets will be available in front of stadium.

### SANCTION

Event is being Sanction by USATF.

### MEET PACKETS

Packets may include time schedule, wrist bands and bib numbers.

### MEET ADMISSION

General Public Admission cost is **Free**

### ATHLETE CHECK-IN

Running Events: Athletes must check in one event prior to their own event at the check-in area  
Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge of that event at the event site.

**US Express All Comer Series  
Baton Rouge, LA**

**Meet Schedule**

**Event Finals**

	EVENT	All-Comer #1 March 25 <sup>th</sup>	All-Comer #2 April 22 <sup>nd</sup>	All-Comer# 3 May 6 <sup>th</sup>	All-Comer #4 June 3 <sup>rd</sup>
LOCATION		Broadmoor High	Istrouma High	Broadmoor High	Istrouma High
2:30 PM	Discus	X		X	
	Javelin		X		X
	Shot Put (After Javelin/Discus)	X	X	X	X
	High Jump	X		X	
	Long Jump	X	X		X
	Triple Jump (After Long Jump)	X	X		X
4:00 PM	1500m Racewalk	X	X	X	X
	400m	X	X	X	X
	1500M	X	X	X	X
	100m Hurdles	X		X	
	100m	X	X	X	X
	800m	X	X	X	X
	200m	X	X	X	X

# Registration form (Masters Only)

Entry fees: \$15 per event

Register at [www.athletic.net](http://www.athletic.net) or mail in this form

Check the event you plan to attend:

_____ Event #1: March 25 <sup>th</sup> :	Deadline: March 15 <sup>th</sup> at 10pm	\$15.00
_____ Event #2: April 22 <sup>nd</sup>	Deadline: March 29 <sup>th</sup> at 10pm	\$15.00
_____ Event #3: May 6 <sup>th</sup>	Deadline: May 3 <sup>rd</sup> at 10 pm	\$15.00
_____ Event #4: June 3 <sup>rd</sup>	Deadline: June 1 <sup>st</sup> at 10 pm	\$15.00

Name \_\_\_\_\_ DOB \_\_\_\_\_ Sex \_\_\_\_\_ Amount Submitting: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

I hereby agree to release and discharge U.S. Express Track Club and East Baton Rouge Parish School Board, USATF, any of their agents or representatives, the participants of said meet and anyone connected with the meet from liability resulting from any accident and/or injury that I may sustain while competing or participating in said track and field meet.

Athlete's Signature \_\_\_\_\_ Date \_\_\_\_\_

**Circle the events you want to enter and your best performance (if any) in this year:**

Javelin *	_____	100m	_____	100m/110m	_____
				Hurdle	
Discus ***	_____	200m	_____		
Shot Put	=====	400m	_____		
Long Jump	=====	800m	_____		
Triple Jump	=====	1500m	_____		
High Jump	_____				

\*- Mar 19<sup>th</sup> and May 7th

\*\*\* April 2<sup>nd</sup> Only

**Make checks payable to US Express Track Club**

**Mail entry to:** US Express Track Club  
 Post Office Box 46314  
 Baton Rouge, LA 70895