

United Southern Express Track Club

RECORDS - USEXPRESS - Outdoor

Female

Event	Mark	Date Set	Record Holder	Team Affiliation	
Under 6 yrs	80m Dash	19.26	May-23-09	Braci Johnson at Feliciana Classic	United Southern Express
	100m Dash	17.55	Jun-28-14	Alaiya James at 2014 Roadrunner Invitat	US Express
	200m Dash	38.26	Jun-27-15	Mya Parker at 2014 USATF Southern Ass	US Express
	400m Dash	1:44.97	Apr-28-12	Jasmin Robertson at Cole-Lancon 2012 -	United Southern Express
	Long Jump	2.25m	Jun-15-13	Jasmin Robertson at Greater King David	US Express
7 - 8 yrs	100m Dash	15.20	Jun-24-10	Zarina London at USATF Southern Associa	United Southern Express
	200m Dash	31.14	Jul-27-15	Trenati Pitre at 2015 UATF JO National	US Express
	400m Dash	1:10.25	Jul-27-15	Trenati Pitre at 2015 UATF JO National	US Express
	800m Run	2:57.15	Jun-12-18	Molly Cramer at 2018 Area 11 Qualifier	US Express
	1500m Run	6:08.83	Jun-12-18	Molly Cramer at 2018 Area 11 Qualifier	US Express
	1500m Walk	17:07.66	Jan-01-13	Hannah Winston at 2013 Fertile Crescent	US Express
	Long Jump	3.65m	Jun-24-10	Zarina London at USATF Southern Associa	United Southern Express
	Shot Put	20-03.00	Jun-7-14	London Bess at 2014 LA Governor's Games	US Express
	Javelin	12.68m	Jun-21-14	London Bess at 2014 USATF JO Southern	US Express
	4x100m Relay	1:09.35	Jun-9-12	US Express P. Auzenne, J. Golphin, D. King, D. Young	US Express
	4x200m Relay	2:36.58	Mar-28-15	US Express L. Clay, M. Parker, M. West, T. Thyssen	US Express
	4x400m Relay	7:38.18	Jun-13-09	United Southern Express T.C. M. Branch, J. Watkins, L. Nash, K. Toussaint	United Southern Express
9 - 10 yrs	400m Dash	1:09.09	Jul-9-09	Chante' N.Johnson at USATF REGION SIX	United Southern Express
	800m Run	2:55.72	Jun-9-18	Layla Dunn at 2018 SELRR Season Opener	US Express
	1500m Run	5:58.00	May-17-14	Ann Fink at 2012 LA Governors Games	US Express
	1500m Walk	10:42.10	Jul-9-09	Curtidrea A.Elliott at USATF REGION SIX	United Southern Express
	High Jump	1.30m	Jul-27-10	Tia A.White at 2010 USATF National Juni	United Southern Express
	Long Jump	12-07.75	Jun-7-14	Daila Young at 2014 LA Governor's Games	US Express
	Shot Put	6.92m	Jul-27-10	Tia A.White at 2010 USATF National Juni	United Southern Express
	Javelin	17.41m	Jul-5-12	Jordon Breaux at 2012 USATF Region VI C	United Southern Express
	Triathlon	1082	Jul-27-10	Tia A.White at 2010 USATF National Juni	United Southern Express
	4x100m Relay	3:00.00	Jan-01-11	tt	
	4x200m Relay	2:22.55	Apr-6-13	US Express P. Auzenne, L. Perkins, M. St Cyr, D. Young	US Express
	4x400m Relay	5:14.84	Jul-9-09	United Southern Express T.C.	United Southern Express
11 - 12 yrs	100m Dash	12.76	Jun-14-14	Rakhaya Randle at 2014 GREATER KING I	US Express
	200m Dash	26.47	Jul-27-15	Kara-Lynn Dillon at 2015 UATF JO Nation	US Express
	400m Dash	1:01.26	Jul-22-13	Deneba Mbouissou at 2013 USATF JO Nati	US Express
	800m Run	2:30.80	Jul-22-13	Deneba Mbouissou at 2013 USATF JO Nati	US Express
	1500m Run	5:22.83	May-19-18	Faith Johnston at 2018 Fertile Crescent	US Express
	3000m Run	13:05.19	Jun-12-12	Ann Fink at Area 10-2012 AAU Qualifier	US Express
	1500m Walk	10:11.76	Jun-24-10	Nadia Vreeland at USATF Southern Associ	United Southern Express
	80m Hurdles	13.00	May-15-10	Rakayla Robertson at 2010 GREATER KING	United Southern Express

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1 - 12 yrs	High Jump	1.45m	Jul-27-15	Rakhaya Randle at 2015 UATF JO National	US Express
	Long Jump	4.79m	Jul-26-11	Danai Metoyer at 2011 USATF JO National	United Southern Express
	Shot Put	11.85m	Jul-25-16	Laila Guy at 2016 USATF JO National Cha	US Express
	Discus	86-08.00	Jul-29-16	Laila Guy at 2016 AAU National Junior O	US Express
	Javelin	23.96m	Jul-21-14	Leah Kennedy at 2014 UATF JO National C	US Express
	Out Pent	2678	Jul-26-11	Danai Metoyer at 2011 USATF JO National	United Southern Express
	4x100m Relay	54.20	Jul-9-15	US Express P. Auzenne, K. Dillon, J. Rideau, D. Young	US Express
	4x200m Relay	1:57.90	Apr-15-11	US Express C. Johnson, A. Martin, D. Metoyer, K. Octave	US Express
	4x400m Relay	4:33.74	Jul-21-14	US Express B. Cousin, J. Rideau, K. Wasington, K. Hebert	US Express
	3 - 14 yrs	100m Dash	12.50	Jun-9-12	Keionne Octave at 2012 LA Governor's Ga
200m Dash		25.62	Jun-21-12	Keionne Octave at 2012 USATF Southern A	United Southern Express
400m Dash		58.39	Jul-6-17	Halyn Senegal at USATF Region 6 Junior	US Express
800m Run		2:27.13	May-27-17	Halyn Senegal at Road Runners Summer Cl	US Express
1500m Run		5:37.20	Jun-21-14	Briana Rideaux at 2014 USATF JO Souther	US Express
3000m Run		12:21.48	Jun-13-14	Amanda Mason at 2014 AAU Area 11 Quali	US Express
1500m Walk		9:58.26	May-17-14	Nihya Fairley at 2014 Fertile Crescent	US Express
100m Hurdles		14.95	Jul-22-13	Danai Metoyer at 2013 USATF JO National	US Express
200m Hurdles		27.89	Jul-22-13	Keionne Octave at 2013 USATF JO Nationa	US Express
High Jump		5-00.00	May-26-18	Alana Simon at USATF Southern Associati	US Express
Pole Vault		8-00.00	Jul-28-11	Alexis Pickney at 2011 AAU National Jun	United Southern Express
Long Jump		5.25m	Jun-22-13	Danai Metoyer at 2013 Southern Associat	US Express
Triple Jump		10.34m	Jun-21-14	Kalyn Martin at 2014 USATF JO Southern	US Express
Shot Put		68-08.00	Jul-29-16	Leah-Monet Morgan at 2016 AAU National	US Express
Shot Put		43-02.50	Jun-12-18	Laila Guy at 2018 Area 11 Qualifier	US Express
Discus		99-07.00	Jun-12-18	Laila Guy at 2018 Area 11 Qualifier	US Express
Javelin		27.64m	Jul-24-17	Laila Guy at USATF Hershey National Jun	US Express
Out Pent		2874	Jul-22-13	Danai Metoyer at 2013 USATF JO National	US Express
4x100m Relay		51.67	Jul-7-16	US Express L. Rioux, K. Dillon, A. Chambers, J. Hubbert, K. Beavers	US Express
4x200m Relay		5:00.00	Jan-01-11	TT	
4x400m Relay		4:22.71	Jun-23-17	US Express J. Jeanbatiste, J. Jeanbatiste, H. Senegal, A. Simon	US Express
5 - 16 yrs		100m Dash	12.51	Jun-21-14	Morgan Thibeaux at 2014 USATF JO South
	200m Dash	25.69	Jun-7-14	Morgan Thibeaux at 2014 LA Governor's G	US Express
	400m Dash	1:00.32	Jun-23-11	Danielle Rogers at 2011 USATF Southern	United Southern Express
	800m Run	2:27.97	Jun-23-11	Danielle Rogers at 2011 USATF Southern	United Southern Express
	1500m Run	5:21.85	Jul-21-14	Briana Rideaux at 2014 UATF JO National	US Express
	3000m Run	11:56.14	Jul-27-15	Briana Rideaux at 2015 UATF JO National	US Express
	1500m Walk	9:47.12	May-25-13	Eleni Lemoine at 2013 Fertile Crescent	United Southern Express
	3000m Walk	17:28.35	Jun-1-13	Eleni Lemoine at Southern Association C	US Express
	100m Hurdles	15.50	Jun-14-14	Danai Metoyer at 2014 GREATER KING D.	US Express
	400m Hurdles	1:07.58	Jul-21-14	Victoria Wayne at 2014 UATF JO National	US Express

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5 - 16 yrs	2000m StplCh	10:18.46	Jul-10-14	Taea Jackson at 2014 USATF Region 6 Cha	US Express	
	High Jump	1.63m	Jun-21-14	Victoria Wayne at 2014 USATF JO Souther	US Express	
	Long Jump	5.24m	Jul-9-15	Danai Metoyer at 2015 USATF Region VI J	US Express	
	Triple Jump	34-11.25	Jul-28-12	Elasha Williams at 2012 AAU National JO	United Southern Expres	
	Shot Put	9.24m	Jun-14-14	Clarissa McGarner at 2014 GREATER KINC	US Express	
	Discus	28.87m	Jun-25-16	Emily Nichols at USATF Southern Associa	US Express	
	Hammer	26.25m	Jul-7-16	Emily Nichols at 2016 USATF Region VI J	US Express	
	4x100m Relay	50.68	Jun-27-15	US Express	US Express	
				A. Thomas, D. Metoyer, D. Craig, J. Johnson		
		4x400m Relay	4:13.95	Jan-01-15	TT	
7 - 18 yrs	100m Dash	11.80	Jul-23-12	Tori Williams at 2012 USATF National JO	United Southern Expres	
	200m Dash	24.54	Jul-23-12	Tori Williams at 2012 USATF National JO	United Southern Expres	
	400m Dash	58.07	Jul-5-12	Kayla Thompson at 2012 USATF Region VI	United Southern Expres	
	800m Run	2:17.32	Jul-23-12	Danielle Rogers at 2012 USATF National	United Southern Expres	
	1500m Run	5:49.98	Jun-23-17	Sasha Russ at USATF Southern Associatio	US Express	
	3000m Run	15:15.75	Jul-9-09	Tamerin L.Taylor at USATF REGION SIX 7	United Southern Expres	
	100m Hurdles	14.28	Jun-24-10	Kimberly Francis at USATF Southern Asso	United Southern Expres	
	400m Hurdles	1:01.38	Jul-27-15	Victoria Wayne at 2015 UATF JO National	US Express	
	Long Jump	5.73m	Jul-7-11	Asia English at 2011 USATF JO Region 6	United Southern Expres	
	Triple Jump	35-06.75	Jun-14-16	Danai Metoyer at 2016 Area 11 National	US Express	
	Shot Put	10.02m	Jun-1-13	Michelle Mayes	at 2013 Southern Associ	
	Discus	30.32m	Jun-1-13	Michelle Mayes at Southern Association	US Express	
	Javelin	30.76m	Jul-5-12	Michelle Mayes at 2012 USATF Region VI	United Southern Expres	
	4x100m Relay	47.63	Jul-5-12	United Southern Express T.C.	United Southern Expres	
				M. Batiste, M. Jack, G. Patterson, P. Semien, K. Thompson, T		
		4x400m Relay	3:57.68	Jul-23-12	United Southern Express T.C.	United Southern Expres
				K. Thompson, M. Jack, D. Rogers, P. Semien, M. Batiste, T. W		

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RECORDS - USEXPRESS - Outdoor

Male

	Event	Mark	Date Set	Record Holder	Team Affiliation
Under 6 yrs	100m Dash	17.43	Jun-13-09	Andre' Metoyer Jr at USATF Southern Ass	US Express
	200m Dash	38.71	Jun-5-10	Khristian Zeigler at 2010 Governors Gam	US Express
	400m Dash	1:21.88	Apr-24-10	Khristian Zeigler at US Express Track &	US Express
	Long Jump	2.36m	Jun-21-14	Kaleb West at 2014 USATF JO Southern A	US Express
7 - 8 yrs	100m Dash	14.49	May-29-10	Isaiah Sam at 2010 Betty Smothers Relay	US Express
	200m Dash	30.82	May-26-18	Terrence Gillette at USATF Southern Ass	US Express
	400m Dash	1:15.20	Jun-23-11	Kody West at 2011 USATF Southern Associ	US Express
	800m Run	2:54.56	Jul-22-13	Chance Martin at 2013 USATF JO National	US Express
	1500m Run	10:00.00	Jan-01-10	tt	
	Long Jump	3.80m	Jul-7-11	Andre Metoyer at 2011 USATF JO Region 6	US Express
	Shot Put	17-07.00	Jun-6-15	Philip Auzenne at 2015 LA Governor's Ga	US Express
	Javelin	16.49m	Jul-27-15	Philip Auzenne at 2015 UATF JO National	US Express
	4x100m Relay	1:12.39	Apr-9-10	United Southern Express T.C.	US Express
				T. Spann, A. MetoyerJr, J. Williams, J. Early	
	4x200m Relay	2:40.39	Apr-6-13	US Express	US Express
			J. Bradford, A. Givens, O. HardingIII, S. St		
			Cyr		
9 - 10 yrs	200m Dash	27.86	Jul-6-17	Ethan Washington at USATF Region 6 Juni	US Express
	400m Dash	1:02.42	Jun-23-17	Ethan Washington at USATF Southern Asso	US Express
	800m Run	2:29.21	Jul-6-17	Ethan Washington at USATF Region 6 Juni	US Express
	1500m Run	5:17.89	Jun-8-13	Adam Mason at 2013 LA Governor's Games	US Express
	1500m Walk	9:48.19	Jul-27-10	Oliver Vreeland at 2010 USATF National	US Express
	High Jump	1.33m	Apr-24-10	Jonah Mayes at US Express Track & Field	US Express
	Long Jump	5.02m	Jun-24-10	Jonah Mayes at USATF Southern Associati	US Express
	Shot Put	8.55m	Jun-21-14	Christopher Bess at 2014 USATF JO South	US Express
	Javelin	35.41m	Jan-01-09	Kevin Tripeaux II at USATF Southern As	US Express
	Triathlon	624	Jul-27-15	Kendrin Johnson at 2015 UATF JO Nationa	US Express
	4x100m Relay	54.33	Jul-21-14	US Express	US Express
				C. Wilson, D. Charles, L. Fontenot, T.	
				Richardson	
		4x200m Relay	2:14.74	Apr-6-13	US Express
			A. Knighten, A. Metoyer,Jr, K. Tate, D.		
			Rutledge		
	4x400m Relay	5:02.52	Jun-6-15	US Express	US Express
			C. Martin, K. Johnson, M. Fair Iii, N.		
			Beckwith		
11 - 12 yrs	100m Dash	12.14	Jul-9-15	Solomon Lewis at 2015 USATF Region VI J	US Express
	200m Dash	24.86	Jul-27-15	Solomon Lewis at 2015 UATF JO National	US Express
	400m Dash	56.33	Jul-26-11	Gerald Levy at 2011 USATF JO National C	US Express
	800m Run	2:25.94	Jul-26-14	Adam Mason at 2014 AAU National Junior	US Express
	1500m Run	5:04.88	Jul-24-17	Winston Decuir III at USATF Hershey Nat	US Express
	3000m Run	10:53.24	Jul-21-14	Adam Mason at 2014 UATF JO National Ch	US Express
	1500m Walk	8:57.30	Jul-23-12	Oliver Vreeland at 2012 USATF National	US Express
	80m Hurdles	13.76	Jul-7-16	Tre'Shawn Dunn at 2016 USATF Region VI	US Express

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1 - 12 yrs	High Jump	1.57m	Jul-5-12	Jonah Mayes at 2012 USATF Region VI Ch	US Express
	Long Jump	16-05.75	Jun-12-12	Jonah Mayes at Area 10-2012 AAU Qualifi	US Express
	Shot Put	34-04.00	Apr-26-14	Troye Collins at 2014 Port Arthur Devel	US Express
	Discus	27.21m	Jul-10-14	Troye Collins at 2014 USATF Region 6 Ch	US Express
	Javelin	33.40m	May-24-14	Christopher Niccolini II at 2014 GREATE	US Express
	4x100m Relay	49.93	Jul-27-15	US Express	US Express
				K. Tate, C. Wilson, L. Lovell, S. Lewis, A. Metoyer, T. Dunn	
	4x400m Relay	4:20.85	Jun-12-10	United Southern Express T.C. C. Golphin, Jr., G. Levy, B. Constantine, K. Washington	US Express
3 - 14 yrs	100m Dash	11.60	Jul-7-11	Kydris Washington at 2011 USATF JO Regi	US Express
	200m Dash	23.54	Jul-22-13	Gerald Levy at 2013 USATF JO National C	US Express
	400m Dash	52.09	Jun-22-13	Gerald Levy at 2013 Southern Associatio	US Express
	800m Run	2:11.71	Jul-7-16	Micah Williams at 2016 USATF Region VI	US Express
	1500m Run	4:40.38	Jun-12-18	Abram Johnston at 2018 Area 11 Qualifie	US Express
	1500m Walk	9:27.94	May-18-13	Oliver Vreeland at 2013 Fertile Crescen	US Express
	3000m Walk	17:33.72	Jun-1-13	Oliver Vreeland at Southern Association	US Express
	100m Hurdles	15.95	Jul-26-11	Nathan A.Turner at 2011 USATF JO Nation	US Express
	200m Hurdles	26.04	Jul-22-13	Gerald Levy at 2013 USATF JO National C	US Express
	High Jump	6-00.00	Jun-8-18	Tre'Shawn Dunn at Track Houston 2018 Ch	US Express
	Long Jump	19-05.50	Jun-5-10	Jonathan Prior at 2010 Governors Games	US Express
	Triple Jump	11.92m	Jul-26-11	Jonathan Prior at at 2011 USATF JO Nati	US Express
	Shot Put	11.86m	Jun-25-16	Jathan Royal at USATF Southern Associat	US Express
	Shot Put	40-00.50	Jun-15-11	Myron A.Barnes at Area 8 - 2011 AAU T&F	US Express
	Discus	38.11m	Jul-23-12	Drake LeBlanc at 2012 USATF JO National	US Express
	Javelin	115-02.00	May-23-15	Jake Craft at 2015 K-Y BETTY SMOTHER	US Express
	Out Pent	2198	Jul-9-09	Curtis Elliott at USATF REGION SIX T&F	US Express
	4x100m Relay	46.21	Jul-21-14	US Express	US Express
				B. Fontenot, J. Kitchens, L. Williams, U. Njoku	
	4x400m Relay	3:41.67	Jul-22-13	US Express	US Express
			G. Levy, N. Morgan, B. Rembert, H. Woods		
5 - 16 yrs	100m Dash	11.37	Jun-27-15	Heisman Woods at 2015 USATF Southern A	US Express
	200m Dash	22.57	Jul-6-17	Richard Davis Jr at USATF Region 6 Juni	US Express
	400m Dash	49.47	Jun-23-17	Richard Davis Jr at USATF Southern Asso	US Express
	800m Run	2:08.59	Jun-23-17	Isaiah Rankins at USATF Southern Associ	US Express
	1500m Run	4:36.41	May-20-17	Isaiah Rankins at 2017 Fertile Crescent	US Express
	3000m Run	12:27.04	Jun-8-13	Jeremiah A.Turner at 2013 LA Governor's	US Express
	110m Hurdles	16.18	Jun-2-12	Marquise Foster at Elm Grove Invitation	United Southern Express
	400m Hurdles	58.97	Jul-6-17	Isaiah Rankins at USATF Region 6 Junior	US Express
	2000m StplCh	7:42.29	Jul-7-16	Joshua Hilliard at 2016 USATF Region VI	US Express
	High Jump	2.05m	Jul-22-13	Jeremiah Mayes at 2013 USATF JO Nationa	US Express
	Long Jump	6.28m	Jun-24-10	Justin Williams at USATF Southern Assoc	United Southern Express
	Triple Jump	12.94m	Jul-22-13	Jeremiah Mayes at 2013 USATF JO Nationa	US Express
	Shot Put	11.58m	Jul-7-11	Jonathan Prior at 2011 USATF JO Region	United Southern Express
	Discus	133-06.00	Jul-29-16	Austin Dunaway at 2016 AAU National Jun	US Express
	Hammer	32.83m	Jul-21-14	Kennan Tate at 2014 UATF JO National Ch	US Express
	Javelin	37.80m	May-31-14	Kennan Tate at USATF Southern Associati	US Express

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5 - 16 yrs	4x400m Relay	3:30.83	Jul-24-17	US Express D. Hickman, I. Rankins, R. Davis Jr, J. Pennington Iii, R. C	US Express
7 - 18 yrs	100m Dash	10.73	Jul-6-17	Burnell Williams Iii at USATF Region 6	US Express
	200m Dash	21.50	Jun-4-11	Jordon Lee at 2011 LA Governor's Games	United Southern Express
	400m Dash	48.74	Jul-6-17	Bryce Moore at USATF Region 6 Junior Ol	US Express
	800m Run	1:56.95	Jul-25-16	Randy Carter Jr at 2016 USATF JO Nation	US Express
	1500m Run	4:06.73	Jul-29-16	Randy Carter Jr at 2016 AAU National Ju	US Express
	3000m Run	10:05.78	Jun-05-10	Trevor Gayten	United Southern Express
	5000m Run	16:58.64	Jul-8-10	Trevor Gayten at USATF REGION SIX T&	United Southern Express
	110m Hurdles	14.23	May-28-11	Bentrell McGee at Tommie Smith Youth Tr	United Southern Express
	400m Hurdles	54.82	Jun-23-11	Bentrell McGee at 2011 USATF Southern A	United Southern Express
	High Jump	2.10m	May-31-14	Jeremiah Mayes at USATF Southern Associ	US Express
	Long Jump	22-09.25	Jun-15-11	Akil Bennet at Area 8 - 2011 AAU T&F JO	United Southern Express
	Triple Jump	14.33m	Jun-23-11	William LeBlanc at 2011 USATF Southern	United Southern Express
	Shot Put	12.22m	Jun-10-17	Markham Mcknight at USATF Southern Ass	US Express
	Discus	119-07.00	Jun-9-18	Wade Smith at 2018 SELRR Season Opener	US Express
	Javelin	50.07m	Jun-3-17	Debonaire Williams at 2017 GREATER KIN	US Express
	Decathlon	3669	Jul-8-10	Dimetrie Chopin at USATF REGION SIX T	United Southern Express
	4x100m Relay	42.09	Jul-6-17	US Express B. Williams Iii, T. Jones, B. Moore, J. Hayes	US Express
	4x400m Relay	3:16.70	Jul-24-17	US Express B. Williams Iii, T. Jones, B. Moore, R. Carter	US Express