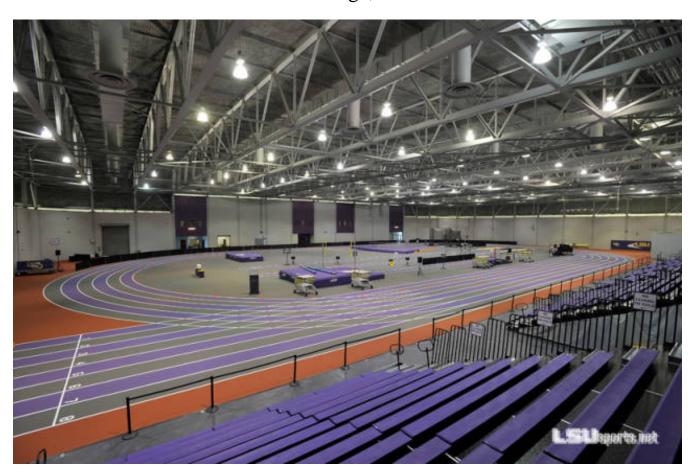
MEET INFORMATION



Louisiana Youth Indoor Track and Field Classic

February 23, 2019

Carl Maddox Field House, LSU Baton Rouge, LA



Meet Directors: Byron Turner Ph: 225-892-3489

Email: byronturner@usexpresstrackclub.org



Revised: 11/12/2019

ENTRY INFORMATON AND INSTRUCTION

AGE DIVISIONS

YEARS BORN	Age (As of December 31, 2019)	
2013 – LATER	6 and under	
2011 – 2012	7 – 8 yrs old	
2009 – 2010	9 – 10 yrs old	
2007 – 2008	11 – 12 yrs old	
2005 – 2006	13 – 14 yrs old	
2003 – 2004	15 – 16 yrs old	
2001 – 2003	17 – 19* yrs old	
* athletes born in 2000 are also		
eligible if they do not turn 19 on or before 8/5		

Entry Procedure

- 1. All entries will be done electronically through **www.athletic.net**
- 2. Entry Deadline is <u>February 20th at 8 pm CST.</u> Entries may be made as early as <u>Thursday, November 29th</u>. You may make changes online as often as you wish until the entry deadline.
- 3. No entries will be accepted after the deadline AND NO ON SITE REGISTRATION ALLOWED.

Entry Fees

- 1. Entry fee per athlete is \$15.00 which includes cost for relays.
- 2. Payment will be made online ONLY through athletic.net.
- 3. Per event limit is restricted to only 7 athletes per event per team per age group and 2 relays per team per age groups. Total entry cap at the first 900 paid entries.
- 4. Coaches' bands will be provided at a rate of 1 coach's band for every 8 athletes. More can be purchased at ticket booth for \$15.00.

PACKET PICKUP

Coaches can pick up their team's meet packet at check in area identified in Southwest Portal (athletes and coaches entrance) of the Field house at least 1 ½ hour prior to the start of the first event. Unattached athletes should collect their packets from same area during same time. Team packets will include heat sheets, time schedule, and wristbands for athletes, and a coach's band for access to the purple bleachers. Wristbands serve as entry into the facility. Athletes, coaches, and support staff will be charged \$15 to replace a lost wristband. (Friday meet packet pickup, location and times will be published in late January).

AWARDS

Medals will be awarded to the top 3 finishers in every age group.

SANCTION

Event is being Sanction with USATF.

MEET ADMISSION

General Public Admission cost is \$10.00, (\$5.00 for Senior Citizens and kids under 6). 3yrs and under are free

ATHLETE CHECK-IN

Running Events: Athletes must check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal).

Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge of that event at the event site.

Relay Events: Relay teams should check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal). Relay teams should pick up a relay card in the Clerking area, fill it out, and turn it in to the clerk of course.

WARMUPS

Running Events: Warm ups for all running events will be outside on the grass field outside the Northwest Portal of the Fieldhouse.

Field Events: Athletes will have access to field event venues for warm ups approximately 45 minutes prior to the scheduled start of competition. Warm ups for field events will be terminated ten minutes prior to the scheduled start of the event. In the high jump, measuring tapes may not be used within 30 minutes of starting time.

Facility

Carl Maddox Fieldhouse on the campus of LSU is a 1,500-seat facility that was renovated in 2014. It is a flat 200-meter Mondo track surface with six 42" wide lanes on the oval and eight lanes on the straightaway. The facility contains two wooden horizontal jumps runways. The throwing circles are plywood.

Parking

Parking is available at the Bernie Moore Lot (lot 104) off Nicholson Drive. Buses may drop off and pick up along Chimes Street North of the Fieldhouse in the designated area. Buses may not stage along Chimes Street, please call your bus driver when your team is ready to be picked up. Bus parking will be in the Soccer Complex (lot 406) due to university construction; see separate "Visitors Guide" on the meet information page for bus traffic flow. Any illegally parked vehicles may be subject to ticketing and towing.

Food & Drink

No outside food or drink will be permitted in Carl Maddox Fieldhouse. All team food and drink Must be kept in team area that you may establish in open field across from Fieldhouse. Only water is permitted on the rubber surface at both the indoor and outdoor track.

BLOCKS USAGE

Blocks will be available for usage, however ages 14 and under, blocks will not be used.

BAGS

All bags will be searched and checked at each entrance. Spectators & teams/athletes have different bag policies.

TEAMS/ATHLETE

Only shoe bags & drawstring bags are permitted inside Carl Maddox Fieldhouse through the team entrance. No bags of excessive size (backpacks, duffel bags, suitcases, coolers) are permitted inside the Fieldhouse. Please only bring minimal items necessary to competition; necessary team supplies may be brought into Bernie Moore Stadium through Gate 1.

SPECTATORS

LSU has implemented the Geaux Clear bag policy for all athletic venues. For the safety and security of everyone in attendance, all patrons entering the Maddox Fieldhouse must abide by the clear bag

TAPE

Tape for any marking on the track must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk will be disqualified.

TEAM CAMPS

Team camps may be set up in the grass field adjacent to the Fieldhouse. Teams wishing to set up tents may do so on the grass field adjacent to the Fieldhouse. DO NOT LEAVE VALUABLE ITEMS UNATTENDED AT ANY TIME.

TEAM SEATING

All coach and athlete seating will be located in the bleachers outside the perimeter of the indoor track. No athletes will be permitted in the purple bleachers along the homestretch. Only athletes authorized in grand stands will be athletes 7 and under with their respective parents.

MEET SCHEDULE

Running Event Finals (9am Start – Rolling schedule)

60m Hurdles	Age 11 - 18	1600m Race Walk	Age 7 - 18
800m	Age 7 – 18	400m	Age 7 - 18
4x200m Relay	Age 7 – 18	1600m	Age 7 - 12
1600m Run	Age 13 - 18	200m	Age 5 - 18
60m Dash	Age 5 - 18	4x400m Relay	Age 7 - 14

All events will follow age group order with all female age groups competing prior to male. In Youth events: 60m, 200m & 400m limited to only 7 entries per team per age group unless approved by meet management. Relays are limited to only two teams per age group. If limited participants in respective age groups, meet management reserve the right to combine heats, however awards and scoring will be done based on age groups.

All running events will be finals with heats against times.

Field Event

8:30 am Long Jump Pit A Age 13-14, 15-16, 17-18 Girls

Pit B Age 13-14, 15-16, 17-18 Boys

9:00 am Shot Put Age 17-18 (B-12lb; G-4kg),

Age 15-16 (B-12lb; G-4kg)/ Age 13-14 (B-4kg;G-6lb)

Age 11-12 (6lb) Age 9-10 (6lb), Age 7-8 (2kg)

9:00 am Pole Vault Age 15-18

10:30 am Triple Jump Pit A Age 13-14, 15-16, 17-18 Boys and Girls

Long Jump (after TJ) Pit A 7-8 Boys and Girls, 9-10 Girls, 11-12 Girls Long Jump Pit B Age 6 and Under, 9-10 Boys, 11-12 Boys,

11:30 am High Jump Age 9-18

All events will follow age group order with all women age groups competing prior to men, beginning with the oldest participant's age group down to open.

Field Events will have ONLY 3 attempts except in high jumps and pole vaults. There competition rules apply.



HOTEL

Richmond Hotel 2683 Energy Drive Baton Rouge, LA 70808 225-924-6500 Breakfast included \$89 standard room \$99 Presidential Suites

Courtyard Marriott 2421 South Acadian Thruway Baton Rouge, LA 70808 Cutoff: January 25, 2019 Breakfast included \$99.00 (20 rooms)

Comfort Inn 4924 Constitution Avenue Baton Rouge, LA 70808 225-930-0600 \$80.00

Embassy 4914 Constitution Avenue Baton Rouge, LA 70808 225-924-6566 \$129 (20 rooms)