

US Express Invitational Itinerary

May 18, 2024

LOCATION: Denham Springs High School, 1000 N Range Ave, Denham Springs, LA 70726

**** MAKE SURE ATHLETE EAT 2 HOURS PRIOR TO THEIR SCHEDULED WARM-UP TIME ****

Thursday, May 18th

TBD Get change for Gate

6:00 pm During Baton Rouge Site Practice

- Put meet packets together.

Friday, May 19^h

1:00 pm Get drinks from Sam's

4:00pm Go to Denham Springs High to begin layout for setup

5:00 pm – 7:00 pm Volunteers meet at Denham Springs High School

- Paint Sector Lines for Javelin/Discus/Shot
- Layout Site Plan
 - Team Area
 - Team Tents
 - 1 Table
 - 10x20 Tent
 - 10x20 Tent
 - 5 Fans
 - Timing/Awards US 10x15/2 tables/4 Chairs
 - Long Jump 2 Tents/8 Chairs/2 Cooler/1 Main water cooler with cups
 - Front Gate 10x10/2 tables/6 Chairs
 - Throws area 3 chairs/1 tent
 - Long Throws 3 chairs/1 test/Water cooler with cups
- Check pits
- Setup hurdle markings for 80m
- Create field event kits
- Setup timing equipment and test connections

Saturday, May 18th

Lafayette and Lake Charles Site check with leadership on departure times

NOTE: All US Express athletes and Volunteers, you must report to the registration table to secure your arm bands.

7:00 AM Volunteers for Site setup, Gate Workers and Registration Table arrive

Site Setup

Long Jump	2 – ice chest of drinks/Field sheets/tape measure/8 chairs/2 tents
Discus/Javelin	1 – ice chest of drinks/Field sheets/tape measure/4 chairs/1 tent
Shot Put	1 – Ice Chest of drinks/Field sheets/tape measure.
High Jump	Field sheets/tape measure/2 chairs
Hydration	1 – ice chest of drinks/2- Large chest of ice/1 Tent
Clerk of Course	1 – ice chest of drinks/PA System
Timing	1 – ice chest of drinks

7:30 AM Stadium to be opened

7:45 AM All Athletes to report: (See Coach S. Turner @ table next to registration)

8:00 AM All other Volunteers on site and all athletes arrive at Stadium

9:00 AM Track Meet Begins (See Attached Schedule)

Coach Assignments:

TBD Assigned Later

Volunteer Assignments:

See current list

Team Area:

Under bleachers on home side of stadium; bring lawn chairs if you can

Uniforms

Volunteers and Officials	White Polo style shirt with Khanki pants
Coaches with team assignments	Blue Coaches Shirts
Coaches and volunteers with meet assignments	Khanki pants/shorts and US Express T-shirts
Athletes w/ Uniform	Track Uniform w/ Cover shirt and Cover shorts
Athletes without Uniform	Red Shirt or US Express t-shirt with navy blue tights and/or Red shorts.

Admission:

Free for Volunteers (Name must be on sheet that will be located at front gate. Must check in at volunteer table for arm bands), **all others \$12.00**. (Free kids 3 and under)

Other items

- Bring adequate fluids for the day
- Prior to leaving track with your athlete, make sure you check with one of the coaches so we can maintain accountability.

VOLUNTEER LIST

First Name	Last Name	Sign Up Items
LaTinDey	AkamoHeartEl	05/18/2024 7:00AM-12:00PM - CDT Registration
Nakesla	Blount	05/18/2024 7:00AM-12:00PM - CDT Gate 05/18/2024 7:00AM-12:00PM - CDT Provide Medium Cooler filled with water
Taylor	Blount	05/18/2024 7:00AM-12:00PM - CDT Registration
Ashley	Broussard	05/18/2024 7:00AM-12:00PM - CDT Computer Operations for Field Events - Ra'Nyia Livingston
Crystal	Corbins	05/18/2024 7:00AM-12:00PM - CDT Registration
Jennifer	Davis	05/18/2024 7:00AM-12:00PM - CDT Provide Medium Cooler filled with water
Talisha	Davis	05/18/2024 7:00AM-12:00PM - CDT Registration
April	Easley	05/18/2024 11:00AM-4:00PM - CDT Provide Medium Cooler filled with water
Lisa	East	05/18/2024 7:00AM-12:00PM - CDT Clerk of Course/Marshalls - Shawnica Turner
Anthony	Graham	05/18/2024 7:00AM-12:00PM - CDT Long/Triple Jump - For Aiden Brown
Dana	Henry	05/18/2024 7:00AM-12:00PM - CDT Registration
Michael	Hughes	05/18/2024 7:00AM-12:00PM - CDT Long/Triple Jump
Tosha	James	05/18/2024 7:00AM-12:00PM - CDT Awards
Renetria	Jones	05/18/2024 7:00AM-12:00PM - CDT Registration
Fredrica	Kimble	05/18/2024 7:00AM-12:00PM - CDT Gate
Anita	Morris	05/18/2024 11:00AM-4:00PM - CDT Awards - Shawnica Turner
Tommy	Parrish	05/18/2024 7:00AM-12:00PM - CDT Computer Operations for Field Events
Hosea	Pate	05/18/2024 7:00AM-12:00PM - CDT Timers/Officials
Sandra	Pate	05/18/2024 7:00AM-12:00PM - CDT Hospitality/Hydration Station 05/18/2024 7:00AM-12:00PM - CDT Provide Medium Cooler filled with water
Markisha	Paul	05/18/2024 7:00AM-12:00PM - CDT Clerk of Course/Marshalls 05/18/2024 11:00AM-4:00PM - CDT Clerk of Course/Marshalls
Celeste	Payne	05/18/2024 11:00AM-4:00PM - CDT Registration
Jessica	Poirier	05/18/2024 7:00AM-12:00PM - CDT Provide Medium Cooler filled with water
Octavia	Prejean	05/18/2024 7:00AM-12:00PM - CDT Provide Medium Cooler filled with water
Bobbie	Sam	05/18/2024 7:00AM-12:00PM - CDT Clerk of Course/Marshalls 05/18/2024 11:00AM-4:00PM - CDT Clerk of Course/Marshalls
Carlos	Sam	05/18/2024 7:00AM-12:00PM - CDT Announcer
Thaddeus	Sam	05/18/2024 7:00AM-12:00PM - CDT Timers/Officials 05/18/2024 11:00AM-4:00PM - CDT Timers/Officials

Eva	Terry-Lee	05/18/2024 7:00AM-12:00PM - CDT Hospitality/Hydration Station 05/18/2024 7:00AM-12:00PM - CDT Volunteer Coordinator
Shawnica	Turner	05/18/2024 7:00AM-12:00PM - CDT Clerk of Course/Marshalls 05/18/2024 7:00AM-12:00PM - CDT Timers/Officials 05/18/2024 11:00AM-4:00PM - CDT Clerk of Course/Marshalls 05/18/2024 11:00AM-4:00PM - CDT Timers/Officials
Jennifer	White	05/18/2024 7:00AM-12:00PM - CDT Awards
Lorenzo	Williams	05/18/2024 7:00AM-12:00PM - CDT Computer Operations for Field Events - Ra'Nyia Livingston
Mary	Williamson	05/18/2024 7:00AM-12:00PM - CDT Provide Medium Cooler filled with water

2024 US Express Invite - 5/18/2024**Denham Springs High School****Team Entries - All Events****U.S. Express Masters Track C (24UX)**

1. Jackson Jr., Charles - Male - Comp#: 1748 - DOB: 7/25/1988 - Ind/Rel: 3 / 0				
#308 Boys 100 Meter Dash Open/Masters	10.26	1/5	5/18/2024	9:00 AM
#324 Men 200 Meter Dash Open/Masters	21.17	1/5	5/18/2024	9:00 AM
#326 Men 400 Meter Dash Open/Masters	53.91	1/5	5/18/2024	9:00 AM
2. Marshall, Maalik - Male - Comp#: 1749 - DOB: 7/21/1995 - Ind/Rel: 2 / 0				
#308 Boys 100 Meter Dash Open/Masters	NT	1/7	5/18/2024	9:00 AM
#336 Men 110 Meter Hurdles Open/Masters	NT	1/6	5/18/2024	9:00 AM
3. Shepard, Jody - Male - Comp#: 1750 - DOB: 8/5/1985 - Ind/Rel: 3 / 0				
#308 Boys 100 Meter Dash Open/Masters	11.00	1/6	5/18/2024	9:00 AM
#336 Men 110 Meter Hurdles Open/Masters	14.22	1/7	5/18/2024	9:00 AM
#338 Men 400 Meter Hurdles Open/Masters	54.36	1/6	5/18/2024	9:00 AM
4. Ward, William - Male - Comp#: 1751 - DOB: 2/19/1964 - Ind/Rel: 3 / 0				
#308 Boys 100 Meter Dash Open/Masters	NT	1/3	5/18/2024	9:00 AM
#310 Men Long Jump Open/Masters	ND	1/2	5/18/2024	12:00 PM
#324 Men 200 Meter Dash Open/Masters	NT	1/8	5/18/2024	9:00 AM

U.S. Express Masters Track C Total Individual Entries: 11 - Total Relays: 0

2024 US Express Invite - 5/18/2024**Denham Springs High School****Team Entries - All Events****United Southern Express Trac (24US)**

1. Andrews, Finn - Male - Comp#: 1772 - DOB: 1/31/2017 - Ind/Rel: 2 / 0				
#267 Boys 400 Meter Dash 07 - 08	NT	5/6	5/18/2024	9:00 AM
#283 Boys 800 Meter Run 07 - 08	3:40.59	2/5	5/18/2024	9:00 AM
2. Bonnie, Eli - Male - Comp#: 1773 - DOB: 11/2/2010 - Ind/Rel: 4 / 0				
#52 Boys 100 Meter Hurdles 14 years old	19.45	1/4	5/18/2024	9:00 AM
#68 Boys 400 Meter Dash 14 years old	1:08.63	2/6	5/18/2024	9:00 AM
#186 Boys Long Jump 14 years old	14-01.25	1/3	5/18/2024	12:00 PM
#194 Boys Triple Jump 14 years old	8.24m	C1/1	5/18/2024	12:00 PM
3. Bowden, Luke - Male - Comp#: 1774 - DOB: 6/14/2012 - Ind/Rel: 2 / 0				
#64 Boys 400 Meter Dash 12 years old	NT	2/7	5/18/2024	9:00 AM
#106 Boys 800 Meter Run 12 years old	NT	1/10	5/18/2024	9:00 AM
4. Brown, Aiden - Male - Comp#: 1775 - DOB: 10/18/2014 - Ind/Rel: 2 / 0				
#32 Boys 1500 Meter Run 10 years old	5:42.53	1/11	5/18/2024	9:00 AM
#102 Boys 800 Meter Run 10 years old	2:54.96	1/3	5/18/2024	9:00 AM
5. Buchert, Jacob - Male - Comp#: 1776 - DOB: 7/4/2008 - Ind/Rel: 2 / 0				
#42 Boys 1500 Meter Run 15 - 16 years old	NT	1/8	5/18/2024	9:00 AM
#112 Boys 800 Meter Run 15 - 16 years old	NT	1/13	5/18/2024	9:00 AM
6. Buchert, Jordan - Male - Comp#: 1777 - DOB: 7/4/2008 - Ind/Rel: 2 / 0				
#42 Boys 1500 Meter Run 15 - 16 years old	NT	1/7	5/18/2024	9:00 AM
#112 Boys 800 Meter Run 15 - 16 years old	2:20.01	1/5	5/18/2024	9:00 AM
7. Corbins, Chase - Male - Comp#: 1778 - DOB: 6/12/2007 - Ind/Rel: 1 / 0				
#114 Men 800 Meter Run 17 - 18 years old	2:05.88	1/2	5/18/2024	9:00 AM
8. Davis, Kynnedi - Female - Comp#: 1779 - DOB: 7/11/2006 - Ind/Rel: 2 / 0				
#189 Women Long Jump 17 - 18 years old	14-06.50	1/4	5/18/2024	12:00 PM
#197 Women Triple Jump 17 - 18 years old	9.85m	C1/2	5/18/2024	12:00 PM
9. DeCuir, William - Male - Comp#: 1780 - DOB: 1/8/2008 - Ind/Rel: 2 / 0				
#42 Boys 1500 Meter Run 15 - 16 years old	4:49.73	1/2	5/18/2024	9:00 AM
#112 Boys 800 Meter Run 15 - 16 years old	1:57.48	1/1	5/18/2024	9:00 AM
10. Dowdell, Joshua - Male - Comp#: 1781 - DOB: 1/7/2008 - Ind/Rel: 2 / 0				
#96 Boys 100 Meter Dash 15 - 16 years old	11.15	1/4	5/18/2024	9:00 AM
#152 Boys 200 Meter Dash 15 - 16 years old	23.29	1/5	5/18/2024	9:00 AM
11. Eaglin Jr, Dominique - Male - Comp#: 1782 - DOB: 2/28/2009 - Ind/Rel: 2 / 0				
#55 Boys 110 Meter Hurdles 15 - 16 years old	NT	1/2	5/18/2024	9:00 AM
#121 Boys 400 Meter Hurdles 15 - 16 years old	NT	1/3	5/18/2024	9:00 AM
12. Early, Serenity - Female - Comp#: 1783 - DOB: 4/18/2010 - Ind/Rel: 4 / 0				
#50 Girls 100 Meter Hurdles 14 years old	15.43	1/4	5/18/2024	9:00 AM
#93 Girls 100 Meter Dash 14 years old	13.02	1/3	5/18/2024	9:00 AM
#116 Girls 200 Meter Hurdles 14 years old	NT	1/4	5/18/2024	9:00 AM
#149 Girls 200 Meter Dash 14 years old	26.85	1/6	5/18/2024	9:00 AM
13. Easley, Madison - Female - Comp#: 1784 - DOB: 1/25/2010 - Ind/Rel: 3 / 0				
#39 Girls 1500 Meter Run 14 years old	NT	1/7	5/18/2024	9:00 AM
#109 Girls 800 Meter Run 14 years old	2:21.54	1/1	5/18/2024	9:00 AM
#129 Girls 3000 Meter Run 14 years old	NT	1/3	5/18/2024	9:00 AM
14. Foster, Graham - Male - Comp#: 1785 - DOB: 2/21/2012 - Ind/Rel: 2 / 0				
#36 Boys 1500 Meter Run 12 years old	5:48.40	1/6	5/18/2024	9:00 AM
#106 Boys 800 Meter Run 12 years old	NT		5/18/2024	9:00 AM

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15. Francis, De'Ron - Male - Comp#: 1786 - DOB: 8/28/2006 - Ind/Rel: 3 / 0				
#72 Men 400 Meter Dash 17 - 18 years old	55.99	2/6	5/18/2024	9:00 AM
#98 Men 100 Meter Dash 17 - 18 years old	12.15	2/2	5/18/2024	9:00 AM
#154 Men 200 Meter Dash 17 - 18 years old	24.55	2/4	5/18/2024	9:00 AM
16. Haefner, Abbey - Female - Comp#: 1787 - DOB: 7/1/2010 - Ind/Rel: 2 / 0				
#109 Girls 800 Meter Run 14 years old	3:15.96	1/4	5/18/2024	9:00 AM
#116 Girls 200 Meter Hurdles 14 years old	NT	1/6	5/18/2024	9:00 AM
17. Hall, John Patrick - Male - Comp#: 1788 - DOB: 4/24/2008 - Ind/Rel: 2 / 0				
#70 Boys 400 Meter Dash 15 - 16 years old	53.07	1/3	5/18/2024	9:00 AM
#152 Boys 200 Meter Dash 15 - 16 years old	25.87	1/8	5/18/2024	9:00 AM
18. Hughes, Kimora - Female - Comp#: 1789 - DOB: 5/31/2007 - Ind/Rel: 3 / 0				
#97 Women 100 Meter Dash 17 - 18 years old	13.14	1/1	5/18/2024	9:00 AM
#153 Women 200 Meter Dash 17 - 18 years old	23.24	1/4	5/18/2024	9:00 AM
#189 Women Long Jump 17 - 18 years old	14-06.75	1/3	5/18/2024	12:00 PM
19. Jones, Jayden - Male - Comp#: 1790 - DOB: 9/14/2010 - Ind/Rel: 2 / 0				
#68 Boys 400 Meter Dash 14 years old	1:12.66	2/7	5/18/2024	9:00 AM
#150 Boys 200 Meter Dash 14 years old	30.59	2/2	5/18/2024	9:00 AM
20. Kerlegan, Kristen - Female - Comp#: 1791 - DOB: 10/13/2011 - Ind/Rel: 3 / 0				
#65 Girls 400 Meter Dash 13 years old	NT	1/8	5/18/2024	9:00 AM
#91 Girls 100 Meter Dash 13 years old	NT	3/3	5/18/2024	9:00 AM
#147 Girls 200 Meter Dash 13 years old	NT	3/6	5/18/2024	9:00 AM
21. Kimble, Rilee - Female - Comp#: 1792 - DOB: 4/6/2009 - Ind/Rel: 2 / 0				
#69 Girls 400 Meter Dash 15 - 16 years old	1:05.48	1/2	5/18/2024	9:00 AM
#151 Girls 200 Meter Dash 15 - 16 years old	27.11	1/2	5/18/2024	9:00 AM
22. Kleinpeter, Bo - Male - Comp#: 1793 - DOB: 3/29/2013 - Ind/Rel: 2 / 0				
#34 Boys 1500 Meter Run 11 years old	NT	1/1	5/18/2024	9:00 AM
#104 Boys 800 Meter Run 11 years old	NT	1/9	5/18/2024	9:00 AM
23. Kleinpeter, Brock - Male - Comp#: 1794 - DOB: 3/29/2013 - Ind/Rel: 3 / 0				
#34 Boys 1500 Meter Run 11 years old	NT	1/3	5/18/2024	9:00 AM
#104 Boys 800 Meter Run 11 years old	NT	1/8	5/18/2024	9:00 AM
#124 Boys 3000 Meter Run 11 years old	NT	1/7	5/18/2024	9:00 AM
24. Kleinpeter, Mikayla - Female - Comp#: 1795 - DOB: 10/20/2010 - Ind/Rel: 4 / 0				
#67 Girls 400 Meter Dash 14 years old	1:07.45	1/6	5/18/2024	9:00 AM
#149 Girls 200 Meter Dash 14 years old	30.15	2/6	5/18/2024	9:00 AM
#185 Girls Long Jump 14 years old	13-06.00	1/4	5/18/2024	12:00 PM
#209 Girls High Jump 14 years old	4-08.00	1/2	5/18/2024	12:00 PM
25. Lindsey, Daniel - Male - Comp#: 1796 - DOB: 11/17/2008 - Ind/Rel: 2 / 0				
#70 Boys 400 Meter Dash 15 - 16 years old	56.26	1/6	5/18/2024	9:00 AM
#96 Boys 100 Meter Dash 15 - 16 years old	12.15	1/8	5/18/2024	9:00 AM
26. Livingston, Ra'Nyia - Female - Comp#: 1797 - DOB: 8/2/2010 - Ind/Rel: 2 / 0				
#93 Girls 100 Meter Dash 14 years old	NT	2/1	5/18/2024	9:00 AM
#149 Girls 200 Meter Dash 14 years old	NT	3/4	5/18/2024	9:00 AM
27. Martinez, Morgan - Female - Comp#: 1798 - DOB: 1/30/2012 - Ind/Rel: 3 / 0				
#181 Girls Long Jump 12 years old	14-07.50	1/1	5/18/2024	12:00 PM
#205 Girls High Jump 12 years old	4-10.00	1/2	5/18/2024	12:00 PM
#285 Girls Javelin Throw 12 years old	52-06	1/3	5/18/2024	12:00 PM
28. Matthews, Treasure - Female - Comp#: 1799 - DOB: 11/2/2007 - Ind/Rel: 1 / 0				
#189 Women Long Jump 17 - 18 years old	15-09.00	1/2	5/18/2024	12:00 PM

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29. Metz, Hollie - Female - Comp#: 1800 - DOB: 12/7/2007 - Ind/Rel: 2 / 0				
#54 Women 100 Meter Hurdles 17 - 18 years old	NT	1/3	5/18/2024	9:00 AM
#120 Women 400 Meter Hurdles 17 - 18 years old	NT	1/5	5/18/2024	9:00 AM
30. Moses, Caidyn - Male - Comp#: 1801 - DOB: 1/15/2011 - Ind/Rel: 2 / 0				
#92 Boys 100 Meter Dash 13 years old	14.12	1/2	5/18/2024	9:00 AM
#148 Boys 200 Meter Dash 13 years old	29.91	2/5	5/18/2024	9:00 AM
31. Parrish, Ian - Male - Comp#: 1802 - DOB: 10/24/2011 - Ind/Rel: 2 / 0				
#66 Boys 400 Meter Dash 13 years old	NT	2/7	5/18/2024	9:00 AM
#148 Boys 200 Meter Dash 13 years old	NT	3/3	5/18/2024	9:00 AM
32. Pate, Hannah - Female - Comp#: 1803 - DOB: 1/3/2012 - Ind/Rel: 2 / 0				
#89 Girls 100 Meter Dash 12 years old	NT	3/6	5/18/2024	9:00 AM
#145 Girls 200 Meter Dash 12 years old	NT	2/8	5/18/2024	9:00 AM
33. Patton, Weston - Male - Comp#: 1804 - DOB: 12/6/2011 - Ind/Rel: 3 / 0				
#38 Boys 1500 Meter Run 13 years old	NT	1/2	5/18/2024	9:00 AM
#108 Boys 800 Meter Run 13 years old	NT	1/6	5/18/2024	9:00 AM
#128 Boys 3000 Meter Run 13 years old	NT	1/5	5/18/2024	9:00 AM
34. Paul, Aayden - Male - Comp#: 1805 - DOB: 8/21/2012 - Ind/Rel: 3 / 0				
#36 Boys 1500 Meter Run 12 years old	NT	1/11	5/18/2024	9:00 AM
#106 Boys 800 Meter Run 12 years old	3:32.09	1/9	5/18/2024	9:00 AM
#126 Boys 3000 Meter Run 12 years old	NT	1/3	5/18/2024	9:00 AM
35. Paul, Zaiden - Male - Comp#: 1806 - DOB: 12/13/2015 - Ind/Rel: 2 / 0				
#84 Boys 100 Meter Dash 9 years old	NT	3/1	5/18/2024	9:00 AM
#140 Boys 200 Meter Dash 9 years old	NT	3/8	5/18/2024	9:00 AM
36. Poirier, Peyton - Female - Comp#: 1807 - DOB: 2/4/2008 - Ind/Rel: 2 / 0				
#95 Girls 100 Meter Dash 15 - 16 years old	12.45	1/3	5/18/2024	9:00 AM
#151 Girls 200 Meter Dash 15 - 16 years old	26.78	1/6	5/18/2024	9:00 AM
37. Price, Baileigh - Female - Comp#: 1808 - DOB: 5/28/2013 - Ind/Rel: 2 / 0				
#61 Girls 400 Meter Dash 11 years old	1:14.66	1/7	5/18/2024	9:00 AM
#143 Girls 200 Meter Dash 11 years old	32.45	1/1	5/18/2024	9:00 AM
38. Riggins, Nyla - Female - Comp#: 1809 - DOB: 9/24/2009 - Ind/Rel: 3 / 0				
#53 Girls 100 Meter Hurdles 15 - 16 years old	NT	1/7	5/18/2024	9:00 AM
#95 Girls 100 Meter Dash 15 - 16 years old	13.06	1/7	5/18/2024	9:00 AM
#151 Girls 200 Meter Dash 15 - 16 years old	27.41	1/1	5/18/2024	9:00 AM
39. Riggins, Rylee - Female - Comp#: 1810 - DOB: 1/1/2016 - Ind/Rel: 2 / 0				
#81 Girls 100 Meter Dash 07 - 08	NT	3/8	5/18/2024	9:00 AM
#137 Girls 200 Meter Dash 07 - 08	NT	3/3	5/18/2024	9:00 AM
40. Rush, Gordon - Male - Comp#: 1811 - DOB: 10/18/2007 - Ind/Rel: 1 / 0				
#222 Boys Javelin Throw 17 - 18 years old	125-10	1/2	5/18/2024	12:00 PM
41. Rush, Jax - Male - Comp#: 1812 - DOB: 10/4/2010 - Ind/Rel: 3 / 0				
#94 Boys 100 Meter Dash 14 years old	NT	2/1	5/18/2024	9:00 AM
#238 Boys Shot Put 14 years old	36-07.00	1/3	5/18/2024	12:00 PM
#250 Boys Discus Throw 14 years old	96-11	1/2	5/18/2024	12:00 PM
42. Rush, Jordyn - Female - Comp#: 1813 - DOB: 9/18/2012 - Ind/Rel: 3 / 0				
#205 Girls High Jump 12 years old	4-11.50	1/1	5/18/2024	12:00 PM
#233 Girls Shot Put 12 years old	22-05.00	1/1	5/18/2024	12:00 PM
#285 Girls Javelin Throw 12 years old	65-05	1/1	5/18/2024	12:00 PM
43. Sam, Aidan - Male - Comp#: 1814 - DOB: 5/3/2010 - Ind/Rel: 2 / 0				
#150 Boys 200 Meter Dash 14 years old	34.38	2/7	5/18/2024	9:00 AM
#186 Boys Long Jump 14 years old	12-00.50	1/4	5/18/2024	12:00 PM

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44. Sam, Kristen - Female - Comp#: 1815 - DOB: 3/14/2007 - Ind/Rel: 3 / 0				
#54 Women 100 Meter Hurdles 17 - 18 years old	16.93	1/4	5/18/2024	9:00 AM
#97 Women 100 Meter Dash 17 - 18 years old	13.22	1/8	5/18/2024	9:00 AM
#213 Women High Jump 17 - 18 years old	4-00.00	1/2	5/18/2024	12:00 PM
45. Terry-Lee, Amalia - Female - Comp#: 1816 - DOB: 10/11/2010 - Ind/Rel: 3 / 0				
#93 Girls 100 Meter Dash 14 years old	13.81	2/3	5/18/2024	9:00 AM
#149 Girls 200 Meter Dash 14 years old	25.25	1/5	5/18/2024	9:00 AM
#185 Girls Long Jump 14 years old	12-02.50	1/5	5/18/2024	12:00 PM
46. Torrance, Emma - Female - Comp#: 1817 - DOB: 3/8/2014 - Ind/Rel: 2 / 0				
#229 Girls Shot Put 10 years old	18-09.00	1/2	5/18/2024	12:00 PM
#293 Girls Javelin Throw 10 years old	34-03	1/3	5/18/2024	12:00 PM
47. Torrance, Jack - Male - Comp#: 1818 - DOB: 6/13/2008 - Ind/Rel: 2 / 0				
#240 Boys Shot Put 15 - 16 years old	48-06.50	1/6	5/18/2024	12:00 PM
#252 Boys Discus Throw 15 - 16 years old	155-07	1/3	5/18/2024	12:00 PM
48. Turner, Layla - Female - Comp#: 1819 - DOB: 2/7/2017 - Ind/Rel: 3 / 0				
#81 Girls 100 Meter Dash 07 - 08	NT	4/4	5/18/2024	9:00 AM
#137 Girls 200 Meter Dash 07 - 08	NT	3/8	5/18/2024	9:00 AM
#173 Girls Long Jump 07 - 08	ND	1/6	5/18/2024	12:00 PM
49. Washington, Cadence - Female - Comp#: 1820 - DOB: 10/8/2010 - Ind/Rel: 2 / 0				
#93 Girls 100 Meter Dash 14 years old	15.33	2/2	5/18/2024	9:00 AM
#149 Girls 200 Meter Dash 14 years old	32.39	2/2	5/18/2024	9:00 AM
50. Washington, Ryker - Male - Comp#: 1821 - DOB: 12/8/2007 - Ind/Rel: 2 / 0				
#98 Men 100 Meter Dash 17 - 18 years old	11.43	1/1	5/18/2024	9:00 AM
#154 Men 200 Meter Dash 17 - 18 years old	24.03	1/1	5/18/2024	9:00 AM
51. Wessinger, Jaicee - Female - Comp#: 1822 - DOB: 6/29/2014 - Ind/Rel: 2 / 0				
#85 Girls 100 Meter Dash 10 years old	NT	3/5	5/18/2024	9:00 AM
#141 Girls 200 Meter Dash 10 years old	NT	3/6	5/18/2024	9:00 AM
52. White, Andrew - Male - Comp#: 1823 - DOB: 5/29/2012 - Ind/Rel: 3 / 0				
#36 Boys 1500 Meter Run 12 years old	5:01.80	1/5	5/18/2024	9:00 AM
#106 Boys 800 Meter Run 12 years old	2:27.03	1/2	5/18/2024	9:00 AM
#126 Boys 3000 Meter Run 12 years old	10:46.20	1/1	5/18/2024	9:00 AM
53. Williamson, Hyacinth - Female - Comp#: 1824 - DOB: 5/20/2010 - Ind/Rel: 2 / 0				
#116 Girls 200 Meter Hurdles 14 years old	NT	1/5	5/18/2024	9:00 AM
#185 Girls Long Jump 14 years old	17-03.50	1/1	5/18/2024	12:00 PM

United Southern Express Trac Total Individual Entries: 124 - Total Relays: 0