

Greater King David Invite

May 25, 2024

LOCATION: Woodlawn High School, Baton Rouge, LA

**** MAKE SURE ATHLETE EAT 2 HOURS PRIOR TO THEIR SCHEDULED WARM-UP TIME ****

7:15 AM ALL Coaches and Admins to arrive to determine Team Area....
Admin Shawnica Turner (225-892-1906) to secure team packets.

7:30 AM **Field: All Field Event Personnel to report**

8:00 AM **Running: 3000m, 4x100m, RW and 400m Hurdles athletes to report**

9:30 AM **Running: 200m/800m athletes to report**

11:00 AM **Running: All other Athletes report**

See Complete Schedule below

Coach Assignments:

Coach Shawnica Turner	Admin
Coach Kamilla Fair	Field/Distance
Coach Sheldon Early	100m/200m/400m/Hurdles

Team Area:

To be determine during Saturday morning

Uniforms

Coaches	Light Blue US Express shirts
Athletes w/ Uniform	Track Uniform w/ Team shirt and Cover shorts
Athletes without Uniform	Red Shirt or US Express t-shirt with navy blue tights and/or Red shorts.

Admission:

General Public Admission cost is FREE for USATF members WITH CURRENT CARD AND KIDS UNDER 3. All others, Admission fee is \$10.00.

Other item Bring adequate fluids for the day

Prior to leaving track with your athlete, make sure you check with one of the coaches so we can maintain ACCOUNTABILITY

Meet Schedule

Running Event Finals

10:00 AM 4x100 Meter Relay	All Divisions STARTING WITH MASTERS THEN YOUNGEST TO OLDEST
3000 Meter Run	11-12, 13-14, 15-16, 17-18, Open, Masters Divisions
1500 Meter Race Walk	7-8, 9-10, 11- 12, 13-14, 15-16, 17-18, Open, Masters Divisions
400 Meter Hurdles (36")	Boys 15-16, 17-18, Open Divisions
400 Meter Hurdles (30")	Girls 15-16, 17-18, Open Divisions
200 Meter Hurdles (30")	13-14 Girls and Boys Divisions
200 Meter Dash	All Divisions STARTING WITH MASTERS THEN YOUNGEST TO OLDEST
800 Meter Dash	Open, Masters,7 -8, 9-10, 11-12, 13-14, 15-16, 17-18 Divisions
400 Meter Dash	Open, Masters,7 -8, 9-10, 11-12, 13-14, 15-16, 17-18 Divisions
1500 Meter Run	Open, Masters, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 Divisions
110 Meter Hurdles (39")	Boys 15-16, 17-18 Divisions RUN FROM THE BLUE MARKS ON TRACK
100 Meter Hurdles (33")	Boys 13-14, Girls 15-16, 17-18 Divisions RUN FROM THE GOLD MARKS
100 Meter Hurdles (30")	Girls 13-14 Division RUN FROM MARKS PLACED BY DIRECTOR
80 Meter Hurdles (30")	11-12 Division RUN FROM MARKS PLACED BY DIRECTOR
100 Meter Dash	All Divisions STARTING WITH MASTERS THEN YOUNGEST TO OLDEST
4x400 Meter Relay	7 -8, 9-10, 11-12, 13-14, 15-16, 17-18 Divisions

All events will follow order stipulated. This is a ROLLING SCHEDULE AND SUBJECT TO CHANGE.

All running events will be finals with heats against times. If limited participants in respective age groups then meet director reserve the right to combine heats, however awards and team scoring will be done based on age groups.



Field Event Finals (3 attempts)

9:00 AM	High Jump	13-4, 15-16, 17-18 Divisions Girls then Boys in that division
	Long Jump	Masters/Open, 17-18,15-16,13-14,11-12,9-10,7-8 Boys then Girls Division
	Turbo Javelin	Boys then Girls 6 and under, 7-8, 9-10, 11- 12 Divisions
	Discuss	Boys/Men: 13-14, 15-16, 17-18 Divisions
	Shot Put	Girls/Women: 17-18, 15-16, 13-14, 11-12, 9-10, 7-8, 6 and under Divisions
11:30 AM	Javelin	13-14, 15-16, 17-18 Divisions
	Discuss	Girls/Women: 13-14, 15-16, 17-18, Open, Masters
	High Jump	7-8, 9-10, 11-12 Divisions Girls then Boys in that division
	Shot Put	Boys/Men: 6 and under, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 Divisions
	Triple Jump	13-14, 15-16, 17-18 Divisions Boys then Girls AFTER ALL LONGJUMPS

Field Events will be contested as follows:

- **Each entry will have 3 attempts with exception of high jumps. Their competition rules apply.**
- **No Finals, event awards are based on top competitors in each age division.**
- **All events will follow order stipulated. Some events may overlap so have Athletes Check-in at both events and ask the official if they can leave for the other event.**
- **SOME EVENTS MAY START EARLRY OR LATER THAN STATED ON SCHEDULE. THIS WILL BE BASED UPON THE NUMBER OF ENTRIES IN THAT EVENT and MEET MANAGEMENT.**



2024 Greater King David OPEN Earnest Hollins Invitational - 5/25/2024**WOODLAWN HIGH SCHOOL****Team Entries - All Events**

U.S. Express Masters Track C (24UX)

1. Jackson Jr., Charles - Male - Comp#: 277 - Ind/Rel: 2 / 0		
#68 100 Meter Dash OPEN Men	10.99	1/4
#140 200 Meter Dash OPEN Men	22.79	1/4
2. Shepard, Jody - Male - Comp#: 278 - Ind/Rel: 2 / 0		
#43 400 Meter Hurdles 36" OPEN Men	54.36	1/6
#140 200 Meter Dash OPEN Men	23.67	1/3
3. Ward, William - Male - Comp#: 279 - Ind/Rel: 4 / 0		
#68 100 Meter Dash OPEN Men	NT	1/3
#96 400 Meter Dash OPEN Men	NT	1/4
#140 200 Meter Dash OPEN Men	NT	1/6
#188 Long Jump PIT 2 18' OPEN Men	ND	1/1

U.S. Express Masters Track C Total Individual Entries: 8 - Total Relays: 0

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WOODLAWN HIGH SCHOOL

Team Entries - All Events

United Southern Express Trac (24US)

1. AkamoHeartEl, Arayah - Female - Comp#: 295 - Ind/Rel: 2 / 0			
#107 400 Meter Dash 15-16 Division Girls		NT	2/5
#151 200 Meter Dash 15-16 Division Girls		NT	1/5
2. Brown, Aiden - Male - Comp#: 296 - Ind/Rel: 3 / 0			
#74 800 Meter Run 9-10 Division Boys	2:46.93	1/3	
#118 1500 Meter Run 9-10 Division Boys	5:35.95	1/4	
#193 Long Jump PIT 2 12' 9-10 Division Boys	ND	1/6	
3. Cawthorne, Kennedy - Female - Comp#: 297 - Ind/Rel: 2 / 0			
#151 200 Meter Dash 15-16 Division Girls		NT	2/4
#238 Javelin Throw 15-16 Division Girls		ND	1/3
4. Dowdell, Joshua - Male - Comp#: 298 - Ind/Rel: 2 / 0			
#64 100 Meter Dash 15-16 Division Boys	11.15	3/4	
#152 200 Meter Dash 15-16 Division Boys	23.29	3/5	
5. Eaglin Jr, Dominique - Male - Comp#: 299 - Ind/Rel: 2 / 0			
#41 400 Meter Hurdles 36" 15-16 Division Boys	1:09.23	1/3	
#127 110 Meter Hurdles 39" BLUE MAR 15-16 Division	18.67	1/3	
6. Early, Serenity - Female - Comp#: 300 - Ind/Rel: 4 / 0			
#49 200 Meter Hurdles 30" 13-14 Division Girls	28.84	1/4	
#61 100 Meter Dash 13-14 Division Girls	12.85	3/5	
#134 100 Meter Hurdles 30" GOLD MAR 13-14 Division	15.87	1/6	
#149 200 Meter Dash 13-14 Division Girls	26.30	4/5	
7. Francis, De'Ron - Male - Comp#: 301 - Ind/Rel: 2 / 0			
#110 400 Meter Dash 17-18 Division Boys	1:04.56	2/7	
#154 200 Meter Dash 17-18 Division Boys	26.15	2/4	
8. Gray, Samiya - Female - Comp#: 302 - Ind/Rel: 4 / 0			
#61 100 Meter Dash 13-14 Division Girls		NT	2/1
#149 200 Meter Dash 13-14 Division Girls		NT	2/3
#182 Long Jump PIT 1 10' 13-14 Division Girls		ND	1/5
#218 Shot Put 13-14 Division Girls		ND	1/3
9. Hill, Jaylah - Female - Comp#: 303 - Ind/Rel: 2 / 0			
#61 100 Meter Dash 13-14 Division Girls		NT	1/2
#149 200 Meter Dash 13-14 Division Girls		NT	1/7
10. Hughes, Kimora - Female - Comp#: 304 - Ind/Rel: 3 / 0			
#65 100 Meter Dash 17-18 Division Girls	13.52	2/2	
#153 200 Meter Dash 17-18 Division Girls		NT	1/3
#180 Long Jump PIT 1 14' 17-18 Division Girls	14-06.00	1/5	
11. Jones, Jayden - Male - Comp#: 305 - Ind/Rel: 4 / 0			
#106 400 Meter Dash 13-14 Division Boys	1:11.79	2/2	
#130 100 Meter Hurdles 33" GOLD MAR 13-14 Division		NT	1/5
#150 200 Meter Dash 13-14 Division Boys	30.59	1/5	
#191 Long Jump PIT 2 15' 13-14 Division Boys		ND	1/4
12. Kately Jr, Derek - Male - Comp#: 306 - Ind/Rel: 2 / 0			
#66 100 Meter Dash 17-18 Division Boys		NT	2/8
#154 200 Meter Dash 17-18 Division Boys		NT	1/5
13. Kimble, Rilee - Female - Comp#: 307 - Ind/Rel: 2 / 0			
#107 400 Meter Dash 15-16 Division Girls	1:09.14	3/8	
#151 200 Meter Dash 15-16 Division Girls	28.51	3/5	

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14. King, Jayla - Female - Comp#: 308 - Ind/Rel: 2 / 0		
#107 400 Meter Dash 15-16 Division Girls	1:00.84	3/4
#151 200 Meter Dash 15-16 Division Girls	NT	2/3
15. Kleinpeter, Bo - Male - Comp#: 309 - Ind/Rel: 2 / 0		
#20 3000 Meter Run 11-12 Division Boys	NT	1/4
#120 1500 Meter Run 11-12 Division Boys	6:33.88	1/6
16. Kleinpeter, Brock - Male - Comp#: 310 - Ind/Rel: 3 / 0		
#20 3000 Meter Run 11-12 Division Boys	14:19.11	1/3
#120 1500 Meter Run 11-12 Division Boys	7:07.71	1/7
#171 High Jump 3'11" SH 11-12 Division Boys	NH	1/1
17. Kleinpeter, Mikayla - Female - Comp#: 311 - Ind/Rel: 4 / 0		
#105 400 Meter Dash 13-14 Division Girls	1:07.45	3/2
#149 200 Meter Dash 13-14 Division Girls	30.10	3/7
#172 High Jump 4'0" SH 13-14 Division Girls	4-08.00	1/1
#182 Long Jump PIT 1 10' 13-14 Division Girls	13-06.00	1/9
18. Kline, Henry - Male - Comp#: 312 - Ind/Rel: 2 / 0		
#78 800 Meter Run 13-14 Division Boys	NT	1/9
#122 1500 Meter Run 13-14 Division Boys	NT	1/15
19. Lindsey, Daniel - Male - Comp#: 313 - Ind/Rel: 2 / 0		
#64 100 Meter Dash 15-16 Division Boys	12.15	3/7
#152 200 Meter Dash 15-16 Division Boys	NT	1/4
20. Parms, Jacques - Male - Comp#: 314 - Ind/Rel: 2 / 0		
#108 400 Meter Dash 15-16 Division Boys	56.12	2/7
#152 200 Meter Dash 15-16 Division Boys	26.95	2/4
21. Pate, Hannah - Female - Comp#: 315 - Ind/Rel: 2 / 0		
#59 100 Meter Dash 11-12 Division Girls	16.09	2/7
#147 200 Meter Dash 11-12 Division Girls	NT	2/7
22. Patton, Weston - Male - Comp#: 316 - Ind/Rel: 2 / 0		
#78 800 Meter Run 13-14 Division Boys	3:14.89	1/8
#122 1500 Meter Run 13-14 Division Boys	6:26.85	1/13
23. Riggins, Nyla - Female - Comp#: 317 - Ind/Rel: 3 / 0		
#63 100 Meter Dash 15-16 Division Girls	13.06	4/7
#131 100 Meter Hurdles 33" GOLD MAR 15-16 Division	20.98	1/2
#151 200 Meter Dash 15-16 Division Girls	26.91	4/6
24. Riggins, Rylee - Female - Comp#: 318 - Ind/Rel: 2 / 0		
#55 100 Meter Dash 7-8 Division Girls	16.59	2/4
#143 200 Meter Dash 7-8 Division Girls	37.26	2/5
25. Robinson, Izabella - Female - Comp#: 319 - Ind/Rel: 2 / 0		
#59 100 Meter Dash 11-12 Division Girls	15.21	2/3
#147 200 Meter Dash 11-12 Division Girls	31.64	3/4
26. Sam, Aidan - Male - Comp#: 320 - Ind/Rel: 3 / 0		
#62 100 Meter Dash 13-14 Division Boys	NT	1/3
#150 200 Meter Dash 13-14 Division Boys	26.13	2/7
#191 Long Jump PIT 2 15' 13-14 Division Boys	15-05.00	1/7
27. Sam, Kristen - Female - Comp#: 321 - Ind/Rel: 2 / 0		
#65 100 Meter Dash 17-18 Division Girls	13.94	2/7
#132 100 Meter Hurdles 33" GOLD MAR 17-18 Division	18.29	1/6

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28. Stevens, Jerny - Female - Comp#: 322 - Ind/Rel: 3 / 0		
#63 100 Meter Dash 15-16 Division Girls	NT	3/8
#107 400 Meter Dash 15-16 Division Girls	NT	2/1
#151 200 Meter Dash 15-16 Division Girls	NT	2/2
29. Stewart, Alexandria - Female - Comp#: 323 - Ind/Rel: 2 / 0		
#109 400 Meter Dash 17-18 Division Girls	57.97	1/4
#153 200 Meter Dash 17-18 Division Girls	25.45	2/5
30. Terry-Lee, Amalia - Female - Comp#: 324 - Ind/Rel: 2 / 0		
#61 100 Meter Dash 13-14 Division Girls	13.50	3/8
#149 200 Meter Dash 13-14 Division Girls	25.25	4/4
31. Thomas, Ty - Male - Comp#: 325 - Ind/Rel: 2 / 0		
#64 100 Meter Dash 15-16 Division Boys	NT	2/1
#152 200 Meter Dash 15-16 Division Boys	NT	2/3
32. Turner, Layla - Female - Comp#: 326 - Ind/Rel: 3 / 0		
#55 100 Meter Dash 7-8 Division Girls	18.32	2/3
#143 200 Meter Dash 7-8 Division Girls	41.80	2/3
#185 Long Jump PIT 1 7' 7-8 Division Girls	6-04.00	1/3
33. Wessinger, Jaicee - Female - Comp#: 327 - Ind/Rel: 2 / 0		
#57 100 Meter Dash 9-10 Division Girls	16.53	2/2
#145 200 Meter Dash 9-10 Division Girls	35.60	2/3
34. Williamson, Hyacinth - Female - Comp#: 328 - Ind/Rel: 3 / 0		
#49 200 Meter Hurdles 30" 13-14 Division Girls	30.06	1/5
#77 800 Meter Run 13-14 Division Girls	NT	1/8
#182 Long Jump PIT 1 10' 13-14 Division Girls	16-01.00	1/10
35. Willis, Jackson - Male - Comp#: 329 - Ind/Rel: 3 / 0		
#60 100 Meter Dash 11-12 Division Boys	NT	2/7
#104 400 Meter Dash 11-12 Division Boys	NT	1/4
#148 200 Meter Dash 11-12 Division Boys	NT	2/2

United Southern Express Trac Total Individual Entries: 87 - Total Relays: 0