

USATF Southern Association Championship Meet

June 8, 2024

LOCATION: Zachary High School, Zachary, LA

**** MAKE SURE ATHLETE EAT 2 HOURS PRIOR TO THEIR SCHEDULED WARM-UP TIME ****

7:15 AM ALL Coaches and Admins to arrive to determine Team Area....
Admin Shawnica Turner (225-892-1906) to secure team packets.

7:30 AM **Running: 3000m and 400m Hurdles athletes to report**

Field: All Field Event Personnel to report

9:00 AM **Running: 100m/800m athletes to report**

10:00 AM **Running: All other athletes report**

See Complete Schedule below

Coach Assignments:

| | | | Events | Radio |
|----------|----------|--------|----------------|-------|
| Kenyatta | Fontenot | Female | 200m/400m | 1 |
| Kaylynn | Kitchen | Female | Jumps | 2 |
| Sheldon | Early | Male | Hurdles/200m | 3 |
| Kamilla | Fair | Female | 100m/400m | 4 |
| Andolyn | Prejean | Female | 100m/200m | 5 |
| Dechelle | Simon | Female | 800/1500/3000m | 6 |
| Matthew | Torrance | Male | Throws | 7 |
| Shawnica | Turner | Female | Admin/400 | 8 |

Team Area:

To be determine during Saturday morning

Uniforms

Coaches Light Blue US Express shirts

Athletes w/ Uniform Track Uniform w/ Team

shirt and Cover shorts

Athletes without Uniform

Red Shirt or US Express t-shirt with navy blue tights and/or Red shorts.

Admission:

General Public Admission cost is FREE for USATF members WITH CURRENT CARD AND KIDS UNDER 3. All others, Admission fee is \$10.00. **Other item**

Bring adequate fluids for the day

Prior to leaving track with your athlete, make sure you check with one of the coaches so we can maintain ACCOUNTABILITY

ADULT ENTIRES

Mens

Charles Jackson Jr. - 36

30-99 100 Meters 10.97

30-99 200 Meters 22.00

Jody Shepard - 39

30-99 100 Meters 11.66

30-99 200 Meters 23.46

30-99 110m Hurdles 13.90

30-99 400m Hurdles 54.36

William Ward - 60

30-99 100 Meters 11.22

30-99 400 Meters 55.00

30-99 Long Jump

30-99 200 Meters

Womens

Vera Minix - 56

30-99 100 Meters 16.71

30-99 200 Meters 34.98

30-99 Long Jump 8'

YOUTH ENTRIES

Mens

Javian Allen - 18

17-18 800 Meters

17-18 1500 Meters 5:27.91

DeMichael Anderson - 18

17-18 200 Meters

17-18 400 Meters 55.47

Finn Andrews - 7

7-8 800 Meters 3:21.86

7-8 400 Meters 1:36.81

Khel Arvie - 17

17-18 400 Meters 51.11

17-18 200 Meters

17-18-A1 4x400 Relay

Paul Batiste III - 13

13-14 200 Meters

13-14 100 Meters

Eli Bonnie - 14

13-14 400 Meters

13-14 100m Hurdles

13-14 Long Jump

13-14 Triple Jump

Aiden Brown - 10

9-10 1500 Meters 5:35.95

9-10 800 Meters 2:43.31

Jacob Buchert - 16

15-16 Long Jump

15-16 1500 Meters 4:41.64

15-16 800 Meters 2:19.02

DaShone Beebe - 15

15-16 100 Meters 11.84

15-16 200 Meters

15-16 400 Meters 53.45

15-16-A3 4x400 Relay

Jordan Buchert - 16
15-16 800 Meters 2:20.01
15-16 1500 Meters 4:47.22
15-16 Long Jump

Samuel Buchert - 12
11-12 1500 Meters
11-12 800 Meters

Joshua Dowdell - 16
15-16 Long Jump
15-16 200 Meters 22.77
15-16 100 Meters 11.15

Khalil Eggins - 12
11-12 400 Meters 1:29.96
11-12 Long Jump 9' 1.5

Kai Fontenot - 17
17-18 100 Meters 10.77
17-18 200 Meters 21.83
17-18-A4 4x400 Relay

John Patrick Hall - 16
15-16 400 Meters 53.07
15-16 200 Meters 23.44
15-16 100 Meters 11.29
15-16-A1 4x400 Relay

Javerion Johnson - 18
17-18 400 Meters 51.10
17-18 200 Meters
17-18-A3 4x400 Relay

Jayden Jones - 14
13-14 200 Meters 29.66
13-14 100m Hurdles 21.27
13-14 Long Jump 13' 11

Jacob Journet - 17
17-18 Long Jump
17-18 Triple Jump

Bo Kleinpeter - 11
11-12 800 Meters 3:00.34
11-12 1500 Meters 6:33.88
11-12 400 Meters

Brock Kleinpeter - 11
11-12 800 Meters 3:22.72
11-12 1500 Meters 6:52.98
11-12 High Jump 3' 7.75

Harrison Lalande - 16
15-16 400 Meters 53.25
15-16 200 Meters 23.50
15-16-A2 4x400 Relay

Daniel Lindsey - 16
15-16 100 Meters 11.95
15-16 400 Meters 56.26

Terry Matthews - 17
17-18 100 Meters 11.76
17-18 110m Hurdles 15.26
17-18 400m Hurdles

Jacques Parmis - 15
15-16 400 Meters 56.12
15-16 200 Meters 25.09
15-16-A4 4x400 Relay

Weston Patton - 13
13-14 800 Meters 3:04.10
13-14 1500 Meters 6:26.85

Aayden Paul - 12
11-12 800 Meters 3:09.42
11-12 1500 Meters 6:42.73
11-12 Shot Put

Zaiden Paul - 9
9-10 100 Meters 14.98
9-10 200 Meters 31.97
9-10 Javelin 69' 9

Ivory Payne - 18
17-18- 4x400
A2 Relay
17-18 800 Meters 2:01.35
17-18 400 Meters 52.59

Jaydan Pitre - 9
9-10 200 Meters 31.79
9-10 100 Meters 15.27

Cameron Reid-LeDoux - 16
15-16 400 Meters 58.99
15-16 200 Meters

Gordon Rush - 17
17-18 400m Hurdles 1:06.53
17-18 Javelin 125' 10

Jax Rush - 14
13-14 100 Meters 14.40
13-14 Discus 96' 11
13-14 Shot Put 36' 7

Aidan Sam - 14
13-14 Long Jump 15' 10.5
13-14 200 Meters 26.09
13-14 100 Meters 12.53

Ty Thomas - 15
15-16 100 Meters
15-16 200 Meters 23.23

Tyler Thomas - 17
17-18 100 Meters
17-18 200 Meters

Jack Torrance - 16
15-16 Discus 155' 7
15-16 Shot Put 48' 6.5

Jarrold Triggs - 18
17-18 200 Meters
17-18 400 Meters

Jayden Walker - 18
17-18 400m Hurdles
17-18 400 Meters 53.44

Jackson Willis - 11
11-12 100 Meters 13.87
11-12 200 Meters 28.54
11-12 400 Meters 1:08.40

Sherman Zeigler - 18
17-18 Shot Put 42' 4

Womens

Zoe Arceneaux - 13
13-14 100m Hurdles
13-14 200 Meters
13-14 Long Jump

Jase Armstrong - 14
13-14 100 Meters 15.08
13-14 200 Meters 32.20
13-14 Long Jump 13' 0
13-14 Triple Jump 29' 10

Kennedy Cawthorne - 15

15-16 200 Meters 31.90
15-16 Javelin 34' 1.5
15-16 100m Hurdles

Kynnedi Davis - 18

17-18 Long Jump 14' 6.5
17-18 Triple Jump 32' 4

Zoe Davis - 12

11-12 100 Meters
11-12 Long Jump

Mary Elizabeth DeCuir - 11

11-12 200 Meters
11-12 400 Meters 1:11.72
11-12 High Jump

Serenity Early - 14

13-14 100 Meters 12.85
13-14 200 Meters 26.04
13-14 100m Hurdles
13-14 200m Hurdles 28.84

Madison Easley - 14

13-14 3000 Meters 11:39.29
13-14 1500 Meters 5:24.43
13-14 800 Meters 2:21.54

London Elder - 8

7-8 200 Meters
7-8 100 Meters

Tiffany Foxworth - 15

15-16 200 Meters 26.95
15-16 100 Meters 12.64

Samiya Gray - 13

13-14 200 Meters 33.46
13-14 100 Meters 15.35

Jaylah Hill - 14

13-14 100 Meters 13.36
13-14 200 Meters 27.52

Kimora Hughes - 17

17-18 100 Meters 13.26
17-18 200 Meters 27.13
17-18 400 Meters
17-18 Long Jump 14' 6

Jaelyn Jones - 17

17-18 Long Jump
17-18 200 Meters
17-18 100 Meters
17-18-A4 4x400 Relay

A'miya Kerlegan - 15

15-16 200 Meters 29.62
15-16 400 Meters 1:07.96
15-16-4x400
A4 Relay

Kristen Kerlegan - 13

13-14 400 Meters
13-14 200 Meters 32.01
13-14 100 Meters 14.42

Rilee Kimble - 15

15-16 100 Meters
15-16 200 Meters 28.20
15-16 400 Meters 1:09.14

Jayla King - 16

15-16-4x400
A1 Relay
15-16 800 Meters 2:32.27
15-16 200 Meters 27.85

Mikayla Kleinpeter - 14

13-14 High Jump 4' 8
13-14 Long Jump 14' 10
13-14 400 Meters 1:07.45
13-14 200 Meters 29.96

Aniyha Lavan - 17

17-18 High Jump
17-18 Long Jump
17-18 400 Meters
17-18-A2 4x400 Relay

Asia Little - 7

7-8 100 Meters
7-8 200 Meters

Ra'Nyia Livingston - 14

13-14 100 Meters 14.55
13-14 200 Meters 31.20

Morgan Martinez - 12

11-12 Javelin 72' 2
11-12 Shot Put
11-12 Long Jump 12' 3

Treasure Matthews - 17

17-18 100 Meters 13.87
17-18 200 Meters
17-18 Long Jump 15' 9

Kiristen McGirt - 17

17-18 Javelin
17-18 Discus
17-18 Shot Put

Kylie Norbert - 17

17-18 200 Meters 26.27
17-18 100 Meters 12.68

Kennedy Papillion - 17

17-18 400m Hurdles
17-18 High Jump 5' 6
17-18 400 Meters 1:04.69

Bree Parms - 16

15-16 Discus
15-16 Shot Put
15-16 Javelin

Hannah Pate - 12

11-12 100 Meters 14.83
11-12 200 Meters 32.47

Trenati Pitre - 16

15-16-A3 4x400 Relay
15-16 Long Jump 16' 9.5
15-16 200 Meters
15-16 100 Meters 13.18

Peyton Poirier - 16

15-16 100 Meters 12.45
15-16 200 Meters 26.78

Baileigh Price - 11

11-12 400 Meters 1:12.88
11-12 200 Meters 32.45

Kai Richard - 16

15-16 Shot Put 32' 5.75
15-16 Discus 112' 8

Nyla Riggins - 15

15-16-A5 4x400 Relay
15-16 200 Meters 26.04
15-16 100 Meters 12.72

Rylee Riggins - 8

7-8 100 Meters 16.30

7-8 200 Meters 34.75

Sophia Runnels - 17

17-18 Javelin

17-18 Shot Put

Jordyn Rush - 12

11-12 High Jump 4' 4

11-12 Javelin 65' 1

11-12 100 Meters 14.51

Jerny Stevens - 15

15-16 400 Meters 1:03.43

15-16 200 Meters 26.84

15-16 100 Meters 12.90

15-16- 4x400

A2 Relay

Alexandria Stewart - 18

17-18 200 Meters 25.45

17-18 100 Meters 12.72

17-18 400 Meters 57.97

17-18-A1 4x400 Relay

Amalia Terry-Lee - 14

13-14 Long Jump 11' 10.5

13-14 200 Meters 25.25

13-14 100 Meters 12.99

Emma Torrance - 10

9-10 Shot Put 19' 3.5

9-10 Javelin

Jai'nya Triggs - 18

17-18 400 Meters

17-18 200 Meters

17-18-A3 4x400 Relay

Jaicee Wessinger - 10

9-10 200 Meters 34.77

9-10 100 Meters 16.33

Hyacinth Williamson - 14

13-14 800 Meters 2:38.91

13-14 100m Hurdles

13-14 Long Jump 16' 2.5

Schedule

Running Event Finals - 9:00 AM

| | |
|-------------------------|--|
| 3000 Meter Run | Masters, Open, 11-18 yrs. |
| 4x100 Meter Relay | <u>All Youth Divisions*</u> |
| 1500 Meter Race Walk | 8 & U-18 yrs. |
| 400 Meter Hurdles (36") | Masters Men [30 – 49], Open Men, Boys 15-18 yrs. |
| 400 Meter Hurdles (33") | Masters Men [50-59] |
| 400 Meter Hurdles (30") | Masters Women [30-49] |
| 300 Meter Hurdles (30") | Masters Men [60-69], Masters Women [50-59] |
| 300 Meter Hurdles (27") | Masters Men [70-Up], Masters Women [60-Up] |
| 200 Meter Hurdles (30") | 13-14 yrs. |
| 100 Meter Dash | Masters, Open, <u>Para</u> , <u>All Youth Divisions*</u> |
| 800 Meter Run | Masters, Open, 8 & U-18 yrs. |
| 3000 Meter Race Walk | Masters, Open, 13-18 yrs. |
| 400 Meter Dash | Masters, Open, <u>Para</u> 8 & U-18 yrs. |
| 1500 Meter Run | Masters, Open, 8 & U-18 yrs. |
| 110 Meter Hurdles (42") | Open Men, Boys 15-18 yrs. |
| 110 Meter Hurdles (39") | Masters Men [30-49], Boys 15-18 yrs. Boys 13-14 yrs., Girls 15-18 yrs., |
| 100 Meter Hurdles (36") | Masters Men [50-59] |
| 100 Meter Hurdles (33") | Masters Men [60-69], Masters Women [30-39], Open Women |
| 100 Meter Hurdles (30") | Masters Men [70-79], Girls 13-14 yrs. |
| 80 Meter Hurdles (30") | Masters Women [50-59], Masters Women [40-49], Girls 11-12 yrs., Boys 11-12 yrs. |
| 80 Meter Hurdles (27") | Masters Men [80-Up] |
| 200 Meter Dash | Masters, Open, <u>Para</u> , <u>All Youth Divisions*</u> |
| 4x800 Meter Relay | 11-18, yrs. |
| 4x400 Meter Relay | 8 & U-18 yrs. |

*All Youth Divisions Include [6 & U] Division.

Field Event Finals (4 attempts)

| | | |
|---------|--------------------|---|
| 9:00 AM | Long Jump | Masters, Open, All Youth Divisions Pit A Boys Pit B Girls |
| | High Jump | Masters, Open, 13–18 yrs. old |
| | Turbo/Finn Javelin | 7–12 yrs. old (in-field) |
| | Discus | Masters, Open, Boys/Men: 13–18 yrs. old |
| | Shot Put | Masters, Open, Para, Girls/Women: 7-18 yrs. old |
| | Javelin | Masters, Open, 13-18 yrs. old |
| | Discus | Masters, Open, Girls/Women: 13–18 yrs. old |
| | High Jump | Masters, Open, 7-12 yrs. old |
| | Shot Put | Masters, Open, Para, Boys/Men: 7-18 yrs. old |
| | Triple Jump Pit A | Masters, Open, 13-18 yrs. old |