

United Southern Express Track Club

RECORDS - USEXPRESS - Indoor

Female

	Event	Mark	Date Set	Record Holder	Team Affiliation
6 & Under	60m Dash	11.45	Feb-16-13	Cameron Delahoussaye at 2013 LA Indoor	United Southern Express
	200m Dash	47.50	Feb-25-12	Jasmin Robertson at 2012 USATF Southwes	United Southern Express
	Long Jump	1.47m	Feb-16-13	Cameron Delahoussaye at 2013 LA Indoor	United Southern Express
07-08	60m Dash	10.47	Feb-23-19	Kenya Cummings at 2019 Louisiana Youth	US Express
	200m Dash	36.60	Feb-28-26	Kehlani Hatch at 2026 Louisiana Youth I	US Express
	400m Dash	1:22.60	Feb-24-18	Molly Cramer at 2018 Louisiana Youth In	US Express
	800m Run	3:03.32	Feb-24-18	Molly Cramer at 2018 Louisiana Youth In	US Express
	Long Jump	2.73m	Feb-28-26	Bria Brown at 2026 Louisiana Youth Indo	US Express
	Shot Put	1.55m	Feb-23-19	Samantha Johnston at 2019 Louisiana You	US Express
09-10	60m Dash	9.44	Feb-28-26	Rylee Riggins at 2026 Louisiana Youth I	US Express
	200m Dash	32.12	Feb-29-20	Serenity Early at 2020 Louisiana Youth	US Express
	400m Dash	1:16.35	Feb-23-19	Molly Cramer at 2019 Louisiana Youth In	US Express
	800m Run	2:46.95	Feb-29-20	Molly Cramer at 2020 Louisiana Youth In	US Express
	1600m Run	5:54.22	Feb-29-20	Molly Cramer at 2020 Louisiana Youth In	US Express
	High Jump	1.15m	Feb-23-19	Ella Kate Johnston at 2019 Louisiana Yo	US Express
	Shot Put	5.33m	Feb-23-19	Ella Kate Johnston at 2019 Louisiana Yo	US Express
11-12	60m Dash	8.78	Feb-12-11	Keionne Octave at 2011 USATF Southwest	United Southern Express
	200m Dash	29.55	Feb-27-16	Paris Auzenne at 2016 Louisiana Governo	US Express
	400m Dash	1:09.14	Feb-12-11	Keionne Octave at 2011 USATF Southwest	United Southern Express
	800m Run	2:34.48	Feb-24-25	Eden Temple at 2025 Louisiana Youth Ind	US Express
	High Jump	1.25m	Feb-27-16	Paris Auzenne at 2016 Louisiana Governo	US Express
	Long Jump	4.31m	Feb-12-11	Danai Metoyer at 2011 USATF Southwest R	US Express
	Shot Put	6.77m	Feb-28-26	Riley Sparrow at 2026 Louisiana Youth I	US Express
13-14	60m Dash	8.30	Feb-25-12	Keionne Octave at 2012 USATF Southwest	United Southern Express
	200m Dash	27.00	Feb-25-12	Keionne Octave at 2012 USATF Southwest	United Southern Express
	400m Dash	1:02.80	Feb-25-12	Keionne Octave at 2012 USATF Southwest	United Southern Express
	800m Run	2:41.47	Feb-23-19	Rachel Fereday at 2019 Louisiana Youth	US Express
	60m Hurdles	10.80	Feb-23-19	Rachel Fereday at 2019 Louisiana Youth	US Express
	Long Jump	4.82m	Feb-25-12	Danai Metoyer at 2012 USATF Southwest R	United Southern Express
	Triple Jump	9.40m	Feb-13-10	Elasha Williams at 2010 South Zone Indo	United Southern Express
	Shot Put	8.09m	Feb-13-10	Elasha Williams at 2010 South Zone Indo	United Southern Express
15-16	60m Dash	8.51	Feb-16-13	Morgan Thibeaux at 2013 LA Indoor Youth	United Southern Express
	200m Dash	28.79	Feb-16-13	Morgan Thibeaux at 2013 LA Indoor Youth	United Southern Express
	400m Dash	1:09.96	Feb-16-13	Morgan Thibeaux at 2013 LA Indoor Youth	United Southern Express
	High Jump	1.50m	Feb-23-19	Alana Simon at 2019 Louisiana Youth Ind	US Express
17-18	200m Dash	26.13	Feb-24-25	Kimora Hughes at 2025 Louisiana Youth I	US Express
	Shot Put	7.46m	Feb-24-18	Quian Ely at 2018 Louisiana Youth Indoo	US Express

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Male

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6 & Under	200m Dash	38.78	Feb-12-11	Raymond Pickney at 2011 USATF Southwest	United Southern Express
	Long Jump	1.35m	Feb-12-11	Caleb Mosely at 2011 USATF Southwest Re	United Southern Express
07-08	50m Dash	10.52	Feb-27-16	Tyler Slate at 2016 Louisiana Governor	US Express
	60m Dash	9.42	Feb-13-10	Isaiah Sam at 2010 South Zone Indoor Ch	US Express
	200m Dash	33.59	Feb-13-10	Isaiah Sam at 2010 South Zone Indoor Ch	US Express
	400m Dash	1:33.31	Feb-23-19	Leland Cramer at 2019 Louisiana Youth I	US Express
	800m Run	3:11.75	Feb-24-25	Enoch Andrews at 2025 Louisiana Youth I	US Express
	Long Jump	2.96m	Feb-23-19	Carson Banks at 2019 Louisiana Youth In	US Express
	Shot Put	3.72m	Feb-27-16	Tyler Slate at 2016 Louisiana Governor	US Express
09-10	60m Dash	8.80	Feb-16-13	Kenson Tate at 2013 LA Indoor Youth and	United Southern Express
	200m Dash	30.43	Feb-16-13	Kenson Tate at 2013 LA Indoor Youth and	United Southern Express
	800m Run	2:42.91	Feb-24-25	Collis Temple IV at 2025 Louisiana Yout	US Express
	1500m Run	5:51.22	Feb-16-13	Adam Mason at 2013 LA Indoor Youth and	United Southern Express
	1600m Run	6:06.76	Feb-24-25	Collis Temple IV at 2025 Louisiana Yout	US Express
	High Jump	1.25m	Feb-12-11	Jonah Mayes at 2011 USATF Southwest Reg	United Southern Express
	Long Jump	4.43m	Feb-12-11	Jonah Mayes at 2011 USATF Southwest Reg	US Express
Shot Put	5.74m	May-24-10	Jonah Mayes at US Express Team Testing	US Express	
11-12	60m Dash	8.29	Feb-28-15	Kenson Tate at 2015 Louisiana Governor'	US Express
	200m Dash	28.99	Feb-28-15	Kenson Tate at 2015 Louisiana Governor'	US Express
	400m Dash	1:03.40	Feb-12-11	Gerald Levy at 2011 USATF Southwest Reg	United Southern Express
	800m Run	2:39.24	Feb-28-26	Andrew Sanchez at 2026 Louisiana Youth	US Express
	1600m Run	5:46.37	Feb-28-26	Andrew Sanchez at 2026 Louisiana Youth	US Express
	1500m Walk	11:01.33	Feb-12-11	Oliver Vreeland at 2011 USATF Southwest	United Southern Express
	High Jump	1.25m	Feb-27-16	Tre'Shawn Dunn at 2016 Louisiana Govern	US Express
Long Jump	4.87m	Feb-28-15	Kenson Tate at 2015 Louisiana Governor'	US Express	
Shot Put	7.36m	Feb-24-18	Bryson Thomas at 2018 Louisiana Youth I	US Express	
13-14	60m Dash	7.59	Feb-25-12	Gerald Levy at 2012 USATF Southwest Reg	United Southern Express
	200m Dash	25.58	Feb-16-13	Gerald Levy at 2013 LA Indoor Youth and	United Southern Express
	400m Dash	59.82	Feb-16-13	Gerald Levy at 2013 LA Indoor Youth and	US Express
	800m Run	2:26.79	Feb-23-19	Abram Johnston at 2019 Louisiana Youth	US Express
	1600m Run	5:12.41	Feb-23-19	Abram Johnston at 2019 Louisiana Youth	US Express
	1500m Walk	9:36.17	Feb-13-10	Daniel A.Turner at 2010 South Zone Indo	United Southern Express
	1600m Walk	11:01.92	Feb-28-15	Peyton Auzenne at 2015 Louisiana Govern	US Express
	Long Jump	5.89m	Feb-12-11	Jonathan Prior at 2011 USATF Southwest	United Southern Express
	Shot Put	10.50m	Feb-12-11	Jonathan Prior at 2011 USATF Southwest	United Southern Express
15-16	60m Dash	8.41	Feb-27-16	Peyton Auzenne at 2016 Louisiana Govern	US Express
	200m Dash	24.68	Feb-28-15	Gerald Levy at 2015 Louisiana Governor'	US Express
	400m Dash	58.21	Feb-28-26	Alex Jolissaint at 2026 Louisiana Youth	US Express
	800m Run	2:57.61	Feb-27-16	Peyton Auzenne at 2016 Louisiana Govern	US Express
	High Jump	1.63m	Feb-25-12	Jeremiah Mayes at 2012 USATF Southwest	United Southern Express
	Long Jump	3.30m	Feb-27-16	Cameren Dupree at 2016 Louisiana Govern	US Express
	Shot Put	1.00m	Jan-01-11	New	

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17-18	60m Dash	7.29	Feb-23-19	James Pennington Iii at 2019 Louisiana	US Express
.	200m Dash	24.12	Feb-23-19	James Pennington Iii at 2019 Louisiana	US Express
.	400m Dash	55.32	Feb-23-19	James Pennington Iii at 2019 Louisiana	US Express
.	800m Run	2:30.31	Feb-24-18	Lawrence Morgan Jr at 2018 Louisiana Yo	US Express
.	High Jump	1.93m	Feb-16-13	Jeremiah Mayes at 2013 LA Indoor Youth	United Southern Express
.	Triple Jump	11.59m	Feb-16-13	Jeremiah Mayes at 2013 LA Indoor Youth	US Express