

Louisiana Indoor Classic

March 1, 2025

LOCATION: Carl Maddox Field House, LSU

REGISTRATION: Drop youth kids off at South end of Outdoor track. They will be left with one of the US Express coaches. They will escort the athletes into the field house when required.

**** MAKE SURE ATHLETE EAT 2 HOURS PRIOR TO THEIR SCHEDULED WARM-UP TIME ****

NO COOLERS AND FOOD ARE ALLOWED IN THE STADIUM.... YOU CAN HAVE SNACKS AND OTHERS LEFT IF VEHICLE FOR THE ATHLETES.

RESULTS AND STREAMING:

results.adkinstrak.com or Usexpresstrackclub.org for live results and to see videos on demand.

THURSDAY:

4:30 -7:00 pm Conduct facility setup at LSU (Practice will still be from 6 – 7pm)

FRIDAY

2 – 5 pm Complete facility setup at LSU

2 – 8 pm Masters and Open Meet

5:00 PM Need volunteer to go to Walk-Ons to pick up meals.

4:00 – 8 pm You can bring your athletes with spikes to Carl Maddox Field house to get them check and get spectator arm band if desired.

SATURDAY

6:00 am Packet pickup and gate personnel to report

6:30 am Packet pickup and ticket sales to begin

6:30 am All other volunteers and coaches to report to report|

7:00 am All athletes that are in field events and Runners 13 and Older to report

10:00 am Athletes 12 and Under to report (Only if you are not in a field event)

Coach Assignments:

Coach Alvin (225-333-9795)

Coach Shawnica (225-892-1906)

Coach Kaylyn (985-226-8780)

Coach Kamilla (225-288-8949)

Long Jump/200m

Admin/60m/60m Hurdles

60m/60m Hurdles/400m

Distance/400m

MEET SCHEDULE – See Attached

We still have a tremendous need for volunteers

Areas we still need help!

Awards	All shifts
Marshalls	All shifts
Hospitality:	10 – 2pm
Tablet/Video	Operators

NOTE: In some cases, coaches of a specific area will also be officiating in same area. COACHES OFFICIATING MUST WEAR WHITE SHIRTS W/ KHAKI PANTS AND NOT TEAM UNIFORM.

Team Area:

Our team area will be determined the morning of competition. All athletes must report to the Southwest side of the stadium directly next to the outdoor stadium. This is where you will get your bands and get your spikes checked. Coach Kamilla Fair (225-288-8949) and Coach Andolyn Prejean (225-773-8179) will be your Point of contacts.

Uniforms

Coaches	<u>Blue Coaches Shirts with small logo on front or Regular Red Team Tshirt</u>
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Athletes with Uniform	Track Uniform w/ Cover shirt
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Athletes without Uniform	Red Shirt or US Express t-shirt with navy blue, red or white shorts (just be comfortable. If you do not own any of what is noted above... just dress comfortably).
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SHOES: If wearing spikes (you can purchase from Academy Sport or Red Stick Sport if you hadn't ordered online) they must have ¼" pyramid spikes only!!!!

Admission:

Free for Volunteers/\$15.00 per adult/kids under 3.

Other items

- Bring adequate fluids and snacks for the day
- Athletes will not be located with you so please be prepared.
- Prior to leaving track with your athlete, make sure you check with one of the coaches so we can maintain accountability.

2025 Louisiana Indoor Classic – 03/1/2025

MEET SCHEDULE

Running Event Finals (8 am Start)

4 x 200m	Age 13 – 18
1600m	Age 13 – 18
400m	Age 13 – 18
60m Hurdles	Age 11 – 18
60m	Age 13 – 18
800m	Age 13 – 18
200m	Age 13 - 18
4 x 400m Relay	Age 13 - 18
4 x 200m Relay	Age 5 – 12
800m	Age 7 – 12
60m Dash	Age 5 – 12
400m	Age 9 – 12
200m	Age 5 – 8
1600m	Age 9 – 12
4 x 400m Relays	Age 7 – 12



Field Event

8:00 am Long Jump
Pit A Flight 1: Age 6U and 7-8 Girls
Flight 2: 9-10 Girls
Flight 3: 11-12 Girls
Flight 4: 13-14 Girls
Flight 5: 15-16 Girls and 17-18 Women

Pit B Flight 1: Age 6U and 7-8 Boys
Flight 2: 9-10 Boys
Flight 3: 11-12 Boys and
Flight 4: 13-14 Boys
Flight 5: 15-16 Boys and 17-18 Men

After Long Jump Triple Jump
Flight 1: All Age Groups

9:00 am Shot Put
Flight 1: 12lb - Age 15-16 Boys and 17-18 Men
Flight 2: 4kg - Age 13-14 Boys, 15-16 Girls and 17-18 Women
Flight 3: 6lb - Age 13 -14 Girls and 11-12 Girls
Flight 4: 6lb - Age 11-12 Boys, 9-10 Girls and 9-10 Boys
Flight 5: 4kg - Age 7-8 Boys and Girls

11:00 am High Jump
Flight 1: All Age Groups

Live results: results.adkinstrak.com

2025 Louisiana Youth Indoor Classic - 2/24/2025**Carl Maddox Field House, LSU****Team Entries - All Events****US Express Track Club (24US)**

1. Andrews, Enoch - Male - Age: 8 - Comp#: 2488 - ID#: 2050250891 - Ind/Rel: 1 / 0
#89 800 Meter Run 7-8 Division Boys NT 1/5
2. Botos, Brennen - Male - Age: 16 - Comp#: 2028 - Ind/Rel: 1 / 0
#159 Shot Put 15-16 Division Boys ND 1/5
3. Brown, Bria - Female - Age: 7 - Comp#: 2489 - ID#: 2050292971 - Ind/Rel: 3 / 0
#13 60 Meter Dash 7-8 Division Girls NT 2/2
#105 200 Meter Dash 7-8 Division Girls NT 3/2
#167 Long Jump 7-8 Division Girls ND 1/4
4. Cain, Stella - Female - Age: 13 - Comp#: 2490 - ID#: 2050297231 - Ind/Rel: 2 / 0
#60 1600 Meter Run 13-14 Division Girls NT 1/4
#94 800 Meter Run 13-14 Division Girls NT 1/8
5. Cedotal, Mary - Female - Age: 14 - Comp#: 2511 - Ind/Rel: 1 / 0
#173 Long Jump 13-14 Division Girls ND 1/12
6. Celestine, Michael - Male - Age: 9 - Comp#: 2491 - ID#: 2050301629 - Ind/Rel: 1 / 0
#16 60 Meter Dash 9-10 Division Boys NT 3/3
7. Delmore, Ryleigh - Female - Age: 13 - Comp#: 2509 - Ind/Rel: 2 / 0
#3 60 Meter Hurdles 13-14 Division Girls NT 1/7
#173 Long Jump 13-14 Division Girls ND 1/4
8. Hughes, Kimora - Female - Age: 18 - Comp#: 2492 - ID#: 2050053907 - Ind/Rel: 2 / 0
#115 200 Meter Dash 17-18 Division Women NT 2/5
#177 Long Jump 17-18 Division Women ND 1/1
9. Hutcherson, Cherish - Female - Age: 12 - Comp#: 2493 - ID#: 2050301623 - Ind/Rel: 2 / 0
#17 60 Meter Dash 11-12 Division Girls NT 3/1
#171 Long Jump 11-12 Division Girls ND 1/10
10. Hutcherson, Jemel - Male - Age: 9 - Comp#: 2494 - ID#: 2050301626 - Ind/Rel: 1 / 0
#16 60 Meter Dash 9-10 Division Boys NT 6/7
11. Jones, Jayden - Male - Age: 15 - Comp#: 2495 - ID#: 2050257956 - Ind/Rel: 3 / 0
#6 60 Meter Hurdles 15-16 Division Boys NT 1/8
#22 60 Meter Dash 15-16 Division Boys NT 2/3
#114 200 Meter Dash 15-16 Division Boys NT 3/3
12. Leonard, Briley - Female - Age: 14 - Comp#: 2496 - ID#: 2050301619 - Ind/Rel: 1 / 0
#44 400 Meter Dash 13-14 Division Girls NT 4/1
13. Lollis, Leigha - Female - Age: 10 - Comp#: 2497 - ID#: 2050301627 - Ind/Rel: 2 / 0
#15 60 Meter Dash 9-10 Division Girls NT 3/7
#169 Long Jump 9-10 Division Girls ND 1/4
14. McKnight, Amira - Female - Age: 11 - Comp#: 2498 - ID#: 2050062395 - Ind/Rel: 1 / 0
#17 60 Meter Dash 11-12 Division Girls NT 3/3
15. Mcknight, Gary - Male - Age: 9 - Comp#: 2499 - ID#: 2050297229 - Ind/Rel: 1 / 0
#16 60 Meter Dash 9-10 Division Boys NT 3/4
16. Patton, Bryce - Male - Age: 9 - Comp#: 2500 - ID#: 2050297227 - Ind/Rel: 2 / 0
#16 60 Meter Dash 9-10 Division Boys NT 6/5
#170 Long Jump 9-10 Division Boys ND 2/4
17. Patton, Brynna - Female - Age: 7 - Comp#: 2501 - ID#: 2050297228 - Ind/Rel: 2 / 0
#13 60 Meter Dash 7-8 Division Girls NT 2/6
#167 Long Jump 7-8 Division Girls ND 1/3
18. Poydras, Camilla - Female - Age: 9 - Comp#: 2502 - ID#: 2050301621 - Ind/Rel: 1 / 0
#15 60 Meter Dash 9-10 Division Girls NT 2/3
19. Rush, Jax - Male - Age: 15 - Comp#: 2503 - ID#: 2050049455 - Ind/Rel: 1 / 0
#159 Shot Put 15-16 Division Boys ND 1/2

2025 Louisiana Youth Indoor Classic - 2/24/2025**Carl Maddox Field House, LSU****Team Entries - All Events**

US Express Track Club (24US)

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|---|------|------|
| 20. Sanchez, Hezekiah - Male - Age: 8 - Comp#: 2510 - Ind/Rel: 1 / 0 | | |
| #89 800 Meter Run 7-8 Division Boys | NT | 1/7 |
| 21. Sanchez, Noah - Male - Age: 14 - Comp#: 2504 - ID#: 2050301635 - Ind/Rel: 2 / 0 | | |
| #45 400 Meter Dash 13-14 Division Boys | NT | 5/5 |
| #112 200 Meter Dash 13-14 Division Boys | NT | 4/2 |
| 22. Snow, Cullen - Male - Age: 8 - Comp#: 2505 - ID#: 2050296929 - Ind/Rel: 1 / 0 | | |
| #14 60 Meter Dash 7-8 Division Boys | NT | 3/2 |
| 23. Stewart, Alexandria - Female - Age: 19 - Comp#: 2506 - ID#: 2050012593 - Ind/Rel: 1 / 0 | | |
| #23 60 Meter Dash 17-18 Division Women | 7.80 | 1/6 |
| 24. Temple, Eden - Female - Age: 12 - Comp#: 2507 - Ind/Rel: 2 / 0 | | |
| #58 1600 Meter Run 11-12 Division Girls | NT | 1/11 |
| #92 800 Meter Run 11-12 Division Girls | NT | 1/7 |
| 25. Temple IV, Collis - Male - Age: 10 - Comp#: 2508 - ID#: 2050064027 - Ind/Rel: 3 / 0 | | |
| #41 400 Meter Dash 9-10 Division Boys | NT | 2/2 |
| #57 1600 Meter Run 9-10 Division Boys | NT | 1/3 |
| #91 800 Meter Run 9-10 Division Boys | NT | 1/2 |
| US Express Track Club Total Individual Entries: 40 - Total Relays: 0 | | |

VOLUNTEER LIST

Item	First Name	Last Name	Email	Sign Up Comment	
Long/Triple Jump	Quenteria	Birts	quenteriabirts05@gmail.com	Southern University Track Team	
Awards	Erin	Cain	erincaain@alumni.lsu.edu	US Express	
Long/Triple Jump	Jayla	Clark	jaylaclark_23@icloud.com	Southern University Track Team	
Gate	Chrystal	Corbin		US Express	
Gate	Talisha	Davis		US Express	
Awards	Jaeâ€™l	Dunn	jaeldunn203@gmail.com	Southern University Track Team	
Awards	Mauretta	Elbert	mnaehurst@yahoo.com	Southern University Track Team	
Clerk of Course/Marshalls	Kamilla	Fair	kpfair@gmail.com	US Express	
Clerk of Course/Marshalls	Marshall	Fair	fairmarshall81@gmail.com	US Express	
Long/Triple Jump	Azariah	Foster	azariahfoster888@gmail.com	Southern University Track Team	
Throws	Michael	Fulton	michaelfulton2206@gamil.com	Southern University Track Team	
Gate	Jackie	Grinner		US Express	
Long/Triple Jump	Demetria	Harris	demetrialh06@gmail.com	Southern University Track Team	
Video/Tablet Operators	Demetria	Harris	demetrialh06@gmail.com	Southern University Track Team	
Hlgh Jump	Joseph	Harris	josephoharris22@gmail.com	Southern University Track Team	
Long/Triple Jump	Terrance	HARVEY	terrancejamesharvey1985@gmail.com	US Express	
Throws	Christian	Hill		Official	
Long/Triple Jump	Michael	Hughes	bigram1064@gmail.com	US Express	
Long/Triple Jump	Mashayla	Lazard	mashayla.lazard@sus.edu	Southern University Track Team	
Throws	Sekufele	Lewanika		Official	
Awards	Josiah	Parker	josiah.parker@sus.edu	Southern University Track Team	
Registration	Ed	Patton	edric_p@yahoo.com	US Express	
Throws	Brian	Robinson	coachrobinson1956@gmail.com	Official	
Awards	Brittany	Robinson	bsm7990@gmail.com	US Express	
Long/Triple Jump	Kevin	Robinson	robinson.kevin1988@gmail.com	US Express	
Awards	Ana	Sanchez	anitavacaballero@gmail.com	US Express	
Awards	Shani	Simon	shanisimon0218@gmail.com	Southern University Track Team	
Long/Triple Jump	Roman	Smith	rsmith20203@gmail.com	Southern University Track Team	
Hlgh Jump	Roman	Smith	rsmith20203@gmail.com	Southern University Track Team	
Hlgh Jump	Marco	T	guapvi@gmail.com	Southern University Track Team	
Awards	Britney	Temple	britneymonet@gmail.com	US Express	
Registration	Eva	Terry-Lee	chevanmolly@gmail.com	US Express	

VOLUNTEER LIST

Throws	Jalyn	Turner		US Express	
Throws	Kurt	Turner	ktturner6637@gmail.com	Official	
Clerk of Course/Marshalls	Shawnica	Turner	deresiati@gmail.com	US Express	
Throws	Christion	Washington	cgwchris18@gmail.com	Southern University Track Team	
Long/Triple Jump	Rondisia	Williams	minnieidagoatt1@icloud.com	Southern University Track Team	
Long/Triple Jump	Sincere	Wilson	sincerew110505@gmail.com	Southern University Track Team	