

United Southern Express Track Club

RECORDS - USEXPRESS - Outdoor

Female

Event		Mark	Date Set	Record Holder	Team Affiliation
Under 6 yrs	800m Run	3:52.62	Jun-6-26	Briton Temple at 2026 Zachary Wings Eli	US Express
	4x100m Relay	1:30.51	May-24-14	US Express A. James, J. Johnson, K. Payton, M. West	US Express
Under 6 yrs	80m Dash	19.26	May-23-09	Braci Johnson at Feliciana Classic	United Southern Express
	100m Dash	17.55	Jun-28-14	Alaiya James at 2014 Roadrunner Invitat	US Express
	200m Dash	38.26	Jun-27-15	Mya Parker at 2014 USATF Southern Ass	US Express
	400m Dash	1:42.37	Jun-6-26	Briton Temple at 2026 Zachary Wings Eli	US Express
	Long Jump	2.25m	Jun-15-13	Jasmin Robertson at Greater King David	US Express
7 - 8 yrs	100m Dash	14.70	Jul-30-22	Brooklyn Wickliffe at AAU National Cham	US Express
	200m Dash	31.02	Jun-4-22	Brooklyn Wickliffe at 2022 SELRR Season	US Express
	400m Dash	1:10.25	Jul-27-15	Trenati Pitre at 2015 UATF JO National	US Express
	800m Run	2:53.05	Jul-28-18	Molly Cramer at AAU National JO Champio	US Express
	1500m Run	5:50.25	Jul-28-18	Molly Cramer at AAU National JO Champio	US Express
	1500m Walk	17:07.66	Jan-01-13	Hannah Winston at 2013 Fertile Crescent	US Express
	Long Jump	3.65m	Jun-24-10	Zarina London at USATF Southern Associa	United Southern Express
	Shot Put	20-03.00	Jun-7-14	London Bess at 2014 LA Governor's Games	US Express
	Javelin	12.68m	Jun-21-14	London Bess at 2014 USATF JO Southern	US Express
	4x100m Relay	1:08.92	Jul-10-21	US Express A. Batiste, M. Lambert, B. Wickliffe, C. Zeringue	US Express
	4x200m Relay	2:36.58	Mar-28-15	US Express L. Clay, M. Parker, M. West, T. Thyssen	US Express
	4x400m Relay	7:38.18	Jun-13-09	United Southern Express T.C. M. Branch, J. Watkins, L. Nash, K. Toussaint	United Southern Express
9 - 10 yrs	100m Dash	13.73	Jul-27-26	Rylee Riggins at USATF National Junior	US Express
	200m Dash	29.13	Jul-27-26	Rylee Riggins at USATF National Junior	US Express
	400m Dash	1:09.09	Jul-9-09	Chante' N.Johnson at USATF REGION SIX	United Southern Express
	800m Run	2:42.41	Jun-11-19	Molly Cramer at 2019 AAU National JO	US Express
	1500m Run	5:29.39	May-18-19	Molly Cramer at 2019 AAU National	US Express
	1500m Walk	10:42.10	Jul-9-09	Curtidrea A.Elliott at USATF REGION SIX	United Southern Express
	High Jump	1.30m	Jul-27-10	Tia A.White at 2010 USATF National Juni	United Southern Express
	Long Jump	4.50m	Jul-9-26	Rylee Riggins at USATF Region 6 Champio	US Express
	Shot Put	7.07m	Jul-5-18	Kimaya Brown at 2018 USATF Region VI	US Express
	Javelin	17.41m	Jul-5-12	Jordon Breaux at 2012 USATF Region VI C	United Southern Express
	Triathlon	1082	Jul-27-10	Tia A.White at 2010 USATF National Juni	United Southern Express
	4x100m Relay	1:03.29	Aug-01-21	US Express G. Leejay, M. McCorvey, I. Robinson, D. Young	US Express
	4x200m Relay	2:22.55	Apr-6-13	US Express P. Auzenne, L. Perkins, M. St Cyr, D. Young	US Express

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9 - 10 yrs	4x400m Relay	5:28.49	Jul-9-09	United Southern Express T.C. C. Johnson, J. Jones, D. Metoyer, T. Ruffin	United Southern Express
11 - 12 yrs	100m Dash	12.76	Jun-14-14	Rakhaya Randle at 2014 GREATER KING DAV	US Express
	200m Dash	26.47	Jul-27-15	Kara-Lynn Dillon at 2015 UATF JO Nation	US Express
	400m Dash	1:01.26	Jul-22-13	Deneba Mbouissou at 2013 USATF JO Natio	US Express
	800m Run	2:24.96	Jun-15-21	Lucy Cramer at 2021 AAU Regionals	US Express
	1500m Run	5:00.60	May-24-25	Eden Temple at 2025 Greater King David	US Express
	3000m Run	10:55.34	May-31-25	Eden Temple at Track Houston 2025 Champ	US Express
	1500m Walk	10:11.76	Jun-24-10	Nadia Vreeland at USATF Southern Associ	United Southern Express
	80m Hurdles	13.00	May-15-10	Rakayla Robertson at 2010 GREATER KING	United Southern Express
	High Jump	1.51m	Jun-10-23	Jordyn Rush at 2023 USATF Southern Asso	US Express
	Long Jump	4.79m	Jul-26-11	Danai Metoyer at 2011 USATF JO National	United Southern Express
	Shot Put	11.85m	Jul-25-16	Laila Guy at 2016 USATF JO National Cha	US Express
	Discus	86-08.00	Jul-29-16	Laila Guy at 2016 AAU National Junior O	US Express
	Javelin	26.29m	Jul-22-24	Jordyn Rush at 2024 USATF JO	US Express
	Out Pent	2678	Jul-26-11	Danai Metoyer at 2011 USATF JO National	United Southern Express
	4x100m Relay	54.20	Jul-9-15	US Express P. Auzenne, K. Dillon, J. Rideau, D. Young	US Express
	4x200m Relay	1:57.90	Apr-15-11	US Express C. Johnson, A. Martin, D. Metoyer, K. Octave	US Express
	4x400m Relay	4:33.74	Jul-21-14	US Express B. Cousin, J. Rideau, K. Wasington, K. Hebert	US Express
13 - 14 yrs	100m Dash	12.35	Jul-10-25	Amalia Terry-Lee at USATF JO National	US Express
	200m Dash	25.62	Jul-10-25	Keionne Octave at 2012 USATF Southern A	US Express
	400m Dash	58.39	Jul-6-17	Halyn Senegal at USATF Region 6 Junior	US Express
	800m Run	2:17.80	May-30-26	Eden Temple at Under Armor Nationals	US Express
	1500m Run	4:54.85	Jun-4-22	Lucy Cramer at Track Houston 2022 Champ	US Express
	3000m Run	11:04.42	May-23-26	Eden Temple at 2026 Greater King David	US Express
	1500m Walk	9:58.26	May-17-14	Nihya Fairley at 2014 Fertile Crescent	US Express
	100m Hurdles	14.65	Jul-22-24	Serenity Early at USATF Junior Olympic	US Express
	200m Hurdles	27.63	Jul-22-24	Serenity Early at USATF Junior Olympic	US Express
	High Jump	1.56m	Jun-22-18	Alana Simon at Southern Association JO	US Express
	Pole Vault	8-00.00	Jul-28-11	Alexis Pickney at 2011 AAU National Jun	United Southern Express
	Long Jump	17-03.50	Jul-1-23	Hyacinth Williamson at FOCUS ATHLETICS	US Express
	Triple Jump	10.34m	Jun-21-14	Kalyn Martin at 2014 USATF JO Southern	US Express
	Shot Put	68-08.00	Jul-29-16	Leah-Monet Morgan at 2016 AAU National	US Express
	Shot Put	14.33m	Jul-23-18	Laila Guy at USATF Hershey National Jun	US Express
	Discus	34.68m	Jul-23-18	Laila Guy at USATF Hershey National Jun	US Express
	Javelin	28.66m	Jul-5-18	Leah Guy at 2018 USATF Region VI	US Express
	Out Pent	2874	Jul-22-13	Danai Metoyer at 2013 USATF JO National	US Express
	4x100m Relay	50.49	Jul-24-23	US Express S. Early, R. Kimble, T. Foxworth, L. Louis, H. Williamson	US Express
	4x400m Relay	4:07.85	Jul-22-24	US Express M. Kleinpeter, L. Louis, A. Terry-Lee, M. Easley, Z. Arcenea	US Express

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15 - 16 yrs	100m	Dash	12.12	Jul-21-25	Nyla Riggins at USATF National Junior O	US Express
	200m	Dash	25.06	Jul-10-25	Serenity Early at USATF Region 6 Champi	US Express
	400m	Dash	55.80	Jun-7-19	Halyn Senegal at 2018 Track Houston Cha	US Express
	800m	Run	2:17.47	Jul-27-26	Madison Easley at USATF National Junior	US Express
	1500m	Run	4:57.47	May-20-23	Lucy Thomas at 2023 US Express Invite	US Express
	3000m	Run	11:07.12	May-13-23	Lucy Thomas at Marrero Trojan Invitatio	US Express
	1500m	Walk	9:47.12	May-25-13	Eleni Lemoine at 2013 Fertile Crescent	United Southern Express
	3000m	Walk	17:28.35	Jun-1-13	Eleni Lemoine at Southern Association C	US Express
	100m	Hurdles	14.39	Jul-10-25	Serenity Early at USATF Region 6 Champi	US Express
	400m	Hurdles	1:12.89	Jul-4-24	Kennedy Papillion at USATF Region 6 Cha	US Express
	2000m	StplCh	6:56.30	Jul-22-24	Lucy Cramer at USATF Junior Olympic Cha	US Express
		High Jump	1.63m	Jun-21-14	Vickoria Wayne at 2014 USATFSA JO	US Express
		Long Jump	5.55m	Jul-9-26	Angel Bolden at USATF Region 6 Champion	US Express
		Triple Jump	11.58m	Jul-21-25	Camryn Houston at USATF National Junior	US Express
		Shot Put	12.19m	Jul-22-19	Laila Guy at USATF Hershey National Jun	US Express
		Discus	35.10m	Jul-24-21	Leah Guy at SELRR - Rollette Invite	US Express
		Hammer	26.25m	Jul-7-16	Emily Nichols at 2016 USATF Region VI J	US Express
		Heptathlon	3824	Jul-27-15	Danai Metoyer at 2015 USATF JO Champ	U.S. Express Track Club
	4x100m	Relay	48.06	Jul-10-25	US Express	US Express
					K. Ell, T. Foxworth, A. Terry-Lee, S. Early, N. Riggins	
	4x400m	Relay	4:08.24	Jul-22-24	US Express	US Express
					J. Stevens, L. Duhon, A. Kerlegan, J. King, N. Riggins	
17 - 18 yrs	100m	Dash	11.80	Jul-23-12	Tori Williams at 2012 USATF National JO	United Southern Express
	200m	Dash	24.54	Jul-23-12	Tori Williams at 2012 USATF National JO	United Southern Express
	400m	Dash	55.75	Jul-11-19	Faith Outing at USATF Region 6 Champio	US Express
	800m	Run	2:14.39	Jul-22-19	Faith Outing at USATF Hershey National	US Express
	1500m	Run	5:16.79	Jul-30-22	Sylvia White at AAU National Championsh	US Express
	3000m	Run	15:15.75	Jul-9-09	Tamerin L.Taylor at USATF REGION SIX T	United Southern Express
	100m	Hurdles	14.28	Jun-24-10	Kimberly Francis at USATF Southern Asso	United Southern Express
	400m	Hurdles	1:01.38	Jul-27-15	Victoria Wayne at 2015 UATF JO National	US Express
	2000m	StplCh	6:53.41	Jun-18-26	Lucy Cramer at U20/NON Championship	US Express
		High Jump	1.72m	Jun-18-26	Kennedy Papillion at U20/NON Championsh	US Express
		Long Jump	5.95m	Jun-8-24	Aniyha Lavan at USATF Southern Associat	US Express
		Triple Jump	11.20m	Jun-21-19	Madisyn Rideau at 2019 Southern Associa	US Express
		Shot Put	13.80m	Jun-12-21	Laila Guy at 2021 USATF Southren Associ	US Express
		Discus	41.94m	Jun-8-24	Kiristen McGirt at USATF Southern Assoc	US Express
		Hammer	31.29m	Jul-22-24	Addisyn Botos at USATF Junior Olympic C	US Express
		Javelin	30.76m	Jul-5-12	Michelle Mayes at 2012 USATF Region VI	United Southern Express
		Heptathlon	3222	Jul-07-16	Diamond-Alexis Craig at 2016 USATF Reg6	U.S. Express Track Club
	4x100m	Relay	47.63	Jul-5-12	United Southern Express T.C.	United Southern Express
					M. Batiste, M. Jack, G. Patterson, P. Semien, K. Thompson, T	
	4x400m	Relay	3:52.51	Jul-22-24	US Express	US Express
					J. Jones, A. Lavan, J. Triggs, A. Stewart, K. Papillion	

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Male

	Event		Mark	Date Set	Record Holder	Team Affiliation
Under 6 yrs	100m	Dash	16.40	Jun-13-09	Raymond Pickney at USATF Southern Ass	US Express
	200m	Dash	38.71	Jun-5-10	Khristian Zeigler at 2010 Governors Gam	US Express
	400m	Dash	1:21.88	Apr-24-10	Khristian Zeigler at US Express Track &	US Express
		Long Jump	2.36m	Jun-21-14	Kaleb West at 2014 USATF JO Southern A	US Express
	4x100m	Relay	1:20.62	May-24-14	US Express A. Rowley, J. Faciane, K. West, Z. Richmond	US Express
7 - 8 yrs	100m	Dash	14.49	May-29-10	Isaiah Sam at 2010 Betty Smothers Relay	US Express
	200m	Dash	29.73	Jun-22-18	Terrence Gillette at Southern Associati	US Express
	400m	Dash	1:15.20	Jun-23-11	Kody West at 2011 USATF Southern Associ	US Express
	800m	Run	2:46.81	Jun-5-21	Leland Cramer at 2021 SELRR Season Open	US Express
	1500m	Run	5:44.85	Jul-23-12	Bryson Martin at 2022 USATF JO	US Express
		Long Jump	3.80m	Jul-7-11	Andre Metoyer at 2011 USATF JO Region 6	US Express
		Shot Put	5.84m	Jun-8-19	Jacob May at 2019 USATF Southern Associ	US Express
		Javelin	21.83m	Jul-4-24	Zaiden Paul at USATF Region 6 Champions	US Express
	4x100m	Relay	1:06.35	Jun-15-21	United Southern Express T.C. J. Narcisse, J.Morrow, P. Keaton, S. Wilson	US Express
	4x200m	Relay	2:40.39	Apr-6-13	US Express J. Bradford, A. Givens, O. HardingIII, S. St Cyr	US Express
9 - 10 yrs	100m	Dash	13.10	Mar-25-11	Richard Davis Jr at 2011 LSU Tiger Rela	US Express
	200m	Dash	27.86	Jul-6-17	Ethan Washington at USATF Region 6 Juni	US Express
	400m	Dash	1:02.42	Jun-23-17	Ethan Washington at USATF Southern Asso	US Express
	800m	Run	2:25.52	Jul-21-25	Collis Temple IV at USATF National Juni	US Express
	1500m	Run	5:00.48	May-24-25	Collis Temple IV at 2025 Greater King D	US Express
	1500m	Walk	9:48.19	Jul-27-10	Oliver Vreeland at 2010 USATF National	US Express
		High Jump	1.33m	Apr-24-10	Jonah Mayes at US Express Track & Field	US Express
		Long Jump	5.02m	Jun-24-10	Jonah Mayes at USATF Southern Associati	US Express
		Shot Put	8.55m	Jun-21-14	Christopher Bess at 2014 USATF JO South	US Express
		Javelin	35.41m	Jun-1-09	Kevin Tripeaux II at USATF SA	US Express
		Triathlon	686	Jul-21-25	Collis Temple IV at USATF National Juni	US Express
	4x100m	Relay	54.33	Jul-21-14	US Express C. Wilson, D. Charles, L. Fontenot, T. Richardson	US Express
	4x200m	Relay	2:14.74	Apr-6-13	US Express A. Knighten, A. Metoyer,Jr, K. Tate, D. Rutledge	US Express
	4x400m	Relay	5:02.52	Jun-6-15	US Express C. Martin, K. Johnson, M. Fair Iii, N. Beckwith	US Express
11 - 12 yrs	100m	Dash	12.14	Jul-9-15	Solomon Lewis at 2015 USATF Region VI J	US Express
	200m	Dash	24.86	Jul-27-15	Solomon Lewis at 2015 UATF JO National	US Express
	400m	Dash	56.33	Jul-26-11	Gerald Levy at 2011 USATF JO National C	US Express

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11 - 12 yrs	800m	Run	2:17.84	Jul-22-24	Andrew White at USATF Junior Olympic Ch	US Express
	1500m	Run	4:37.45	Jul-22-24	Andrew White at USATF Junior Olympic Ch	US Express
	3000m	Run	9:51.10	Jul-22-24	Andrew White at USATF Junior Olympic Ch	US Express
	1500m	Walk	8:57.30	Jul-23-12	Oliver Vreeland at 2012 USATF National	US Express
	80m	Hurdles	13.76	Jul-7-16	Tre'Shawn Dunn at 2016 USATF Region VI	US Express
		High Jump	1.57m	Jul-5-12	Jonah Mayes at 2012 USATF Region VI Cha	US Express
		Long Jump	16-05.75	Jun-12-12	Jonah Mayes at Area 10-2012 AAU Qualifi	US Express
		Shot Put	12.13m	Jul-11-19	Philip Auzenne at USATF Region 6 Champ	US Express
		Discus	27.21m	Jul-10-14	Troye Collins at 2014 USATF Region 6 Ch	US Express
		Javelin	33.40m	May-24-14	Christopher Niccolini II at 2014 GREATE	US Express
		Out Pent	2181	Jul-27-26	Collis Temple IV at USATF National Juni	US Express
	4x100m	Relay	49.93	Jul-27-15	US Express	US Express
					K. Tate, C. Wilson, L. Lovell, S. Lewis, A. Metoyer, T. Dunn	
	4x200m	Relay	1:50.76	Apr-15-11	US Express	US Express
					G. Levy, J. Mayes, C. Golphin, G. Franklin	
	4x400m	Relay	4:02.08	Jul-22-19	US Express	US Express
					K. Arvie, C. Corbins, D. Smith, E. Washington, C. Glenn, J.	
13 - 14 yrs	100m	Dash	11.52	Jun-4-22	Kai Fontenot at 2022 SELRR Season Opene	US Express
	200m	Dash	23.54	Jul-22-13	Gerald Levy at 2013 USATF JO National C	US Express
	400m	Dash	52.09	Jun-22-13	Gerald Levy at 2013 Southern Associatio	US Express
	800m	Run	2:11.71	Jul-7-16	Micah Williams at 2016 USATF Region VI	US Express
	1500m	Run	4:30.68	Jul-28-18	Abram Johnston at AAU National JO Champ	US Express
	3000m	Run	9:48.13	Jul-28-18	Abram Johnston at AAU National JO Champ	US Express
	1500m	Walk	9:27.94	May-18-13	Oliver Vreeland at 2013 Fertile Crescen	US Express
	3000m	Walk	17:33.72	Jun-1-13	Oliver Vreeland at Southern Association	US Express
	100m	Hurdles	14.82	Aug-1-21	Philip Auzenne at 2021 Area National Ju	US Express
	200m	Hurdles	26.04	Jul-22-13	Gerald Levy at 2013 USATF JO National C	US Express
		High Jump	6-00.00	Jun-8-18	Tre'Shawn Dunn at Track Houston 2018 Ch	US Express
		Long Jump	5.96m	Jul-5-18	Tre'Shawn Dunn at 2018 USATF Region VI	US Express
		Triple Jump	11.92m	Jul-26-11	Jonathan Prior at at 2011 USATF JO Nati	US Express
		Shot Put	40-00.50	Jun-15-11	Myron A.Barnes at Area 8 - 2011 AAU T&F	US Express
		Discus	43.97m	Jul-30-22	Jack Torrance at AAU National Champiosn	US Express
		Javelin	37.02m	Jul-30-22	Brennen Botos at AAU National Champiosn	US Express
		Out Pent	2346	Jul-26-21	Philip Auzenne at USATF Hershey Nationa	US Express
	4x100m	Relay	46.08	Jul-25-16	US Express	US Express
					S. Lewis, K. Aaron, J. Pennington III, M. Williams	
	4x200m	Relay	1:45.98	Apr-15-11	US Express	US Express
					K. Washington, J. Prior, D. Lucas, L. Brownfield	
	4x400m	Relay	3:41.67	Jul-22-13	US Express	US Express
					G. Levy, N. Morgan, B. Rembert, H. Woods	
	4x800m	Relay	9:33.15	Aug-01-21	US Express	US Express
					C. Corbins, G. Rush, N. Sanchez, D. Smith	
15 - 16 yrs	100m	Dash	10.85	Jul-4-24	Kai Fontenot at USATF Region 6 Champion	US Express

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15 - 16 yrs	200m	Dash	21.82	Jul-4-24	Kai Fontenot at USATF Region 6 Champion	US Express
	400m	Dash	49.47	Jun-23-17	Richard Davis Jr at USATF Southern Asso	US Express
	800m	Run	2:03.58	Jul-6-23	Khel Arvie at USATF Hershey National Ju	US Express
	1500m	Run	4:27.89	Jun-4-22	Aiden Monistere at Track Houston 2022 C	US Express
	3000m	Run	9:34.00	Jun-4-22	Aiden Monistere at Track Houston 2022 C	US Express
	110m	Hurdles	14.96	Jul-24-23	Terry Matthews at USATF Junior Olympic	US Express
	400m	Hurdles	58.84	Jul-10-21	Winston Decuir III at 2021 Future	US Express
	2000m	StplCh	7:42.29	Jul-7-16	Joshua Hilliard at 2016 USATF Region VI	US Express
		High Jump	2.05m	Jul-22-13	Jeremiah Mayes at 2013 USATF JO Nationa	US Express
		Long Jump	6.37m	Jul-9-26	William Martin at USATF Region 6 Champi	US Express
		Triple Jump	12.94m	Jul-22-13	Jeremiah Mayes at 2013 USATF JO Nationa	US Express
		Shot Put	14.81m	Jul-4-24	Jack Torrance at USATF Region 6 Champio	US Express
		Discus	44.38m	Jul-22-24	Jack Torrance at USATF Junior Olympic C	US Express
		Hammer	35.93m	Jul-22-24	Jack Torrance at USATF Junior Olympic C	US Express
		Javelin	41.36m	Jun-24-23	Connor Campbell at USATF Southern Assoc	US Express
	4x100m	Relay	43.44	Jul-24-23	US Express	US Express
					K. Anderson, K. Fontenot, C. Franklin, T. Matthews	
	4x400m	Relay	3:26.08	Jul-22-24	US Express	US Express
					C. Jolissaint, D. Beebe, J. Hall, H. Lalande, J. Dowdell	
	4x800m	Relay	8:48.16	Jul-24-23	US Express	US Express
					J. Hall, C. Corbins, G. Rush, K. Arvie	
17 - 18 yrs	100m	Dash	10.73	Jul-6-17	Burnell Williams Iii at USATF Region 6	US Express
	200m	Dash	21.50	Jun-4-11	Jordon Lee at 2011 LA Governor's Games	United Southern Express
	400m	Dash	48.38	Jul-5-18	Tajhe Jones at 2018 USATF Region VI	US Express
	800m	Run	1:56.95	Jul-25-16	Randy Carter Jr at 2016 USATF JO Nation	US Express
	1500m	Run	4:06.73	Jul-29-16	Randy Carter Jr at 2016 AAU National Ju	US Express
	3000m	Run	10:05.78	Jun-05-10	Trevor Gayten	United Southern Express
	3200m	Run	8:27.46	Jul-29-16	US Express	US Express
	5000m	Run	16:58.64	Jul-8-10	Trevor Gayten at USATF REGION SIX T&F	United Southern Express
	110m	Hurdles	14.23	May-28-11	Bentrell McGee at Tommie Smith Youth Tr	United Southern Express
	400m	Hurdles	54.82	Jun-23-11	Bentrell McGee at 2011 USATF Southern A	United Southern Express
		High Jump	2.10m	May-31-14	Jeremiah Mayes at USATF Southern Associ	US Express
		Long Jump	22-09.25	Jun-15-11	Akil Bennet at Area 8 - 2011 AAU T&F JO	United Southern Express
		Triple Jump	14.33m	Jun-23-11	William LeBlanc at 2011 USATF Southern	United Southern Express
		Shot Put	14.83m	Jun-19-26	Keondric Brown at 2026 USATF Southern A	US Express
		Discus	38.86m	Jul-5-18	Wade Smith at 2018 USATF Region VI	US Express
		Javelin	196-00.00	May-16-26	Gordon Rush at 2026 US Express Invite	US Express
		Decathlon	4240	Jul-26-21	Marc Hebert at USATF Hershey National J	US Express
	4x100m	Relay	42.09	Jul-6-17	US Express	US Express
					B. Williams Iii, T. Jones, B. Moore, J. Hayes	
	4x400m	Relay	3:12.94	Jul-23-18	US Express	US Express
					D. Butler, R. Davis Jr, T. Jones, B. Moore, I. Rankins, B. W	
	4x800m	Relay	8:24.01	Jul-22-24	US Express	US Express
					C. Corbins, G. Rush, I. Payne, K. Arvie, J. Johnson	