

## United Southern Express Track Club

### RECORDS - USEXPRESS - Indoor

#### Female

	<b>Event</b>	<b>Mark</b>	<b>Date Set</b>	<b>Record Holder</b>	<b>Team Affiliation</b>
5 & Under	60m Dash	11.45	<b>Feb-16-13</b>	Cameron Delahoussaye at 2013 LA Indoor	<b>United Southern Express</b>
	200m Dash	47.50	<b>Feb-25-12</b>	Jasmin Robertson at 2012 USATF Southwest	<b>United Southern Express</b>
	Long Jump	1.47m	<b>Feb-16-13</b>	Cameron Delahoussaye at 2013 LA Indoor	<b>United Southern Express</b>
07-08	60m Dash	10.47	<b>Feb-23-19</b>	Kenya Cummings at 2019 Louisiana Youth	<b>US Express</b>
	200m Dash	37.04	<b>Feb-23-19</b>	Kenya Cummings at 2019 Louisiana Youth	<b>US Express</b>
	400m Dash	1:22.60	<b>Feb-24-18</b>	Molly Cramer at 2018 Louisiana Youth In	<b>US Express</b>
	800m Run	3:03.32	<b>Feb-24-18</b>	Molly Cramer at 2018 Louisiana Youth In	<b>US Express</b>
	Long Jump	2.12m	<b>Feb-16-13</b>	Kennedy Millender at 2013 LA Indoor You	<b>United Southern Express</b>
	Shot Put	1.55m	<b>Feb-23-19</b>	Samantha Johnston at 2019 Louisiana You	<b>US Express</b>
09-10	60m Dash	9.53	<b>Feb-29-20</b>	Serenity Early at 2020 Louisiana Youth	<b>US Express</b>
	200m Dash	32.12	<b>Feb-29-20</b>	Serenity Early at 2020 Louisiana Youth	<b>US Express</b>
	400m Dash	1:16.35	<b>Feb-23-19</b>	Molly Cramer at 2019 Louisiana Youth In	<b>US Express</b>
	800m Run	2:46.95	<b>Feb-29-20</b>	Molly Cramer at 2020 Louisiana Youth In	<b>US Express</b>
	1600m Run	5:54.22	<b>Feb-29-20</b>	Molly Cramer at 2020 Louisiana Youth In	<b>US Express</b>
	High Jump	1.15m	<b>Feb-23-19</b>	Ella Kate Johnston at 2019 Louisiana Yo	<b>US Express</b>
	Long Jump	2.99m	<b>Feb-28-15</b>	Rachel Fereday at 2015 Louisiana Govern	<b>US Express</b>
Shot Put	5.33m	<b>Feb-23-19</b>	Ella Kate Johnston at 2019 Louisiana Yo	<b>US Express</b>	
11-12	60m Dash	8.78	<b>Feb-12-11</b>	Keionne Octave at 2011 USATF Southwest	<b>United Southern Express</b>
	200m Dash	29.55	<b>Feb-27-16</b>	Paris Auzenne at 2016 Louisiana Governo	<b>US Express</b>
	400m Dash	1:09.14	<b>Feb-12-11</b>	Keionne Octave at 2011 USATF Southwest	<b>United Southern Express</b>
	800m Run	2:48.26	<b>Feb-29-20</b>	Lucy Cramer at 2020 Louisiana Youth Ind	<b>US Express</b>
	High Jump	1.25m	<b>Feb-27-16</b>	Paris Auzenne at 2016 Louisiana Governo	<b>US Express</b>
	Long Jump	4.31m	<b>Feb-12-11</b>	Danai Metoyer at 2011 USATF Southwest R	<b>US Express</b>
	Shot Put	6.21m	<b>Feb-27-16</b>	Laila Guy at 2016 Louisiana Governor Ga	<b>US Express</b>
13-14	60m Dash	8.30	<b>Feb-25-12</b>	Keionne Octave at 2012 USATF Southwest	<b>United Southern Express</b>
	200m Dash	27.00	<b>Feb-25-12</b>	Keionne Octave at 2012 USATF Southwest	<b>United Southern Express</b>
	400m Dash	1:02.80	<b>Feb-25-12</b>	Keionne Octave at 2012 USATF Southwest	<b>United Southern Express</b>
	800m Run	2:41.47	<b>Feb-23-19</b>	Rachel Fereday at 2019 Louisiana Youth	<b>US Express</b>
	60m Hurdles	10.80	<b>Feb-23-19</b>	Rachel Fereday at 2019 Louisiana Youth	<b>US Express</b>
	Long Jump	4.82m	<b>Feb-25-12</b>	Danai Metoyer at 2012 USATF Southwest R	<b>United Southern Express</b>
	Triple Jump	9.40m	<b>Feb-13-10</b>	Elasha Williams at 2010 South Zone Indo	<b>United Southern Express</b>
	Shot Put	8.09m	<b>Feb-13-10</b>	Elasha Williams at 2010 South Zone Indo	<b>United Southern Express</b>
15-16	60m Dash	8.51	<b>Feb-16-13</b>	Morgan Thibeaux at 2013 LA Indoor Youth	<b>United Southern Express</b>
	200m Dash	28.79	<b>Feb-16-13</b>	Morgan Thibeaux at 2013 LA Indoor Youth	<b>United Southern Express</b>
	400m Dash	1:09.96	<b>Feb-16-13</b>	Morgan Thibeaux at 2013 LA Indoor Youth	<b>United Southern Express</b>
	High Jump	1.50m	<b>Feb-23-19</b>	Alana Simon at 2019 Louisiana Youth Ind	<b>US Express</b>
17-18	200m Dash	27.34	<b>Feb-24-18</b>	Quian Ely at 2018 Louisiana Youth Indoo	<b>US Express</b>
	Shot Put	7.46m	<b>Feb-24-18</b>	Quian Ely at 2018 Louisiana Youth Indoo	<b>US Express</b>

## United Southern Express Track Club

### RECORDS - USEXPRESS - Indoor

#### Male

Event		Mark	Date Set	Record Holder	Team Affiliation
5 & Under	200m Dash	38.78	<b>Feb-12-11</b>	Raymond Pickney at 2011 USATF Southwes	<b>United Southern Express</b>
	Long Jump	1.35m	<b>Feb-12-11</b>	Caleb Mosely at 2011 USATF Southwest Re	<b>United Southern Express</b>
07-08	50m Dash	10.52	<b>Feb-27-16</b>	Tyler Slate at 2016 Louisiana Governor	<b>US Express</b>
	60m Dash	9.42	<b>Feb-13-10</b>	Isaiah Sam at 2010 South Zone Indoor Ch	<b>US Express</b>
	200m Dash	33.59	<b>Feb-13-10</b>	Isaiah Sam at 2010 South Zone Indoor Ch	<b>US Express</b>
	400m Dash	1:33.31	<b>Feb-23-19</b>	Leland Cramer at 2019 Louisiana Youth I	<b>US Express</b>
	800m Run	3:52.17	<b>Feb-27-16</b>	Aaron Taylor at 2016 Louisiana Governor	<b>US Express</b>
	Long Jump	2.96m	<b>Feb-23-19</b>	Carson Banks at 2019 Louisiana Youth In	<b>US Express</b>
	Shot Put	3.72m	<b>Feb-27-16</b>	Tyler Slate at 2016 Louisiana Governor	<b>US Express</b>
09-10	60m Dash	8.80	<b>Feb-16-13</b>	Kenson Tate at 2013 LA Indoor Youth and	<b>United Southern Express</b>
	200m Dash	30.43	<b>Feb-16-13</b>	Kenson Tate at 2013 LA Indoor Youth and	<b>United Southern Express</b>
	800m Run	2:53.41	<b>May-24-10</b>	Jonah Mayes at US Express Team Testing	<b>US Express</b>
	1500m Run	5:51.22	<b>Feb-16-13</b>	Adam Mason at 2013 LA Indoor Youth and	<b>United Southern Express</b>
	1600m Run	6:50.01	<b>Feb-13-10</b>	Oliver Vreeland at 2010 South Zone Indo	<b>United Southern Express</b>
	High Jump	1.25m	<b>Feb-12-11</b>	Jonah Mayes at 2011 USATF Southwest Reg	<b>United Southern Express</b>
	Long Jump	4.43m	<b>Feb-12-11</b>	Jonah Mayes at 2011 USATF Southwest Reg	<b>US Express</b>
Shot Put	5.74m	<b>May-24-10</b>	Jonah Mayes at US Express Team Testing	<b>US Express</b>	
11-12	60m Dash	8.29	<b>Feb-28-15</b>	Kenson Tate at 2015 Louisiana Governor'	<b>US Express</b>
	200m Dash	28.99	<b>Feb-28-15</b>	Kenson Tate at 2015 Louisiana Governor'	<b>US Express</b>
	400m Dash	1:03.40	<b>Feb-12-11</b>	Gerald Levy at 2011 USATF Southwest Reg	<b>United Southern Express</b>
	800m Run	2:42.50	<b>Feb-23-19</b>	Aiden Monistere at 2019 Louisiana Youth	<b>US Express</b>
	1600m Run	5:48.02	<b>Feb-23-19</b>	Aiden Monistere at 2019 Louisiana Youth	<b>US Express</b>
	1500m Walk	11:01.33	<b>Feb-12-11</b>	Oliver Vreeland at 2011 USATF Southwest	<b>United Southern Express</b>
	High Jump	1.25m	<b>Feb-27-16</b>	Tre'Shawn Dunn at 2016 Louisiana Govern	<b>US Express</b>
	Long Jump	4.87m	<b>Feb-28-15</b>	Kenson Tate at 2015 Louisiana Governor'	<b>US Express</b>
Shot Put	7.36m	<b>Feb-24-18</b>	Bryson Thomas at 2018 Louisiana Youth I	<b>US Express</b>	
13-14	60m Dash	7.59	<b>Feb-25-12</b>	Gerald Levy at 2012 USATF Southwest Reg	<b>United Southern Express</b>
	200m Dash	25.58	<b>Feb-16-13</b>	Gerald Levy at 2013 LA Indoor Youth and	<b>United Southern Express</b>
	400m Dash	59.82	<b>Feb-16-13</b>	Gerald Levy at 2013 LA Indoor Youth and	<b>US Express</b>
	800m Run	2:26.79	<b>Feb-23-19</b>	Abram Johnston at 2019 Louisiana Youth	<b>US Express</b>
	1600m Run	5:12.41	<b>Feb-23-19</b>	Abram Johnston at 2019 Louisiana Youth	<b>US Express</b>
	1500m Walk	9:36.17	<b>Feb-13-10</b>	Daniel A.Turner at 2010 South Zone Indo	<b>United Southern Express</b>
	1600m Walk	11:01.92	<b>Feb-28-15</b>	Peyton Auzenne at 2015 Louisiana Govern	<b>US Express</b>
	Long Jump	5.89m	<b>Feb-12-11</b>	Jonathan Prior at 2011 USATF Southwest	<b>United Southern Express</b>
Shot Put	10.50m	<b>Feb-12-11</b>	Jonathan Prior at 2011 USATF Southwest	<b>United Southern Express</b>	
15-16	60m Dash	8.41	<b>Feb-27-16</b>	Peyton Auzenne at 2016 Louisiana Govern	<b>US Express</b>
	200m Dash	24.68	<b>Feb-28-15</b>	Gerald Levy at 2015 Louisiana Governor'	<b>US Express</b>
	400m Dash	58.78	<b>Feb-28-15</b>	Gerald Levy at 2015 Louisiana Governor'	<b>US Express</b>
	800m Run	2:57.61	<b>Feb-27-16</b>	Peyton Auzenne at 2016 Louisiana Govern	<b>US Express</b>
	High Jump	1.63m	<b>Feb-25-12</b>	Jeremiah Mayes at 2012 USATF Southwest	<b>United Southern Express</b>
	Long Jump	3.30m	<b>Feb-27-16</b>	Cameren Dupree at 2016 Louisiana Govern	<b>US Express</b>
Shot Put	1.00m	<b>Jan-01-11</b>	New		

**United Southern Express Track Club**

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**RECORDS - USEXPRESS - Indoor**

17-18	60m Dash	7.29	<b>Feb-23-19</b>	James Pennington Iii at 2019 Louisiana	<b>US Express</b>
	200m Dash	24.12	<b>Feb-23-19</b>	James Pennington Iii at 2019 Louisiana	<b>US Express</b>
	400m Dash	55.32	<b>Feb-23-19</b>	James Pennington Iii at 2019 Louisiana	<b>US Express</b>
	800m Run	2:30.31	<b>Feb-24-18</b>	Lawrence Morgan Jr at 2018 Louisiana Yo	<b>US Express</b>
	High Jump	1.93m	<b>Feb-16-13</b>	Jeremiah Mayes at 2013 LA Indoor Youth	<b>United Southern Expres</b>
	Triple Jump	11.59m	<b>Feb-16-13</b>	Jeremiah Mayes at 2013 LA Indoor Youth	<b>US Express</b>