

United Southern Express Track Club

RECORDS - USEXPRESS - Outdoor

Female

Event	Mark	Date Set	Record Holder	Team Affiliation
Under 6 yrs	80m Dash	19.26	May-23-09 Braci Johnson at Feliciano Classic	United Southern Express
	100m Dash	17.55	Jun-28-14 Alaiya James at 2014 Roadrunner Invitat	US Express
	200m Dash	38.26	Jun-27-15 Mya Parker at 2014 USATF Southern Ass	US Express
	400m Dash	1:44.97	Apr-28-12 Jasmin Robertson at Cole-Lancon 2012 -	United Southern Express
	Long Jump	2.25m	Jun-15-13 Jasmin Robertson at Greater King David	US Express
	4x100m Relay	1:30.51	May-24-14 US Express A. James, J. Johnson, K. Payton, M. West	US Express
7 - 8 yrs	100m Dash	14.70	Jul-30-22 Brooklyn Wickliffe at AAU National Cham	US Express
	200m Dash	31.02	Jun-4-22 Brooklyn Wickliffe at 2022 SELRR Season	US Express
	400m Dash	1:10.25	Jul-27-15 Trenati Pitre at 2015 UATF JO National	US Express
	800m Run	2:53.05	Jul-28-18 Molly Cramer at AAU National JO Champio	US Express
	1500m Run	5:50.25	Jul-28-18 Molly Cramer at AAU National JO Champio	US Express
	1500m Walk	17:07.66	Jan-01-13 Hannah Winston at 2013 Fertile Crescent	US Express
	Long Jump	3.65m	Jun-24-10 Zarina London at USATF Southern Associa	United Southern Express
	Shot Put	20-03.00	Jun-7-14 London Bess at 2014 LA Governor's Games	US Express
	Javelin	12.68m	Jun-21-14 London Bess at 2014 USATF JO Southern	US Express
	4x100m Relay	1:08.92	Jul-10-21 US Express A. Batiste, M. Lambert, B. Wickliffe, C. Zeringue	US Express
	4x200m Relay	2:36.58	Mar-28-15 US Express L. Clay, M. Parker, M. West, T. Thyssen	US Express
	4x400m Relay	7:38.18	Jun-13-09 United Southern Express T.C. M. Branch, J. Watkins, L. Nash, K. Toussaint	United Southern Express
	9 - 10 yrs	100m Dash	14.05	Jul-21-14 Paris Auzenne at 2014 UATF JO National
200m Dash		29.96	Jun-21-14 Paris Auzenne at 2014 USATF JO Southern	US Express
400m Dash		1:09.09	Jul-9-09 Chante' N.Johnson at USATF REGION SIX	United Southern Express
800m Run		2:42.41	Jun-11-19 Molly Cramer at 2019 AAU National JO	US Express
1500m Run		5:29.39	May-18-19 Molly Cramer at 2019 AAU National	US Express
1500m Walk		10:42.10	Jul-9-09 Curtidrea A.Elliott at USATF REGION SIX	United Southern Express
High Jump		1.30m	Jul-27-10 Tia A.White at 2010 USATF National Juni	United Southern Express
Long Jump		12-07.75	Jun-7-14 Daila Young at 2014 LA Governor's Games	US Express
Shot Put		7.07m	Jul-5-18 Kimaya Brown at 2018 USATF Region VI	US Express
Javelin		17.41m	Jul-5-12 Jordon Breaux at 2012 USATF Region VI C	United Southern Express
Triathlon		1082	Jul-27-10 Tia A.White at 2010 USATF National Juni	United Southern Express
4x100m Relay		1:03.29	Aug-01-21 US Express G. Leejay, M. McCorvey, I. Robinson, D. Young	US Express
4x200m Relay		2:22.55	Apr-6-13 US Express P. Auzenne, L. Perkins, M. St Cyr, D. Young	US Express

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9 - 10 yrs	4x400m Relay	5:28.49	Jul-9-09	United Southern Express T.C. C. Johnson, J. Jones, D. Metoyer, T. Ruffin	United Southern Express	
11 - 12 yrs	100m Dash	12.76	Jun-14-14	Rakhaya Randle at 2014 GREATER KING I	US Express	
	200m Dash	26.47	Jul-27-15	Kara-Lynn Dillon at 2015 UATF JO Nation	US Express	
	400m Dash	1:01.26	Jul-22-13	Deneba Mbouissou at 2013 USATF JO Natic	US Express	
	800m Run	2:24.96	Jun-15-21	Lucy Cramer at 2021 AAU Regionals	US Express	
	1500m Run	5:04.13	May-27-23	Kenya Cummings at 2023 GKD OPEN	US Express	
	3000m Run	11:08.44	May-19-22	Molly Cramer at 2022 US Express Invite	US Express	
	1500m Walk	10:11.76	Jun-24-10	Nadia Vreeland at USATF Southern Associ	United Southern Express	
	80m Hurdles	13.00	May-15-10	Rakayla Robertson at 2010 GREATER KINC	United Southern Express	
	High Jump	1.51m	Jun-10-23	Jordyn Rush at 2023 USATF Southern Asso	US Express	
	Long Jump	4.79m	Jul-26-11	Danai Metoyer at 2011 USATF JO National	United Southern Express	
	Shot Put	11.85m	Jul-25-16	Laila Guy at 2016 USATF JO National Cha	US Express	
	Discus	86-08.00	Jul-29-16	Laila Guy at 2016 AAU National Junior O	US Express	
	Javelin	23.96m	Jul-21-14	Leah Kennedy at 2014 UATF JO National C	US Express	
	Out Pent	2678	Jul-26-11	Danai Metoyer at 2011 USATF JO National	United Southern Express	
	4x100m Relay	54.20	Jul-9-15	US Express P. Auzenne, K. Dillon, J. Rideau, D. Young	US Express	
	4x200m Relay	1:57.90	Apr-15-11	US Express C. Johnson, A. Martin, D. Metoyer, K. Octave	US Express	
	4x400m Relay	4:33.74	Jul-21-14	US Express B. Cousin, J. Rideau, K. Wasington, K. Hebert	US Express	
	13 - 14 yrs	100m Dash	12.50	Jun-9-12	Keionne Octave at 2012 LA Governor's Ga	United Southern Express
		200m Dash	25.62	Jun-21-12	Keionne Octave at 2012 USATF Southern A	United Southern Express
400m Dash		58.39	Jul-6-17	Halyn Senegal at USATF Region 6 Junior	US Express	
800m Run		2:24.35	May-19-22	Lucy Cramer at 2022 US Express Invite	US Express	
1500m Run		4:54.85	Jun-4-22	Lucy Cramer at Track Houston 2022 Champ	US Express	
3000m Run		11:07.12	May-13-23	Lucy Thomas at Marrero Trojan Invitatio	US Express	
1500m Walk		9:58.26	May-17-14	Nihya Fairley at 2014 Fertile Crescent	US Express	
100m Hurdles		14.95	Jul-22-13	Danai Metoyer at 2013 USATF JO National	US Express	
200m Hurdles		27.89	Jul-22-13	Keionne Octave at 2013 USATF JO Nationa	US Express	
High Jump		1.56m	Jun-22-18	Alana Simon at Southern Association JO	US Express	
Pole Vault		8-00.00	Jul-28-11	Alexis Pickney at 2011 AAU National Jun	United Southern Express	
Long Jump		17-03.50	Jul-1-23	Hyacinth Williamson at FOCUS ATHLETIC	US Express	
Triple Jump		10.34m	Jun-21-14	Kalyn Martin at 2014 USATF JO Southern	US Express	
Shot Put		68-08.00	Jul-29-16	Leah-Monet Morgan at 2016 AAU National	US Express	
Shot Put		14.33m	Jul-23-18	Laila Guy at USATF Hershey National Jun	US Express	
Discus		34.68m	Jul-23-18	Laila Guy at USATF Hershey National Jun	US Express	
Javelin		28.66m	Jul-5-18	Leah Guy at 2018 USATF Region VI	US Express	
Out Pent		2874	Jul-22-13	Danai Metoyer at 2013 USATF JO National	US Express	
4x100m Relay		50.49	Jul-24-23	US Express S. Early, R. Kimble, T. Foxworth, L. Louis, H. Williamson	US Express	
4x400m Relay	4:22.71	Jun-23-17	US Express J. Jeanbatiste, J. Jeanbatiste, H. Senegal, A. Simon	US Express		

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5 - 16 yrs	100m Dash	12.51	Jun-21-14	Morgan Thibeaux at 2014 USATF JO Southe	US Express
	200m Dash	25.69	Jun-7-14	Morgan Thibeaux at 2014 LA Governor's G	US Express
	400m Dash	55.80	Jun-7-19	Halyn Senegal at 2018 Track Houston Cha	US Express
	800m Run	2:24.49	Jun-3-23	Lucy Thomas at 2023 SELRR Season Opene	US Express
	1500m Run	4:57.47	May-20-23	Lucy Thomas at 2023 US Express Invite	US Express
	3000m Run	11:07.12	May-13-23	Lucy Thomas at Marrero Trojan Invitatio	US Express
	1500m Walk	9:47.12	May-25-13	Eleni Lemoine at 2013 Fertile Crescent	United Southern Express
	3000m Walk	17:28.35	Jun-1-13	Eleni Lemoine at Southern Association C	US Express
	100m Hurdles	15.50	Jun-14-14	Danai Metoyer at 2014 GREATER KING D	US Express
	400m Hurdles	1:14.47	Jun-21-19	Daila Young at 2019 Southern Assoc JO	US Express
	2000m StplCh	10:18.46	Jul-10-14	Taea Jackson at 2014 USATF Region 6 Cha	US Express
	High Jump	1.63m	Jun-21-14	Victoria Wayne at 2014 USATF JO Souther	US Express
	Long Jump	5.24m	Jul-9-15	Danai Metoyer at 2015 USATF Region VI J	US Express
	Triple Jump	11.48m	Jul-5-18	Madisyn Rideau at 2018 USATF Region VI	US Express
	Shot Put	12.19m	Jul-22-19	Laila Guy at USATF Hershey National Jun	US Express
	Discus	35.10m	Jul-24-21	Leah Guy at SELRR-Rollette Invite	US Express
	Hammer	26.25m	Jul-7-16	Emily Nichols at 2016 USATF Region VI J	US Express
	Heptathlon	3824	Jul-27-15	Danai Metoyer at 2015 USATF JO Champ	U.S. Express Track Club
	4x100m Relay	49.77	Jul-22-19	US Express P. Auzenne, M. Joshua, M. St Cyr, P. Williams, D. Daniels, T	US Express
	4x400m Relay	4:13.95	Jun-24-10	US Express B. Babineaux, D. Guidry, R. Harmon, P. Semien	US Express
7 - 18 yrs	100m Dash	11.80	Jul-23-12	Tori Williams at 2012 USATF National JO	United Southern Express
	200m Dash	24.54	Jul-23-12	Tori Williams at 2012 USATF National JO	United Southern Express
	400m Dash	55.75	Jul-11-19	Faith Outing at USATF Region 6 Champio	US Express
	800m Run	2:14.39	Jul-22-19	Faith Outing at USATF Hershey National	US Express
	1500m Run	5:16.79	Jul-30-22	Sylvia White at AAU National Champiosnh	US Express
	3000m Run	15:15.75	Jul-9-09	Tamerin L.Taylor at USATF REGION SIX 1	United Southern Express
	100m Hurdles	14.28	Jun-24-10	Kimberly Francis at USATF Southern Asso	United Southern Express
	400m Hurdles	1:01.38	Jul-27-15	Victoria Wayne at 2015 UATF JO National	US Express
	2000m StplCh	8:24.12	Jul-30-22	Sylvia White at AAU National Champiosnh	US Express
	High Jump	5-06.00	Jul-9-22	Alana Simon at 2022 SBR Jags	US Express
	Long Jump	5.73m	Jul-7-11	Asia English at 2011 USATF JO Region 6	United Southern Express
	Triple Jump	11.20m	Jun-21-19	Madisyn Rideau at 2019 Southern Associa	US Express
	Shot Put	13.80m	Jun-12-21	Laila Guy at 2021 USATF Southren Associ	US Express
	Discus	39.04m	Jun-15-21	Laila Guy at 2021 AAU Regionals	US Express
	Hammer	26.04m	Jul-6-23	Addisyn Botos at USATF Hershey National	US Express
	Javelin	30.76m	Jul-5-12	Michelle Mayes at 2012 USATF Region VI	United Southern Express
	Heptathlon	3222	Jul-07-16	Diamond-Alexis Craig at 2016 USATF Reg6	U.S. Express Track Club
	4x100m Relay	47.63	Jul-5-12	United Southern Express T.C. M. Batiste, M. Jack, G. Patterson, P. Semien, K. Thompson, T	United Southern Express
	4x400m Relay	3:57.68	Jul-23-12	United Southern Express T.C. K. Thompson, M. Jack, D. Rogers, P. Semien, M. Batiste, T. W	United Southern Express

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RECORDS - USEXPRESS - Outdoor

Male

	Event	Mark	Date Set	Record Holder	Team Affiliation
Under 6 yrs	100m Dash	16.40	Jun-13-09	Raymond Pickney at USATF Southern Ass	US Express
	200m Dash	38.71	Jun-5-10	Khristian Zeigler at 2010 Governors Gam	US Express
	400m Dash	1:21.88	Apr-24-10	Khristian Zeigler at US Express Track &	US Express
	Long Jump	2.36m	Jun-21-14	Kaleb West at 2014 USATF JO Southern A	US Express
	4x100m Relay	1:20.62	May-24-14	US Express A. Rowley, J. Faciane, K. West, Z. Richmond	US Express
7 - 8 yrs	100m Dash	14.49	May-29-10	Isaiah Sam at 2010 Betty Smothers Relay	US Express
	200m Dash	29.73	Jun-22-18	Terrence Gillette at Southern Associati	US Express
	400m Dash	1:15.20	Jun-23-11	Kody West at 2011 USATF Southern Associ	US Express
	800m Run	2:46.81	Jun-5-21	Leland Cramer at 2021 SELRR Season Oper	US Express
	1500m Run	5:44.85	Jul-23-12	Bryson Martin at 2022 USATF JO	US Express
	Long Jump	3.80m	Jul-7-11	Andre Metoyer at 2011 USATF JO Region 6	US Express
	Shot Put	5.84m	Jun-8-19	Jacob May at 2019 USATF Southern Associ	US Express
	Javelin	16.49m	Jul-27-15	Philip Auzenne at 2015 UATF JO National	US Express
	4x100m Relay	1:06.35	Jun-15-21	United Southern Express T.C. J. Narcisse, J.Morrow, P. Keaton, S. Wilson	US Express
	4x200m Relay	2:40.39	Apr-6-13	US Express J. Bradford, A. Givens, O. HardingIII, S. St Cyr	US Express
9 - 10 yrs	100m Dash	13.10	Mar-25-11	Richard Davis Jr at 2011 LSU Tiger Rela	US Express
	200m Dash	27.86	Jul-6-17	Ethan Washington at USATF Region 6 Juni	US Express
	400m Dash	1:02.42	Jun-23-17	Ethan Washington at USATF Southern Asso	US Express
	800m Run	2:29.21	Jul-6-17	Ethan Washington at USATF Region 6 Juni	US Express
	1500m Run	5:14.18	May-13-23	Andrew White at Marrero Trojan Invitati	US Express
	1500m Walk	9:48.19	Jul-27-10	Oliver Vreeland at 2010 USATF National	US Express
	High Jump	1.33m	Apr-24-10	Jonah Mayes at US Express Track & Field	US Express
	Long Jump	5.02m	Jun-24-10	Jonah Mayes at USATF Southern Associati	US Express
	Shot Put	8.55m	Jun-21-14	Christopher Bess at 2014 USATF JO South	US Express
	Javelin	35.41m	Jan-01-09	Kevin Tripeaux II at USATF Southern As	US Express
	Triathlon	624	Jul-27-15	Kendrin Johnson at 2015 UATF JO Nationa	US Express
	4x100m Relay	54.33	Jul-21-14	US Express C. Wilson, D. Charles, L. Fontenot, T. Richardson	US Express
	4x200m Relay	2:14.74	Apr-6-13	US Express A. Knighten, A. Metoyer,Jr, K. Tate, D. Rutledge	US Express
	4x400m Relay	5:02.52	Jun-6-15	US Express C. Martin, K. Johnson, M. Fair Iii, N. Beckwith	US Express
11 - 12 yrs	100m Dash	12.14	Jul-9-15	Solomon Lewis at 2015 USATF Region VI J	US Express
	200m Dash	24.86	Jul-27-15	Solomon Lewis at 2015 UATF JO National	US Express
	400m Dash	56.33	Jul-26-11	Gerald Levy at 2011 USATF JO National C	US Express

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11 - 12 yrs	800m Run	2:21.13	Jul-22-19	Ethan Washington at USATF Hershey Natio	US Express	
	1500m Run	5:01.81	Jun-3-23	Andrew White at Track Houston 2023 Cham	US Express	
	3000m Run	10:46.20	Jun-3-23	Andrew White at Track Houston 2023 Cham	US Express	
	1500m Walk	8:57.30	Jul-23-12	Oliver Vreeland at 2012 USATF National	US Express	
	80m Hurdles	13.76	Jul-7-16	Tre'Shawn Dunn at 2016 USATF Region VI	US Express	
	High Jump	1.57m	Jul-5-12	Jonah Mayes at 2012 USATF Region VI Cha	US Express	
	Long Jump	16-05.75	Jun-12-12	Jonah Mayes at Area 10-2012 AAU Qualifi	US Express	
	Shot Put	12.13m	Jul-11-19	Philip Auzenne at USATF Region 6 Champ	US Express	
	Discus	27.21m	Jul-10-14	Troye Collins at 2014 USATF Region 6 Ch	US Express	
	Javelin	33.40m	May-24-14	Christopher Niccolini II at 2014 GREATE	US Express	
	Out Pent	1980	Jul-05-21	Jonah Mayes at 2021 USATF Region 6	U.S. Express	
	4x100m Relay	49.93	Jul-27-15	US Express K. Tate, C. Wilson, L. Lovell, S. Lewis, A. Metoyer, T. Dunn	US Express	
	4x200m Relay	1:50.76	Apr-15-11	US Express G. Levy, J. Mayes, C. Golphin, G. Franklin	US Express	
	4x400m Relay	4:02.08	Jul-22-19	US Express K. Arvie, C. Corbins, D. Smith, E. Washington, C. Glenn, J.	US Express	
	13 - 14 yrs	100m Dash	11.52	Jun-4-22	Kai Fontenot at 2022 SELRR Season Opene	US Express
		200m Dash	23.54	Jul-22-13	Gerald Levy at 2013 USATF JO National C	US Express
		400m Dash	52.09	Jun-22-13	Gerald Levy at 2013 Southern Associatio	US Express
800m Run		2:11.71	Jul-7-16	Micah Williams at 2016 USATF Region VI	US Express	
1500m Run		4:30.68	Jul-28-18	Abram Johnston at AAU National JO Champ	US Express	
3000m Run		9:48.13	Jul-28-18	Abram Johnston at AAU National JO Champ	US Express	
1500m Walk		9:27.94	May-18-13	Oliver Vreeland at 2013 Fertile Crescen	US Express	
3000m Walk		17:33.72	Jun-1-13	Oliver Vreeland at Southern Association	US Express	
100m Hurdles		14.82	Aug-1-21	Philip Auzenne at 2021 Area National Ju	US Express	
200m Hurdles		26.04	Jul-22-13	Gerald Levy at 2013 USATF JO National C	US Express	
High Jump		6-00.00	Jun-8-18	Tre'Shawn Dunn at Track Houston 2018 Ch	US Express	
Long Jump		5.96m	Jul-5-18	Tre'Shawn Dunn at 2018 USATF Region VI	US Express	
Triple Jump		11.92m	Jul-26-11	Jonathan Prior at at 2011 USATF JO Nati	US Express	
Shot Put		40-00.50	Jun-15-11	Myron A.Barnes at Area 8 - 2011 AAU T&F	US Express	
Discus		43.97m	Jul-30-22	Jack Torrance at AAU National Champiosn	US Express	
Javelin		37.02m	Jul-30-22	Brennen Botos at AAU National Champiosn	US Express	
Out Pent		2346	Jul-26-21	Philip Auzenne at USATF Hershey Nationa	US Express	
4x100m Relay		46.08	Jul-25-16	US Express S. Lewis, K. Aaron, J. Pennington III, M. Williams	US Express	
4x200m Relay		1:45.98	Apr-15-11	US Express K. Washington, J. Prior, D. Lucas, L. Brownfield	US Express	
4x400m Relay		3:41.67	Jul-22-13	US Express G. Levy, N. Morgan, B. Rembert, H. Woods	US Express	
4x800m Relay	9:33.15	Aug-01-21	US Express C. Corbins, G. Rush, N. Sanchez, D. Smith	US Express		
5 - 16 yrs	100m Dash	11.12	Jun-10-23	Kai Fontenot at 2023 USATF Southern Ass	US Express	

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5 - 16 yrs	200m Dash	22.34	Jul-24-23	Kai Fontenot at USATF Junior Olympic Ch	US Express	
	400m Dash	49.47	Jun-23-17	Richard Davis Jr at USATF Southern Asso	US Express	
	800m Run	2:03.58	Jul-6-23	Khel Arvie at USATF Hershey National Ju	US Express	
	1500m Run	4:27.89	Jun-4-22	Aiden Monistere at Track Houston 2022 C	US Express	
	3000m Run	9:34.00	Jun-4-22	Aiden Monistere at Track Houston 2022 C	US Express	
	110m Hurdles	14.96	Jul-24-23	Terry Matthews at USATF Junior Olympic	US Express	
	400m Hurdles	58.84	Jul-10-21	Winston Decuir III at 2021 Future	US Express	
	2000m StplCh	7:42.29	Jul-7-16	Joshua Hilliard at 2016 USATF Region VI	US Express	
	High Jump	2.05m	Jul-22-13	Jeremiah Mayes at 2013 USATF JO Nationa	US Express	
	Long Jump	6.28m	Jun-24-10	Justin Williams at USATF Southern Assoc	United Southern Express	
	Triple Jump	12.94m	Jul-22-13	Jeremiah Mayes at 2013 USATF JO Nationa	US Express	
	Shot Put	12.41m	Jun-10-23	Jack Torrance at 2023 USATF Southern As	US Express	
	Discus	133-06.00	Jul-29-16	Austin Dunaway at 2016 AAU National Jun	US Express	
	Hammer	32.83m	Jul-21-14	Kennan Tate at 2014 UATF JO National Ch	US Express	
	Javelin	41.36m	Jun-24-23	Connor Campbell at USATF Southern Assoc	US Express	
	4x100m Relay	43.44	Jul-24-23	US Express K. Anderson, K. Fontenot, C. Franklin, T. Matthews	US Express	
	4x400m Relay	3:26.63	Jul-5-18	US Express M. Williams, C. Ceasar, J. Pennington Iii, A. Sharper Jr, T.	US Express	
	4x800m Relay	8:48.16	Jul-24-23	US Express J. Hall, C. Corbins, G. Rush, K. Arvie	US Express	
	7 - 18 yrs	100m Dash	10.73	Jul-6-17	Burnell Williams Iii at USATF Region 6	US Express
		200m Dash	21.50	Jun-4-11	Jordon Lee at 2011 LA Governor's Games	United Southern Express
400m Dash		48.38	Jul-5-18	Tajhe Jones at 2018 USATF Region VI	US Express	
800m Run		1:56.95	Jul-25-16	Randy Carter Jr at 2016 USATF JO Nation	US Express	
1500m Run		4:06.73	Jul-29-16	Randy Carter Jr at 2016 AAU National Ju	US Express	
3000m Run		10:05.78	Jun-05-10	Trevor Gayten	United Southern Express	
3200m Run		8:27.46	Jul-29-16	US Express	US Express	
5000m Run		16:58.64	Jul-8-10	Trevor Gayten at USATF REGION SIX T&	United Southern Express	
110m Hurdles		14.23	May-28-11	Bentrell McGee at Tommie Smith Youth Tr	United Southern Express	
400m Hurdles		54.82	Jun-23-11	Bentrell McGee at 2011 USATF Southern A	United Southern Express	
High Jump		2.10m	May-31-14	Jeremiah Mayes at USATF Southern Associ	US Express	
Long Jump		22-09.25	Jun-15-11	Akil Bennet at Area 8 - 2011 AAU T&F JO	United Southern Express	
Triple Jump		14.33m	Jun-23-11	William LeBlanc at 2011 USATF Southern	United Southern Express	
Shot Put		12.84m	Jul-5-18	Wade Smith at 2018 USATF Region VI	US Express	
Discus		38.86m	Jul-5-18	Wade Smith at 2018 USATF Region VI	US Express	
Javelin		50.07m	Jun-3-17	Debonaire Williams at 2017 GREATER KIN	US Express	
Decathlon		4240	Jul-26-21	Marc Hebert at USATF Hershey National J	US Express	
4x100m Relay		42.09	Jul-6-17	US Express B. Williams Iii, T. Jones, B. Moore, J. Hayes	US Express	
4x400m Relay		3:12.94	Jul-23-18	US Express D. Butler, R. Davis Jr, T. Jones, B. Moore, I. Rankins, B. W	US Express	
4x800m Relay		8:27.46	Jul-29-16	US Express K. Chandler, R. Carter Jr, D. Gallow, K. Al-Mustafa	US Express	