



Newsletter

April 2026

Spring is well and truly underway, and the warmer days are hopefully here to stay. It has been lovely to see people taking opportunity of the warmer weather getting out and about with us and long may it continue. We have lots of exciting things in store for our members in the way of luncheon clubs and trips to the beach and Springfields for a spot of shopping. We hope you take us up on those. We would also like for you to take part in Mental Health Day on the 14/5/2026 by wearing green to show your support. Thank you for travelling with us and we look forward to seeing you soon.

Natasha
Manager

For any enquiries:
Call: **01553 770310** or **01760 720906**
Email: **info@westnorfolkct.co.uk**

Did You Know?

- Between January and March 2026, we have:
 - 👤 Transported 1,035 people to medical appointments
 - 🚗 Travelled an incredible 49,355 miles – that’s the equivalent of 104 million steps!
 - 🏡 Connected 45 villages across West Norfolk

Our drivers and volunteers go the extra mile every day to keep our communities connected, supported, and independent.
Thank you to everyone who makes this possible!

SHOP SMART TRAVEL SAFE



 **KEEP SHOPPING TO A MANGEABLE AMOUNT**

 **THINK OF OTHERS ALSO USING THE SERVICE**

 **ALL SHOPPING AND BELONGINGS HAVE TO BE SECURED IN THE VEHICLE**



IF YOU WISH TO PURCHASE SOMETHING AND UNSURE IF WE CAN TRANSPORT IT PLEASE CALL THE OFFICE



 **Our Easter Raffle raised a total of**

£189.00

towards
Social Trips in 2026

Thank You!

Thank you for helping us to keep our journeys safe, comfortable and enjoyable for all.

Dates for your Diary



Mental Health Awareness Week 

BRING A FRIEND

TO TRY OUR SERVICES
Mon 11th May 2026 - Friday 15th May 2026



A friend can have one free return journey.
Book their space with the office.

Help someone take the first step to connection and support
Registration Form must be completed.

WE'RE TAKING PART IN



WEAR it GREEN DAY
#WearItGreen

In aid of
MENTAL HEALTH FOUNDATION

THURSDAY 14TH MAY 2026

Lunch Club



**WEDNESDAY
20TH MAY 2026**

**THE GATE
FAIRGREEN
MIDDLETON**

£24 per person including transport and 2 courses

LIMITED SPACES - BOOK NOW



SPRINGFIELDS OUTLET SPALDING

Thursday 4th June 2026
From £19.95 per person
subsidised by raffle money

For more information or to book call 01553 770310



MEMBERS SOCIAL TRIP BAYTREE HILGAY

Monday 22nd June 2026



From £20 per person
including coffee and cake subsidised by raffle money



Heacham Lavender and Hunstanton



Thursday
16th July 2026

From £18.95
per person