

Bagels

Dozen Bagels

\$18.00 Sliced \$19.20



Bagel

\$1.50 Sliced \$1.60



Bagel & Butter

\$3.00



Bagel & Plain Cream

Cheese \$3.75



Bagel & Flavored Cream

Cheese \$4.50



Bagel & Lox Spread

\$4.99



Dozen Flagels

\$22.20 Sliced \$23.40



Flagels

Flagel

\$1.85 - \$1.95



Flagel & Butter

\$3.37



Flagel & Plain Cream

Cheese \$4.49



Flagel & Flavored Cream

Cheese \$4.85



Flagel & Lox Spread

\$5.49



mini bagels

mini dozen

\$12.60 Sliced \$13.80



Mini Bagel & Plain Cream Cheese \$2.35



mini option is selected.

\$1.05 Sliced \$1.15



Mini Bagel & Lox Spread \$3.15



mini & butter

\$2.05



Flagel with sliced Nova Lox.

Mini Bagel & Flavored Cream Cheese \$2.85



Choose With or Without Plain

Nova Scotia Lox

Nova Flagel Sandwich Cream

\$9.99



Nova on Bagel & Flavored Cream Cheese gel.

\$10.49



Nova Bagel Sandwich

\$9.33



Nova Mini Bagel

\$7.99



Lox Platter

\$16.50



Nova Mini Bagel & Flavored Cream Cheese

\$8.28

Lox By The Pound

\$43.99/lb.



Egg Sandwiches

Egg Sandwich

One Egg Sandwich \$3.35

Two Egg Sandwich \$3.64



Cheese + 1.00

Meat + 1.25

Bistro Beast

\$9.35



Easy Avocado Toast

\$8.99



& Omelets

#1 Brie, Scallions & Sausage

\$8.35



#2 Egg white, spinach, feta cheese & tomato

\$8.35



#3 Cheddar, caramelized onion & bacon

\$8.35



#4 Chorizo, peppers, onion & pepper jack cheese

\$8.35



#5 Western Omelet

\$8.35



#6 The Leo Omelet

\$8.99



#7 Greek Omelet, Peppers, spinach, onion, tomato & feta cheese

\$8.35



#8 Egg White, turkey, tomato & swiss cheese

\$8.35



Specialty Breakfasts

Chicks'n Blankets
\$9.25



French Toast
\$8.00



**Nutella Banana
French Toast**
\$8.99



**Three Buttermilk
Pancakes** pancakes.
\$8.00



Corned Beef Hash & Eggs
\$7.85



Avocado Toast scallion cream
\$5.99



Toast smeared with scallion
cream cheese, smashed

avocado and topped with two
Oatmeal
Small 12 oz. \$3.99
Large 16 oz. \$5.25



The Elvis Cinnamon Raisi
\$8.99



Acai Bowl shaved coconut.
\$11.99



Yummy extras

Side Of Meat

Bacon, Sausage, Ham

\$3.50



Home Fries Potatoes sauteed

\$3.99



Paninis

Pizza Bagel

\$8.99

With pepperoni \$9.99



#3 Smoked Turkey, Brie, Apple & Cranberry Panini

\$12.25



#5 Fried Chicken Breast Panini

\$12.25



#2 The Romeo Panini

\$12.25



#4 Buffalito Panini

\$12.25



#6 Boneless Pork Rib Flatbread

\$12.25



#7 Roasted Veggies Panini
\$12.25



#9 The Ricardo Panini
\$12.25



#10 Cuban Panini
\$12.25



#8 The Reuben Panini
\$12.25



Grilled Cheese Sandwich
\$7.99 - \$9.49



Chicken Parm Sandwich
\$11.80



Deli Sandwiches

Deli Sandwich
\$8.50



Tuna Melt Sandwich
\$9.88 - \$10.42



Spicy Tuna Sandwich
\$8.46



Whitefish Salad Sandwich
\$8.68



Chicken Club Sandwich
\$11.80 - \$12.90



Buffalo Chicken Salad Sandwich
\$8.46



Apple Cranberry Tuna Salad Sandwich

\$8.46



Egg Salad Sandwich

\$7.14



Italian Hero

\$12.75



Apple Cranberry Chicken Salad Sandwich

\$8.46



Lite Vegetable Tuna Sandwich

\$8.46



Chicken Caesar Sandwich

\$10.00



BLT

\$8.79



American Hero

\$12.75



Cheese Sandwich

\$5.48



Baked Salmon Sandwich

\$8.68



PB&J Sandwich

\$5.50



The Best Chicken Salad Sandwich

\$8.25



Tuna Salad Sandwich

\$8.25

