

JPL Physical Therapy LLC

Initial Evaluation Information Form

Patient Name _____ DOB _____ Age _____ Today's Date _____

Referring Physician _____ Other/Primary Physician _____
(If Applicable)

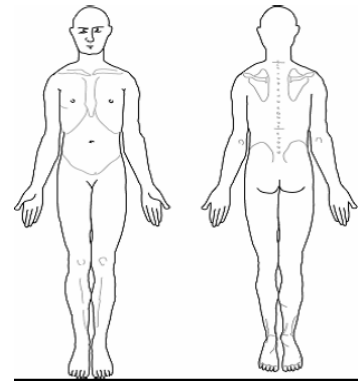
1. For which problem(s) are we seeing you today? _____

2. When did the symptoms start? _____

3a. Please mark where you have symptoms on the picture to the right.

3b. Please mark your symptoms:

- | | | |
|--|--|---|
| <input type="checkbox"/> Constant (24 hours/day) | <input type="checkbox"/> Falling | <input type="checkbox"/> Knife-like |
| <input type="checkbox"/> Intermittent (comes & goes) | <input type="checkbox"/> Fear of falling | <input type="checkbox"/> Burning |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Sharp | <input type="checkbox"/> Pins and needles |
| <input type="checkbox"/> Vertigo | <input type="checkbox"/> Dull | <input type="checkbox"/> Numbness |
| <input type="checkbox"/> Lightheadedness | <input type="checkbox"/> Aching | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Imbalance | <input type="checkbox"/> Throbbing | |



4. Please check the rating that best describes your symptoms:

- | | | | | | | | | | | |
|----------------------------|----------------------------|----------------------------|--|----------------------------|----------------------------|----------------------------|----------------------------|--------------------------------|----------------------------|--|
| <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 | <input type="checkbox"/> 7 | <input type="checkbox"/> 8 | <input type="checkbox"/> 9 | <input type="checkbox"/> 10 |
| No symptoms | | Mild symptoms,
annoying | Nagging, uncomfortable,
troublesome | | Miserable, distressing | | | Intense, dreadful,
horrible | | Worse symptoms
possible, unbearable |

5. How do your symptoms vary over a 24-hour period?

Morning _____ Noon _____
Evening _____ Night _____

6. What activities increase your symptoms? _____

7. What activities decrease your symptoms? _____

8. Because of your problem, you have difficulty with the ability to:

- | | | | |
|---|---|--|--|
| <input type="checkbox"/> Walk | <input type="checkbox"/> Move quickly | <input type="checkbox"/> Turn | <input type="checkbox"/> Throw |
| <input type="checkbox"/> Roll in/get out of bed | <input type="checkbox"/> Bend over | <input type="checkbox"/> Look up | <input type="checkbox"/> Get in/out of car |
| <input type="checkbox"/> Squat | <input type="checkbox"/> Use stairs | <input type="checkbox"/> Jog | <input type="checkbox"/> Drive |
| <input type="checkbox"/> Reach behind back | <input type="checkbox"/> Reach overhead | <input type="checkbox"/> Carry objects | <input type="checkbox"/> Other: _____ |

9. Describe any treatment you've had for the same problem/symptoms: _____

10. Describe any diagnostic testing (x-rays, MRI, CT tests) done for your current problem: _____

Please complete both sides of form.

JPL Physical Therapy | Initial Evaluation Information Form, Cont.

11. What is your goal for physical therapy treatment? _____

12. Occupation: _____ 13. You live with: ☐ self ☐ spouse ☐ family ☐ other

14. Have you recently noticed any of the following?

	Yes	No	Comments
Change in hearing, noise in ears	<input type="checkbox"/>	<input type="checkbox"/>	_____
Unexpected weight loss / gain	<input type="checkbox"/>	<input type="checkbox"/>	_____
Nausea / vomiting	<input type="checkbox"/>	<input type="checkbox"/>	_____
Unexplained fatigue	<input type="checkbox"/>	<input type="checkbox"/>	_____
Weakness	<input type="checkbox"/>	<input type="checkbox"/>	_____
Fever, chills, sweat	<input type="checkbox"/>	<input type="checkbox"/>	_____
Fainting spells	<input type="checkbox"/>	<input type="checkbox"/>	_____
Incontinence (of urine or stool)	<input type="checkbox"/>	<input type="checkbox"/>	_____

15. Please list previous surgeries, fractures, or serious injuries, with approximate dates: _____

16. Have you been diagnosed with any of the following conditions? Check any that apply.

<input type="checkbox"/> Recent infection	<input type="checkbox"/> Bowel or bladder problems	<input type="checkbox"/> Osteoporosis	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Kidney problems	<input type="checkbox"/> Depression or anxiety	<input type="checkbox"/> Headaches
<input type="checkbox"/> Diabetes (with or without neuropathy)	<input type="checkbox"/> Thyroid problems	<input type="checkbox"/> Arthritis (RA/rheumatoid, osteoarthritis)	<input type="checkbox"/> Are you pregnant?
<input type="checkbox"/> Heart problems	<input type="checkbox"/> Breathing difficulties	<input type="checkbox"/> Dizziness or vertigo	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Stroke/TIA	<input type="checkbox"/> Seizures	<input type="checkbox"/> Multiple Sclerosis	_____
<input type="checkbox"/> Cancer	<input type="checkbox"/> Frequent falls	<input type="checkbox"/> Hepatitis	_____

17. Please list all current medications, including over-the-counter and supplements. Attach another sheet if needed.

18. Have you ever taken any of these for an extended period of time? (Mark all that apply.)

☐ Steroids ☐ Blood thinners ☐ IV antibiotics If yes, please explain: _____

19. Please list any allergies to latex, adhesives or medications: _____

20. Do you have any metal implants (pins/plates, pacemaker)? _____

21. Have you ever been in a car accident? If so, list dates/injuries: _____

22. Is the problem you are being treated for involved in litigation (lawsuit)? ☐ Yes ☐ No

23. How do you learn best? ☐ Pictures ☐ Written ☐ Verbal ☐ Documentation

24. Is there anything else you would like to tell us about your problem? _____

Reviewed by Physical Therapist _____

Date _____