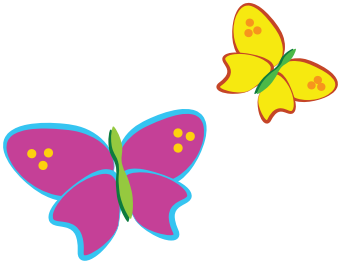


Are you ready to get outside this summer?

# Nature Bus Powered by

## is headed your way!



**FREE on Saturdays through September 25**

Nature Bus is a free bus serving the Albany City communities and is brought to you by Mohawk Hudson Land Conservancy (MHLC) in partnership with CDTA. Jump on board and spend your Saturday exploring the region's most scenic outdoor destinations! Visit the Nature Bus website to plan your trip.

### Nature Bus Destinations:

- Albany County Helderberg-Hudson Rail Trail
- MHLC's Bennett Hill Preserve
- MHLC's Normans Kill West Preserve
- Tivoli Lake Farm and Preserve
- Five Rivers Education Center
- Pine Hollow Arboretum
- John Boyd Thacher Park
- Lawson Lake Park

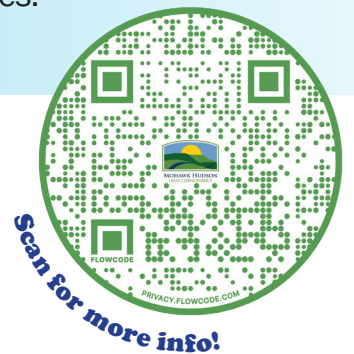
Nature Bus services the Albany City communities of West Hill, Arbor Hill, Sheridan Hollow, Pine Hills, South End – Groesbeckville Historic District, and Whitehall.

### Good to Know Before You Go!

- Children under 18 must be accompanied by an adult when visiting Five Rivers, Thacher Park, and Pine Hollow Arboretum.
- Wear sturdy shoes and bring an extra layer of clothing, bottle of water, hat/sunscreen, and bug spray to repel ticks.
- Pre-load apps on your phone for the bus schedule and trail maps. Visit the website of your destination for details!
- All trails are well marked and maps are posted at the kiosk.
- Nature Bus picks up and drops off at least 4 times per day—plan a short trip or a long day out!
- Every location has exciting places to explore and many locations will be leading kid-related activities.

Find the Nature Bus schedule, links to all partner locations, and other helpful information to plan your day at

**[www.mohawkhudson.org/nature-bus](http://www.mohawkhudson.org/nature-bus)**



The Nature Bus is brought to you by CDTA, Mohawk Hudson Land Conservancy, and partner organizations. Funding for this free service was provided by New York State's Department of Environmental Conservation, MVP Health Care, Friends of Thacher Park, and private donations.