CONNECT AND REFLECT GAME INSTRUCTIONS

Adult ESOL Speaking & Social-Emotional Learning Activity

> **Activity Purpose:** This game helps adult English learners build oral fluency, practice real-life communication, and reflect on personal strengths, relationships, and problem-solving in a supportive group environment.

1. GAME SETUP

1. **Form Groups:** Form small groups of **3 to 5 players** around one game board.
2. **Sort the Decks:** Stack the cards into 5 piles according to their sticker color or category name on the back, face down.
3. **Player Tokens:** Each student picks a game piece and places it on the **START** space.
4. **Turn Order:** Each player rolls the die once. The player with the highest number goes first. Play moves clockwise to the left.

2. ON YOUR TURN

1. **Roll & Move:** Roll the die and move your token forward that number of spaces.
2. **Draw a Card:** Look at the color or name of the space you land on. Draw the top card from that matching category deck.
3. **Read & Speak:** Read the sentence starter aloud to your group, then **complete the sentence** in your own words.
4. **Partner Support:** Group members listen carefully. Partners may ask *one follow-up question* to encourage more conversation!

3. CATEGORY & STICKER REFERENCE GUIDE

SEL COMPETENCY	GAME BOARD COLOR	FOCUS & SPEAKING GOAL
1. Self-Awareness	🔵 **Blue Sticker**	Identify feelings, personal strengths, goals, and cultural values.
2. Self-Management	🟢 **Green Sticker**	Share calm-down routines, organization tips, and personal motivation.
3. Social Awareness	🟡 **Yellow Sticker**	Show empathy, respect different viewpoints, and share cultural customs.
4. Relationship Skills	🟠 **Orange Sticker**	Practice polite communication, teamwork, compliments, and asking for help.
5. Decision-Making	🔴 **Red Sticker**	Discuss honest choices, community responsibility, and wise daily habits.

4. COMMUNITY AGREEMENTS & SPEAKING TIPS

Active Listening
Listen politely when your partner speaks. Wait until they finish before offering thoughts or praise.

Help, Don't Interrupt
If someone is looking for a word, give them a moment. You can help by offering vocabulary kindly.

Safe Space to Share
Everyone's life experiences are valued. What is shared in your group stays in your group.