



## Semaglutide Common Side Effects

Some side effects of Semaglutide may occur that usually do not need medical attention. These side effects may go away during treatment as your body adjusts to the medicine. Also, your health care professional may be able to tell you about ways to prevent or reduce some of these side effects.

Check with your health care professional if any of the following side effects continue or are bothersome or if you have any questions about them:

### More common

- Bloating, full feeling.
- Stomach discomfort, fullness, or pain
- Diarrhea.
- Loss of appetite.
- Nausea.
- Vomiting.
- Red / Warmth at the injection site.
- Tenderness in the stomach area.
- Constipation.
- Abdominal pain.
- Fatigue.
- Dizziness

### Less common

- Belching (Burping).
- Excess air or gas in the stomach or intestines.
- Acid or sour stomach.
- Gaseous stomach pain.
- Heartburn.
- Passing gas.
- Hair loss.
- Change in Taste.
- Headache.
- Unusual tiredness or weakness.
- Pains in stomach, side, or abdomen

### Rare common

- Burning feeling in the chest or stomach.
- Indigestion.
- stomach upset.
- tenderness in the stomach area
- loss of taste

If you experience nausea, here are some general nausea tips that you might find helpful:

- Eat bland, low-fat foods, like crackers, toast, and rice.
- Eat foods that contain water, like soups and gelatin.
- Avoid fried, greasy, or sweet foods.
- Avoid lying down after you eat.
- Go outdoors for fresh air.
- Eat more slowly.
- Drink clear or ice-cold drinks.

Any additional questions or concerns, please feel free to contact us via the Messaging Portal and a member of our medical staff will get back to you as soon as possible.

You can also request an appointment with us to address any of your concerns.