



Dear Patient,

Once your medication arrives, please refrigerate your Semaglutide. The Semaglutide must be refrigerated once the security cap has been popped off. The SlimShot Lipotropic does not require refrigeration and can be kept at room temperature.

When you receive your shipment, please make sure you take inventory, and you have the supplies you need. In your shipment, you should receive the:

- Semaglutide,
- SlimShot Lipotropic (if ordered)
- syringes and alcohol prep pads.

Important - You will use a new and clean needle for each injection. The Semaglutide is administered once a week and the SlimShot Lipotropic is administered twice a week.

- For the 12 Week Program you should have receive 36 Syringes.
- For the 7 Week Program, you should have received 21 Syringes.

Once you have administered the injection, please recap the needle, and dispose in a Sharps container. These can be picked up at your local pharmacy, Walgreens, Walmart, etc. If you do not have a sharps container, bend the needle on a napkin, recap, then dispose.

We have included two links below that give you a Step-by-Step guide on how to administer your medication.

Link 1: <https://youtu.be/SjrlitOfYgo>

Link 2: <https://youtu.be/Cx5Bp-mDM8E>

Medication Dosing Schedule (NEW PATIENTS ONLY)

Week No. 1 through 4

- Semaglutide – 10 Units – Once a Week
- SlimShot Lipotropic – 100 Units – Twice a Week

Week No. 5 through 8

- Semaglutide – 20 Units – Once a Week
- SlimShot Lipotropic – 100 Units – Twice a Week

Week No. 9 through 12

- Semaglutide – 40 Units – Once a Week
- SlimShot Lipotropic – 100 Units – Twice a Week

**** If you are an existing patient or switching providers, your dosing schedule will be customized depending on how many units you were using. ****

You will always administer one of your SlimShot Lipotropic doses with your Semaglutide.

Example of Dosing Schedule

Monday – Semaglutide & SlimShot Lipotropic

Thursday – SlimShot Lipotropic

Repeat on Monday

Always make sure you stay consistent with your Semaglutide and there is at least 48 hours in between your SlimShot Lipotropic doses.

If you must change your dosing dates, just make sure you follow the pattern, keeping 48 hours in between doses for the SlimShot Lipotropic.

It is safe to start your medication at any time of the day, we do however suggest earlier in the day due to the energy the SlimShot Lipotropic can provide.

Any questions or concerns, please feel free to contact us via the portal or contact your Rep directly. We are here to help!