

Phase 1 - Medication Administration Record - Week # 1 - 4

Medication Administration Record

Dear Patient,

Every week, you will receive a Medication Administration Log. You will record your starting Weight and Measurements as well as log your medication administration for the Week. This will also

The **Semaglutide** is administered once a week while the **Bio-Boost** can be administered up to twice a week.

You will indicate the Date Administered, the Day of the Week Administered (Mon - Sun), Medication Used, Dosing, and any Notes or Additional information

You will always administer **One** dose of **BioBoost** with your **Semaglutide**.

Your second dose of **BioBoost** should be administered 72 Hours later.

Example: Semaglutide - Monday AM
 BioBoost - Monday AM

2nd Dose of BioBoost - Thursday AM

The medication can be administered at any time of day, however we do recommend in the morning or early hours of the day to get the best results possible from the energy the BioBoost will provide.

Once the Week has been completed, you will provide your End of Week Summary and SUBMIT

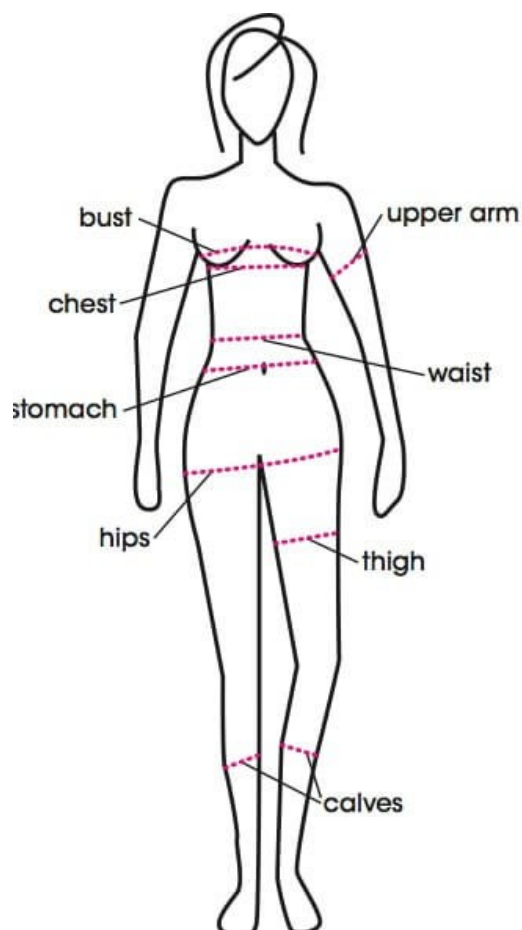
This will include your overall observations, notes, questions and / or concerns that you would like to address with the Doctor and Nurse.

1. Starting Weight?

2. Body Measurements?

Measuring Sites	Unit of Measure	Measurements
Neck		
Bust		
Chest		
Upper Arm		
Waist		
Stomach		
Hips		
Thighs		
Calves		

3. How to Take Measurements Use the image below as a reference point to identify Measuring Sites.



4. Week Number ?

☐ Week # 1

☐ Week # 2

☐ Week # 3

☐ Week # 4

5. Today's Date?

6. Medication / Supplement Used ?

Description	Date	Day of the Week	Dose	Notes
Semaglutide			0.1ML (0.25mg) 10 Units	
BioBoost			1 ML (100 Units)	

Second Dose of BioBoost

7. Today's Date?

8. Medication / Supplement Used ?

Description	Date	Day of the Week	Dose	Notes
BioBoost			1 ML (100 Units)	

9. End of Week - Notes, Observations, and / or Concerns
