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Welcome to True North Pelvic PT LLC.

I am available to answer any questions that you have prior to your visit. Email is easiest for me - [amyhealy2020@outlook.com](mailto:amyhealy2020@outlook.com). You can also leave a message at 802-755-5678. I do my best to get back to you in a timely manner but am not available to answer the phone during office hours.

I am including a questionnaire. If you can fill it out and bring it with you to your appointment that would be helpful. If it is not convenient for you to do so; we can fill it out together while you are here.

If you are a PT patient and would like me to bill your insurance, please bring your insurance card with you. If you are cash based/wellness I gratefully accept check, credit card or cash. I am including handout which summarizes the insurance companies that I work with and how the process works. I welcome your questions on billing.

Wear something comfortable to move in.

I look forward to helping you in your journey to wellness and recovery!

Amy