

MY 2025 VISION

The PLAN 2025

2025 Planner



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ACADEMY OF LEARNING FOR ADULTS

Welcome to Your 2025 Planner: Crafting Your Year with Purpose and Intention

In the fast-paced world of business, healthcare, and education, balancing professional goals with personal well-being is no small feat. This planner is designed to guide you through a year of growth, purpose, and intentional achievement.

We begin by setting the foundation with space to define your *big dreams, intentions, and priorities* for 2025. Start the year with a clear vision and a roadmap for success that aligns with your personal and professional values. From there, move into an overview section to craft the “big picture” that reflects the impact you want to make, guiding each choice and step forward.

To make your aspirations more achievable, *The Plan* divides the year into manageable three-month blocks, where you can break down your larger goals into actionable steps and set smaller, realistic milestones. Reflect and recalibrate as needed, keeping your focus on steady progress and intentional growth.

Finally, each day is an opportunity to reflect and renew. The daily gratitude diary invites you to pause, find joy in everyday moments, and celebrate your journey along the way. Whether you’re striving for impact in the boardroom, the classroom, or in patient care, may this planner be your companion in creating a fulfilling, purpose-driven 2025.



About Me, Lisa Ellem

I am a passionate educator and lifelong learner dedicated to transforming adult learning. I specialise in collaborating with businesses to enhance learning services for adults, whether in the workplace or educational institutions. My focus is on creating impactful and engaging learning experiences that empower individuals and businesses to grow and succeed.

With a rich and diverse background, my journey began in nursing, focusing on chronic and Indigenous health, and has grown to include business and teaching across every level—primary school, high school, vocational education and training, higher education, and workplace learning.

As a learning leader, I bring an academic's curiosity and a practical, grounded approach to every opportunity. I thrive on exploring people, places, and ideas, with a strong interest in small business and service-based industries. A deeply spiritual person, I'm fascinated by how spirituality is expressed and practised across cultures and time.

I am the proud mother of two remarkable young women who give back to their communities. I believe deeply in the power of learning to foster change and prosperity. I'm especially passionate about helping women discover their potential and realise how capable they truly are. Whether working with individuals, businesses, or communities, my mission is to inspire growth through learning.

Join me in 2025 at:

Facebook: [Academy of Learning for adults](#) / [WellNHappy](#)

LinkedIn: <http://linkedin.com/in/lisamellem>

Email: Lisa@academyoflearning.com.au

My wish for you in 2025 is to:

✨ Be Ready to Make 2025 Your Best Year Yet? ✨

Are you craving more balance, focus, and inspiration in your life?

The 2025 Planner is for the professional, the teacher, the spiritual, the adult learner and the leader. It is here to help you dream big, set intentions, and achieve your goals while making time for what truly matters.

Here's what you'll love about this planner:

- 🌟 A space to map out your biggest dreams for the year.
- 🌟 Quarterly goal-setting sections with actionable steps.
- 🌟 Monthly overviews to stay on track.
- 🌟 A gratitude diary to reflect on the joys of everyday life.

This planner is designed to help you create your vision and take inspired action, all while staying organised and aligned with your purpose.

It's my gift to you because you deserve to lead 2025 with confidence and clarity!

Let's make this year one to remember! 💖

#WellNHappy #FreePlanner #DreamBig2025 #academyoflearningforadults

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The BIG 2025 DREAMS

1st Quarter STEPS

2nd Quarter Steps

3rd Quarter Steps

4th Quarter Steps

Intentions

<p>Purpose Who is your customer? How can you best serve them?</p> <p>(overarching everything)</p>	
<p>What changes can you make?</p> <p>What accomplishments make you feel good?</p>	
<p>Statement of intention</p> <p>No matter what ... (give a general overview of what the year will look like</p> <p>“This enables me/us to...” (be descriptive, use emotive words in present tense)</p>	<p>No matter what ... (give a broad overview of what you want)</p> <p>“This enables me/us to...”</p>
<p>Action steps to support each intention</p> <p>This is the how and when</p>	
<p>ACHIEVEMENT VISION</p> <p>Design list of specific objectives for the year</p>	

TO DO LIST

MOVIES/ Books TO WATCH

PLACES/PEOPLE TO SEE

BUCKET LIST

YEAR AT A GLANCE

<u>January</u>	<u>February</u>	<u>March</u>	<u>April</u>	<u>May</u>	<u>June</u>
<u>July</u>	<u>August</u>	<u>September</u>	<u>October</u>	<u>November</u>	<u>December</u>

THE BIG PICTURE

What is the overall goal?

Why is this goal important?

How can the goal be achieved?

What discomfort needs confronting?

What needs to change?

What needs be thrown away?

How can the service I provide improve?

How do I celebrate?

First Quarter: The First 3 MONTH PLAN

BIG Goal 1: What do you see – draw, write create.

Bite size goals

Action Step	Date due	Who can help?	Review	Where to from here?

MOTIVATIONAL saying:

BIG Goal 2: What do you see – draw, write, create.

Bite size goals

Action Step	Date due	Who can help?	Review	Where to from here?

MOTIVATIONAL saying:

BIG Goal 3: what do you see – draw, write create

Bite size goals

Action Step	Date due	Who can help	Review	Where to from here?

MOTIVATIONAL saying:

Spiritual and Physical Wellbeing

Daily Spiritual Practice focus

Daily Exercise

January	
February	
March	
Next quarter	

BOOKS TO READ

PLAN WITH AMBITION

Date	Purpose – things to do	Acknowledgments
JAN 1		
2		
3		
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FEB 1		
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NOTES AND EXTRA'S

2nd Quarter: The second 3 MONTH PLAN

BIG Goal 1: What do you see – draw, write create

Bite size goals

Action Step	Date due	Who can help	Review	Where to from here?

MOTIVATIONAL saying:

BIG Goal 2: what do you see – draw, write, create.

Bite size goals

Action Step	Date due	Who can help	Review	Where to from here?

MOTIVATIONAL saying:

BIG Goal 3: what do you see – draw, write create

Bite size goals

Action Step	Date due	Who can help	Review	Where to from here?

MOTIVATIONAL saying:

Spiritual and Physical Wellbeing

Daily Spiritual Practice **focus**

Daily Exercise

APRIL	
MAY	
JUNE	
Next quarter	

BOOKS TO READ

PLAN WITH PASSION

Date	Purpose – The things I plan to do.	Acknowledgments
April 1		
2		
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JUNE 1		
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NOTES AND EXTRA's

THIRD Quarter: The third 3 MONTH PLAN

BIG Goal 1: What do you see – draw, write or create.

Bite size goals

Action Step	Date due	Who can help	Review	Where to from here?

MOTIVATIONAL saying:

BIG Goal 2: What do you see – draw, write or create.

Bite size goals

Action Step	Date due	Who can help?	Review	Where to from here?

MOTIVATIONAL saying:

BIG Goal 3: what do you see – draw, write or create.

Bite size goals

Action Step	Date due	Who can help?	Review	Where to from here?

MOTIVATIONAL saying:

Spiritual and Physical Wellbeing

Daily Spiritual Practice **focus**

Daily Exercise

JULY	
AUGUST	
SEPTEMBER	
Next quarter	

BOOKS TO READ

PLAN WITH PURPOSE

Date	Purpose –plan, things to do	Acknowledgment
JULY 1		
2		
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AUGUST 1		
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NOTES AND EXTRA's

FOURTH Quarter: The fourth 3 MONTH PLAN

BIG Goal 1: What do you see – draw, write and create.

Bite size goals

Action Step	Date due	Who can help?	Review	Where to from here?

MOTIVATIONAL saying:

BIG Goal 2: What do you see – draw, write, create.

Bite size goals

Action Step	Date due	Who can help?	Review	Where to from here?

MOTIVATIONAL saying:

BIG Goal 3: what do you see – draw, write create.

Bite size goals

Action Step	Date due	Who can help	Review	Where to from here?

MOTIVATIONAL saying:

Spiritual and Physical Wellbeing

Daily Spiritual Practice focus

Daily Exercise

OCTOBER	
NOVEMBER	
DECEMBER	
Next quarter	

PLAN WITH THOUGHT

Date	Purpose –plan, things to do.	Acknowledgement
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NOTES AND EXTRA's – PLANS FOR 2026

Building Contacts

Name	Contact	What do I need to remember about them

The 2025 Review

What are you grateful for?

What will you change?

What did you learn?

How have you grown?

Passions, Dreams and Plan for 2026

List your passion, dreams and plans for 2026.

Just do it!

The Gratitude List

Use the following pages to record the things in life you are grateful for. You can draw, write or doodle. Think about how this thing that you are grateful for makes you feel.

Importantly, write down why you are grateful! This is key!

Here's an example of the format.

I am grateful for because

This makes me feel.....

I am grateful for because

This makes me feel.....

I am grateful for because

This makes me feel.....

I am grateful for because

This makes me feel.....

I am grateful for because

This makes me feel.....

I am grateful for because

This makes me feel.....

I am grateful for because

This makes me feel.....

I am grateful for because

This makes me feel.....

Thank you

Thank you

Thank you

Thank you

Thank you

Thank you