Karma's Eyes Psychic, LLC

working with ancestors

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WORKING WITH ANCESTORS

Some things To consider

We all have a unique experience with family, friends, and those that have passed away. There are so many ways to approach this subject and I advise you find what is best for your unique situation. If you have no previous spiritual experience, starting with ancestors is best. Spirit work is dangerous, it's best to call on some protection.

Where are they?

Ancestors dwell in the spirit world, in some traditions it's considered purgatory, where the soul cannot cross over into heaven, until they fulfill a deed or unfinished business. Some spirits are here by choice, wanting to be a guardian angel to their loved ones, and persons who may not be biologically related. Because spiritually we are all connected regardless of race, gender, culture and etc. We all have a soul and it dwells where it may, or pleases. Some souls are not ready to move on, and serve their time here with us, but in the 5th dimension.

Language

Speaking to ancestors in their native language is important. Especially, if you know how far back to go and where your family came from. This is important if the language is no longer spoken at all. However, ancestors will communicate clearly to you.

History

Ever wonder how far should you consider far enough? Go as far as you can. Do research or call upon the family name that you are attached to, if you are unaware of first names. Sometimes there is no telling how large the family originally was so saying things like "I call upon the ones who are the same blood as the Gardner family from Rhode Island" as an example.

Relationship

Consider how well you got along with past relatives. We all have not gotten along with all of our relatives. If the relationship was toxic, it is not recommended to call on those members. Close relatives you favor/favor you/ lifestyle etc are highly recommended. You may have some estranged relationships, or relatives you don't even know at all. Your effort to make a connection will return feedback you'll need to continue to include them in your spiritual work.

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Cultural Mixtures

This is my personal favorite, being of mixed races myself, and I have also married outside my race. The example I will give is of early Africans and European Americans. Why is this my favorite? Because you cringed of knowing the toxic history of these two groups of people, which is still very obviously toxic today. Also centuries ago Africans were empowered by rituals and spirit work, and European Americans were empowered with respect, luxury and wealth; when these two conceived a child, their DNA holds the power, knowledge and wealth altogether into one being. You can call on both ancestral groups, to help you. This is truly a spiritual advantage.

Having no History

In this case, of foster or adopted persons, it's best to pray for protection when evoking unknown spirits. When research is nearly impossible at this point its better to use your words carefully, saying things such as, "I call on the ancestors that willingly protects and watches over me". You can meditate on what they may look like, or name them yourself if you do not have that information. Ancestor Rita could be the woman you keep seeing smiling at you in dreams and shows up every time something great happens in your life.

Why call on your Ancestors in the first place?

Well, when you apply for a job, you are often required to have references, right? Same thing in the spiritual community. For ages, spirituality has always involved ancestors for enlightenment, strength, protection, wealth and wellness. Ancestors are spiritual parents, sort to speak, along with our Angels and Spirit Guides. It has been well known the power of our ancestors is the best starter energy in all unseen matters. They are considered to be our spiritual 'references" to your spells, intentions, and overall Karma. Ancestors are always a great help for us in our daily lives. They are protecting us while we sleep, travel, and walk during the day.

Working with ancestors has been a long done practice since the beginning of time. It is extremely common in almost all cultures to have respect for those who have lived and died before we existed. To honor and appreciate being alive because of the survival of our ancestors. We are very familiar in society to honor the elders and the elderly. We are accustomed to the understanding of old age, that soon, there will be a passing away into another life.

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Its a jungle in this world, as so the spirit world, and it is not wise to go it alone. In fact, nearly impossible. Most who succeed, call on the power of their ancestors to accomplish great things. Doing spirit work alone can even be deadly, ineffective, and tiresome. It leaves you open to the possibility of reversal of good fortune, disaster, or loss of an opportunity. It gives more opportunity for greater failures and calamities to interfere.

We are all here, existing from someone, somewhere in the past. Our biological cord is important, it is the physical connection to the spiritual, believe it or not. Evil people are aware of the power of ancestors, they will evoke them to carry out evil deeds against you; by the chance you are unaware of that type of shield against them. This is the secret to how so many evil people succeed.

We call on our ancestors to amplify and enrich our lives to be more abundant, fruitful, and successful. We are more successful with a team then out by ourselves. We all can agree we can win a fight easier with bigger numbers, as well as strategy, but start with numbers; because you can thrive just fine with one ancestor on your side. Those who loved us in the past, who are no longer here, still love us. The body is gone, not the energy of their love. When we call on them, keep them in mind, honor them, and think of them. We are that much more powerful in our lives. When we evoke them, we are evoking the love, power, and protection. They will behave the same as they did in life. If you have an aunt that always stood up for you, that is never going to change.

You can call ancestors of other people. It seems crazy, but listen, calling on other people's ancestors works wonders for settling rifts, disagreements, or even oppression. You can call on them to get blessings of a romantic relationship. This is highly recommended for interracial or same sex relationships that are indifferent to previous traditions. If an ancestor opposed same sex marriage in life, call on their blessing, support and understanding. Even when they were alive, and your ancestors did not approve of your lifestyle, or vice versa, they will be there for you with love. When you call on them, be specific of which parts of them you invite. Ask for love, support and protection. For example, you may have an ancestor who was reckless with their health, call on them to help you live a healthier life and make the better choices they did not make.

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Photos

Photos are a great way to get started working with loved ones passed. They can be originals, copies or a drawing from memory or from meditation. It's all about doing your best, first names are better, however if you only have a last name of your family, that works too. Referring to an ancestor as Uncle Johnson is just as effective. If you do not have names, then create them.

Altar

The altar is a separate place for your spirit work. Usually a quiet spot where you can concentrate, and not be disturbed. Photos are usually placed on the alter separated from other things in the home to give a sacred space. Placement of photos can be done in unique ways too. Some things to consider are, some ancestors may not want to be placed with others. Do some research, if possible, of their relationship before death, some ancestors, for example, slaves and slave masters of mixed people, may not want to be placed together for all eternity. Food, candles, and offerings are placed on the alter as well. Symbols of what they mean to you and them are best. It is not uncommon to have multiple alters, for ancestors of a different time, class, culture, or moral set.

Offerings

Offerings are our payment when we are helped by our ancestors and spirits. offerings need to be as close to the person as possible. Some offerings can be left on the alter at all times and others can be disposable. By disposable, things such as food which is given to animals, not thrown in the trash. If flowers are an offering, that may be later given to the wind, or placed on a tree. If you knew Aunt Bea liked to smoke in life, it would be wise to give her a real cigarette as an offering to leave on the alter at all times. If you can't remember what Aunt Bea liked to eat, just offer whatever comes to mind, then dispose at a nearby park. Offerings can be as extravagant as fine jewelry to something simple as lighting incense or a candle in their honor. Some ancestors will not do you any favors until they receive an offering, and some ancestors will wait until after your need is met, it is up for you to discover which ancestors do this, I recommend to ask first and offer later; if the request is not fulfilled, then the offering is needed first.

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Passing Children

The death of a child is always heartbreaking. There is no more or less level of despair comparable to another when children leave us too soon. Whether it is a young child, teen, or grown adult; when they pass before our suitable timeframe, usually before parents, it would seem spiritually backwards. However, the truth is oddly the contrary. No matter how traumatic or subtle the death, pain is alive, and healing must take place.

How are passed children ancestors? As we live this life, we bump into souls we've known before in previous lives. The soul that inhabited the body of your biological child is no different. They came to learn, as you, to grow, as you, and to expand, as you. Though their life was shortened, all of the learning occurred regardless. They become our ancestors and guides because of the love that is now imprinted on the soul. You are more connected without the body, in life and in death.

That love lives on, dear one. They become ancestors, whether or not they left behind siblings, or even a successful legacy. That soul that connected itself to you now will guide and protect you. They join the other ancestors in the spirit world, and are not alone. They are another log in your fire of protection. No doubt, accidents, murder, and illness are part of the physical plane, every soul knows that its a possibility, and we've all signed up for it to experience this life.

It is a lesson of Karma, since none of us know the hour of our death, to cherish every day, and every living being. Parents who do not treat their children well, to loose them is a lesson of regret, and ungratefulness. It manifests the negative energies that live within that parent which teach them they still have healing to do. The passed on child, will be there for the healing; seeing their parent in states they've never seen before. Perhaps the abused child never saw his father cry, until the child passed away, or even known the parent loved them at all.

We learn to appreciate the time, and space we've spent with a child passed. And the children that are loved so dearly, got to experience love in this life because you gave it to them, in death they will just give it back to you. Grieving is a natural part of any death, for a child, seems a bit deeper. When we let go of social expectations of life roles and life span norms, we grieve less. When you realize how lucky this world was with them in it, you will grieve less. Don't forget, YOU will be an ancestor someday; and the more we grieve, the more healing we will need, which will transpire another lifetime here on earth for another lesson. And who knows, your passed daughter may be your mother in the next life, or your favorite teacher and mentor. Love will exist and you won't be able to put a finger on why. Well, you know now.

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Acknowledgement

Acknowledge the presence of your ancestors as often as possible. I recommend every morning light incense or a candle or talk to them. Include them in your day, ask them to be with you, help and prosper you. You will begin to see the blessings unfold naturally.

Do not play with spirits. This is not recommended if your intentions are not sound and are experimenting with the dead. It is disrespectful and dangerous, because your intention attract the energy you carry. Spirits are in places where we cannot follow, and are hard to rid of when they become a nuisance. Do not call on spirits ONLY to ask for favors. Spirits are not Uber, or the pizza delivery guys. They will be there when you call, but do not slam the door on them once you receive what you want; it's disrespectful; karmatically, disrespect is repaid by consequences. Lastly, do not forget an offering. If you paid the pizza man, and your Uber driver, you must repay your ancestors and have the same respect. When an offering is not given, a reversal of your request, a denial of request, or no signs of help can occur. Lastly, things will begin to go south until an offering is satisfied.

Quality Time

Quality time is part of ancestral work as well. Since there is a biological connection, it's time to find the spiritual connection. Some things in our family line are blessings, such as high intellect, beauty and success, regardless of everyone having a stubborn streak, or making the same mistake. We work with ancestors to better ourselves and the legacy, to improve upon it and heal things from the past. A slave ancestor who sees his freed granddaughter would want to be part of her success, considering success has been made. Things to consider spending quality time with spirits is to emotionally work on healing the relationship if it was originally toxic. Emotionally moving forward in the relationship to heal the past for future generations. Feeling the oneness and power of the relationship making it that much more meaningful. This is accomplished by clear communication of intentions, and appreciation, understanding of how they have been there for you before, figure out how you can work together to achieve anything, and discovering secrets that are important to know. Remember, as the current generation, you hold all the power of where things go from here, you might want to carry the wisdom and victories that have occurred in the past to preserve a better future.