



WHAT IF YOU COULD CHANGE A LIFE?

Mentor Newsletter January 2026

Dear Mentors,

As we move into the new year, we want to start by saying **Thank You!** Your time, consistency and commitment continue to make a real difference to the young men we work with, and to us!

This newsletter brings together upcoming programme dates, training opportunities and ways to stay connected, as well as a reminder of the support available to you as mentors.

Bringing The Mentor Community Together

One of our priorities this year is strengthening the mentor community; creating more space to connect, share experiences and learn from one another.

Each month, we'll be shining a spotlight on a Mentor and Mentee, sharing a short Q&A about their journey. We've circulated our first set of questions and look forward to sharing these stories very soon.

If you'd like to take part in a future feature, please let us know.

Weekly Drop-In Sessions

Every Friday | 12:00–12:45pm | Microsoft Teams Link: <https://tinyurl.com/bdzaunax>

Our weekly drop-in sessions are open to all mentors and provide a relaxed space to:

● Ask questions, Share experiences, Raise concerns, Stay connected with the wider Key4Life team

Friday 13th February will include a focused presentation on Safeguarding and Risk, followed by time for questions and discussion. We strongly encourage mentors to attend this session where possible.

CONTACT US:

sarah.petherick@key4life.org.uk

Sarah Petherick: 079449 06098

FOR MORE INFORMATION,

VISIT OUR WEBSITE:

<https://key4life.org.uk/mentoring/>

Connect with us!

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Upcoming Meet the Mentor Workshops

HMP Fosse Way, Leicester

10th March | 12:30–5:00pm

South West Community Programme

12th May | 12:30–5:00pm

Please email Sarah.Petherick@Key4Life.org.uk to reserve your place.

We are currently recruiting mentors in Manchester, the Midlands and the South West, with training for these areas starting in April (dates TBC).

If you know someone who would make a great mentor - a colleague, friend or contact - please encourage them to get involved.

Refer a friend: <https://key4life.org.uk/mentoring/>
Your recommendations make a huge difference.

Important Information & Reminders

- Our next round of mentor training will begin in April, dates & details to be confirmed
- Please continue to inform Key4Life in advance to all meetings with your mentee (including date, time, & location, as well as a short progress update via email/WhatsApp)
- Mentor Manual: <https://key4lifementors.online/>
- Donate to Key4Life: <https://www.paypal.com/fundraiser/charity/129217>
- The Key4Life Burger Van: Available for community events and private hire - including parties: <https://key4life.org.uk/foodcell/>
- Spread the word: Please consider recommending Key4Life to:
 - Your employer
 - A local school
 - A sports club or community group
- We're always grateful to be considered as a Charity of the Year partner.

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