

**FEDERAL WAY ACUPUNCTURE CENTER  
PATIENT INFORMATION FORM**

This information is confidential

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Sex: M / F

Married: \_\_\_\_\_ Divorced: \_\_\_\_\_ Single: \_\_\_\_\_ Other: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Email address: \_\_\_\_\_

How did you hear about Federal Way Acupuncture Center?

\_\_\_\_\_

Physician: \_\_\_\_\_ Physician Phone: \_\_\_\_\_

Emergency contact and phone number: \_\_\_\_\_

Occupation & Employer: \_\_\_\_\_

Primary Insurer's Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Employer: \_\_\_\_\_

Have you ever had acupuncture? Y / N

What is your current concern? \_\_\_\_\_

\_\_\_\_\_ How Long? \_\_\_\_\_

What other treatments have you tried? \_\_\_\_\_

\_\_\_\_\_

Medications you are currently taking and for what conditions:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Medical History (Check all that apply)

- |  |   |   |   |                                 |
|--|---|---|---|---------------------------------|
| <input type="checkbox"/> Aids/HIV      | <input type="checkbox"/> Diabetes       | <input type="checkbox"/> Emphysema                  | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Polio  |
| <input type="checkbox"/> Allergies     | <input type="checkbox"/> Cancer         | <input type="checkbox"/> Diabetes                   | <input type="checkbox"/> Lyme Disease       | <input type="checkbox"/> Herpes |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Pacemaker      | <input type="checkbox"/> Seizures                   | <input type="checkbox"/> Hepatitis A/B/C    |                                 |
| <input type="checkbox"/> Tuberculosis  | <input type="checkbox"/> Varicose Veins | <input type="checkbox"/> Alcoholism/Substance Abuse |   |                                 |

Other: \_\_\_\_\_

Surgeries: \_\_\_\_\_

Food intolerances or allergies? \_\_\_\_\_

How many glasses do you drink of each of the following per day?

Water \_\_\_\_\_ Soda \_\_\_\_\_ Coffee \_\_\_\_\_ Tea \_\_\_\_\_ Alcohol \_\_\_\_\_

**Gastrointestinal:**

Do you currently have or have you had a major incidence in the past of:

\_\_\_ Belching      \_\_\_ Indigestion      \_\_\_ Ulcers      \_\_\_ Bloating      \_\_\_ Acid Reflux  
\_\_\_ Hernia      \_\_\_ Nausea      \_\_\_ Vomiting      \_\_\_ Hemorrhoids

**Exercise and Energy:**

What kind of exercise do you do? \_\_\_\_\_ How often? \_\_\_\_\_

How is your general energy level? \_\_\_\_\_

Are you sedentary or active? \_\_\_\_\_

**Emotions and Sleep:**

\_\_\_ Panic Attacks      \_\_\_ Depression / Anxiety      \_\_\_ Difficulty Concentrating  
\_\_\_ Nervous / Fearful      \_\_\_ Poor Memory      \_\_\_ Sleep Difficulties

**Gynecology:**

Are you still menstruating? \_\_\_\_\_

If you have gone through menopause, what age? \_\_\_\_\_

How many days do you bleed? \_\_\_\_\_ How long is your cycle? \_\_\_\_\_

How many pregnancies/miscarriages? \_\_\_\_\_

\_\_\_ Heavy flow      \_\_\_ Light flow      \_\_\_ No flow      \_\_\_ Normal  
\_\_\_ Blood clots      \_\_\_ PMS      \_\_\_ Painful periods  
\_\_\_ Uterine fibroids      \_\_\_ Cystic breasts

**Respiratory:**

Do you smoke? Y / N \_\_\_\_\_ times / day for \_\_\_\_\_ years

\_\_\_ Frequent Colds    \_\_\_ Cold Sores    \_\_\_ Asthma    \_\_\_ Cough    \_\_\_ Dry Mouth    \_\_\_ Bleeding Gums  
\_\_\_ Ringing in Ears    \_\_\_ Ear pain    \_\_\_ Sinusitis    \_\_\_ Migraine    \_\_\_ Excessive Phlegm

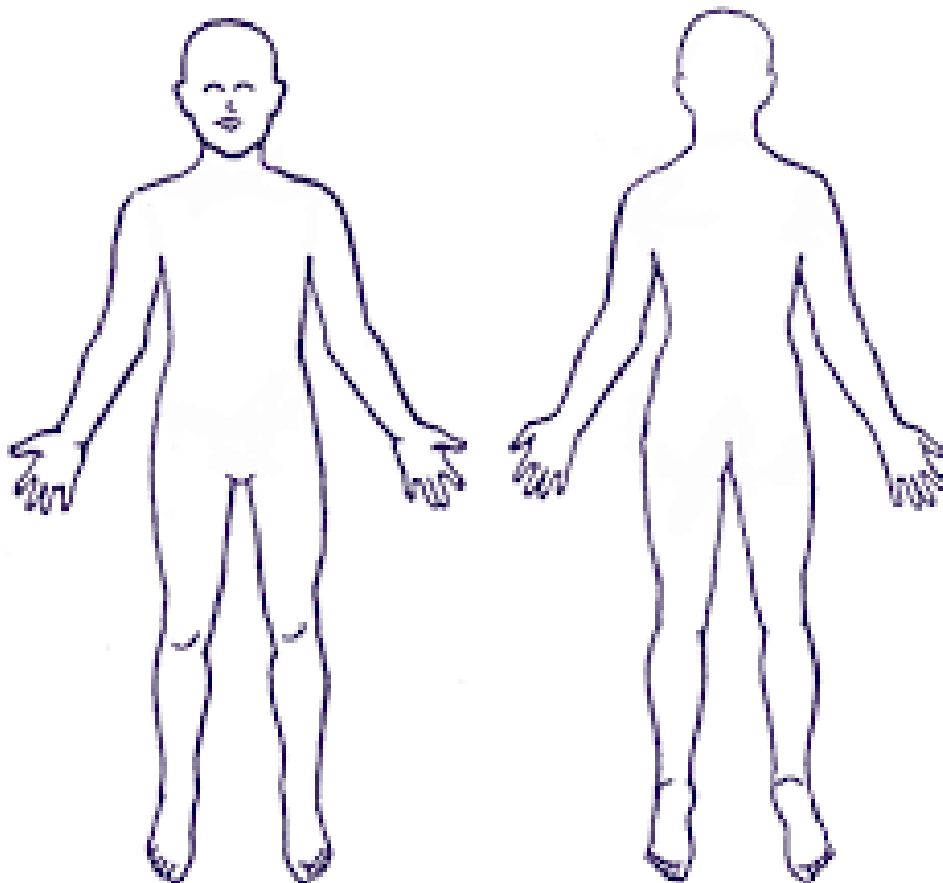
**Cardiovascular:**

\_\_\_ Palpitations    \_\_\_ Chest pain    \_\_\_ Irregular heart beat    \_\_\_ Varicose Veins    \_\_\_ Cold hands/feet  
\_\_\_ Poor circulation    \_\_\_ Dizziness    \_\_\_ High blood pressure    \_\_\_ Low blood pressure    \_\_\_ Blood clots

**Musculoskeletal:**

\_\_\_ Joint pain      \_\_\_ Arthritis      \_\_\_ Numbness      \_\_\_ Muscle tightness  
\_\_\_ Tendonitis      \_\_\_ Osteoporosis      \_\_\_ Swelling      \_\_\_ Nerve Pain

Mark with an (X) where you are feeling any discomfort or pain.



If pain, please describe: Sharp Dull Stabbing Tight (please circle)

Do you have any additional health conditions or concerns?

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