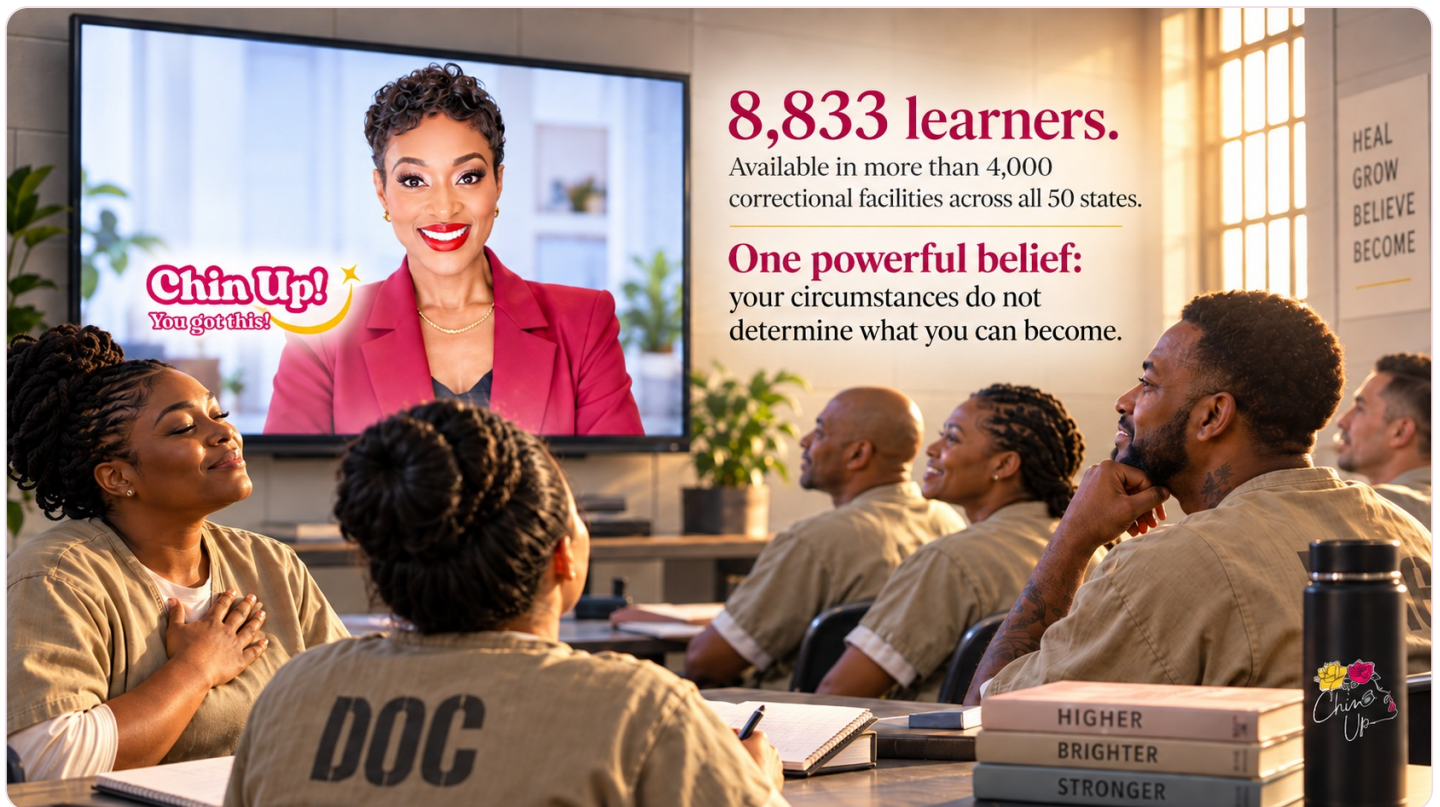




Your Circumstances Don't Have to Determine What You Become

8,833 learners. Available in more than 4,000 correctional facilities across all 50 states.
One powerful belief: your circumstances do not determine what you can become.



Hi Chin Up! Family,

In January, we launched Pathway to Empowerment™ to bring hope, confidence, and practical tools directly to incarcerated learners. The response has exceeded what we imagined—and I'm excited to share the impact with you.

Whether you have supported Chin Up! from the beginning or are just discovering our work, thank you for being here. Together, we are helping people recognize their worth, rebuild their confidence, and believe in what is possible.

This Mission Is Personal



Growing up, I experienced the absence of a mother who was incarcerated. I understand the pain, shame, and identity struggles incarceration can create—not only for individuals, but for entire families.

That experience is part of why I founded Chin Up! You Got This!™ and why we created Pathway to Empowerment™.

Delivered through Edovo—a leading digital education platform serving justice-impacted populations—Pathway to Empowerment™ brings a digital version of our Chin Up! Confidence Curriculum directly to incarcerated learners nationwide.

Edovo has also recognized Chin Up! as a top user on its platform.

A Pathway to What's Possible

Built around my best-selling memoir, *Chin Up! You Got This!™: Walk This Way Into Self-Worth, Your Dreams, and Your Purpose*, along with leadership coaching and confidence-building workshops, this self-paced program provides practical tools to help learners:

- ✓ Rebuild self-worth and confidence
- ✓ Reflect on their experiences and choices
- ✓ Prepare for life after incarceration
- ✓ Strengthen identity and emotional resilience
- ✓ Develop personal responsibility

Behind Every Number Is a Person

The true impact of Pathway to Empowerment™ can be heard in the voices of its learners:

“I felt like a failure as a mother, but this is helping me forgive myself.”

“I get that this curriculum is made for women. I am a man, and I enjoyed this as well.”

These reflections represent what numbers alone cannot show: people are examining their experiences, rebuilding their confidence, and beginning to see themselves differently.

Approximately **60% of engagement comes from male learners**, reminding us that the need to feel worthy, hopeful, and prepared for a different Local future crosses gender.

WATCH THE VIDEO →

See the Stories Behind the Impact

See the Stories Behind the Impact

<https://youtu.be/HRguhcErJ8E?si=KXMkKzqe6y4nxgTS>

Help Us Reach 10,000 Learners

We are only **1,167 learners away** from this milestone.

Your support helps us sustain Pathway to Empowerment™, expand access to life-changing curriculum, and reach more people who are ready to rebuild their lives.

GIVE →

[Help Us Reach 10,000 Learners](#)

Your circumstances don't get the final word on who you become.

Thank you for believing in this work and helping others recognize their worth and see what is possible.

Chin Up. Shoulders Back. Happy Face. You Got This!™

