Want to know more?

If you are interested and would like to know more than this leaflet can tell you please take a look at……

www.thecentreuk.com

The Centre
3 Rookwood Way
Haverhill, Suffolk.
CB9 8PB
Direct Telephone :- 01440 707878

The Centre
30 Eastern Way
Bury St Edmunds, Suffolk.
IP32 7AB
Direct Telephone :- 01284 702195

Through different proactive ~ person centred schemes ~ we can provide

Respite Daytime care.

Rehabilitation.

Employability and Vocational Skills.

Arts and Craft Skills.

Personal and Social skills development.

Build your confidence and self esteem.

A building based daytime service for unemployed people who have additional needs.

www.thecentreuk.com

Registered In England — 6017228
30 Eastern Way Bury St Edmunds

CENTRE TRAINING WORKSHOPS

creating with care

Daytime activities for people with additional needs

Positive Opportunities for Wellbeing, Empowerment and Recreation

01284702195 or 01440707878
www.thecentreuk.com
enquiries@thecentreuk.com

What do we do?



We offer Woodwork, Wood turning, I.T. Skills, Art and Craft skills, Horticulture, and because there will always be people around you there is socialising in our relaxed but busy atmosphere. We pride ourselves on providing a service that is both stimulating and enjoyable, with the added value of security and assistance with our experienced staff, carers and volunteers.

Who do we do it for?



We offer our services to unemployed people who have additional needs arising from disability, whether from birth or acquired later through accident, illness, stroke, mental health or dementia

We aim to provide a service from age 18 upwards, but 16 and 17 year olds can apply. There is no upper age limit, though the service is aimed at those who wish to be a little bit more active.

Where do we do it?

We have community based branches at Haverhill and Bury St Edmunds. This enables us to offer our services to cover a large area in West Suffolk, North Essex, East Cambridgeshire and South West Norfolk!

How do we do it?

We offer a bespoke service which is planned around each member. Our service is not cast in stone, so as confidence and self esteem increase a member can look to develop new skills. Because everyone is different, we ensure that members take things at their own pace, therefore learning at a rate that suits them. One day a member could be building a wishing well, the next creating an artistic masterpiece ~ the choice is there!



How much does it cost?

Our planned person centred service charges vary dependent upon how long a member wishes to attend, from two hours a week to five days per week ,and also on each member and their personal needs. Some may be eligible for financial help via social services or your local health services or may accessing or be able to access direct payments through local authorities. We are, however, an independent social enterprise and we accept private funded and independent referrals too.

Do you sell your products?

Yes we do ~ but we **do not** rely on these sales to operate. This means that there is no production line, no pressure which makes the day more relaxed and enjoyable . We make a huge range of different products from a wheelbarrow to hanging baskets! And it does not stop there~ take a look at our new website for a glance of what we do! The range and variety of designs seem never ending. For a price list of standard products please visit our website at :-



How to become a member..

Easy, if you or someone you know may benefit from an active day then call us on When you call us please ask for a look around. You then come and see us and have a guided tour and maybe a coffee, then, if you like what you see we can arrange a taster day where you can try us for a day free of charge! If you like your time with us, once arrangements are in place we can arrange a start date! It's as simple as that!

www.thecentreuk.com

Positive Opportunities for Wellbeing, Empowerment and Recreation