

Resilience Radar

Leader & Team Measurement Questions

The Resilience Radar will help you set your course for strength & stability improvements in you and your teams!

Just be sure to answer honestly!

Self-Assessment

- How do I handle setbacks & obstacles? Do I approach them with positivity & determination - or does my ship feel like it's going to capsize because I get discouraged easily?
- When the pressure is on, can I maintain composure & focus, or do I feel like I'm about to go overboard?
- How do I typically adapt to something new? Do I struggle to see through the storm of uncertainty – or can I float forward with new ideas?

Team Assessment

- How does your crew fare in the face of adversity? Are they quick to lend a hand, or do they jump ship at the first sign of trouble?
- Can your team members adapt when the winds of change blow? Can they be flexible and embrace new ideas and approaches, or are they resistant and try to cling on to something more familiar?
- What happens to morale during challenges? Does your team display resilience already by staying motivated and optimistic or this an area that needs

If you're uncertain about how any of the answers feel to you, don't hesitate to give us a call. Your friendly navigators are here to help you build resilience!

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