

BRINGING BABY HOME

A TWO-DAY GOTTMAN WORKSHOP
for new and expecting parents

FRIDAY, DECEMBER 4 & SATURDAY, DECEMBER 5, 2026

9:00 A.M.-4:00 P.M. EACH DAY | CURATE ESSENTIALS CLASSROOM

Led by Laura Lawyer, BSW, MSW, LCSW

Certified Gottman Therapist & Owner of A Peace of Mind Counseling, PLLC

Strengthen your relationship as you grow your family.

- Stay emotionally connected through the transition to parenthood
- Strengthen friendship and intimacy
- Communicate through conflict with practical Gottman tools
- Understand your baby's needs and work together as a parenting team

\$300 PER COUPLE

Includes both partners, both workshop days, and
Bringing Baby Home digital materials from The Gottman Institute.

HSA payments accepted.



SCAN TO REGISTER

Both partners attend both days. Lunch is not included.
Children and infants may not attend. Childcare is not provided.

A formal letter and invoice from A Peace of Mind Counseling, PLLC
will be provided at the workshop for HSA submission.

CURATE ESSENTIALS | 1302 FORT BRAGG ROAD | FAYETTEVILLE, NC 28305