

**MEADOWBROOK BAPTIST CHURCH**  
**Worship This Sunday**  
**May 1, 2022 ~ 9:00 AM**  
 Our Sanctuary (Masks/Social Distancing Optional)  
 or  
 Outside Parking Area  
 Services on YouTube      meadowbrookbaptist.cc

April 17, 2022

Worship Attendance 46	World Hunger \$10.00
Budget Offering	\$2,454.65
Weekly Needs to Date	\$42,400.00
Weekly Offerings to Date	\$40,229.95

April 24, 2022

Worship Attendance 29	World Hunger \$13.00
Budget Offering	\$3,343.00
Weekly Needs to Date	\$45,050.00
Weekly Offerings to Date	\$43,572.95

**STRESS**  
**“Feeling Out of Control”**

**FIVE DEMONS**

(Ecclesiastes 3:1)

“There is a time and a season  
 for everything under the sun”.

In the Bible, demonic activity was prevalent during the thirty-three years God walked on the earth in Jesus. Heaven gave us its best and hell gave us its worst. It is fascinating to talk about demons, but like “Bigfoot”, few of us have encountered one. Five modern demons that wreck our lives and cripple our effectiveness as Christians are:

**Stress-** We feel trapped and out of control

**Anxiety-** We worry about what might happen

**Anger-** Frustration fills our lives and irritability hurts our relationships

**Guilt-** If we are Christians, living this way makes us feel guilty

**Greed-** Almost all of this comes from the  
 “Mad Desire to Acquire Gone Haywire”

**TIRED PEOPLE**

Junior Samples, on *Hee Haw*, was the epitome

of laziness. He was slowly doing some minor chore and a friend asked him, “Junior, don’t you do anything fast?” “Yep!” said Junior, “I GET TIRED FAST.”

Americans are tired people. A mountain road in Georgia has a sign, “SPEED KILLS”. In the rat race of life – SPEED does kill. We want patience right now. The mail is too slow so we FAX or e-mail. We buy new cars and gadgets to save time, but spend all our time working to pay for them. Vance Havner said “life is a rat race and the rats are winning”.

Exhausted at the close of each day, we then try to juggle being mother, father, husband, wife and employee. We are involved in community, school and church functions. Add to this meals to prepare, homes to clean, grass to cut, mildew to clean off the house, cars to repair, and relatives to visit and you’ll know why one lady in a cartoon cried, “Stop the world! I want to get off!”

**THE SILENT KILLER**

(Isaiah 38:1)

“In those days Hezekiah became ill  
 and was at the point of death.”

I had a “crick” in my neck for over ten years. A pastor friend said, “I know when you’ll get rid of that crick.” I asked when and he said, “When you retire.” He went on, “I suffered for years with diverticulitis and my doctor kept telling me it was stress. I didn’t believe him, but when I retired it went away; so I know he was right.” (The same thing happened with my crick.)

Hezekiah’s illness came when 188,000 Assyrian troops were storming his city. The stress touched his body. Thousands of years ago Socrates said, “The true physician ministers to both body and soul.” Doctors agree that half of their patients have illnesses caused by emotional conflicts. Dr. Hans Selye, the recognized expert on stress, may have gone too far when he says ALL DISEASE is the by-product of stress; but most of it is.