

MEADOWBROOK BAPTIST CHURCH

Worship This Sunday

August 1, 2021 ~ 9:00 AM

In our Sanctuary (masks are optional)

or

Outside Parking Area

Services on YouTube

meadowbrookbaptist.cc

July 25, 2021

Worship Attendance 32 World Hunger \$21.61

Budget Offering \$2,054.65

Weekly Needs to Date \$79,500.00

Weekly Offerings to Date \$82,459.00

A Timely Reminder

In a few weeks, we will be filling SHOEBOXES for the OPERATION CHRISTMAS CHILD PROJECT. **NOW** is a good time to get *super great prices* on pencils, crayons, glue sticks, colored pencils, erasers, pens, markers, scissors, pencil/crayon sharpeners, or any other type school supplies that will fit in the box. Underwear and socks are also on sale and are great items for the boxes.

**BACK TO CHURCH AND SUNDAY SCHOOL
SUNDAY – SEPTEMBER 12th**

WE WILL KEEP OUR PARKING LOT SERVICE

The Medicine of Laughter

“A happy heart is a good medicine and a cheerful mind works healing; but a broken spirit dries the bones.” - *Amplified Bible*

(Proverbs 17:22)

Few people associate humor and scripture, but the READER'S DIGEST feature “Laughter Is The Best Medicine” gets its title from this verse. Some day I'm going to write a book on what people say in church. Here are some samples:

I was conducting Prayer Meeting in Georgia and suddenly no one was looking at me. I was un-nerved and when I said the closing prayer, everyone took off without looking at me. Out in the yard they were bent over laughing. I had called a man's name and said he was having a hysterectomy. From that day to this (60 years), I never tell the kind of operation someone is

having unless it is written down and double checked. (We learn by our mistakes.)

I shared this with a Pastor friend and he outdid it. He asked for prayer requests in Prayer Meeting and a little boy asked prayer for his uncle. When asked what was wrong he said, “I don't know, but “I think he has a detached rectum.” Why put this in this weeks' paper? — because we need to laugh more.

This is not *making light* of serious issues. We are not to be clowns, but we do need to laugh and help others to laugh also. My mother always said that when you could laugh at a problem, you had it whipped.

At the Shepherd Spinal Center years ago, I saw a young black boy paralyzed from the waist down. He was on the parallel bars trying to stand on his legs. I used to walk past people like that with my head down, not making eye contact. But I've learned they desperately want to be seen and treated as normal. I walked over and said, “How long do you think it will take you to walk again?” He said, “I don't know, but I'm gonna do it and prove the doctor wrong who said I wouldn't.” When I asked him what happened, he said he fell off a horse and then with a big grin he said, “You want to buy a horse? Cheap!” We laughed together. I believe he needed a laugh that day. I know I did.

When famous publisher, Norman Cousins, was diagnosed with a rare disease and was told he was going to die, he tried conventional medicine, and nothing helped. To cope with the crisis, he stopped working his tight schedule, bought joke books, and checked out old funny movies. He wanted a little laughter on his way to the grave. A strange thing happened. He started getting better. He did not die. He published a book on the healing power of laughter; and today, seminars are held all over the world on LAUGHTER THERAPY. Everybody says this is a new truth, but it isn't. God said it 3,000 years ago.