

I . m . g e t t i n g B E T T E R e v e r y d a y !

	Monday ____	Tuesday ____	Wednesday ____	Thursday ____	Friday ____	Saturday ____	Sunday ____
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
Booking or Bless 5 People (new contacts)	B	B	B	B	B	B	B
Affirmation,	A	A	A	A	A	A	A
Tape/CD	I	I	I	I	I	I	I
Hello (Intel)	H	H	H	H	H	H	H
Exercise ____Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Exercise ____Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Exercise ____Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Exercise ____Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Exercise ____Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Exercise ____Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Exercise ____Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Exercise ____Vitamins <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Water <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Devotional Meditation, Quiet Time	D	D	D	D	D	D	D
	I am a people magnet. Everyone wants to work with me!		I create wealth for my family		Only good things happen to me and those I love!		I can do all things thru Christ who strengthens me!

I'm getting better every day!

	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27	Sunday 28
5:00	QUIET TIME/WORKOUT	QUIET TIME	QUIET TIME/WORKOUT	QUIET TIME	QUIET TIME/WORKOUT	SLEEP	SLEEP
6:00	SHOWER/MAKEUP	SHOWER/MAKEUP	SHOWER/MAKEUP	SHOWER/MAKEUP	SHOWER/MAKEUP	SHOWER/MAKEUP	
7:00	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	SHOWER/MAKEUP
8:00	DRIVING, INTELLIVERSE, CD'S	DRIVING, INTELLIVERSE, CD'S	DRIVING, INTELLIVERSE, CD'S	DRIVING, INTELLIVERSE, CD'S	DRIVING, INTELLIVERSE, CD'S	PAPER WORK, DATA ENTRY	BREAKFAST
9:00	JOB	JOB	JOB	JOB	JOB	MK PHONE CALLS	CHURCH
10:00							
11:00							
12:00	LUNCH/INTERVIEWS/ CARDS /CALLS	LUNCH/INTERVIEWS/ CARDS/CALLS/MEETING F-U	Product preview over lunch w/ Susie Q.	LUNCH/ NAILS/PEDICURE	MK Office Mingle, product preview	DRIVING, INTELLIVERSE, CD'S	
1:00						Terri Love Class (555) 555-5555	Lunch with family
2:00							
3:00							
4:00							
5:00	Driving, dinner in crock pot 5:30 Facials before meeting	DRIVING, INTELLIVERSE, CD'S	DRIVING, INTELLIVERSE, CD'S	DRIVING, INTELLIVERSE, CD'S	Dinner: Digourno Pizza, Salad	Makeup touch-up, get ready	Dinner, Family Game Night or Movies & Popcorn
6:00	Eat dinner @ Ryan's	Dinner: Soup, salad, garlic bread	Dinner: Mexican Lasagna, salad	Dinner: Grilled Fish, steamed veggies, baked potato	Johny's ball game	Date Night	
7:00	Meeting	Debbie Dooright Class (555) 555-5555	CHURCH	Susie Davis Class (555) 555-5555			PHONE CALLS
8:00							
9:00							Start crock pot, UNIT CONFERENCE CALL
	Booking Bless 5 People (low contacts) ✓	B ✓	B ✓	B ✓	B ✓	B	B
	Affirmation, ✓	A ✓	A ✓	A ✓	A ✓	A	A
	Tape/CD ✓	I ✓	I ✓	I ✓	I ✓	I	I
	Hello (V-tel) ✓	H ✓	H ✓	H ✓	H ✓	H	H
	Exercise ✓ Vitamins ✓✓✓ Water ✓✓✓✓✓	Exercise ___ Vitamins ✓✓✓ Water ✓✓✓✓✓	Exercise ✓ Vitamins ✓✓✓ Water ✓✓✓✓✓	Exercise ___ Vitamins ✓✓✓ Water ✓✓✓✓✓	Exercise ✓ Vitamins Water ✓✓✓✓✓	Exercise ___ Vitamins	Exercise ___ Vitamins
	Devotional Meditation, Quiet Time ✓	D ✓	D ✓	D ✓	D ✓	D	D
	I am a people magnet. Everyone wants to work with me!	I create wealth for my family		Only good things happen to me and those I love!		I can do all things thru Christ who strengthens me!	

SAMPLE