

NEW PRODUCE BINGO

Try something new!

Avocado	Blueberries	Carrots	Honeydew	Radicchio
Cauliflower	Raspberries	Spaghetti Squash	Grapefruit	Spinach
Bok Choy	Mango	TRY SOMETHING NEW	Asparagus	Red Cabbage
Brussel Sprouts	Pineapple	Dragon Fruit	Eggplant	Kiwi
Beets	Sugar Snap Peas	Watermelon	Peaches	Broccoli



**EAT HEALTHY
EAT RIGHT**

NUTRITION, LIFE & MENTAL HEALTH COACHING