



2019

Klein Eagles Football

Parent Handbook

Dear Parents, Players & Dancers,

I would like to start by welcoming everyone to the Klein Eagles Booster Club! Each year the time between seasons seems to get shorter and shorter, so here we are again at another start of a season. I would like to say welcome back those players, dancers and their families who participated in our 2018 season, and also welcome to our new players, dancers, and their families. We look forward to this being another season of fun with exciting games and events.

We, the Klein Eagles Booster Club (KEBC) Board of Directors, have been working since the end of last season planning for 2019. Again, this year brings new faces to the coaching staffs and the board

members. Being a season long volunteer takes a lot of time and dedication and I would like to thank all those who put in countless hours to make the season possible. I would also like to welcome those interested in becoming volunteers to join us in our effort to make KEBC better in the future. We are all together on the same mission and that is to make this year a very positive experience for your child and your entire family. Our goal as a club is to provide the best possible foundation by our commitment to proper fundamentals, teamwork, and the positive philosophy of competition to the best of our abilities. Our league and the club, including the experienced coaching staff, have your players and dancers best interest at heart and will work diligently at ensuring he or she has a wonderful football and drill season.

Our club and your child's experience are made possible by the dedication of all of our volunteers. We are always looking for individuals to contribute their ideas and time to help with the success of the season. Although the recent times have made everyday life more challenging, we will start this season with over 100 families participating. If you would like to be involved in the ongoing success of your player and/or dancer, I encourage you to look for opportunities to help with the many activities required to keep the club running smoothly.

Please keep in mind that the club is run strictly on a volunteer basis and done so by using the guidelines set forth by the league. The club will always have the best interest of the players and dancers in mind when it comes to decision making. As the season progresses please know that the board, volunteers, and coaching staff will do their best to make your experience with the KEBC a positive one.

I would like to thank everyone in advance for their willingness to participate in our program and help make it a successful season. The Klein Eagles Booster Club wants the 2019 season to be one that is remembered positively for every single one of its participants.

Sincerely,
Mike White
KEBC President

WELCOME TO KLEIN EAGLES FOOTBALL

We are pleased to have you and your child as part of our football program. Our goal is to have competitive teams by focusing on teaching and learning the fundamentals of football. We strive to have fun while we learn about teamwork, good sportsmanship, conditioning, discipline and spirited competition. We hope these qualities will make a positive impact on your child and will remain with them throughout their lives.

Our football practice fields are located behind Schindewolf Intermediate School, located off of Ella and Spring Cypress. Conditioning Camp will begin late July and Practice begins the week after Conditioning Camp. Our scrimmages are still being scheduled and are TBA. Regular season games are every Saturday, September - October with playoff games in November. On Game Day the Freshman kickoff is at 9:00 am. The other starting times will vary, but their *approximate* start times are:

- ◆ Freshman 9:00 a.m.
- ◆ Sophomore 10:30 a.m.
- ◆ Junior 12:00 p.m.
- ◆ Senior 2:00 p.m.

Football players **must weigh in** each Saturday during halftime of the preceding game. Freshman weigh in is at 8:15 a.m. Your head coach will determine your child's arrival time for each week's game and it will be communicated accordingly usually through your team mom.

Always report to and be ready for each practice at the scheduled time. Any decision to cancel or delay practice will only be made at the scheduled start time. As a general rule, lightning will be the only cause for interruption of the normal practice schedule and again will be determined at the practice field at start time.

Athletic supporters are suggested to be worn by all football players at every practice and at every game. Mouthpieces are also **required** at all times. Please give your team's Assistant Athletic Director a spare mouthpiece in case your player loses theirs or forgets it at home.

Due to the heat and humidity, especially in July, August, and September, dehydration becomes a major concern. With the combination of past experience and consultation with health professionals, we have developed guidelines for both practice and game days. These guidelines are addressed later in this handbook and will be covered at practice.

EAGLES RULES

1. **Cleats** – When selecting your child’s cleats, please consider Solid Black, Grey, Black, White or Green and white. Special shoe colors, while making it easier to find your child, gives opposing teams the advantage on finding and targeting specific players.
2. **Uniforms** – The uniforms have been selected by the booster club and approved by the league. When arriving for the game please have your child ready in the complete uniform, including socks, distributed by the club. If your player is not in complete uniform they may not be eligible to play.
3. **Negative cheering** – This league is made up of volunteers and children. If you are heard during a game speaking ill of a player, coach or an official from either team you will be removed from the game. Please inform any guest you may have attending the games as well.
4. **Late Pickup Not Tolerated** - Parents, or a parent designated representative, must be present pick up your child at when practice ends. There will be **NO TOLERANCE for late pick up!** Your child is your responsibility when the horn is blown to end practice. If you violate this rule, there will be
 - a. 1st Offense – Warning letter from the club
 - b. 2nd Offense – Contact the Constable or Sheriff’s Office
 - c. 3rd Offense – Removal from the club for the remainder of the season
5. **Medical Condition Notification** - We highly recommend that you notify your coach, team athletic director and team mom if your child has a medical condition that the coaching staff needs to be aware of during the season such as asthma. Also, if your child needs a medical device, such as a rescue inhaler, you must give one to the team AD for the season. We value the safety of our players.
6. **Practices** – Practices will be held on Mondays, Tuesdays and Thursdays from 6:30 p.m. to 8:00 p.m. until school starts (or the first Monday in September) at which time practice will be held from 6:15pm to 7:45pm. The practice fields are directly behind Schindewolf Intermediate and the backfield past the drainage ditch. Your coach and/or team mom will inform you of any changes to practice times and/or locations. Towards the end of the season practice may begin at 6:00 pm due to shorter daylight hours. Also, if a practice is cancelled (usually due to lightning) it will likely be rescheduled later in the week (usually on Wednesday or Friday).

7. **Practice Attendance** - A player must attend two out of three practices or one out of two practices in a given week to be eligible to play in that Saturday's game. Missing one practice each week, two weeks in a row will result in that player being ineligible to play the game at the end of the second week.
8. **Practice Tardiness** - Being late for practice twice in the same week, leaving practice early twice in the same week or a combination of both will be the same as missing one practice. All rules for missed practices will apply.
9. **Missed Practice** - Being late for practice, leaving early, or any combination of these occurring three times in any one week, is the same as two missed practices. Missed practice rules will apply and the player will be ineligible to play in that Saturday's game. Upon the second occurrence of game ineligibility, the player will be removed from the roster with no refund.
10. **Attendance Records** - The Assistant Athletic Directors on each team will keep official attendance records and determine player eligibility for their teams. Each Head Coach will notify his players within 24 hours of determination of their ineligibility. There will be no appeal process. All decisions made by the Athletic Director are final.
11. **Excused absences** - There are very few excused absences. REQUIRED school functions are excused, as are last minute serious family emergencies. Open house, class parties, birthday parties, family vacations, other athletic practices and similar situations are not excused.
12. **Player Involvement** - Football is a team sport and all players are expected to be involved in the game at all times. If they are on the sidelines, they should be paying attention and encouraging their teammates. Any player found in the stands during their game shall remain there. They will forgo playing the rest of the game.
13. **No Horseplay on sidelines** - Horseplay, mud and rock throwing, tag and wrestling will not be tolerated on the sidelines. Failure to pay attention to the game will cause the player to be sent to the stands for the remainder of the game.
14. **Program dismissal** - The Board of Directors has the right by majority vote to dismiss a parent or child from the program for failing to abide by the league's rules of conduct. They also have the right to bar those individuals from returning to the program in subsequent years.

EQUIPMENT HANDOUT

1. Equipment handout will be scheduled by the club Athletic Director. The first handout will be at the Eagles storage facility (aka The Shed) located at Spring Cypress Storage, 2530 Spring Cypress Rd., ½ mile west of Foster Rd on Spring Cypress Road (behind the strip center - Unit "X" back right of the storage units). You must make arrangements to be at equipment handout. If you have not already given deposits, you must bring two checks or forms of payment to equipment pickup for both the volunteer deposit \$250 and equipment deposit \$200. These checks will not be deposited initially, but may be deposited after completion of the season **IF** requirements are not met.
2. Equipment will only be fitted to the participating player who must be in attendance.
NO PLAYER, NO EQUIPMENT.
3. Equipment will only be issued to a player in good standing, meaning those who have:
 - a. Paid registration and fundraiser fees in full
 - b. Equipment and volunteer deposits received
 - c. All paperwork completed including:
 - i. A signed parent medical release form
 - ii. Player registration documents: utility bill, report card, birth certificate, player photo on file with the Athletic Director
4. The Athletic Director and coaches conducting the handout will not issue equipment to any player unless they have an equipment form.
5. Players without equipment will not be permitted to practice and attendance rules will apply to these absences.
6. Any player who misses equipment handout will be required to make arrangements with the Athletic Director to pick it up from the Eagles Storage.
7. Equipment return will be determined by the Athletic Director and KEBC Board of Directors and you will be notified accordingly. All equipment must be properly maintained, returned clean and in good condition (as stated below). If those conditions are met, your equipment deposit check will be returned, as well as the volunteer fee IF the minimum criteria set by your team mom have been met.

EQUIPMENT CARE

The Klein Eagles Booster Club is very proud of the high quality equipment provided to our players. In many cases our equipment is superior to that provided by many of the surrounding area schools.

It has taken a lot of hard work by devoted members of our club to raise the funds necessary for purchasing this equipment. Unfortunately, any substantial increase in equipment costs or accelerated replacements is ultimately passed on to you by way of higher registration fees. We ask that you help us keep fees down by keeping your issued equipment in the best condition possible. We can normally predict the demise of a helmet and our budgetary routine provides for periodic replacement of the headgear. Please take good care of the equipment. The lifespan of helmets, pads, etc. varies. However, if proper care and respect is exercised at all times, we will get the most from our equipment and avoid early unpredicted replacement costs. Please be aware of this and exercise respect and care regarding all Eagles football equipment.

*Storage of pads and helmets in vehicles will deteriorate the padding placing your child at risk. Please refrain keeping them in your vehicle.

**DO NOT USE HARSH CHEMICALS TO CLEAN YOUR FOOTBALL EQUIPMENT. DAMAGE WILL OCCUR TO THE "FINISHES" ON YOUR HELMET AND PADS IF YOU USE HARSH CHEMICALS (IE GASOLINE, ABRASIVE CLEANING SOLUTIONS, AMMONIA BASED CLEANERS ETC.) AND MAY RESULT IN FORFEITURE OF YOUR EQUIPMENT DEPOSIT.

USE ONLY WARM SOAPY WATER TO CLEAN YOUR FOOTBALL EQUIPMENT (HELMET AND PADS). PANTS AND JERSEYS SHOULD BE WASHED IN A WASHING MACHINE AND AIR DRIED.

HEAT RELATED PROBLEMS AND PREVENTION

In the past, we experienced some problems with kids becoming overheated and dehydrated. We need to be especially cautious with our kids since they don't have the same capacity to regulate their body temperature as we do.

There are three ways that overheating presents itself:

◆ Heat Cramps: This is caused by the rapid loss of fluids from our bodies. It presents itself as cramps in the fingers, arms, legs and stomach area. The person will be very sweaty, rapid pulse, with a normal blood pressure and temperature. Treatment is to have the person stop what they are doing, drink water and possibly add in an electrolyte such as diluted Gatorade.

◆ Heat Exhaustion: This is caused by the loss of water and salts from the body. Symptoms are weakness, dizziness, nausea, fainting, thirst, anxiety, extreme sweating, rapid pulse, elevated temperature and a normal to depressed blood pressure. Treatment is to stop the person and get them to a cool area. Have them drink water first then a diluted sports drink.

If they do not improve within 5 minutes, call 911!

◆ Heat Stroke: This is when a person loses the ability to cool himself. This is a true emergency - call 911!! It presents itself as high body temperature, the rapid pulse begins to slow and blood pressure falls with rapid shallow breathing, disorientation, seizures, and can even lead to a coma. They will be hot and dry. Treatment is to call 911, move the person to a cool area and start cooling them with rags dipped in cool water. Have them drink only if they are alert enough to drink by themselves.

IMPORTANT: Have your child start drinking water NOW. It is important for them to drink 24 to 36 oz of water at least one hour before practice or games. It is also important to drink lots of water all day each day during the season, especially the hot months July through September. This is the only way to get them properly hydrated. NO sodas or milk before practice or games!!

Bring at least one gallon of cool water to practice with your child. If you do send sports drinks, send water also. Each player is responsible for bringing their own cool water in an insulated container to all practices. Water will be provided on game days.

If your child wants to eat before practice, have them eat fruit, pasta, peanut butter, or things that are light, but limit the quantity.

FOOTBALL PRACTICE

All teams will practice four days a week (1 ½ hours per practice), starting at the end of July. Practice days will be Monday, Tuesday, Thursday and Saturday until Scrimmages begin mid-August. After that, Monday, Tuesday, and Thursday practices will prevail beginning at 6:30pm until school starts (or the first Monday in September) at which time practice will start at 6:15 pm sharp. We ask that all players arrive at least, but not more than 10 minutes before practice is scheduled to begin - ready to practice! All practice days and times are subject to change. This determination will be made by the Athletic Director, Football Member at Large and President.

All practices will be held at the Schindewolf football practice fields behind Schindewolf Intermediate. Practice field designation will be assigned prior to the start of the season by the club Athletic Director.

Again, promptness in arriving and leaving on time is a MUST!!

Children must be well behaved in order to produce an environment that is conducive to learning. If a football team does not have adequate discipline and cooperative behavior, the coaches' effectiveness and the player's/dancer's success in our club will be in jeopardy. We take this very seriously. Responsibility learned through the discipline of football and drill teams often carry over into a child's personal life. It might be noted that many parents over the years have remarked on the noticeable difference in their child's behavior after participating in an organized sport. Better time management, better grades and higher self esteem were only three of the areas in which parent's noted marked improvement. Team discipline results in self discipline, which is clearly defined in individual achievement. Our hope is that all parents will help in ensuring that their child is participating in the Klein Eagles Booster Club by choice and that each parent takes responsibility for preparing their children to participate and behave positively during their time with the Klein Eagles Booster Club in fairness to all involved in KEBC activities.

The Board of Directors has the right, by majority vote, to dismiss a parent or child from the program for failing to abide by the league and Klein Eagles Booster Club's rules of conduct. They also have the right to bar those individuals from returning to the program in subsequent years. Let's all work together to ensure that we create a positive environment so that actions such as these can be avoided.

BOOSTER CLUB POLICIES

About fees and fundraisers:

- ◆ The fees that are required are necessary for the club to operate. Therefore, it is very important that we collect these fees at the beginning of each season.
- ◆ All fees and fundraiser monies must be paid in full to play. A child will not be allowed to participate in practice or games with an outstanding balance.

General Conduct at Club Functions:

- ◆ Remember, our league functions are for our children
- ◆ The league prohibits the use of profanity, smoking and alcohol at AAYFDT events.
- ◆ Only the team staff, specific volunteers, the Athletic Directors, Vice President and President are allowed on the sidelines at games. All others are asked to stay behind the designated areas during practices and games.
- ◆ The Board of Directors have the right, by majority vote, to dismiss a coach, parent or child from the program for failing to abide by the league and KEBC rules of conduct. They also have the right to bar those individuals from returning to the program in subsequent years.

GRIEVANCE PROCEDURE

There are over 100 families involved in our program. We will try to make the best decisions for the benefit of the children and the KEBC. However, there is no way we can satisfy everyone all the time. If you have a particular problem, we ask that you proceed in finding a solution by:

- ◆ Going to your Head Coach and discussing the problem in a positive, constructive manner. (We ask that you absolutely do not do this during games or practice times.)
- ◆ And IF necessary, then go to the Athletic Director and discuss the problem IF the problem has not been resolved.
- ◆ And IF necessary, then make a written complaint to the President of the Booster Club, IF the problem has not been resolved.
- ◆ And then IF necessary, make a written complaint to the AAYFDT.

ABSENCES FROM PRACTICES

The following policies will be used for excused and unexcused absences:

- ◆ Missing two practices the week of a game = not playing next game
- ◆ Missing one practice two weeks in a row = not playing next game
- ◆ Penalty for two tardies and/or leaving practice early in one week = one absence
- ◆ Penalty for three tardies in one week = two absences
- ◆ Excessive absences could warrant dismissal from the team as per the discretion of the Athletic Director with no refund.

PROMPTNESS IN ARRIVING AT PRACTICE AND LEAVING

For security and liability reasons, each member should not arrive at practice more than 10 minutes before the designated practice time and remain no more than 20 minutes after practice has officially ended. You are responsible for your child immediately after the horn is blown to signal the end of practice. No coach or director will be responsible for any child before the horn is blown to signal practice has started or after the horn has blown to signal practice has ended.

All parents / guardians are expected to pick up their child or children from the designated practice area at the time designated by the club. Parents / guardians should remain near the practice site or have arranged for an adult to remain at practice to supervise their child or children. The club volunteers are NOT responsible for supervising your child or children when practice ends. Failure to pick up your child or children on time may result in the following consequences:

- a. 1st Offense – Warning letter from the club
- b. 2nd Offense – Contact the Constable or Sheriff office
- c. 3rd Offense – Removal from the club for the remainder of the season

EAGLES GAME SCHEDULE

As soon as it is available, the Eagles game schedule will be posted on our website www.kleineagles.org on the Season schedule tab. Check back frequently for schedule and location changes.

**Please note: Schedule subject to change.*

2019 KEBC BOARD OF DIRECTORS

Mike White	President
Shanteri Benford	Vice President
Erika Tolar	Secretary
Berenyse Rodriguez	Treasurer
Brittney Hiett	Drill Team Director
Krista Pieri	Drill Team Assistant Director
Connie Stevens	Drill Team Mom Coordinator
Dwight Osteen	Football Athletic Director
Mark Stevens	Football Assistant Athletic Director
Amy Rawlinson	Football Team Mom Coordinator
Amy Chovanetz	Football Team Member at Large
Jennifer Gardner	Fundraising Director

PARENTS HANDBOOK ACKNOWLEDGEMENT FORM

This Parents Handbook has been prepared for your reference and understanding of the Klein Eagles organization. Please read it carefully.

I am aware of the Klein Eagles Parent Handbook and its accessibility through the Klein Eagles website: www.kleineagles.org. I acknowledge it is my responsibility to familiarize myself with the contents of the handbook.

By my signature below, I acknowledge, understand and agree to comply with the information contained in the Parents Handbook made accessible to me via the website by the Klein Eagles Booster Club. I understand this handbook is not comprehensive across all areas but is intended to be a resource guide to the Klein Eagles organization.

_____ BY SIGNING BELOW, I ACKNOWLEDGE I AM RESPONSIBLE FOR READING THE PARENT HANDBOOK.

Please sign below and return this form to the Klein Eagles Booster Club.

Mother or Guardian Signature

Date

Father or Guardian Signature

Date