



**2020
Klein Eagles
Football Handbook**

Dear Parents, Players & Dancers,

I would like to start by welcoming everyone to the Klein Eagles Booster Club! Each year the time between seasons seems to get shorter and shorter, so here we are again at another start of a season. I would like to say welcome back to those players, dancers, and their families who participated in our 2019 season and also welcome to our new players, dancers, and their families. We look forward to this being another season of fun with exciting games and events.

We, the Klein Eagles Booster Club (KEBC) Board of Directors, have been working since the end of last season planning for the 2020 season. Again, this year brings new faces to the coaching staff and the board members. Being a season-long volunteer takes a lot of time and dedication and I would like to thank all those who put in countless hours to make the season possible. I would also like to welcome those interested in becoming volunteers to join us in our effort to make KEBC better in the future. We are all together on the same mission and that is to make this year a very positive experience for your child and your entire family. Our goal as a club is to provide the best possible foundation by our commitment to proper fundamentals, teamwork, and the positive philosophy of competition to the best of our abilities. Our league and the club, including the experienced coaching staff, have your players and dancers best interest at heart and will work diligently at ensuring he or she has a wonderful football and drill season.

Our club and your child's experience are made possible by the dedication of all of our volunteers. We are always looking for individuals to contribute their ideas and time to help with the success of the season. Although recent times have made everyday life more challenging, we will start this season with over 100 families participating. If you would like to be involved in the ongoing success of your player and/or dancer, I encourage you to look for opportunities to help with the many activities required to keep the club running smoothly.

Please keep in mind that the club is run strictly on a volunteer basis and done so by using the guidelines set forth by the league. The club will always have the best interest of the players and dancers in mind when it comes to decision making. As the season progresses please know that the board, volunteers, and coaching staff will do their best to make your experience with the KEBC a positive one.

I would like to thank everyone in advance for their willingness to participate in our program and help make it a successful season. The Klein Eagles Booster Club wants the 2020 season to be one that is remembered positively for every single one of its participants.

Sincerely,
Mark Stevens
KEBC President

WELCOME TO KLEIN EAGLES FOOTBALL

We are pleased to have you and your child as part of our football program. Our goal is to have competitive teams by focusing on teaching and learning the fundamentals of football. We strive to have fun while we learn about teamwork, good sportsmanship, conditioning, discipline, and spirited competition. We hope these qualities will make a positive impact on your child and will remain with them throughout their lives.

Our football practice fields are located behind Schindewolf Intermediate School, located at Ella and Spring Cypress. Conditioning Camp will begin late July and practice begins the week after Conditioning Camp. Our scrimmages are still being scheduled and are TBA. Regular season games are every Saturday, September - October with playoff games in November. On Game Day the Freshman kickoff is at 9:00 am. The other starting times will vary, but their approximate start times are:

- Flag 8:00 am
- Freshman 9:00 am
- Sophomore 10:30 am
- Junior 12:00 pm
- Senior 2:00 pm

Football players must weigh in each Saturday during halftime of the preceding game. Freshman weigh-in is at 8:15 am. Your head coach will determine your child's arrival time for each week's game, and it will be communicated accordingly usually through your team mom.

Always report to and be ready for each practice at the scheduled time. Any decision to cancel or delay practice will only be made at the scheduled start time. As a general rule, lightning will be the only cause for interruption of the normal practice schedule and again will be determined at the practice field at the start time.

Athletic supporters are suggested to be worn by all football players at every practice and every game. Mouthpieces are also required at all times. Please give your team's assistant athletic director a spare mouthpiece in case your player loses theirs or forgets it at home.

Due to the heat and humidity, especially in July, August, and September, dehydration becomes a major concern. With the combination of experience and consultation with health professionals, we have developed guidelines for both practice and game days. These guidelines are addressed later in this handbook and will be covered at practice.

EAGLES RULES

1. **Cleats** – When selecting your child's cleats, please consider white, grey, black, black & white, or green & white. Special shoe colors, while making it easier to find your child, gives opposing teams the advantage of finding and targeting specific players. White cleats are ideal since the gameday fields are so much hotter on the feet.
2. **Uniforms** – The uniforms have been selected by the booster club and approved by the league. When arriving for the game please have your child ready in the complete uniform, including socks, distributed by the club. If your player is not in complete uniform, they may not be eligible to play.
3. **Negative Cheering** – This league is made up of volunteers and children. If you are heard during a game speaking ill of a player, coach, or an official from either team you will be removed from the game. Please inform your guests of our policies if they are attending the games as well.
4. **Late Pickup Not Tolerated** - Parents, or a parent designated representative, must be present to pick up your child when practice ends. There will be no tolerance for late pickup. Your child is your responsibility when the horn is blown at the end of practice. Failure to meet these rules will have the following consequences:
 - 1st Offense – Warning letter from the club.
 - 2nd Offense – Contact the Constable or Sheriff's Office.
 - 3rd Offense – Removal from the club for the remainder of the season.
5. **Medical Condition Notification** - We highly recommend that you notify your coach, team assistant athletic director, and team mom if your child has a medical condition that the coaching staff needs to be aware of during the season, such as asthma. Also, if your child needs a medical device, such as a rescue inhaler, you must give one to the team AD for the season. We value the safety of our players.
6. **Practices** – The practice fields are directly behind Schindewolf Intermediate and the backfield past the drainage ditch. Practices will be held on Mondays, Tuesdays, and Thursdays from 6:30 - 8:00 pm until school starts (or the first Monday in September) at which time practice will be held from 6:15 - 7:45 pm. Saturday practices will be from 9:00 -10:30 am until games start. Towards the end of the season, practice may begin at 6:00 pm due to shorter daylight hours. If changes to the practice schedule are made the Board will send out notifications. This determination will be made by the club athletic director, football member at large, and president. Your coach and/or team mom will inform you of any changes to practice times and/or locations. Also, if a practice is canceled (usually due to lightning) it will likely be rescheduled later in the week (usually on Wednesday or Friday). See page 9 for more details about practice.

1. **Practice Attendance** - A player must attend two out of three practices or one out of two practices in a given week to be eligible to play in that Saturday's game. Missing one practice each week, two weeks in a row will result in that player being ineligible to play the game at the end of the second week.
2. **Practice Tardiness** - Being late for practice twice in the same week, leaving practice early twice in the same week, or a combination of both will be the same as missing one practice. All rules for missed practices will apply.
3. **Missed Practice** - Being late for practice, leaving early, or any combination of these occurring three times in any one week, is the same as two missed practices. Missed practice rules will apply and the player will be ineligible to play in that Saturday's game. Upon the second occurrence of game ineligibility, the player will be removed from the roster with no refund.
4. **Attendance Records** - The team assistant athletic directors on each team will keep official attendance records and determine player eligibility for their teams. Each team head coach will notify his players within 24 hours of determination of their ineligibility. There will be no appeal process. All decisions made by the athletic director are final.
5. **Excused Absences** - There are very few excused absences. REQUIRED school functions are excused, as are last-minute serious family emergencies. Open house, class parties, birthday parties, family vacations, other athletic practices, and similar situations are not excused.
6. **Player Involvement** - Football is a team sport and all players are expected to be involved in the game at all times. When players are on the sidelines, they should be paying attention and encouraging their teammates. Any player found in the stands during their game shall remain there. They will forgo playing the rest of the game.
7. **No Horseplay on the Sidelines** - Horseplay, mud and rock-throwing, tag, and wrestling will not be tolerated on the sidelines. Failure to pay attention to the game will cause the player to be sent to the stands for the remainder of the game.
8. **Program Dismissal** – The KEBC Board of Directors has the right by a majority vote of the board to dismiss a parent or child from the program for failing to abide by the league's rules of conduct. They also have the right to bar those individuals from returning to the program in subsequent years.

EQUIPMENT HANDOUT POLICY

1. Equipment handout will be scheduled by the KEBC Athletic Director and the committee. You must make arrangements to be at equipment handout. If you have not already given deposits, you must bring two checks or forms of payment to equipment pickup for both the volunteer deposit \$250 and equipment deposit \$200. These checks will not be deposited initially but may be deposited after completion of the season if requirements are not met.
2. Equipment will only be fitted to the participating player who must be in attendance.
NO PLAYER, NO EQUIPMENT.
3. Equipment will only be issued to a player in good standing, meaning those who have:
 - a. Paid registration and fundraiser fees in full
 - b. Equipment and volunteer deposits received
 - c. All paperwork completed including:
 - i. A signed parent medical release form
 - ii. Player registration documents: utility bill, report card, birth certificate, player photo on file with KEBC Athletic Director.
4. The club athletic director, team moms, coaches, and board members conducting the handout will not issue equipment to any player until the club has an equipment sizing record on file.
5. Players without equipment will not be permitted to practice and attendance rules will apply to these absences.
6. Any player who misses equipment handout will be required to make arrangements with the club athletic director to pick it up.
7. Equipment return will be determined by the club athletic director and KEBC Board of Directors and you will be notified accordingly. All equipment must be properly maintained, returned clean and in good condition (as stated below). If those conditions are met, your equipment deposit check will be returned, as well as the volunteer fee IF the minimum criteria set by you're the KEBC Board and team mom have been met.

EQUIPMENT CARE

The Klein Eagles Booster Club is very proud of the high-quality equipment provided to our players. In many cases, our equipment is superior to that provided by many of the surrounding area schools.

It has taken a lot of hard work by devoted members of our club to raise the funds necessary for purchasing this equipment. Unfortunately, any substantial increase in equipment costs or accelerated replacements is ultimately passed on to you by way of higher registration fees. We ask that you help us keep fees down by keeping your issued equipment in the best condition possible. We can normally predict the demise of a helmet and our budgetary routine provides for periodic replacement of the headgear. Please take good care of the equipment. The lifespan of helmets, pads, etc. varies. However, if proper care and respect are exercised at all times, we will get the most from our equipment and avoid early unpredicted replacement costs. Please be aware of this and exercise respect and care regarding all Eagles football equipment.

*Storage of pads and helmets in vehicles will deteriorate the padding placing your child at risk. Please refrain from keeping them in your vehicle.

****DO NOT USE HARSH CHEMICALS TO CLEAN YOUR FOOTBALL EQUIPMENT. DAMAGE WILL OCCUR TO THE "FINISHES" ON YOUR HELMET AND PADS IF YOU USE HARSH CHEMICALS (IE GASOLINE, ABRASIVE CLEANING SOLUTIONS, AMMONIA BASED CLEANERS, ETC.) AND MAY RESULT IN FORFEITURE OF YOUR EQUIPMENT DEPOSIT.**

Preferred Washing Methods: Please use only warm soapy water to clean your football equipment (helmet and pads). Pants and jerseys should be washed in a washing machine and air-dried. Also, when washing your player's pants, make sure not to use too much soap and rinse them well so soap is not left in the padding that could cause skin irritation.

HEAT RELATED PROBLEMS AND PREVENTION

In the past, we have experienced some problems with players becoming overheated and dehydrated. We need to be especially cautious with players since they don't have the same capacity to regulate their body temperature as we do.

Three ways that overheating presents itself:

1. **Heat Cramps:** This is caused by the rapid loss of fluids from our bodies. It presents itself as cramps in the fingers, arms, legs, and stomach area. The person will be very sweaty, rapid pulse, with a normal blood pressure and temperature. Treatment is to have the person stop what they are doing, drink water, and possibly add in an electrolyte such as a diluted sports drink.
2. **Heat Exhaustion:** This is caused by the loss of water and salts from the body. Symptoms are weakness, dizziness, nausea, fainting, thirst, anxiety, extreme sweating, rapid pulse, elevated temperature, and a normal to depressed blood pressure. Treatment is to stop the person and get them to a cool area. Have them drink water first then a diluted sports drink. If they do not improve within 5 minutes, call 911!
3. **Heat Stroke:** This is when a person loses the ability to cool himself. This is a true emergency - call 911!! It presents itself as high body temperature, the rapid pulse begins to slow and blood pressure falls with rapid shallow breathing, disorientation, seizures, and can even lead to a coma. They will be hot and dry. Treatment is to call 911, move the person to a cool area and start cooling them with rags dipped in cool water. Have them drink only if they are alert enough to drink by themselves.

IMPORTANT: Have your child start drinking water NOW. It is also important to drink lots of water all day each day during the season, especially the hot months of July through September. Drinking water throughout the day is a much better way to combat heat-related problems. It takes 3 to 4 hours for water to make it into their bodies on a cellular level. If your child does not get an adequate supply of water through the day they need to drink 24 to 36 oz of water at least one hour before practice or games. This is the only way to get them properly hydrated. NO sodas or milk before practice or games!!

Bring at least one gallon of cool water to practice with your child. If you do send sports drinks, send water also. Each player is responsible for bringing their own cool water in an insulated container to all practices. Water will be provided on game days. If your child wants to eat before practice, have them eat fruit, pasta, peanut butter, or foods that are light. Be sure to limit the quantity.

FOOTBALL PRACTICE

All teams will practice four days a week (1 ½ hours per practice), starting at the end of July. Practice days will be Monday, Tuesday, Thursday, and Saturday until Scrimmages begin mid-August. After that, Monday, Tuesday, and Thursday practices will prevail beginning at 6:30 pm We ask that all players arrive at least, but not more than 10 minutes before practice is scheduled to begin - ready to practice! All practice days and times are subject to change. This determination will be made by the club athletic director, football member at large, and president.

All practices will be held at the Schindewolf football practice fields behind Schindewolf Intermediate. Practice field designation will be assigned before the start of the season by the club athletic director.

Again, promptness in arriving and leaving on time is a MUST!!

Players must be well behaved in order to produce an environment that is conducive to learning. If a football team does not have adequate discipline and cooperative behavior, the coaches' effectiveness and the player's success in our club will be in jeopardy. We take this very seriously. Responsibility learned through the discipline of football often carries over into a child's personal life. It might be noted that many parents over the years have remarked on the noticeable difference in their child's behavior after participating in an organized sport. Better time management, better grades, and higher self-esteem are only three of the areas in which parents have noticed an improvement. Team discipline results in self-discipline, which is clearly defined in individual achievement. Our hope is that all parents will help in ensuring that their child is participating in the Klein Eagles Booster Club by choice and that each parent takes responsibility for preparing their player to participate and behave positively during their time with the Klein Eagles Booster Club football in fairness to all involved in KEBC activities.

The Board of Directors has the right, by a majority vote of the board, to dismiss a parent or child from the program for failing to abide by the league and Klein Eagles Booster Club's rules of conduct. They also have the right to bar those individuals from returning to the program in subsequent years. Let's all work together to ensure that we create a positive environment so that actions such as these can be avoided.

BOOSTER CLUB POLICIES

Registration Fees and Fundraisers:

1. The fees that are required are necessary for the club to operate. Therefore, it is very important for us to collect these fees before the start of each season.
2. All fees and fundraiser monies must be paid in full to be an official player on a team. A child will not be allowed to participate in practice or games with an outstanding balance.

General Conduct at Club Functions:

3. Remember, our club and league functions are for our children.
4. The league prohibits the use of profanity, smoking, and alcohol at All American Youth Football & Drill Team (AAYFDT) events.
5. During a game or practice, the team, a maximum of six coaches, the KEBC Board Members, team assistant athletic director, a Team Mom, AAYFDT Officials, and authorized game day volunteers shall be the only persons allowed on their respective sidelines or practice field area. All others must stay behind the designated areas during practices and games due to liability and league rules.
6. The Board of Directors has the right, by 2/3 vote, to dismiss a coach; and majority vote, to dismiss a parent or child from the program for failing to abide by the league and KEBC rules of conduct. They also have the right to bar those individuals from returning to the program in subsequent years.

BOOSTER CLUB GRIEVANCE PROCEDURE

We will try to make the best decisions for the benefit of the players and the KEBC. However, there is no way we can satisfy everyone all the time. If you have a particular problem, we ask that you proceed in finding a solution by:

1. Going to your Head Coach and discussing the problem in a positive, constructive manner. (We ask that you absolutely do not do this during games or practice times.
2. If necessary, then go to the Club Athletic Director and discuss the problem IF the problem has not been resolved.
3. If necessary, then make a written complaint to the President of the Booster Club, IF the problem has not been resolved.
4. Then if necessary, make a written complaint to the AAYFDT.

ATTENDANCE AND ABSENCE POLICY

The following policies will be used for excused and unexcused absences:

1. Missing two practices the week of a game = not playing next game
2. Missing one practice two weeks in a row = not playing next game
3. Penalty for two tardies and/or leaving practice early in one week = one absence
4. Penalty for three tardies in one week = two absences

Excessive absences could warrant dismissal from the team as per the discretion of the KEBC Athletic Director with no refund.

Arrival and pickup

For security and liability reasons, each player should not arrive to practice more than 10 minutes before the designated practice time and remain no more than 10 minutes after practice has officially ended. You are responsible for your child immediately after the horn is blown to signal the end of practice. No coach or director will be responsible for any child before the horn is blown to signal practice has started or after the horn has blown to signal practice has ended. All parents/guardians are expected to pick up their child or children from the designated practice area at the time designated by the club. Parents/guardians should remain near the practice site or have arranged for an adult to remain at practice to supervise their child or children. The club volunteers are NOT responsible for supervising your child or children when practice ends. If an emergency arises during practice, it is required that you are accessible by the phone number you provided to the club either during registration or to your team mom. Failure to pick up your child or children on time may result in the following consequences:

- 1st Offense** – Warning letter from the KEBC
- 2nd Offense** – Contact the Constable or Sheriff office
- 3rd Offense** – Removal from the club for the remainder of the season

KLEIN EAGLES FOOTBALL VOLUNTEER REQUIREMENT

The Klein Eagles Booster Club is a nonprofit organization and we are all volunteers. Volunteers make this organization run and provide an opportunity for your child to play football. As a board, we do our best to set the minimum required hours to run this club, but these are only minimum requirements. We need you as parents to assist us with making every practice, game, and event a success, even if you have to commit to more hours above the minimum. If we do not have enough volunteers for each event it jeopardizes the success of our club and could impact game days at the team and/or club level.

We require all parents to adhere to the minimum volunteer commitment as set forth by the KEBC. Volunteering your time is essential to the successful functioning of the team and the completion of the season. There will be many opportunities available to assist you in meeting the required amount of credits. It also provides an opportunity to participate with and support your child's interest.

A \$250.00 volunteer deposit check is required per family. Your check will only be cashed if you fail to complete the requirement. Your check will only be cashed if you fail to complete the requirement. A volunteer check must be submitted to the club before the first day of practice for your child to start practicing with the team.

Volunteer Credits

For one child, you are required to complete 12 credit hours.

For two or more children, you are required to complete 18 credit hours.

If you have a player on a football team and a dancer on the drill team, you are required to complete 18 credit hours (9 for drill team and 9 for football).

What Can I Do To Help?

A list of volunteer opportunities will be made available during the pre-season practices and at the pre-season parent meeting. Please see the Team Mom and sign up!

EAGLES GAME SCHEDULE

As soon as it is available, the Klein Eagles game schedule will be posted on our website www.kleineagles.org on the season schedule tab. Check back frequently for schedule and location changes.

**Please note: Schedule subject to change.*

2020 KEBC BOARD OF DIRECTORS

Mark Stevens	President
Erika Tolar	Vice President
Meg Davis	Secretary
Mishelle Hylton	Treasurer
Jennifer Gardner	Fundraising Director
Bryn Evans	Football Athletic Director
VACANT	Football Assistant Athletic Director
Melissa Lowrey	Football Team Mom Coordinator
Amanda Canady	Football Team Member at Large
Brittney Hiatt	Drill Team Director
Connie Stevens	Drill Team Assistant Director
Maggie Wells	Drill Team Mom Coordinator
Anna Carrion	Drill Team Member at Large

KLEIN EAGLES FOOTBALL HANDBOOK ACKNOWLEDGEMENT

This Klein Eagles Football Handbook Acknowledgement is required of every participant and participant's family. If you would like to submit this requirement directly to the Klein Eagles Booster Club, instead of submitting the paper form, please click on this link below to fill out the online form:

<https://forms.gle/ogWLa7AfGd9vPZLd6>

The Klein Eagles Football Handbook has been prepared for your reference and understanding of the Klein Eagles organization. Please read it carefully and to its entirety.

We the participant and the participant's family are aware of the Klein Eagles Football Handbook and its accessibility through the Klein Eagles website: www.kleineagles.org. We acknowledge it is our responsibility to familiarize ourselves with the contents of the handbook.

By my signature below, we acknowledge, understand, and agree to comply with the information contained in the handbook made accessible to me via the website by the Klein Eagles Booster Club. I understand this handbook is not comprehensive across all areas but is intended to be a resource guide to the Klein Eagles organization.

By signing below, we acknowledge the following:

Initials

_____ **We have read and understand the content of this Klein Eagles Football Handbook**

_____ **We have read and understand the [AAYFDT Codes of Conduct](#)**

_____ **We have read and understand the AAYFDT [Policies & Procedures](#) and the [AAYFDT Rules of Competition](#)**

Name of Participant

Team (Flag, Freshmen, Sophomore, Junior, or Senior)

Mother or Guardian Signature

Date

Father or Guardian Signature

Date