



## Spas at Cove Pocono Resorts Wellness Menu

### COVE HAVEN - PARADISE STREAM

#### **Relaxation Massage \$115**

Light to medium pressure massage. 55 min relaxation session

#### **Couples Relaxation Massage** Per couple \$230

55 min relaxation sessions done together or one immediately following the first. When available.

#### **Therapeutic Focused Massage\*** \$130

A 40 min session focusing on areas of muscular restriction. An integration of myofascial massage to areas such as neck, back & shoulders to ease tension and relax your mind & body.

#### **Hot Stone Massage\*** \$150

This 70 minute session will provide relaxation, stress relief, and ease muscle tension. Warm stones are incorporated into your full body massage for a wonderful relaxing experience.

#### **Focused Tension Relief\*** \$135

A wonderful alternative to a full body massage this treatment is ideally suited for people with chronic muscular neck and shoulder tension, where stress accumulates. Essential oils calm and balance stress levels within the entire body. We begin with a focused massage to the entire back, neck and shoulders.

A detoxification mask is applied to the upper back, neck and shoulder area. As this softens and relaxes muscles, tired feet are massaged.

#### **Mint To Be Massage\*** \$130

Show that special someone just how much you care with our Mint To Be Massage. In this 55 minute swedish massage we incorporate our blend of peppermint and chocolate aromatherapy. This scent will not only satisfy your sweet tooth, but will leave you feeling refreshed & uplifted!

#### **Sticks & Stones** \$165

Heated sticks of Bamboo and warm stones are integrated for a firm flowing 70 minute heated massage experience.

*Prices, Services & Availability are subject to change without notice.*

[www.covepoconoresorts.com](http://www.covepoconoresorts.com)

[www.chcspas.com](http://www.chcspas.com)



## COVE HAVEN - PARADISE STREAM

### **Mommy & Me Pregnancy Massage \$115**

A 55 min session designed to promote stress release, relieve fatigue, pain, tension and stiffness. For your safety and the safety of your child, massage services can only be performed between the 12th and 36th weeks of pregnancy.

### **40 Minute Relaxation \$95 / For 2 \$190**

Relaxation swedish light pressure massage.

### **Fade Away \$130**

Come relax and unwind with our Fade Away Massage. This 55 minute service is a full body, light to medium pressure massage with hot stones incorporated in our neck and shoulder routine. There's no better way to get rid of those tense, achy muscles.

### **Heated Bamboo Massage \$140**

This 50 min session will enhance relaxation, melt away stress, and ease muscle tension. Warm sticks of Bamboo are heated and incorporated into your full body massage for a wonderful relaxing experience.

### **Hot Chocolate Massage \$170 / for 2 \$340**

This 70 minute session will provide relaxation, stress relief, and ease muscle tension. Warm stones are incorporated into your full body massage for a wonderful relaxing experience will also include chocolate aromatherapy, as well as peppermint foot lotion.

### **Add-Ons' to any service:**

**Mini Peppermint Foot Twist\*** \$50

**Warm Stone Placement\*** \$25

**Aromatherapy\*** \$20

## *Take some time out for Wellness services.*

*Because of the popularity of our unique services we highly recommend you make an advanced reservation for any of our treatments. Your credit card deposit will be charged at the time services are booked, through Corporate Health Connection, LLC.*

SOME MEDICAL CONDITIONS AND MEDICATIONS PRECLUDE US FROM OFFERING MASSAGE SERVICES  
Please notify the Booking Agent of any health issues.

**An 18% Gratuity will be added to all services at time of booking.**

We try to accommodate as many guests as possible. If we are busy when you call, please leave a message and we will call you back as soon as possible. Holiday hours may vary. All Spa services are provided in our spas. We do not accept personal checks or cash. Money will not be refunded on the remaining balance of gift certificates.

### **Cancellation Policy and Important information:**

**24 Hour Cancellation Policy:** If you cancel your stay with any of the Cove Haven Entertainment Resorts please contact Corporate Health Connection directly, (570) 350-6412, to cancel your spa reservation.

**Cove Haven Entertainment Resorts is not responsible for notifying us of your cancellation.**

**Less than 24 hours notice:** If appointments are cancelled less than 24 hours of your appointment, 100% of the service will be charged.

**More than 24 hours notice:** A greater than 24 hour notice for a single service cancellation will be refunded.

Without such notice, we must charge for services as booked. We can make no exceptions.

**No Show, late arrival for any reason & last minute cancellation policy.** No shows & last minute cancellation, late arrivals or failure of notice to cancel will result in a full charge of the appointment booked.

***Policy is strictly enforced.***

***Punctuality:*** Time is a very precious commodity. Your late arrival for an appointment may result in an adjustment to your service so that we don't run late for our next guest. You will be charged for the full service time that was held for you. Please arrive on time to receive your full appointment time. No shows & last minute cancellations will be charged in full.

*All of our Therapists are Licensed in the state of PA*

An 18% Gratuity will be added to your service at the time of booking.

Services, prices & availability are subject to change without notice.

To schedule an appointment call

**(570) 350-6412**

Please have your reservation number and resort name you are staying at ready when calling.

**Call 570-350-6412**

**By accepting a service booking you are accepting all policies.**

***www.chcspas.com***