

Benefits of Sophianic Animism

Sophianic Animism (SA) proposes a particular **explanatory framework** for the past, present and future of the human species that encourages a realistic assessment, including consideration of factors that can be shown to have been covered up, ignored, distorted, or fabricated, as far as the standard view is concerned. The end result of this assessment is sober and sobering, but hopeful. While the focus of SA is not on salvation as such, the turning point in human affairs involving Divine agency that the Gnostics called **Sophia's Correction** [of the human experiment] is of great interest in SA; it is perceived as **an ongoing event in which each Sophianic animist seeks to find his or her role and fulfill it.**

Basic **propositions of SA** – the life of the biosphere, including every human animal, is sustained by the dreaming power of the Aeon Sophia; we humans are all characters in Her living Dream; one's life is not one's own... – **frame the lives of individuals in a way that many people find to be beautiful and freeing and to promote a sense of purpose and a positive and happy outlook.**

SA **promotes cultivation of self-love**, which encompasses and surpasses self-esteem (which has proven psychological and other benefits). SA encourages people to be mindful of, and care for, their own needs, mentally, emotionally and physically. SA also provides a demonstrably excellent framework for caring for what are generally thought of as "spiritual needs" – **a participatory, two-way relationship with a Higher Power who genuinely has one's best interests at heart, that can be intimately and intensely felt and enjoyed.**

SA promotes the deepest **respect for**, and facilitates **bonding with, nature** – and therefore, **caring for one's environment, and avoiding causing unnecessary harm via abusive relationships** of any kind (with the land and its components, with organic life [animals, plants, fungi...], with the ecosphere, and with other humans).

Inspired by our shared perspective, including narratives, values and practices, the Sophianic Animist community provides the often-profound benefit of **social support for its members and others** in the broader communities in which we are embedded and necessarily involved.

SA's focus in human relationships on "exercising power with and on behalf of others, never over others" **promotes individual and collective strength** on behalf of all things that are valued by the individual and by the group (which are also usually valued by other humans), such as **beauty, freedom, truth, learning coupled with sharing, innocence coupled with pleasure and the mysteries of life.**

Another primary value cultivated and upheld by SA practitioners (Shaktas) is the spirit of **mutual aid**, which in addition to producing a close-knit and supportive relationship with others of like perspective, inclines Shaktas to seek ways to genuinely **benefit and assist their local communities and their neighbors.**

Further, Sophianic Animism encourages **care in observing boundaries and consciously holding the honoring of boundaries in high regard**, which **promotes positive and functional relationships** with others.

The values of SA, in practice, **promote psychological and physical health and contribute toward healthy and functional social relationships and interactions** within families, among friends and work colleagues, and in dealing with strangers and the human world in general.

SA also provides a **way of relating to the supernatural that has very little in common with the Abrahamic religions**; rather, it exposes and opposes those religions. While many people find Abrahamic beliefs and practices (those of Judaism, Christianity and Islam, in chronological order of inception) appealing and satisfying due to indoctrination and adaptation to custom and tradition, others acknowledge Abrahamic perspectives as sources of personal problems and as ideological provokers of social issues at all scales in the human world, and as having been pervasively ineffective in countering social, political and economic degradation and degeneracy. Although there have been a small number of sectarian exceptions, Abrahamic religion and its adherents generally have been among the world's greatest historical sources of largely-gratuitous violence.

Sophianic Animism (especially the seminal book Not in His Image by John Lamb Lash) **explains why Abrahamic religion has shown itself to be inherently traumatizing and abusive and has done great harm in human history, demonstrates it to have been designed and deployed for those purposes** under the influence of and motivated by the anti-human archons, **and offers an alternative that excludes and avoids the drawbacks and problems of the Abrahamic faiths.**