

SOUP

Served with warm crusty bread & butter

SOUP OF THE DAY

ASK A BARISTA ABOUT OUR
SOUP OF THE DAY - **£4.75**

SOUP & SANDWICH OR TOASTIE

ENJOY A SOUP OF THE DAY WITH ONE OF OUR
FRESH DELI SANDWICHES OR TOASTIE + **£2.50**

SANDWICHES

All sandwiches served with a dressed salad garnish unless stated otherwise*

CHICKEN BLT BAGEL*

OVEN ROASTED CHICKEN, BACON, LETTUCE, VINE TOMATO
AND MAYO ON A LIGHTLY TOASTED BAGEL - **£5.95**

SMOKED SALMON BAGEL

SCOTTISH SMOKED SALMON, CREAM CHEESE AND CHIVE
WITH ROCKET ON A SEEDED HIGH FIBRE BAGEL - **£5.50**

MOZZARELLA, TOMATO & BASIL (v)

FRESH SLICED VINE TOMATO, ITALIAN BUFFALO MOZZARELLA,
MAYO AND BASIL ON ITALIAN BOCATA - **£4.95**

GOAT'S CHEESE & RED PEPPER

CRUMBLD GOAT'S CHEESE, ROASTED RED PEPPERS,
ROCKET AND ITALIAN PINE NUT PESTO ON SESAME NIGELLA - **£5.25**

BRIE & BACON

CREAMY BRIE, SMOKED BACON AND PLUM & APPLE CHUTNEY
ON A HEARTY MULTI-SEED RUSTIC ROLL - **£5.25**

SERRANO HAM & MANCHEGO

18 MONTH AGED SERRANO HAM, MANCHEGO CHEESE, ROCKET,
SUNDRIED TOMATO PESTO, CARAMELISED ONION AND AIOLI
ON SPANISH BARRA GALLEGA BREAD - **£5.95**

HUMMUS & MEDITERRANEAN VEG (v)

GREEK CHICKPEA HUMMUS, MEDITERRANEAN ROASTED VEG
AND ROCKET ON PROVENCALE OLIVE OIL & HERB FOCACCIA - **£4.95**

NEW YORKER

AMERICAN PASTRAMI, BABY GEM LETTUCE, EMMENTAL CHEESE,
GHERKINS, MAYO AND MUSTARD ON A PRETZEL BUN - **£5.75**

BESPOKE SANDWICHES

DESIGN A SIMPLE SANDWICH OF YOUR CHOICE ON WHITE
OR BROWN BLOOMER WITH HAM, CHICKEN, BACON, TUNA
OR CHEESE, SALAD ITEMS AND CONDIMENTS - ALL **£4.95**

CLASSIC TOASTIES

On white or brown bloomer served with a dressed salad garnish

TOASTIES

BACON & CHEESE, CHEESE & ONION, HAM & CHEESE,
CHEESE & TOMATO, TUNA & CHEESE - **£4.50**

SPECIAL TOASTIES

TALEGGIO, PROSCIUTTO AND TOMATO CHUTNEY - **£4.95**

• SWISS CHEESE FONDUE •

SWISS MELTED CHEESE SERVED LIT IN A CAST IRON FONDUE
POT WITH SKEWERS AND A WHOLE BAGUETTE, CUBED (v)
(15 MINS COOKING TIME)

£12.50

WHY NOT TRY OUR SWISS VACHERIN MONT D'OR, OVEN BAKED WITH
ROSEMARY, GARLIC & WHITE WINE. AVAILABLE SEPTEMBER - MARCH

SALADS

All salads, except caesar are dressed with aged
balsamic vinegar and extra virgin olive oil

GREEK (v)

GREEK FETA, FRESH TOMATOES, RED ONION,
ROASTED RED PEPPERS, PITTED MEDITERRANEAN OLIVES
ON MIXED LEAF WITH HUMMUS, DOLMADES AND WARM PITTA - **£7.25**

ITALIAN (v)

BOCCONCINI, SUNDRIED TOMATOES, RED ONION,
ROASTED RED PEPPERS, PITTED MEDITERRANEAN OLIVES
ON MIXED LEAF WITH PESTO AND WARM CIABATTA - **£7.25**

TUNA

TUNA FLAKES, CANNELLINI BEANS, FRESH TOMATOES,
RED ONION, ROASTED RED PEPPERS, SERVED ON A BED OF ROCKET
WITH WARM CRUSTY BREAD - **£7.25**

CAESAR

OVEN ROASTED CHICKEN BREAST, BACON, ANCHOVIES,
SHAVED PARMESAN, SOFT BOILED EGG ON BABY GEM LETTUCE
SERVED WITH GARLIC CROUTONS AND CAESAR DRESSING - **£7.25**

CAPRESE (v)

LAYERED FRESH VINE TOMATOES, ITALIAN MOZZARELLA,
ROCKET AND RED ONION - **£3.95**

• ITALIAN MEATBALLS •

HANDMADE ITALIAN MEATBALLS, GNOCCHI AND
PARMESAN SERVED IN A RICH TOMATO SAUCE
WITH WARM CRUSTY BREAD (15 MINS COOKING TIME)

£7.75

CHILDREN'S

All served hot or cold on white bread
with half a bag of crisps

SANDWICHES

CHEESE, CHICKEN, HAM, BACON OR TUNA - **£2.95**

MEAL DEAL

SANDWICH OR TOASTIE, FRUIT BAR,
WATER / INNOCENT SMOOTHIE / ORANGE JUICE / APPLE JUICE - **£3.95**

• MOROCCAN LAMB TAGINE •

HANDMADE MOROCCAN LAMB TAGINE WITH COUSCOUS
SERVED WITH WARM PITTA BREAD (15 MINS COOKING TIME)

£7.75

ORDERS

PLEASE ORDER AT THE COUNTER - WAIT FOR YOUR DRINKS AND YOUR FOOD WILL BE BROUGHT TO YOUR TABLE
IF YOU HAVE ANY ALLERGEN QUERIES OR DIETARY REQUIREMENTS PLEASE SPEAK TO A BARISTA - THANK YOU

• ABACO PLATTER •

OUR SIGNATURE 20" BOARD WITH A RUSTIC COMBINATION OF ITALIAN MEATS, EUROPEAN CHEESE & CRACKERS, MEZZE, PATÉ, MEDITERRANEAN GRILLED VEGETABLES, CAPRESE SALAD & SARDINES WITH WARM CIABATTA AND BREAD STICKS

£24.95

WITH A BOTTLE OF HOUSE WINE - **£34.95**
(WINE OFFER ONLY AVAILABLE MONDAY - WEDNESDAY)

SPECIALITY BOARDS

MEAT PLATTER

A SELECTION OF ITALIAN MEATS, INCLUDING NAPOLI, MILANO, TUSCANO AND PROSCIUTTO SERVED WITH CHILLI JAM, SADDLEWORTH CHIPOTLE BUTTER AND WARM CIABATTA - **£7.50**

CHEESE BOARD (v)

A SELECTION OF EUROPEAN CHEESES INCLUDING BLACK STICKS BLUE, BRESSE BLUE, TALEGGIO, FRENCH COMTE, MURCIA AL VINO, BALSAMIC ONION WITH PLUM AND APPLE CHUTNEY AND AN ASSORTMENT OF FINE CRACKERS - **£6.95**

VEGETABLE PLATTER (v)

ITALIAN PITTED OLIVES, MEDITERRANEAN GRILLED VEGETABLES, DOLMADES, PEPPERABICA STUFFED SWEET PEPPERS, CORNICHONS AND A BALSAMIC ONION SERVED WITH WARM CRUSTY BREAD - **£6.95**

MEZZE (v)

TRIO OF ITALIAN MIXED PITTED OLIVES, GREEK CHICKPEA HUMMUS AND SPANISH AIOLI SERVED WITH WARM PITTAS - **£5.25**

PATÉ

BRUSSELS PATE SERVED WITH CARAMELISED ONION CHUTNEY, MIXED LEAF SALAD AND WARM CRUSTY BREAD - **£5.75**

BREAD BOARD (v)

A SELECTION OF FRESHLY BAKED BREADS WITH AGED BALSAMIC VINEGAR AND EXTRA VIRGIN OLIVE OIL - **£3.95**

BREAD STICKS & ALIOLI (v)

RUSTIC BREAD STICKS WITH AUTHENTIC SPANISH ALIOLI - **£2.95**

CALZONE

A THIN FOLDED PROSCIUTTO AND MOZZARELLA PIZZA SERVED WITH A DRESSED SALAD GARNISH & TOMATO CHUTNEY. A PERFECT LIGHT BITE - **£4.25 / £6.95**

HANDMADE PIES

HANDMADE PIES SERVED WITH MIXED LEAF SALAD AND TOMATO CHUTNEY (15 MINS COOKING TIME) - **£5.55**

GOAT'S CHEESE & SPINACH TART (v)

RUSTIC GOAT'S CHEESE & SPINACH SHORTCRUST TART WITH MIXED LEAF SALAD AND COUNTRY TOMATO CHUTNEY - **£5.55**

SPANISH TORTILLA (v)

HALF OR FULL SPANISH TORTILLA WITH MIXED LEAF SALAD AND COUNTRY TOMATO CHUTNEY - **£4.95 / £7.50**

6 MINI CHORIZO COOKED IN RED WINE

SPANISH CHORIZO COOKED IN RED WINE SERVED WITH WARM CRUSTY BREAD - **£6.95**

CAKES

A selection of Italian and homemade cakes

TORTE DELLA NONNA (v)

A TUSCAN SHORT CRUST PASTRY FILLED WITH A SILKY LEMON PASTRY CREAM, TOPPED WITH PINE NUTS AND DUSTED IN ICING SUGAR - **£3.50**

BOLO DE ARROZ (v)

INDIVIDUAL PORTUGUESE RICE CAKE, TRADITIONALLY SERVED WARM - **£2.00**

BELGIAN WAFFLE (v)

WARM BELGIAN WAFFLE SERVED WITH CREAM, MAPLE SYRUP OR NUTELLA - **£3.25**

FLITCROFT'S HOME BAKES

DELICIOUS CHOCOLATE BROWNIE SEASONALLY TOPPED - **£2.95**
A SOFT CHERRY BAKEWELL SLICE TOPPED WITH ALMONDS - **£2.95**
MADE IN SADDLEWORTH

AGA BAKED CAKES

SLICE OF CARROT, VICTORIA OR LEMON DRIZZLE
MADE USING A SECRET FAMILY RECIPE - **£3.25**
MADE IN SADDLEWORTH

FLOWERPOT MUFFINS (v)

DOUBLE CHOCOLATE, BLUEBERRY OR SEASONAL MUFFINS - **£2.55**

GLUTEN FREE OPTION

PLEASE ASK BARISTA FOR MORE INFORMATION ON TODAY'S GLUTEN FREE OPTION - **£2.65**

FRUIT & NUT GRANOLA TRAYBAKE (v)

OATS, APRICOT, SULTANA, CRANBERRIES & SEEDS - **£2.45**

TARTA DE SANTIAGO (v)

A TRADITIONAL SPANISH, SOFT, LIGHT ALMOND TART. LIGHTLY DUSTED IN ICING SUGAR TO MARK THE CROSS OF CRUZ DE SANTIAGO WHICH GIVES THE CAKE IT'S NAME - **£3.50**

ICE CREAM

ITALIAN LIMONCELLO SORBETO (v)

CLASSIC LIMONCELLO FLAVOURED SORBET SERVED IN A GLASS FLUTE - **£3.85**

ITALIAN ICE CREAM (v)

PLEASE ASK BARISTA FOR MORE INFORMATION ON TODAY'S ICE CREAM SELECTION.

POPS! POPSICLES (v)

BELLINI (3.8% ABV) - **£2.75**
PIMMS (4.3% ABV) - **£2.75**
STRAWBERRY & MINT (ALCOHOL FREE) - **£2.75**

FREDDO'S

A selection of iced coffees made the traditional way - **from £1.90**

FREDDO ESPRESSO
FREDDO LATTE

FREDDO CAPPUCCINO
FREDDO MOCHA

• BREAKFAST •

BREAKFAST MENU AVAILABLE BETWEEN 7-11AM
PLEASE ASK FOR DETAILS

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