



ALL DAY MENU

SERVED FROM 11AM EVERY DAY

*Passione
e gusto*

PASSION & TASTE



PLEASE NOTE: ALL FOOD AND DRINK WILL ARRIVE WHEN PREPARED. IF YOU WOULD PREFER YOUR FOOD TO ARRIVE AS A STARTER, MAIN OR DESSERT, PLEASE ORDER EACH DISH AS AND WHEN YOU ARE READY FOR IT.

ABACO CLASSICS

KING PRAWN PUTTANESCA LINGUINE Sautéed king prawns,tomato sauce, capers, anchovies, olives, sweet peppers, chilli, parsley, lemon, garlic and linguine. Add - parmesan £2.00, vegan parmesan £2.00	£16.95
BEEF BOURGUIGNON Slow cooked skirt of beef with mushrooms, pancetta, carrots, onions and garlic in a rich red wine sauce with creamed potatoes.	£16.95
THE ABACO BURGER Grilled lamb kofta burger with feta cheese and red pepper hummus on toasted brioche bun with tzatziki and fries.	£12.95
TEMPURA HADDOCK Deep fried haddock fillet in a light crispy batter with crushed garden peas, pomme frites and lemon.	£16.95
CALZONE FOLDDED PIZZA Filled with fennel salami, chicken, nduja, parmesan cheese topped and glazed with san Marzano tomato and mozzarella cheese.	£14.95
SPANISH TORTILLA (V) Sliced onions and potatoes fried with egg served with dressed mixed leaf and chilli jam.	£9.95
VEGAN FOREST MUSHROOM & SPINACH LINGUINE (V) with a basil garlic dressing and parsley. Add - parmesan £2.00, vegan parmesan £2.00, chicken £3.50, prawns £4.50, smoked salmon £4.25	£13.95
PAPPARDELLE ARRABBIATA Rich spicy tomato sauce with piquant peppers and cherry tomatoes. Add - parmesan £2.00, vegan parmesan £2.00, chicken £3.50, prawns £4.50, smoked salmon £4.25	£13.95
CONFIT DUCK LEG with a white bean, smoked bacon vegetable cassoulet and garlic shallot green beans	£17.95

ALL OF THE ABOVE DISHES HAVE A 20 MINUTE WAITING TIME

PROMOTIONS

BOOKINGS ESSENTIAL

MONDAY, TUESDAY, WEDNESDAY EVENINGS FROM 4pm

2 FOR 1 PIZZAS

THURSDAY EVENINGS FROM 4pm

2 FOR 1 ABACO CLASSICS

FRIDAYS

FISH, FRITES & PROSECCO

2 TEMPURA HADDOCKS AND FRITES WITH
A BOTTLE OF PROSECCO - £50

SUNDAY - WEDNESDAY

ABACO GRANDE PLATTER

WITH A BOTTLE OF HOUSE WINE - £49

SOUP

SERVED UNTIL 5PM EVERY DAY

	TO GO	IN
CHEFS SOUP OF THE DAY - Served with bread and butter. Ask a barista about our soup of the day.	£3.95	£6.95
SOUP & SANDWICH DEAL Add soup of the day to any sandwiches or toastie.	Price of Sandwich/Toastie + £3.95	

SANDWICHES

SERVED UNTIL 5PM EVERY DAY

All sandwiches are served with dressed salad garnish, pretzels and house slaw unless stated otherwise. Please ask for gluten free options.

	TO GO	IN
CHICKEN BLT BAGEL Oven roasted chicken, bacon, lettuce, vine tomato and mayo on a lightly toasted bagel.	£7.95	£9.95
SMOKED SALMON BAGEL Smoked salmon with chive cream cheese and rocket leaf on a multigrain bagel.	£7.95	£9.95

GOATS CHEESE PANINI Creamy goats cheese, basil pesto, piquillo peppers, mayonnaise and rocket leaf on a white panini.	£7.95	£9.95
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BRIE & BACON Creamy brie, smoked bacon and plum and apple chutney with mayo on a hearty multi-seed rustic roll.	£7.95	£9.95
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SERRANO HAM & MANCHEGO 18 month aged Serrano ham, manchego cheese, rocket, olives, caramelised onion, red pesto & aioli on a rustic white baguette.	£7.95	£9.95
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CHICKEN CAESAR WRAP Oven roasted chicken, smoked bacon, gem lettuce, parmesan and caesar dressing.	£6.95	£9.95
TOASTED VEGAN BURRITO Cannellini beans, spiced cous cous, cherry tomatoes, spinach, pickled beetroot and guacamole. Served with hummus.	£6.95	£9.95

BESPOKE SANDWICHES Design a simple sandwich of your choice on white or brown bloomer with ham, chicken, bacon, tuna, cheese, salad items & condiments. Upgrade to sourdough £1.00	from £6.95 £9.95	
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SOURDOUGH TOASTIES

SERVED UNTIL 5PM EVERY DAY

Served on sourdough bread with dressed salad garnish, pretzels and house slaw unless stated otherwise. All toasties are available on gluten free bread.

	TO GO	IN
TOASTIES Bacon & Cheese, Cheese & Onion, Ham & Cheese, Cheese & Tomato, Tuna & Cheese.	£6.95	£8.95

IF YOU HAVE ANY ALLERGEN QUERIES OR DIETARY REQUIREMENTS PLEASE SPEAK TO A BARISTA.
WE CANNOT 100% GUARANTEE OUR DISHES ARE FREE FROM ALLERGENS.

EUROPEAN SMALL PLATES

TOMATO BRUSCHETTA (V) - Garlic toasted semolina bread with chopped vine tomatoes, shallots, sweet basil. Add - Serrano Ham £2.50	£8.95
PRAWN BRUSCHETTA - Garlic toasted semolina bread with roasted peppers, sauteed garlic and chilli king prawns and saffron aioli.	£12.95
TIROPITA - Fried filo parcels filled with feta and mozzarella cheese and spinach with tzatziki.	£8.95
MINI CHORIZO SAUSAGES - cooked in a cider cream with chickpeas and sunblush tomatoes, with sourdough toast.	£10.95
MEZZE (V) - Trio of Greek mixed pitted olives, chickpea hummus and Spanish aioli served with warm pittas.	£7.95
FOREST MUSHROOM ARANCINI with a garlic spinach emulsion.	£6.95
CONFIT DUCK RILLETTE - Rich coarse duck pate with red onion marmalade and wholemeal crostini.	£8.95
JAMON SWEET POTATO CROQUETTES with piquillo pepper puree and saffron aioli.	£7.95
TEMPURA HADDOCK with pea and mint compote and caper butter sauce.	£8.95

SNACKS

FIRE ROASTED JALAPENO & LEMON NUTS	£4.95
DEEP FRIED PADRON PEPPERS with flaky Maldon salt	£5.95
SKIN ON FRIES	£4.95
TRUFFLE PARMESAN FRIES	£5.95
TOASTED BLOOMER & SOURDOUGH with olive oil and balsamic vinegar	£5.25
BREAD STICKS & AIOLI	£3.95
CORN TORTILLAS & GUACAMOLE	£4.50
GREEK PITTED MIXED OLIVES Gordal, Kalamata & Halkidiki	£4.50

SALADS

	TO GO	IN
GREEK (V) - Greek Feta, cucumber, tomatoes, red onion, pitted olives, oregano oil with rocket, red pepper hummus, roasted peppers and warm pitta. Add - sliced chicken breast £3.50	£7.95	£13.25
MOROCCAN BUDDHA BOWL (V) - Spiced herb cous cous with avocado, pickled beets, hummus, roast sweet potato, sesame, white beans, onions, cucumber, tomato, rocket with a raisin and caper emulsion. Add -sliced chicken breast £3.50, smoked salmon £4.25	£7.95	£13.25
TUNA PUTTANESCA Tuna flakes with olives, capers, cherry tomatoes, anchovies, roast peppers, trofie pasta and a red pesto dressing.	£7.95	£13.25
CHICKEN CAESAR - Oven roasted chicken breast, bacon, anchovies, shaved parmesan, soft boiled egg on baby gem lettuce served with garlic croutons and Caesar dressing.	£7.95	£13.95
CAPRESE (V) - Layered fresh vine tomatoes, Italian Mozzarella, rocket and red onion, drizzled with olive oil.	£5.50	£7.95
MIXED LEAF SALAD - Mixed salad leaves, red onion, cucumbers, tomatoes tossed in french dressing.	£3.95	£4.95

SPECIALITY BOARDS

MEAT PLATTER - A selection of European meats, served with fig relish, toasted Altamura bread, cornichons and balsamic onions.	£12.95
NAPOLI - Italian large grained salami with a subtle smoked flavour and piquant black pepper.	
SERRANO - Spanish sliced ham aged 15 months with a dense and meaty flavour.	
FINOCCHIONA - Tuscan pork salami with a soft texture, flavoured with fennel.	
LOMO - Lightly cured pork loin with paprika and garlic smoked over oak.	
FUET EXTRA - Traditional Catalan sausage with hints of pepper	

CHEESE BOARD (V) - A selection of European cheeses served with balsamic onion with plum and apple chutney and an assortment of fine crackers.	£12.95
FRENCH COMTE - Hard mellow fruity cheese with a pale yellow colour.	
ITALIAN TALEGGIO - Semi soft Italian ripened cheese with a strong aroma with a mild fruity tang.	
CROXTON MANOR SAGE DERBY - A smooth creamy derby cheese marbled with a delicate sage infusion.	
CROXTON MANOR WENSLEYDALE - A firm creamy cheese with a slightly sweet and also tart flavour.	
ITALIAN GORGONZOLA DOP - A rich blue veined cheese with a nutty aroma and a mild sweet taste.	

CHARCUTERIE BOARD Both of our fine selections of meats and cheeses served on one board.	£19.95
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VEGETABLE ANTIPASTI (V) Roasted Mediterranean vegetables, chargrilled artichokes, red pepper hummus, rosemary grissini, tomato bruschetta, pickles, olives and avocado.	£11.95
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ANTIPASTI CHEESE BOARD Both of our fine selections of antipasti and cheeses served on one board.	£19.95
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ABACO GRANDE PLATTER

Our signature 20" board with a rustic combination of European meats, European cheese & crackers, mezze, paté, vegetable antipasti, Caprese salad & sardines with a selection of warm breads and bread sticks.

£42.95

SUN - WED £49 WITH BOTTLE OF HOUSE WINE

For every Abaco platter that you purchase we will donate £1.00 to The Motor Neurone Disease Association in memory of our dear friend Rob Burrow and all other families affected by MND.

CHILDREN'S

SPAGHETTI BOLOGNESE with grated Parmesan	£7.95
LINGUINE IN A CREAMY CHEESE SAUCE topped with shredded roast ham and parmesan cheese	£7.95
MARGHERITA PIZZA Add - chorizo £2.00	£7.95
SANDWICHES - All served hot or cold, on white or brown bread, with crisps. Cheese, chicken, ham, bacon or tuna.	£4.95
MEAL DEAL - Choice of pizza, spaghetti bolognese, linguine, sandwich or toastie, with a fruit bar, or wafer and either water, chocolate/strawberry milkshake, orange juice or apple juice.	£7.95

All for children aged 12 and under

— WELCOME TO ABACO —

*Whether you're joining us for a coffee, cocktail, cake or a meal,
this quick guide will help you get your order.*

HOW TO ORDER

Once you are ready to place your order please inform a server who will take your order and payment at your table.

PLEASE NOTE

ALL FOOD AND DRINK WILL ARRIVE WHEN PREPARED

If you would prefer your food to arrive as a starter, main or dessert, please order each dish as and when you are ready for it.

If you have any allergen queries or dietary requirements please speak to a Barista.

We are now a cashless premises and do not carry any cash on site.

If you would like to open a tab, we take a debit/credit card and store it in an individual card safe, a key to the safe will be given to you in exchange, where only you will have access.

Join our loyalty scheme.

Get 5% of your bill added to your loyalty account to spend whenever you like.
Ask a member of staff how to join.

Are you hosting a private event or party?

Why not book one of our private rooms. We have various rooms and areas you can book.
Please speak to a member of staff or visit our website.

THANK YOU FOR YOUR CONTINUED SUPPORT · BON APPETITO



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