



MCAF Afterschool Program Overview

The Maliek Community Arts Foundation (MCAF) is dedicated to transforming lives and fostering cultural awareness through dance, visual arts, music, theater, and education. Our mission is to provide access to arts programming for underrepresented communities, empowering young artists to inspire creativity, promote healing, and drive meaningful social change.

About the MCAF Afterschool Program

The MCAF Afterschool Program is a dynamic, 15-week initiative that empowers students to explore their artistic potential through dance and creative arts education. Designed to cultivate self-expression, collaboration, and cultural understanding, this program integrates restorative justice practices and creative frameworks to encourage both personal and social transformation. By merging dance with dialogue, students discover the power of their individual voices while learning to connect with and inspire their communities.

Core Values - The 6 D's: Dance, Dialogue, Discipline, Discovery, Dedication, and Development

Program Breakdown

Dance (2 Weeks): Students explore movement as a tool for self-expression and build a foundation for a safe and inspiring creative space.

Dialogue (2 Weeks): Through storytelling and reflective discussions, students deepen connections between their movements and emotions.

Discipline (3 Weeks): Students develop accountability and teamwork skills, integrating structured choreography with creative exploration.

Discovery (3 Weeks): A focus on individualized projects allows students to discover their unique artistic styles and voices.

Dedication (3 Weeks): Students work collaboratively on group projects, refining their choreographic works for presentation.

Development (2 Weeks): The program culminates in a community showcase where students present their works, sharing their artistic journeys and achievements.

A Day in the Life

Afterschool Schedule Example:

3:30 - 3:35 PM: Unity Circle: Grounding discussion and exercise to connect the group and set intentions for the session.

3:35 - 3:45 PM: Warm-Up Activity: Movement exercises designed to energize and inspire creativity.



3:45 - 4:00 PM: Lesson: Focused teaching from the MCAF curriculum, incorporating dance and restorative practices.

4:00 - 4:20 PM: Creative Maker Space: Students create choreography or engage in artistic exploration based on the lesson's theme.

4:20 - 4:30 PM: Closing Circle: Reflection and discussion about the day's activities, fostering growth and group cohesion.

Program Pricing Breakdown

Package	Price	Includes	Benefits
Standard Package	\$6,000	15 Workshops (1 per week for one class)	Instruction by a dedicated Artistic Coach, comprehensive materials, and tailored curriculum, culminating in a performance.
Additional Class Package	\$3,500	15 Workshops for an additional class	Extends the program's reach to more students while maintaining the same high-quality instruction and resources.
Additional Benefits of Partnership	Detailed assessment and feedback on student progress.	Opportunities for students to participate in a community performance.	Support in cultivating a positive school culture through collaborative art-making.

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- Opportunities for students to participate in a community performance.
- Support in cultivating a positive school culture through collaborative art-making.

Looking to Start a Partnership?

Contact our team to bring the MCAF Afterschool Program to your school:

Email: nasir@maliek.org

Website: www.maliek.org

Join us in transforming lives through the arts!