

# Terms of Use

## Weigh-In

**Effective Date:** [Insert Date]

These Terms of Use (“Terms”) govern your access to and use of the Weigh-In mobile application (the “App”), owned and operated by **Upper East Solutions** (“Company,” “We,” “Us,” or “Our”).

By downloading, accessing, or using the App, you agree to be bound by these Terms. If you do not agree to these Terms, you may not access or use the App.

## 1. Eligibility

You must be at least **13 years of age** (or the minimum legal age in your jurisdiction) to use the App. By using Weigh-In, you represent and warrant that you meet this requirement and have the legal capacity to enter into these Terms.

## 2. Account Registration

To access certain features of the App, you may be required to create an account. When creating an account, you agree to:

- Provide accurate, current, and complete information
- Maintain and update your account information as necessary
- Keep your login credentials confidential
- Accept responsibility for all activity that occurs under your account

Upper East Solutions reserves the right to suspend or terminate accounts that violate these Terms or contain false or misleading information.

## 3. App Use and License

Subject to your compliance with these Terms, Upper East Solutions grants you a limited, non-exclusive, non-transferable, revocable license to download and use the App for your personal, non-commercial use.

You agree not to:

- Copy, modify, or distribute the App
- Reverse engineer, decompile, or attempt to extract source code
- Use the App for unlawful or unauthorized purposes
- Interfere with or disrupt the App's functionality or security
- Attempt to gain unauthorized access to systems or data

## 4. User Content

The App may allow you to input, upload, or store information ("User Content"), including personal and wellness-related data.

You retain ownership of your User Content. However, by using the App, you grant Upper East Solutions a limited license to store, process, and display your User Content solely for the purpose of operating and improving the App.

You are solely responsible for your User Content and agree not to submit content that is unlawful, harmful, misleading, or infringes on the rights of others.

## 5. Health and Wellness Disclaimer

Weigh-In is intended for **informational and tracking purposes only**.

- The App does **not** provide medical advice
- The App does **not** diagnose, treat, cure, or prevent any disease
- Information provided through the App should not be relied upon as a substitute for professional medical advice

Always seek the advice of a qualified healthcare professional before making decisions related to your health.

## 6. Data and Privacy

Your use of the App is also governed by our **Privacy Policy**, which explains how we collect, use, and store your information. By using the App, you consent to the practices described in the Privacy Policy.

User data is stored and processed using third-party services such as **Firebase**, subject to applicable security and privacy safeguards.

## 7. Third-Party Services

The App may integrate or link to third-party services. Upper East Solutions does not control and is not responsible for the content, policies, or practices of third-party services. Your use of such services is subject to their respective terms and policies.

## 8. Intellectual Property

All rights, title, and interest in and to the App, including all content, features, trademarks, logos, and software, are owned by or licensed to Upper East Solutions.

Nothing in these Terms grants you any rights to use Our intellectual property except as expressly permitted.

## 9. Termination

Upper East Solutions may suspend or terminate your access to the App at any time, with or without notice, if you violate these Terms or if We determine termination is necessary to protect the App, users, or Our interests.

You may stop using the App and request account deletion at any time.

## 10. Disclaimer of Warranties

The App is provided on an **“as is”** and **“as available”** basis.

To the fullest extent permitted by law, Upper East Solutions disclaims all warranties, whether express or implied, including but not limited to warranties of merchantability, fitness for a particular purpose, and non-infringement.

We do not guarantee that the App will be uninterrupted, error-free, or secure.

## 11. Limitation of Liability

To the maximum extent permitted by law, Upper East Solutions shall not be liable for any indirect, incidental, consequential, or special damages arising out of or related to your use of or inability to use the App.

Your sole remedy for dissatisfaction with the App is to stop using it.

## 12. Indemnification

You agree to indemnify and hold harmless Upper East Solutions and its affiliates, officers, employees, and partners from any claims, damages, losses, or expenses arising from:

- Your use of the App
- Your violation of these Terms

- Your violation of any applicable law or third-party rights

## 13. Governing Law

These Terms shall be governed by and construed in accordance with the laws of the Republic of South Africa, without regard to conflict of law principles.

## 14. Changes to These Terms

Upper East Solutions reserves the right to update or modify these Terms at any time. Changes will be effective when posted within the App or otherwise communicated. Continued use of the App after changes constitutes acceptance of the updated Terms.

## 15. Contact Information

If you have questions about these Terms, please contact:

**Upper East Solutions**

**Email:** [support@uppereastsolutions.co.za](mailto:support@uppereastsolutions.co.za)

**Application:** Weigh-In