



Team Handbook

Dear Prospective Families,

Thank you for your interest in joining SC, Lexington, The Silent Crusaders. My name is India Horton and I am the NASP certified Head Coach for the team. It is an honor to serve your kids! We are embarking on our 3rd year as a team, and our 2nd year competing and we're having a blast!

Here are the details regarding the team...

Practice Schedule

- The season is August to April
- We practice year-round to maintain a competitive edge but May to July is not mandatory. However, we do suggest coming at least twice a month to not regress. Archery is not like riding a bike. It will take consistency and determination.

Practice Times

During the season

- We practice on Tuesdays and Thursdays from 1:15 pm to 2:15 pm.

During the off-season

- We practice on Tuesdays only from 1:15 pm to 2:15 pm.

Practice Location

- Jeffrey's Archery Range, located at 3129 Bluff Road, Columbia, SC, 29209

Grade Requirements

- We accept 3rd grade - 12th-grade
- Competing is 4th grade and up per the NASP rules. We allow 3rd graders to join our team to give them an opportunity to practice for a year, and to go to a few tournaments to see how things are done.

Other requirements

- Must be a homeschooler or an online public schooler.



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Tournaments

- We compete against the local elementary, middle, and high schools although we do have a couple of tournaments that are within a 2-hour distance.
- Multiple tournaments take place every Saturday starting in October through the end of March.
- We attend 1 tournament per month, sometimes 2.
- NASP Tournament Requires 4th grade - 12th grade.
- The kids compete individually against whatever category the child is in. There are 6 categories
 - Elementary girls
 - Elementary boys
 - Middle school girls
 - Middle school boys
 - High school girls
 - High school boys

Equipment & NASP Rules

- The only bow our shooters are allowed to use is the genesis original, per the NASP rules.
- We are only allowed to use Easton 820 arrows, per the NASP rules.
- You must own your own bow and maintain at least 7 arrows.
- Must own a bow case.
- Bows and arrows may be purchased either at Jeffrey's Archery Range, Academy Sports, Sportsman Warehouse, Amazon, etc.
- You may need an arm guard and a finger guard
- You can expect to spend approximately \$400 to get started.

Curriculum

At the beginning of every season, **during the month of August**

- On August 2nd, 2022, at 1:00 pm, we will have a mandatory archery meeting for the kids and parents, introducing a series of online training that will need to be conducted at home each week.



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- This meeting may take place off-site, such as at the Richland Main Library which is 5.6 miles away.
- We will come early during the month of August at 1:00 pm, & spend 10 minutes discussing the homework as a team.
 - The meeting is on August 2nd, 2022
 - The homework decisions are 8/9, 8/16, 8/23, 8/30.
 - If anyone is absent or late during this first month, you will still need to connect with a coach to discuss your training before you are allowed to shoot.
 - Participation is mandatory. If you come to practice expressing that you didn't have time to do your assignment, you will take the time to complete it at practice prior to shooting.
- Training will include things such as ...
 - sportsmanship
 - The history of archery
 - The archery Olympic path
 - Archery equipment and different styles of bows
 - Different archery platforms & national programs
 - Etc.

Safety

The team does not accept responsibility for shooters until we have arrived on-site at the range. Please do not arrive earlier than 1:00 pm or leave your kids unattended. Kids are not allowed to be unattended without an adult in the building.

- This will be especially important during our spring/summer break.

All participants will need to sign an electronic safety waiver releasing the team, its coaches, the archery range, and any and all participants from liability.

Homeschooling Expo

This is our #1 source of advertising and we need your help! I own several businesses that I will need to represent at the expo. In order to grow, the team needs help manning the vendor booth at the Expo. We will take shifts to ensure no one has to stay the whole day. We will start to solicit volunteers in April of every year.



We are a competitive team. In the event, you are not looking to compete and just want to shoot, you may join us on Thursdays throughout the year. Here is the fee breakdown for those not looking to compete...

- Bow & arrow rental: \$15 paid to Jeffrey's Archery Range
- 1-hour lane fee: \$10 paid to Jeffrey's Archery Range
- Coaching fee: \$16 paid either electronically or in cash to the Head Coach

Team Fee Breakdown

Although I coach for free, there are funds needed to keep the team alive.

The annual team fee is \$240 for the first child and \$100 for each additional child. This includes your tournaments. Each parent will still be responsible for paying for their \$10 range time each visit. ***This fee will be non-refundable, and due by July 26th, 2022.***

**** So basically, it's \$140 that goes to the team and \$100 that pays for your tournaments for the season ****

This annual team fee covers

- Up to 10 tournaments. Each additional tournament fee will be \$10. (ALL NASP tournaments are \$10)
 - The \$100 fee for each additional child, pays for your child's tournaments for the season.
 - 50% of the annual fee for our team mom.
 - IBO Targets
 - Back up arrows
 - Any additional training that's needed for the coach's recertification.
- We need 2 additional backup bows to start traveling with. One left-handed and one right-handed.
- Repair kit
 - Etc.



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Other fees you can expect to pay

- Ongoing maintenance for your bow and arrows. Mainly your arrows when you're just getting started.
- Spectator tournament fees: Each school has its own spectator fees for both adults and children. Some schools charge \$3 for kids, some have kids free of charge. Adults for the most part are always a \$5 fee.

Tryouts

- We do not operate on a try-out basis. We accept everyone. Unanimous approval is needed by the coaches to determine if your child is ready to compete.
- Even if they don't immediately start competing, they will be added to the NASP system so that when they're ready, we have the paperwork submitted. (It's a process and takes a little time)
- Team fee is required regardless of when you start in the season, and regardless of whether you attend tournaments or not, or you may wait until the following season.

Environment

We are family, we will love on your children and provide them the support they need. Archery is a sport that all can do, all the days of their lives! So this is a sport that can follow them into adulthood.

We understand that some of our children have never played on a sports team before. Please allow us to coach them. There cannot be any parent coaching during practice and absolutely no coaching from the bleachers during the tournaments.

Please understand that although archery may look like an easy sport, it is NOT! There is a lot that the kids have to think about and consider all at the same time. As coaches, we are trained to teach the kids one thing at a time before moving on to the next. Just because we're not saying everything we're seeing, please be patient, it will come.



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Steps to Register

1. Complete the online registration form
2. Print & sign the last page of this Handbook and email it to SilentCrusaders.SC@gmail.com
3. Sign off on your safety waiver here: <https://form.jotform.com/220053133193140>
4. Pay your team fee by July 26th here: sc-lexington-the-silent-crusaders.square.site

Check us out on Facebook! <https://www.facebook.com/The-Silent-Crusaders-101578839209461>



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I have read and agree to the terms and conditions of the Handbook. If I have any questions or concerns, I will reach out to the Head Coach of the team for clarification prior to signing and paying my team fee.

I Understand that my team fee is nonrefundable.

Participating Children Names

Parent Name (Print)

Parent Name (Signature)