



Professional Development In-Service Helping the Behaviorally Challenging Child

Teaching, Treating and Parenting Children, Teens & Young Adults with Difficult-to-Manage Behaviors

Adult/Child power struggles can leave both parties frustrated with adults wondering how it could have gone differently. Behavioral difficulties are the leading causes of teacher stress and parent | caregiver burnout.

Collaborative Problem Solving (CPS) offers a new way to understand and help ALL children, regardless of a diagnosis, especially those with difficult-to-manage behaviors, which usually comes with a diagnosis. CPS is an evidence-based, best-practice approach which will help give you insight into what might be getting in the way for those with behavioral challenges, while you learn how to teach to the lagging skills.

Based in-part on the work of Dr. Stuart Ablon & Dr. Ross Greene “*Treating Explosive Kids: The Collaborative Problem Solving Method*”, this presentation will educate adults to guide children to avoid meltdowns, gain lagging skills and improve adult/child communication. If the token economy, sticker charts, ignoring, rewards & punishments are not helping with low-frustration tolerance, flexibility, impulsivity, risk-taking behaviors and problem solving, this in-service presentation is for you! Collaborative Problem Solving helps ALL children, especially those frequent-flyers who are sent out of class, put on time-outs, get detentions, suspensions, expulsions, restrictions, restraints, seclusion, self-medicate or are at-risk for out-of-home placement.

This Overview will introduce looking at children with difficult-to-manage behaviors in a whole new way!



Overview Presentations Scheduled Upon Request

- Certified Think:Kids Practitioner
- NAMI presenter for “Parents & Teachers as Allies”
- Coordinator for OC CHADD FREE ADHD | ADD Meetings
- CEO | Founder “Helping the Behaviorally Challenging Child” (HBCC)
 - * 4-Week Courses
 - * In-service Overviews
 - * Collaborative Problem Solving LIVE Role Play Sessions
- HBCC Hosts: * Tier I Advanced 3-day Trainings
 - * Your FBA is a Fantasy Workshop-Style Training

Debra Ann’s life experiences combined with an extensive education on the social-emotional models, community involvement, and contact with families, professionals and educators gives her a unique perspective and insight into the challenges faced helping complex children with difficult-to-manage behaviors. In addition to having been a challenging child herself, she has first-hand experience of how challenging behaviors in students and children are currently thought of by many adults. Debra Ann has developed strength and experience for breaking that cycle and her passion is to make sure that misconceptions and lack of treatment do not continue to be barriers to maximizing ALL children’s potential. Married since 1989 they have two boys, one 22 neurotypical & one 24 a former challenging child.

Trainings welcome parents, caregivers, teachers, administrators and clinicians.

To Schedule a Presentation

Contact: Debra Ann Afarian (714) 695-1057 or dafarian@HBCC.us

Visit our website: www.HBCC.us

\$350 per 2-hour Overview at your School, Facility, Clinic or the Tustin Center

HBCC is a 501(c)(3) non-profit

References & Testimonials Available

Think:Kids
RETHINKING CHALLENGING KIDS

An Independent Certified Think:Kids Practitioner receives ongoing supervision from Think:Kids. Think:Kids is a program in the Department of Psychiatry at Massachusetts General Hospital (MGH). Practitioners are independent of Think:Kids and MGH. Additional resources can be found at www.thinkkids.org